

**Supplementary Table SIII Body composition definitions.**

Variable	Sub-group	Definition
<b>Overweight</b>	Adults (of all ethnicities other than Asian ethnicity)	BMI $\geq 25$ kg/m <sup>2</sup> (World Health Organization Criteria)
	Adults of Asian ethnicity	BMI $\geq 23$ kg/m <sup>2</sup> (International Obesity Task Force)
	Adolescents	85–95th percentile of age-gender-specific percentile BMI distributions
<b>Obesity</b>	Adults (of all ethnicities other than Asian ethnicity)	BMI $\geq 30$ kg/m <sup>2</sup> (World Health Organization Criteria)
	Adults of Asian ethnicity	BMI $\geq 25$ kg/m <sup>2</sup> (International Obesity Task Force)
	Adolescents	$\geq 95$ percentile of age-gender specific percentile BMI distributions
<b>Central Obesity</b>	Multiple definitions utilized according to data presented in the Study	a. WC $> 88$ cm (Adult Treatment Panel III)
		b. WHR $> 0.85$
		c. WC $\geq 80$ cm (International Diabetes Federation)

WC: waist-circumference; WHR: waist-hip ratio.