Supplement 1

Search terms (not including controlled vocabulary)

Date range – 01/01/1980-28/07/2022

Filters applied: humans only

Search fields: title and abstract

(("Infant, Newborn" OR "Pregnancy" OR Pregnan# OR Gestation OR Matern\* OR Offspring OR F\$etal OR Neonat\* OR F\$etus OR Gravid) AND ("Bariatric Surgery" OR "Bariatric surger#" OR "Gastric band" OR "Gastric sleeve" OR Gastrectomy OR "Gastric bypass" OR "Roux-en-Y" OR "Metabolic surgery" OR "Weight loss surgery" OR "Stomach stapling") AND ("Gestational weight gain" OR Macronutrient OR Protein OR Carbohydrate OR Fat OR Energy OR Kilojoule OR Calorie OR "Diet quality" OR "Oral intake" OR Diet\* OR Micronutrient OR "Trace element" OR Vitamin OR Mineral OR OR Supplement\* OR "Vitamin A" OR Retinol OR Carotene OR "Beta carotene" OR "Vitamin B1" OR Thiamin OR Thiamine OR "Vitamin B6" OR Pyroxidine OR "Vitamin B12" OR Cobalamin OR "Vitamin D" OR Calciferol OR Folate OR "Folic acid" OR Zinc OR Copper OR Iron OR Selenium OR "Vitamin K" OR Phylloquinone OR "Vitamin E" OR Alpha-tocopherol OR Iodine OR Magnesium OR Calcium OR Supplement\* OR Multivitamin) AND (Deficiency OR Deficient OR Depletion OR Anaemi# OR Haemoglobin OR Malnutrition OR avitaminosis OR "Small-forgestational-age" OR "Growth-restriction" OR "Low-birth-weight" OR Preterm OR Prematur# OR "gestational diabetes" OR "gestational diabetes mellitus" OR hypertension OR "pregnancy-induced hypertension" OR "large for gestational age" OR macrosomia OR pre-eclapmsia OR "perinatalmortality")) NOT (title only) "review"

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Reference,	Sample size (n=), study aim and inclusion criteria	Procedure, surgery-to-	Maternal age, parity, pre-pregnancy BMI
study design,		(months, moon(SD))	(mean(SD))
Studios includi	ing raciniants of restrictive barietric surgery procedures	(months, mean(SD))	
Studies includ	1.144		Matamalaga
radag et	n=144	All SG	Maternal age: $(12 \text{ months next surgery } 20.2(5.1))$
al. 2020 [41]	Aim: Compare GWG and pregnancy outcomes in	Surgery-to-conception:	$\leq 12$ months post-surgery 30.3(5.1) $\geq 12$ months post surgery 28.8(4.7)
Retrospective	women falling pregnant $\leq 12$ months and $>12$ months	$\leq 12$ months 53%	>12 months post-surgery 20.0(4.7) Controls 27 5(2.0)
cohort study	post-SG and with controls.	>12 months 47%	Controls 27.5(5.7)
Turkey	Cases (n=90): Pregnant women post SG known to		Parity (mean(range)):
-	single centre.		$\leq 12$ months post-surgery 1(0 to 3)
	Controls $(n-54)$ : Dragnant woman with pre-		>12 months post-surgery $1(0 \text{ to } 2)$
	pregnancy BMI $>30$ kg/m <sup>2</sup> known to single centre		Controls: 1(0 to 2)
	pregnancy Divit >50 kg/m known to single centre.		Pre-pregnancy BMI:
			$\leq 12$ months post-surgery 32.8(3.6)
			>12 months post-surgery 28.9(2.8)
			Controls 31.1(3.1)
Lapolla et al.	n=230	All AGB	Maternal age:
2010 [42]	Aim: Compare GWG and pregnancy outcomes post-	Surgery-to-conception:	Cases 31.4(4.6)
Retrospective	AGB to controls.	37.2(25.2)	Obese controls $33.0(5.1)$
cohort study	$C_{asas}$ $(n-83)$ : Women with a pregnancy post AGB		Healthy controls 32.3(4.2)
USA	Cases (n=65). Women with a pregnancy post-AOD.		Parity: Not reported
0.071	Controls:		Pre-pregnancy BMI:
	1) Cases with a pregnancy before AGB,		Cases 35.0(7.3)
	2) Obese controls: women without bariatric surgery		Obese controls 39.4(3.8)
	with pre-pregnancy BMI >40 kg/m2 from an Italian		Healthy controls 22.2(1.4)
	database.		
	3) Healthy controls (n=858): women with healthy		
	BMI used to compare select outcomes.		

## **Supplement 2: Included study characteristics**

Rottenstreich et al. 2021 [45] Retrospective cohort study Israel	n=196 Aim: Compare GWG and pregnancy outcomes in women who conceived <6 months and ≥6 months post-SG. Inclusion: Pregnant women post-SG attending a single centre.	All SG Surgery-to-conception (median (IQR)): 25(13 to 41)	Maternal age (median (IQR)):<6 months post-surgery 30(27 to 35)≥6 months post-surgery 32(29 to 36)Nulliparous:<6 months post-surgery 8.8%≥6 months post-surgery 19.7%Pre-pregnancy BMI (median (IQR)):<6 months post-surgery 34.2(31.2 to 39.4)≥6 months post-surgery 29.4(27.1 to 32.0)
Studies includi	ng recipients of malabrosptive bariatric surgery procedu	res (RYGB, BPD)	
Chagas et al.	n=30	RYGB only	Maternal age: 30.2(4.4)
2016 [28]	Aim: Evaluate relationship between GWG. vitamin A	Surgery-to-conception:	Parity: Not reported
Prospective	and zinc status in pregnancy post-RYGB.	17.7(9.1)	$\mathbf{Pre-pregnancy} \mathbf{RMI} \cdot 27 \ A \ (3 \ 3)$
cohort study	Inclusion: Women post RYGB attending a single		
Brazil	centre with $\geq 80\%$ adherence to prescribed		
	supplements.		
Cruz et al.	n=119	RYGB only	Maternal age:
2020 <sup>a</sup> [30]	Aim: Compare serum vitamin D, calcium and	Surgery-to-conception:	Cases 31.9(3.9)
Retrospective	parathyroid hormone in women post-RYGB who fell	$\leq 12$ months 25%	Controls 30.4(4.3)
cohort study	pregnant to those who did not.	>12 months 75%	Parity: Not reported
Brazil	Cases (n=40): Women post-RYGB aged 21-39 with a singleton pregnancy, <13 weeks gestation with $\geq$ 80% adherence to prescribed supplements.		Pre-pregnancy BMI: Not reported
	Controls (n=79): Non-pregnant women post RYGB matched for age and pre-operative BMI.		

Cruz et al.	n=30	RYGB only	Maternal age: 30.3(4.4)
2017 <sup>a</sup> [31] Retrospective cohort study Brazil	<ul> <li>Aim: Compare serum vitamin A and GWG post- RYGB.</li> <li>Inclusion: Pregnant women post RYGB aged 22 to 39 attending a single centre with ≥80% adherence to prescribed supplements.</li> </ul>	Surgery-to-conception: 17.7(9.1)	Parity: Not reported Pre-pregnancy BMI: 27.4(3.3)
da Cruz et al. 2018 <sup>a</sup> [32] Retrospective cohort study Brazil	n= 116 Aim: Compare serum vitamin A in women post RYGB who fell pregnant to those who did not. Cases (n=39): Pregnant women aged 20 to 39 ≤24 months post-RYGB with ≥80% adherence to prescribed supplements. Controls (n=77): Non-pregnant women aged 20-39, ≤24 months post-RYGB.	RYGB only Surgery-to-conception: <12 months 18% 12 to 24 months 82%	Maternal age: Cases 32.7(4.9) Controls 30.8(4.5) Parity: Not reported Pre-Pregnancy BMI: Not reported
Gascoin et al. 2017 [35] Prospective cohort study France	<ul> <li>n=112</li> <li>Aim: Compare maternal serum micronutrients and GWG in pregnant women post-RYGB to controls.</li> <li>Cases (n=56): Pregnant women post RYGB known to a single centre.</li> <li>Controls (n=56): Non-obese women birthing in the same period matched for age, parity and smoking status.</li> </ul>	All RYGB Surgery-to-conception: 32(14)	Maternal age: Cases 30.5(4.2) Controls 30.3(6.0) Parity: Cases 2.2(1.3) Controls 2.2(1.1) Pre-pregnancy BMI: Cases 30.1(6.0) Controls 22.3(4.0)
Medeiros et al. 2016 <sup>a</sup> [44] Prospective cohort study	n=46 Aim: Assess vitamin D status and GWG throughout pregnancy post-RYGB.	All RYGB Surgery-to-conception: 23.7(20.7)	Maternal age: 30.6(4.6) Parity: 0.9(0.8) Pre-pregnancy BMI: 27.7(3.9)

Brazil	Inclusion: Women post-RYGB, aged $\geq 20$ , with a singleton pregnancy presenting for care before 11 weeks gestation		
Stentebjerg et al. 2017 [46] Retrospective cohort study Denmark	n=76 Aim: Compare GWG and pregnancy outcomes in women pregnant <18 months and >18 months post- RYGB. Inclusion: Women post-RYGB with a singleton pregnancy. Controls: National data reported from Danish Health and Medicine Authority (n= not reported).	All RYGB Surgery-to-conception (median (IQR)): 14(7 to 22)	Maternal age (median (IQR)): Cases 31(28 to 35) Controls (mean): 30.9(NA) Nulliparous: Cases 45% Controls 45% Pre-pregnancy BMI (median (IQR)): Cases 32.4(27.6 to 36.2) Controls 24.3(NA)
Walter et al. 2021 [48] Retrospective cohort study Brazil	<ul> <li>n=132</li> <li>Aim: Identify relationship between adherence to GWG recommendations and surgery-to-conception intervals.</li> <li>Inclusion: Women aged ≥18, with singleton pregnancies post-RYGB, attending follow up appointments.</li> </ul>	All RYGB. Surgery-to-conception (median (IQR)): 30(16 to 49)	Maternal age: 33.3(4.7) Multiparous: 39.3% Pre-pregnancy BMI: 29(5.4)
Studies combin Akhter et al. 2021 <sup>b</sup> [26] Case-control study Belgium	ning data from recipients of restrictive and malabsorptive n=122 Aim: Examine factors associated with SGA birth in women post-bariatric surgery. Cases (n=25): Women with SGA offspring post- bariatric surgery. Controls (n=97): Women with appropriate birthweight offspring post-bariatric surgery.	e bariatric surgery procedures Cases AGB 12% SG 8% RYGB 80% BPD 0% Controls AGB 16.5% SG 7.2% RYGB 71.1%	Maternal age: Cases 30.4(4.7) Controls 30(4.5) Nulliparous: Cases 32% Controls 30.9% Pre-pregnancy BMI: Not reported

		BPD 3.1%	
		Surgery-to-conception: Cases 40.9 Controls 50.0	
Ceulemans et al. 2021 <sup>b</sup> [27] Prospective cohort study Belgium	n=127 Aim: Examine adherence to GWG recommendations in pregnant women post-bariatric surgery. Inclusion: Women aged 18 to 45, with email access undergoing bariatric surgery at a single centre.	AGB 17% GS 7% RYGB 74% BPD 2% Surgery-to-conception: Inadequate GWG 47(40) Adequate GWG 47(35) Excessive GWG 57(41)	Maternal age: Inadequate GWG 29(4) Adequate GWG 29(4) Excessive GWG 30(4) Nulliparous: Inadequate GWG 33% Adequate GWG 35% Excessive GWG 32% Pre-pregnancy BMI: Inadequate GWG 28(7) Adequate GWG 28(5) Excessive GWG 29(5)
Coupaye et al. 2018 [29] Retrospective	n=123 Aim: Assess the influence of serum micronutrients and GWG on foetal growth	SG 37% RYGB 63%	Maternal age: SG 31.1(4.8) RYGB 33.4(4.7)
cohort study France	hort study ance Inclusion: Singleton pregnancies of women post-SG or RYGB with at least one nutritional assessment.	Surgery-to-conception: SG 24(18) RYGB 31(22)	Parity: Not reported Pre-pregnancy BMI: SG 31.6(6.8) RYGB 31.2(5.0)
Ducrame et al. 2021 [33] Prospective cohort study France	n=87 Aim: Evaluate relationship between weight gain and micronutrient deficiency and pregnancy outcomes. Inclusion: Pregnant women post-SG or RYBG with complete medical records.	SG 57% RYGB 43% Surgery-to-conception: 49.3	Maternal age: 32.4(5) Nulliparous: SG 27% RYGB 32% Pre-pregnancy BMI: 31.6(6.6)

Garretto et al. 2019 [34] Retrospective cohort study USA Getahun et al. 2022 [36] Patrospective	rretto et n=119 2019 [34] rospective ort study A X Cases (n=53): Women with singleton pregnancy post RYGB or SG, planning to breastfeed. Controls (n=66): Women with a singleton pregnancy without any malabsorptive surgery who are planning to breastfeed. Tahun et n= 20213 Aim: Compare GWG and pregnancy outcomes in	SG 54% RYGB 46% Surgery-to-conception: <12 months 26% AGB 6% GS 47% RYGB 45%	Maternal age: Cases 31(5.5) Controls 30(5.6) Multiparous: Cases 72% Controls 68% Pre-pregnancy BMI: Cases 34(6.5) Controls 30(7) Maternal age: Cases 33.1(5.3) Controls 31.1(5.1)
cohort study USA	Cases(n=1886): Women who gave birth post bariatric surgery. Controls (n=18327): Women with BMI >35kg/m <sup>2</sup> who gave birth in the same period without bariatric surgery.	Surgery-to-conception: <12 months 19.7% 12-17 months 14.3% 18-23 months 11.6% ≥24 months 54.4%	Nulliparous: Cases 35% Controls 34% Pre-pregnancy BMI: Cases 35(6.8) Controls 43.1(4.8)
Grandfils et al. 2019 [37] Retrospective cohort study France	N=337 Aim: Examine adherence to GWG recommendations and pregnancy outcomes. Inclusion: Any pregnancy post-AGB, SG or RYGB.	AGB 45.7% SG 14.2% RYGB 40.1% Surgery-to-conception (median(IQR)): Inadequate GWG 24(10 to 50)	Maternal age: Inadequate GWG 30.6(4.6) Adequate GWG 30.8(5.8) Excessive GWG 31(5.5) Nulliparous Inadequate GWG 31.4% Adequate GWG 32.2%

Heusschen et al. 2022 [38] Retrospective cohort study Netherlands	n=196 Aim: Evaluate pregnancy outcomes according to adherence to WG recommendations and surgery-to- conception interval. Inclusion: Pregnant women post bariatric surgery birthing at single centre.	Adequate GWG 30 (17.5 to 52) Excessive GWG 36(20 to 58) SG 24% RYGB 68% OAGB 8% Surgery-to-conception: Inadequate GWG 26.1(22.9) Adequate GWG 30.9(20.3) Excessive GWG 41.1(24.3)	Excessive GWG 31.8% Pre-pregnancy BMI: Inadequate GWG 35.1(9.0) Adequate GWG 31.6(7.2) Excessive GWG 32.7(6.1) Maternal age: Inadequate GWG 30.3(4.5) Adequate GWG 29.3(4.9) Excessive GWG 30.2(4.2) Nulliparous Inadequate GWG 52% Adequate GWG 40% Excessive GWG 43% Pre-pregnancy BMI: Inadequate GWG 32.7(8.7) Adequate GWG 29.6(4.9) Excessive GWG 29.9(4.3)
Jans et al. 2014 [39] Prospective cohort study Belgium	N=81 Aim: Investigate the incidence if vitamin K deficiency and the impact of supplementation on serum vitamin K. Cases (n=49): Women aged >18 post-bariatric surgery presenting to antenatal care <15 weeks. Controls (n=27) Pregnant women aged >18 without bariatric surgery, presenting for antenatal care <15 weeks.	AGB 36% RYGB 61% BPD 2% Surgery-to-conception: 38.8(27.8)	Maternal age: Cases 29.9(4.7) Controls 29(4.5) Nulliparous: Cases 39% Controls Not reported Pre-pregnancy BMI: Cases 28.4(5.5) Controls 26(6.4)
Johansson et al. 2015 [40]	N=2952	AGB 2% RYGB 97% Other (not specified) 1%	Maternal age: Cases 31(5) Controls 31(5)

Retrospective	Aim: Compare GWG, risk of GDM and other adverse pregnancy outcomes compared with controls	Surgery-to-conception (median (IOR)) 21 6(16 8	Nulliparous: Cases 40%
Sweden	Cases (n=596): Women who gave birth after BS during recruitment period.	to 30)	Controls 38% Pre-pregnancy BMI: Cases: 30.3(4.9)
	period matched for age, pre-surgery BMI, smoking status (including number of cigarettes smoked), education and year of birth.		Controls: 41.8(4.8)
Malik et al.	N=55	AGB 6%	Maternal age:
2020 [43]	Aims: Compare total weight gain and pregnancy	SG 81%	Cases 32.7(4.8)
Retrospective	outcomes with controls.	RYGB 13%	Controls 31.4(5.01)
case-control	Cases $(n=24)$ . Asian women who underwent bariatric	Surgery-to-conception:	Parity:
study	surgery during study period.	33.7(29.1)	Cases 1.9(1.9)
Singapore	Controls $(n-31)$ : Asian females with BMI		Controls 1.3(1.1)
	>32.5kg/m2 without surgery, matched for age, parity,		Pre-pregnancy BMI:
	pre-surgery BMI and year of delivery.		Cases $32.8(4.4)$
			Controls 40.8(6.9)
Walędziak et	n=71	AGB 9.85%	Maternal age (median (IQR)): 34(31 to 39)
al. 2021 [47]	Aim Company man CWC in woman next haristria	SG 67.6%	Parity: Not reported
Petrospective	Aim: Compare mean GwG in women post-bariatric	$\begin{array}{c} \text{KIGB 21.12\%} \\ \text{OAGB 1.4\%} \end{array}$	Pre-pregnancy BMI (median (IOR)):
cohort study	surgery with and without pregnancy complications.	0/100 1.4/0	28.1(26.4 to 32.0)
Poland	Inclusion: Birth of live neonate post-bariatric surgery.	Surgery-to-conception (mean (IQR)): 18(9 to 30)	

<sup>a</sup>Overlapping study population from a single centre in Brazil.

<sup>b</sup>Overlapping study population from a study in Belgium.

Abbreviations: BMI = Body Mass Index, SD = Standard Deviation, IQR = Interquartile Range, AGB = Adjustable Gastric Band, SG = Sleeve gastrectomy, RYGB = Roux-en-Y Gastric Bypass, OAGB = One Anastomosis Gastric Bypass, BPD = Biliopancreatic Diversion, IQR = Interquartile range, SD = Standard deviation.

Reference, sample	Dietary intake method and findings	Supplement dose	Supplement adherence	Incidence of maternal deficiency, (diagnosis of deficiency)	Maternal and neonatal outcomes
Size (II–)	uding recipients of malab	sorptive bariatric	surgery procedures (	RYGB (JAGB BPD)	
Chagas et al. 2016 [28] n=30	Not assessed	Multivitamin containing: Zinc: 15 mg Vitamin A: 5000 IU retinol	Measure not described. Included participants adhering to ≥80% prescribed supplementation.	Retinol (<1.05 $\mu$ mol/L) 1 <sup>st</sup> trimester 63% 2 <sup>nd</sup> trimester 63% 3 <sup>rd</sup> trimester 66% $\beta$ -carotene (<0.74 $\mu$ mol/L) 1 <sup>st</sup> trimester 80% 2 <sup>nd</sup> trimester 67% 3 <sup>rd</sup> trimester 73% Zinc (<10.1 $\mu$ mol/L) 1 <sup>st</sup> trimester 20% 2 <sup>nd</sup> trimester 17% 3 <sup>rd</sup> trimester 20%	Not assessed
Cruz et al. 2020 [30] n=109 (30 cases)	Not assessed	Multivitamin containing: Vitamin D: 1500-2000 IU Calcium: 1200 mg	Measure not described. Included participants adhering to ≥80% prescribed supplementation.	Vitamin D (threshold unclear) Controls: $\leq 12$ months post-surgery 84% > 12 months post-surgery 91.1% Cases in 1 <sup>st</sup> trimester: $\leq 12$ months post-surgery 60% > 12 months post-surgery 83.3% Cases in the 2 <sup>nd</sup> trimester: $\leq 12$ months post-surgery 90% > 12 months post-surgery 86.7% Cases in the 3 <sup>rd</sup> trimester: $\leq 12$ months post-surgery 80%	Pregnancy-induced hypertension (cases only)≤12 months post-surgery 0% >12 months post-surgery 3.3%SGA (cases only) ≤12 months post-surgery 11.1% >12 months post-surgery 0% p0.03LGA (cases only) ≤12 months post-surgery 11.1% >12 months post-surgery 0%

Supplement 3: Studies investigating dietary intake and supplementation

				>12 months post-surgery 90%	p0.03
Cruz et al. 2017 [31] n=30	Not assessed	Vitamin A: 500 IU retinol acetate Iron: 90 mg	Measure not described. Included participants adhering to ≥80% prescribed supplementation.	Anaemia (Hb <110g/L <sup>a</sup> ) 1 <sup>st</sup> trimester 46.7% 2 <sup>nd</sup> trimester 30% 3 <sup>rd</sup> trimester 55.2% Retinol (<1.05 $\mu$ mol/L) 1 <sup>st</sup> trimester 63.3% 2 <sup>nd</sup> trimester 63.3% 3 <sup>rd</sup> trimester 65.5% $\beta$ -carotene (<0.74 $\mu$ mol/L) 1 <sup>st</sup> trimester 80.0% 2 <sup>nd</sup> trimester 66.7% 3 <sup>rd</sup> trimester 75.9%	Not assessed
da Cruz et al. 2018 [32] n=116 (39 cases)	Not assessed	Vitamin A: 5000 IU retinol acetate	Measured by counting number of pills taken. Included participants adhering to ≥80% prescribed supplementation.	Iron deficiency anaemia (Hb <110g/L) $\leq$ 12 months post-surgery 71.4% 12 to 24 months post-surgery 75.0% Retinol (<1.05µmol/L) $\leq$ 12 months post-surgery 57.1% 12 to 24 months post-surgery 78.1% $\beta$ -carotene (<0.74µmol/L) $\leq$ 12 months post-surgery 66.7% 12 to 24 months post-surgery 90.6%	Preterm birth (cases only) $\leq 12$ months post-surgery 4.3% 12 to 24 months post-surgery 0% No difference in mean retinol or $\beta$ -carotene levels. SGA (cases only) $\leq 12$ months post-surgery 14.3% 12 to 24 months post-surgery 15.6% No difference in mean retinol or $\beta$ -carotene levels.
Medeiros et al. 2016 [44] n=46	Not assessed	Calcium: 850 mg calcium carbonate	Measured by counting number of pills taken.	Vitamin D (<50 nmol/L <sup>a</sup> ) 1 <sup>st</sup> trimester 30.4% 2 <sup>nd</sup> trimester 19.6% 3 <sup>rd</sup> trimester 39.1%	Pregnancy-induced hypertension n=1

		Vitamin D: 600 IU	Included participants adhering to ≥80% prescribed supplementation.	Low serum calcium (<1.12 mmol/L) 1 <sup>st</sup> trimester 15.2% 2 <sup>nd</sup> trimester 15.2% 3 <sup>rd</sup> trimester 20%	
Studies con	bining data from recipier	nts of restrictive an	nd malabsorptive bar	iatric surgery procedures	
Coupaye et al. 2018 [29] n=123	<ul> <li>4-day food diary obtained during pregnancy.</li> <li>Energy (Kcal) SG 1222 (425) RYGB 1385(400)</li> <li>Protein (g) SG 46.7(14.5) RYBG 59.1(20.9)</li> <li>Carbohydrate (g) SG 152(59) RYGB 164(49)</li> <li>Fat (g) SG 47.3(20.3) RYGB 54.8(19.1)</li> </ul>	Elevit B9 (France): Vitamin A 4000 IU retinyl palmitate Folic acid 800 ug Vitamin B12 4000 ug Vitamin E 15 mg Calcium 125 mg Iron 60 mg Copper 1 mg	Measure not described. Multivitamin adherence: SG 80% RYGB 95%	Micronutrients measured in $2^{nd}$ trimester Low Hb (<97g/L <sup>a</sup> ) SG 3% RYGB 5% Iron (iron <7.9 µmol/L) SG 27% RYGB 15% Low ferritin (<2 µg/L) SG 0% RYGB 0% Vitamin B12 (<130 ng/L) SG 0% RYGB 4% Folate (<0.8 µg/L) SG 0% RYGB 2% Vitamin D (<25 nmol/L) SG 7% RYGB 7% Vitamin A (<1.22 µmol/L) SG 30% RYGB 31%	Birth weight z-score Mean(SD) iron intake 90(6.8) mg from diet and supplements not a predictor.

				Vitamin E (<23 µmol/L) SG 0% RGYB 9% Zinc (<7.8 µmol/L) SG 0% RYGB 0%	
Garretto et al. 2019 [34] n=119 (n=53 cases)	Food frequency questionnaire at birth. Vitamin A ( $\mu$ g) Cases: 586(445) Controls: 578(476) $\beta$ -carotene ( $\mu$ g) Cases: 4925(4547) Controls: 4134(3197) $\alpha$ -carotene ( $\mu$ g) Cases: 607(870) Controls: 425(438)	Not reported.	Measure not described. Adherence not reported, however analysis reports no difference in supplementation between groups.	Retinol (<1.05 µmol/L) in 3 <sup>rd</sup> trimester Cases 58% Controls 62%	Preterm birth Cases 19% Controls 19% Low birth weight Cases 26% Controls 12% Macrosomia (>4000 g) Cases 9% Controls 17%
Jans et al. 2014 [39] N=76 (n=49 cases)	7-day food record taken – data not reported.	Standard multivitamin supplement recommended, composition not reported.	Reports refusal to take vitamin K supplement, measure not described. Supplement refusal: 1 <sup>st</sup> trimester 90% 3 <sup>rd</sup> trimester 84%	Vitamin K1 (<0.8 nmol/L, cases only) 1 <sup>st</sup> trimester 80% 2 <sup>nd</sup> trimester 59% 3 <sup>rd</sup> trimester 50%	GDM (cases only) AGB 7.7% RYGB/BPD 5.6% Pregnancy-induced hypertension (Cases only) AGB 11.1% RYGB/BPD 9.7% Pre-eclampsia (Cases only) AGB 0% RYGB/BPD 3.2%

		Preterm birth (Cases only)
		AGB 5.6%
		RYGB/BPD 9.7%
		Macrosomia (Cases only)
		AGB 16.7%
		RYGB/BPD 3.2%

<sup>a</sup> Units converted for consistency.

Abbreviations: SG = Sleeve gastrectomy, RYGB = Roux-en-Y gastric bypass, OAGB = One anastomosis gastric bypass, BPD = Biliopancreatic diversion, SGA = Small for gestational age, LGA = Large for gestational age.