

Supplementary appendix A Comparison between *Diabetes em Movimento* exercise program and walking football exercise program

	<i>Diabetes em Movimento</i> ¹		<i>Diabetes em Movimento</i>		Walking football	
	2016		2021*		2021 [†]	
Implementation cost	Euro (€)	International dollar (\$) #	Euro (€)	International dollar (\$) #	Euro (€)	International dollar (\$) #
Total	9,938.70 €	\$17,393.11	12,578.99 €	\$22,006.78	13,102.74 €	\$22,923.07
Total/Month	1,104.30 €	\$1,932.57	1,397.67 €	\$2,445.20	1,455.86 €	\$2,547.01
Total/Patient	165.64 €	\$289.88	209.64 €	\$366.77	327.57 €	\$573.08
Total/Session	46.01 €	\$80.52	58.23 €	\$101.88	60.66 €	\$106.13
Total/Patient/Month	18.40 €	\$32.20	23.29 €	\$40.74	36.40 €	\$63.68
Total/Patient/Session	1.53 € [‡]	\$2.68	1.94 €	\$3.39	3.03 €	\$5.31

Costs represented in euros (€) and international dollars (\$) for a 9-month time horizon

*Data calculated using the annual consumer prices inflation indicators from the World Bank (<http://data.worldbank.org/indicator/FP.CPI.TOTL.ZG>)

#Data calculated using the PPP conversion factor from the World Bank (<https://data.worldbank.org/indicator/PA.NUS.PPP>)

[†]December 2021

[‡]Calculated value

References

1. Mendes, R.A., AS. Costs of a community-based exercise program for patients with type 2 diabetes: case-study of *Diabetes em Movimento*®. *Aten Primaria* 2016, 48 (Espec Cong I), 25-120, Available online: https://www.researchgate.net/publication/308761921_Costs_of_a_community-based_exercise_program_for_patients_with_type_2_diabetes_case-study_of_Diabetes_em_MovimentoR.