Kangaroo mother care for preterm or low birth weight infants: A systematic review and meta-analysis

Supplement 1

Definitions used in the review

Panel 1: Definitions used in the review

Kangaroo mother care: Skin–to–skin contact between mother and newborn will be taken as the minimal core component of KMC. Additional components include frequent or exclusive breastfeeding and early discharge

'Early initiated' KMC: KMC provided immediately or in the first 24 hours of birth

'Late' initiation of KMC: KMC provided after 24 hours of birth

KMC in stable babies: KMC provided to babies who are considered 'stable' before enrolment as

defined by the study authors

KMC in unstable babies: KMC provided to babies who were not considered stable before enrolment

by the study authors

Outcomes and their definitions

Primary outcome	Definition	Timepoint of ascertainment
Mortality	All-cause mortality	At discharge, at 28 d, and
		latest follow up
Hypothermia	As defined in individual studies	In-hospital or at home during
		study period
Severe	As defined in individual studies or determined by the	At discharge, at 28 d, and
infection/sepsis	culture of bacteria or fungus from blood,	latest follow up
	cerebrospinal fluid, urine, or from a normally sterile	
	body space OR Any clinically defined infection,	
	including possible serious bacterial infection (PSBI),	
	diarrhea, pneumonia	
Severe illness	As defined in individual studies	At discharge, at 28 d, and
		latest follow up
Infant growth	Weight, Length, Head circumference	At discharge, at 28 d, and
	(as mean, z score \leq 2 SD or \leq 10 th centile for the	latest follow up
	index population)	
Neurodevelopment	Neurodevelopment or educational scores measured	At 12m, and latest follow up
•	using validated assessment tools.	_
Neurodevelopmental	Severe neurodevelopmental disability, defined as	At 12m, and latest follow up
disability	anyone or a combination of the following: non-	
	ambulant cerebral palsy, auditory and visual	
	impairment, neurodevelopmental impairment	

Search terms and search results

PubMed- 31st March 2021

Search	Query	Results
#8	Search: #1 AND #2 AND #7 Sort by: Most Recent	459
#7	Search: #4 AND #5 Sort by: Most Recent	2,636,074
#6	Search: #1 AND #2 AND #3 Sort by: Most Recent	478
#5	Search: (epidemiology OR case control study OR cohort analysis OR cross-sectional study OR case study OR follow up OR longitudinal study OR retrospective study OR prospective study OR observational study OR case control OR epidemiologic OR case referent OR case stud* OR case series OR cohort OR cross sectional OR follow up OR longitudinal OR retrospective* OR prospective* OR observational OR adverse effect OR interrupted time series OR correlational OR ecological stud* OR descriptive stud*). Sort by: Most Recent	9,268,175
#4	Search: communit* OR home-base* OR homebase* OR county OR domiciliary OR developing OR disadvantaged OR facility OR home OR impoverished OR peripheral OR poor OR rural OR slum OR underdeveloped OR underserved unit* OR village* OR residence characteristics OR rural population OR developing countries Sort by: Most Recent	7,419,770
#3	Search: (randomized controlled trial [pt] OR controlled clinical trial [pt] OR randomized [tiab] OR placebo [tiab] OR drug therapy [sh] OR randomly [tiab] OR trial [tiab] OR groups [tiab]) Sort by: Most Recent	5,024,760
#2	Search: ((((((((((((((((((((((((((((((((((((2,052,623
#1	Search: (((((((kangaroo care)) OR ("kangaroo care"[Text Word])) OR ("kangaroo mother care"[Text Word])) OR ("kangaroo mother method"[Text Word])) OR (skin-skin care[Text Word])) OR (skin-to-skin contact) Sort by: Most Recent	1,913

Embase 31st March 2021

1.	(kangaroo mother care OR kangaroo mother method OR kangaroo care OR skin-	2,601
	to-skin contact OR skin-to-skin care).ti,ab,af,if	
2.	(infant, newborn OR newborn OR neonate OR neonatal OR premature OR very	967,431
	low birth weight OR low birth weight OR VLBW OR LBW OR Newborn OR	
	infan* OR neonat*).ti,ab	
3.	(randomized controlled trial controlled clinical trial OR randomized OR placebo	1,815,889
	OR clinical trial OR randomly OR trial OR clinical trial).ti,ab,cf,cg,pt	
4.	(#1 AND #2 AND #3)	428
5.	(communit* OR home base* OR homebase* OR county OR domiciliary OR	3,530,921
	developing OR disadvantaged OR facility OR home OR impoverished OR	
	peripheral OR poor OR rural OR slum OR underdeveloped OR underserved	
	unit* OR village* OR residence characteristics OR rural population OR	
	developing countries).ti,ab,if	
6.	EPIDEMIOLOGY/ OR exp CASE CONTROL STUDY/ OR cohort analysis	1,042,933
7.	CROSS-SECTIONAL STUDY/ OR CASE STUDY/ OR follow up OR	2,608,527
	LONGITUDINAL STUDY/	
8.	RETROSPECTIVE STUDY/ OR PROSPECTIVE STUDY/ OR	1,767,844
	OBSERVATIONAL STUDY/	
9.	(case control).ti,ab,cf,cg,pt	171,831
10.	(epidemiologic).ti,ab,pt	85,047
11.	(case referent).ti,ab,pt	723
12.	(case stud*).ti,ab,pt	132,190
13.	(case series OR cohort OR cross sectional OR follow up OR longitudinal OR	4,641,879
	retrospective* OR prospective* OR observational OR adverse effect OR	
	(controlled before AND after) OR interrupted time series OR correlational OR	
	ecological stud* OR descriptive stud*).ti,ab,pt	
14.	5-13 (combined with OR)	5,932,137
15.	(1 AND 2 AND 4 AND 14)	239

CINAHL and Medline

1.	(kangaroo mother care OR kangaroo care method OR skin-to-skin care OR skin-to-	2,184
	skin contact).ti,ab,af,mj	
2.	(infant, newborn OR newborn OR neonate OR neonatal OR premature OR low	538,234
	birth weight OR VLBW OR LBW OR Newborn OR infan* OR neonat*).ti,ab,af,mj	
3.	(randomized controlled trial OR controlled clinical trial OR randomized OR	610,826
	placebo OR clinical trials as topic OR randomly OR trial OR PT clinical	
	trial).ti,ab,af,mj	
4.	(1 AND 2 AND 3)	315
5.	EPIDEMIOLOGY/ OR exp CASE CONTROL STUDY/ OR cohort analysis	125,097
6.	CROSS-SECTIONAL STUDY/ OR CASE STUDY/ OR follow up OR	266,536
	LONGITUDINAL STUDY/	

7.	RETROSPECTIVE STUDY/ OR PROSPECTIVE STUDY/ OR	0
	OBSERVATIONAL STUDY/	
8.	(epidemiologic).ti,ab,pt	17,488
9.	(case referent).ti,ab,pt	552
10.	(case stud*).ti,ab,pt	682,098
11.	(case series OR cohort OR cross sectional OR follow up OR longitudinal OR retrospective* OR prospective* OR observational OR adverse effect OR (controlled before AND after) OR interrupted time series OR correlational OR ecological stud* OR descriptive stud*).ti,ab,pt	1,041,862
12.	5-11 (combined with OR)	1,585,565
13.	(communit* OR home base* OR homebase* OR county OR domiciliary OR developing OR disadvantaged OR facility OR home OR impoverished OR peripheral OR poor OR rural OR slum OR underdeveloped OR underserved unit* OR village* OR residence characteristics OR rural population OR developing countries).ti,ab,hw	948,279
14.	(1 AND 2 AND 12 AND 13)	144

Medline (OVID) 31st March 2021

1.	(kangaroo mother care OR kangaroo care method OR skin-to-skin care OR skin-to-	1,796
	skin contact).ti,ab,mm,mh,if,mj	
2.	(infant, newborn OR newborn OR neonate OR neonatal OR premature OR low birth	895,376
	weight OR VLBW OR LBW OR Newborn).ti,ab,mm,mh,if,mj	
3.	(randomized controlled trial OR controlled clinical trial OR randomized OR placebo	1,415,815
	OR clinical trials as topic OR randomly OR trial OR PT clinical	
	trial).ti,ab,mm,mh,if,mj	
4.	(1 AND 2 AND 3)	315
5.	(community OR home based OR homebased OR county OR domiciliary OR	2,728,162
	developing OR disadvantaged OR facility OR home OR impoverished OR peripheral	
	OR poor OR rural OR slum OR underdeveloped OR underserved unit OR village OR	
	residence characteristics OR rural population OR developing	
	countries).ti,ab,mm,mh,if,mj	
6.	(epidemiology OR case control study OR cohort analysis OR cross-sectional study	3,618,190
	OR case study OR follow up OR longitudinal study OR retrospective study OR	
	prospective study OR observational study OR case control OR epidemiologic OR	
	case referent OR case study OR case series OR cohort OR cross sectional OR follow	
	up OR longitudinal OR retrospective OR prospective OR observational OR adverse	
	effect OR interrupted time series OR correlational OR ecological study OR	
	descriptive study).ti,ab,mm,mh,if,mj	
7.	(1 AND 2 AND 5 AND 6)	177

Other databases: 31st March 2021

1	PsycINFO	(kangaroo mother care OR kangaroo care method OR skin-to-skin care OR skin-	327
		to-skin contact).ti,ab	
2	PsycINFO	(infant, newborn OR newborn OR neonate OR neonatal OR premature OR low	39,101
		birth weight OR VLBW OR LBW OR Newborn).ti,ab	

3	PsycINFO	(randomized controlled trial OR controlled clinical trial OR randomized OR placebo OR clinical trials as topic OR randomly OR trial OR PT clinical trial).ti,ab	229,406
4	PsycINFO	(community OR home based OR homebased OR county OR domiciliary OR developing OR disadvantaged OR facility OR home OR impoverished OR peripheral OR poor OR rural OR slum OR underdeveloped OR underserved unit OR village OR residence characteristics OR rural population OR developing countries).ti,ab	695,732
5	PsycINFO	(epidemiology OR case control study OR cohort analysis OR cross-sectional study OR case study OR follow up OR longitudinal study OR retrospective study OR prospective study OR observational study OR case control OR epidemiologic OR case referent OR case study OR case series OR cohort OR cross sectional OR follow up OR longitudinal OR retrospective OR prospective OR observational OR adverse effect OR interrupted time series OR correlational OR ecological study OR descriptive study).ti,ab	644,952
	PsycINFO	(1 AND 2 AND 3)	37
	PsycINFO	(1 AND 2 AND 4 AND 5)	14
	AMED	(kangaroo mother care OR kangaroo care method OR skin-to-skin care OR skin-to-skin contact).ti,ab	5
1	EMCARE	(kangaroo mother care OR kangaroo care method OR skin-to-skin care OR skin-to-skin contact).ti,ab	1,153
2	EMCARE	(infant, newborn OR newborn OR neonate OR neonatal OR premature OR low birth weight OR VLBW OR LBW OR Newborn).ti,ab	118,415
3	EMCARE	(randomized controlled trial OR controlled clinical trial OR randomized OR placebo OR clinical trials as topic OR randomly OR trial OR PT clinical trial).ti,ab	493,916
4	EMCARE	(community OR home based OR homebased OR county OR domiciliary OR developing OR disadvantaged OR facility OR home OR impoverished OR peripheral OR poor OR rural OR slum OR underdeveloped OR underserved unit OR village OR residence characteristics OR rural population OR developing countries).ti,ab	868,173
5	EMCARE	(epidemiology OR case control study OR cohort analysis OR cross-sectional study OR case study OR follow up OR longitudinal study OR retrospective study OR prospective study OR observational study OR case control OR epidemiologic OR case referent OR case study OR case series OR cohort OR cross sectional OR follow up OR longitudinal OR retrospective OR prospective OR observational OR adverse effect OR interrupted time series OR correlational OR ecological study OR descriptive study).ti,ab	1,240,198
	EMCARE	(1 AND 2 AND 3)	148
	EMCARE	(1 AND 2 AND 4 AND 5)	66
1	BNI	(kangaroo mother care OR kangaroo care method OR skin-to-skin care OR skin-to-skin contact).ti,ab	539
2	BNI	(infant, newborn OR newborn OR neonate OR neonatal OR premature OR low birth weight OR VLBW OR LBW OR Newborn).ti,ab	17,783
3	BNI	(randomized controlled trial OR controlled clinical trial OR randomized OR placebo OR clinical trials as topic OR randomly OR trial OR PT clinical trial).ti,ab	38,641
4	BNI	(community OR home based OR homebased OR county OR domiciliary OR developing OR disadvantaged OR facility OR home OR impoverished OR peripheral OR poor OR rural OR slum OR underdeveloped OR underserved unit OR village OR residence characteristics OR rural population OR developing countries).ti,ab	140,284
5	BNI	(epidemiology OR case control study OR cohort analysis OR cross-sectional study OR case study OR follow up OR longitudinal study OR retrospective study OR prospective study OR observational study OR case control OR epidemiologic	105,504

	OR case referent OR case study OR case series OR cohort OR cross sectional OR	
	follow up OR longitudinal OR retrospective OR prospective OR observational	
	OR adverse effect OR interrupted time series OR correlational OR ecological	
	study OR descriptive study).ti,ab	
BNI	(1 AND 2 AND 3)	54
BNI	(1 AND 2 AND 4 AND 5)	26

Cochrane CENTRAL search terms

Search terms "kangaroo care" OR "kangaroo mother care" OR "skin to skin care" OR "skin-skin care" OR kangaroo in Title Abstract Keyword - (Word variations have been searched)- 378 Trials matching

UPDATED Search (31 March 2021 to 31 March 2022)

PubMed

#7	Search: #5 AND #6	59
#6	Search: #1 AND #2 AND #3 AND #4	545
#5	Search: ("2021/03/31"[Date - Create]: "2022/03/31"[Date - Create])	1,554,148
#4	Search: (epidemiology OR case control study OR cohort analysis OR cross-sectional study OR	10,118,843
	case study OR follow up OR longitudinal study OR retrospective study OR prospective study	
	OR observational study OR case control OR epidemiologic OR case referent OR case stud*	
	OR case series OR cohort OR cross sectional OR follow up OR longitudinal OR	
	retrospective* OR prospective* OR observational OR adverse effect OR interrupted time	
	series OR correlational OR ecological stud* OR descriptive stud*).	
#3	Search: communit* OR home-base* OR homebase* OR county OR domiciliary OR	8,194,370
	developing OR disadvantaged OR facility OR home OR impoverished OR peripheral OR poor	
	OR rural OR slum OR underdeveloped OR underserved unit* OR village* OR residence	
	characteristics OR rural population OR developing countries	
#2	Search: : (((((((((infant[MeSH Terms]) OR (infant, low birth weight[MeSH Terms])) OR	2,159,091
	(infant, mortality[MeSH Terms])) OR (breastfeeding[MeSH Terms])) OR (Mother-Child	
	Relations[MeSH Terms])) OR (infant care[MeSH Terms])) OR (length of stay[MeSH	
	Terms])) OR (physical stimulation[MeSH Terms])) OR (weight gain[MeSH Terms])) OR	
	((infant, newborn[MeSH] OR newborn OR neonate OR neonatal OR premature OR low birth	
	weight OR VLBW OR LBW or infan* or neonat*))	
#1	Search: (((((((kangaroo care)) OR ("kangaroo care"[Text Word])) OR ("kangaroo mother	2,261
	care"[Text Word])) OR ("kangaroo mother method"[Text Word])) OR (skin-skin care[Text	
	Word])) OR (skin-to-skin contact)	

Database(s): **Ovid MEDLINE(R)** 1946 to March Week 4 2022 Search Strategy:

#	Searches	Results
1	kangaroo mother care OR kangaroo care method OR skin-to-skin care OR skin-to-skin contact {Including Related Terms}	2707
2	infant, newborn OR newborn OR neonate OR neonatal OR premature OR low birth weight OR VLBW OR LBW OR Newborn {Including Related Terms}	10001
3	randomized controlled trial OR controlled clinical trial OR randomized OR placebo OR clinical trials as topic OR randomly OR trial OR PT clinical trial {Including Related Terms}	10085
4	((kangaroo mother care or kangaroo care method or skin-to-skin care or skin-to-skin contact) and (infant, newborn or newborn or neonate or neonatal or premature or low birth weight or VLBW or LBW or Newborn) and (randomized controlled trial or controlled clinical trial or randomized or placebo or clinical trials as topic or randomly or trial or PT clinical trial)).af.	347
5	((kangaroo mother care or kangaroo care method or skin-to-skin care or skin-to-skin contact) and (infant, newborn or newborn or neonate or neonatal or premature or low birth weight or VLBW or LBW or Newborn) and (randomized controlled trial or controlled clinical trial or randomized or placebo or clinical trials as topic or randomly or trial or PT clinical trial)).af.	347
6	limit 5 to yr="2021 - 2022"	35

Database(s): Embase 1974 to 2022 April 04

Search Strategy:

#	Searches	Results
1	kangaroo mother care OR kangaroo mother method OR kangaroo care OR skin-to-skin contact OR skin-to-skin care {Including Related Terms}	48796
2	limit 1 to yr="2021 - 2022"	4174
3	((kangaroo mother care or kangaroo mother method or kangaroo care or skinto-skin contact or skin-to-skin care) and (infant, newborn or newborn or neonate or neonatal or premature or low birth weight or VLBW or LBW or Newborn) and (randomized controlled trial or controlled clinical trial or randomized or placebo or clinical trials as topic or randomly or trial or PT clinical trial)).af.	587
4	limit 3 to yr="2021 - 2022"	74

Database(s): **AMED (Allied and Complementary Medicine)** 1985 to March 2022, **Ovid Emcare** 1995 to 2022 Week 13, **HMIC Health Management Information Consortium** 1979 to January 2022 Search Strategy:

#	Searches	Results
1	((kangaroo mother care or kangaroo care method or skin-to-skin care or skin-to-skin contact) and (infant, newborn or newborn or neonate or neonatal or premature or low birth weight or VLBW or LBW or Newborn) and (randomized controlled trial or controlled clinical trial or randomized or placebo or clinical trials as topic or randomly or trial or PT clinical trial)).af.	246
2	limit 1 to yr="2021 - 2022"	22