	Sham		SCI		SCI + Met	
Analysis	Males	Females	Males	Females	Males	Females
Immediate Behaviour (Ladder)	n=12	n=13	n=8	n=6	n=6	n=13
Immediate Behaviour (Catwalk)	n=7	n=6	n=11	n=7	n=8	n=9
NSPC lineage tracking	n=3	n=3	n=6	n=3	n=5	n=3
OPC lineage tracking	n=4	n=6	n=3	n=4	n=3	n=4
Microglia analyses	n=3	n=6	n=4	n=5	n=7	n=6
Delayed Behaviour (Ladder)	n=7	n=11	n=9	n=6	n=10	n=9
Delayed Behaviour (Catwalk)	n=7	n=11	n=9	n=6	n=10	n=9
	Vehicle			Met		
Analysis	Males	Females		Males	Females	
In vitro analysis	n=9	n=9		n=9	n=9	

## Supplemental Table 1: Summary of number of mice for all analyses



## Supplemental Figure 2



А

В

Supplemental Figure 3



A **Females:** EdU+/TdTomato+ cells in dorsal cord



В

Supplemental Figure 4 Males: EdU+/TdTomato+ cells in dorsal cord Supplemental Fig 1: Immediate metformin improves gait following SCI. Deficits in gait were observed in SCI mice in our acute studies. Mice that received metformin treatment (SCI+Met) were not impaired in any of these gait parameters at PID7 or PID14. (A,B) In our combined groups, mean couplings (A) and phase dispersion (B) were significantly impaired in SCI, but not SCI+Met mice. (C, D) Females had significant deficits in mean couplings (C) and phase dispersion (D) in SCI, but not SCI+Met mice. (E,F) Males demonstrated significant deficits in couplings (CSTAT) (E) and left hind stride length (F) in SCI, but not SCI+Met mice. Data are presented as mean  $\pm$  SEM; n=18-25/group including males and females; in data split by sex, n=6-11/group. \*p<0.05.

Supplemental Fig. 2: In vitro dose-response curves for metformin. (A) In vitro experimental timeline. (B) In vitro delivery of metformin in females reveals a significant increase in the number of neurospheres at both 100ng/mL and 500ng/mL. (C) In males, a significant increase in the number of neurospheres is observed at 100ng/mL metformin. n=9 mice/group \*p<0.05

Supplemental Fig. 3: Neurospheres are multi-potent in both males and females in the presence or absence of metformin. (A) male, vehicle. (B) male, metformin. (C) female, vehicle. (D) female, metformin. Scale bar in D=  $200\mu$ m, n=12 neurospheres/group from 9 mice.

## **Supplemental Fig. 4: Rare Edu+/TdTomato+ cells are observed in the dorsal spinal cord in females and males.** (A,B) There is no significant difference in EdU+/TdTom+ cells in the dorsal (injured) spinal cord in females (A) or males (B) between SCI and SCI+Met treated mice. Data are presented as mean ± SEM; n=3-4 mice/group.