

Supplement 1: databases searched
Cochrane Central Register of Controlled Trials
EBSCO–CINAHL (Cumulative Index to Nursing and Allied Health Literature)
Google Scholar
Ovid–EMBASE
Ovid–MEDLINE
Ovid–MEDLINE E-pub ahead of print
Ovid–MEDLINE In-Process and Other Non-Indexed Citations
PubMed
Scopus
Web of Knowledge (Science Citation Index Expanded and Conference Proceedings Citation Index Science)