

## Supplementary Material

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### Supplementary Methods

#### *Modeling light attenuation within the cell*

To obtain  $F_{Pho}$ , we consider the effect of light attenuation within the cell, which is described by the following equation based on Beers' Law (1):

$$I = I_0 e^{-k_{Chl} Chl Z} \quad [\text{eq. S1}]$$

where  $I$  is local light intensity,  $I_0$  is source light intensity,  $k_{Chl}$  is extinction coefficient per chlorophyll,  $Chl$  is chlorophyll concentration and  $Z$  is the path length within the cell. We assumed the same chlorophyll content per cell across taxa as represented by the following equation:

$$Chl = \frac{Y_{Chl} Q_C^{Non-diatom}}{V} \quad [\text{eq. S2}]$$

where  $Y_{Chl}$  is a chlorophyll conversion factor and  $Q_C^{Non-diatom}$  is a cellular C quota of non-diatoms. We consider the spherical cellular shape and uniform distribution of chlorophyll within the cell. Once we obtain  $I$  at each point within the cell, we obtain local photosynthesis rate within the cell following a commonly used saturating relationship (2–4):

$$F_{Pho}^{Chl} = F_{Pho,max}^{Chl} (1 - e^{-A_I I}) \quad [\text{eq. S3}]$$

where  $F_{Pho}^{Chl}$  is photosynthesis rate per chlorophyll,  $F_{Pho,max}^{Chl}$  is the maximum photosynthesis rate per chlorophyll,  $A_l$  is a light harvesting coefficient, representing the combination of handling time and absorption cross-section. Then, we integrate the local rate of photosynthesis to the cellular level:

$$F_{Pho} = \int_V F_{Pho}^{Chl} Chl dv \quad [\text{eq. S4}]$$

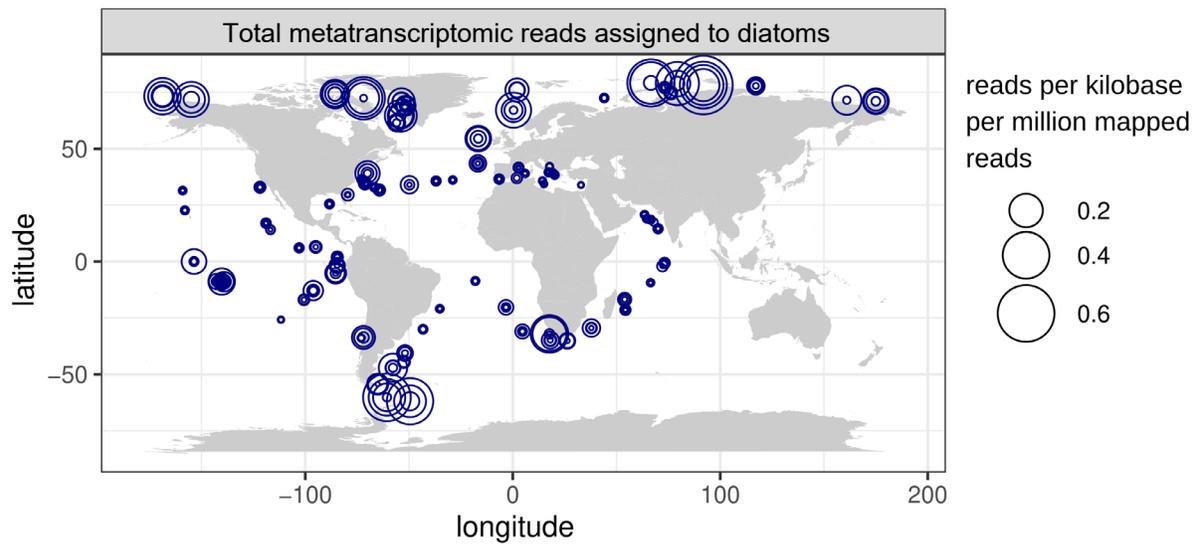


Fig. S1 Locations of *Tara* Oceans stations and total metatranscriptomic reads assigned to diatoms (5, 6).

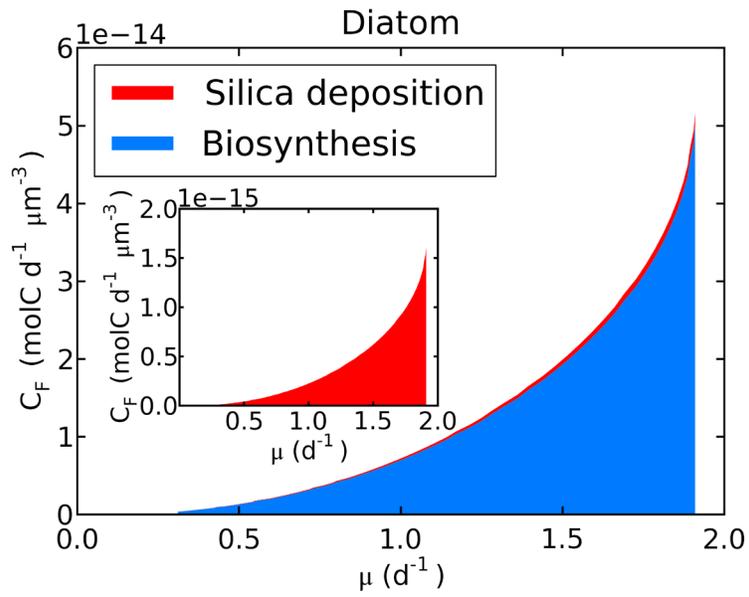


Fig. S2 Simulated fate of C ( $C_F$ ) for various growth rates under nutrient depletion for diatom with doubled Si composition. The inset shows C cost for silica deposition in a different y axis range to make it visible.

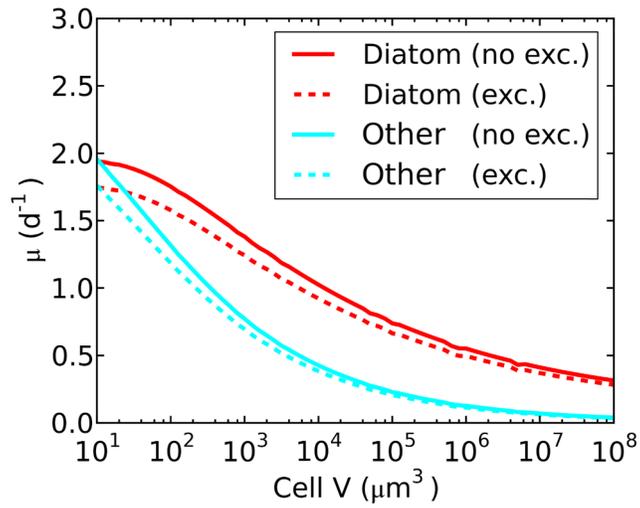


Fig. S3 Simulated effect of C excretion on nutrient replete growth rate ( $\mu$ ) – cell volume ( $V$ ) relationship. The solid curves show the default simulation (as in Fig. 2) and the dashed curves show the simulation with C excretion (here 10% of total fixed C).

Table S1 Parameters, units and definitions

Parameter	Definition	Unit
$Q_C$	Cellular C quota	mol C cell <sup>-1</sup>
$t$	time	t
$F_{Pho}$	C fixation rate per cell	mol C cell <sup>-1</sup> d <sup>-1</sup>
$\mu$	Growth rate	d <sup>-1</sup>
$E_\mu$	Growth cost factor	-
$E_{Si}$	Si accumulation cost factor	-
$A_C$	Cellular C quota factor	mol C $\mu\text{m}^3$
$V$	Cellular volume	$\mu\text{m}^{-3}$ cell <sup>-1</sup>
$B_C$	Cellular C quota power factor	-
$I$	Local light intensity	$\mu\text{mol m}^{-2} \text{s}^{-1}$
$I_0$	Source light intensity	$\mu\text{mol m}^{-2} \text{s}^{-1}$
$k_{Chl}$	Extinction coefficient per chlorophyll	$\mu\text{m}^2$ (mol C in chlorophyll) <sup>-1</sup>
$Chl$	Chlorophyll concentration	(mol C in chlorophyll) $\mu\text{m}^{-3}$
$Y_{Chl}$	Chlorophyll conversion factor	(mol C in chlorophyll) mol C <sup>-1</sup>
$Q_C^{Non-diatom}$	Cellular C quota of non-diatoms	mol C cell <sup>-1</sup>
$Z$	Path length	$\mu\text{m}$
$F_{Pho}^{Chl}$	C fixation rate per chlorophyll	mol C d <sup>-1</sup> (mol C in chlorophyll) <sup>-1</sup>
$F_{Pho,max}^{Chl}$	Maximum C fixation rate per chlorophyll	mol C d <sup>-1</sup> (mol C in chlorophyll) <sup>-1</sup>
$A_I$	Light harvesting coefficient	$\mu\text{mol}^{-1} \text{m}^2 \text{s}$

-: dimensionless

Table S2 Parameter values for diatoms

Parameter	Value	Unit
Common values		
$E_\mu$	* <sup>1</sup> $6.91 \times 10^{-1}$	-
$k_{Chl}$	$4.90 \times 10^{-9}$	$\mu\text{m}^2$ (mol C in chlorophyll) <sup>-1</sup>
$I_0$	* <sup>2</sup> 200	$\mu\text{mol m}^{-2} \text{s}^{-1}$ (mol C in chlorophyll)
$Y_{Chl}$	* <sup>3</sup> $1.18 \times 10^{-2}$	$\text{mol C}^{-1}$
$F_{Pho,max}^{Chl}$	$5.49 \times 10^2$	$\text{mol C d}^{-1}$ (mol C in chlorophyll) <sup>-1</sup>
$A_I$	* <sup>4</sup> $8.63 \times 10^{-3}$	$\mu\text{mol}^{-1} \text{m}^2 \text{s}$
Diatom specific values		
$A_C$	* <sup>5</sup> $2.40 \times 10^{-14}$	$\text{mol C } \mu\text{m}^3$
$B_C$	* <sup>5</sup> $8.11 \times 10^{-1}$	-
$E_{Si}$	* <sup>6</sup> $2.72 \times 10^{-2}$	-
Non-diatom specific values		
$A_C$	* <sup>5</sup> $1.80 \times 10^{-14}$	$\text{mol C } \mu\text{m}^3$
$B_C$	* <sup>5</sup> $9.39 \times 10^{-1}$	-
$E_{Si}$	0.00	-

\*<sup>1</sup> Estimated with mass, electron and energy balance (7) with the suggested energy transfer efficiency of 0.6 and stoichiometry of  $\text{C}_5\text{H}_7\text{O}_2\text{N}_{0.75}$  (note: Redfield C:N (8)) with  $\text{NO}_3^-$  as N source.

\*<sup>2</sup> Typical light intensity that gives maximum growth rate for diatoms and other phytoplankton (9).

\*<sup>3</sup> Typical Chl:C ratio of non-diatoms (10, 11).

\*<sup>4</sup> Value from (4).

\*<sup>5</sup> Value based on (12).

\*<sup>6</sup> Product of molar Si:C ratio of  $1.63 \times 10^{-1}$  (maximum value from (13)) and C cost per Si uptake of  $1.67 \times 10^{-1}$  (mol C mol Si<sup>-1</sup>) (14). For the dashed curve in Fig. 2, this value ( $E_{Si}$ ) is replaced by  $6.45 \times 10^{-1}$ , which represents the equivalent cost for biomass production ( $1+E_\mu$ ) for the same weight of C as Si.

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