

## Supplementary Tables and Figures

### Supplementary Table 1. Association between exposure measures and CTE status (absent versus present) in models unadjusted for age

|  | Odds ratio<br>(95% CI) | p-value                | BIC   | Cross-validation<br>mean error |
|--|------------------------|------------------------|-------|--------------------------------|
| Concussion number                            | 1.00 (1.00-1.00)       | .18                    |       |                                |
| Position,<br>non-speed vs speed*             | 1.37 (0.89-2.13)       | .15                    |       |                                |
| Duration of play<br>per year                 | 1.16 (1.12-1.20)       | 5.4*10 <sup>-15</sup>  | 692.3 | 0.181                          |
| CHII per 1,000 hits                          | 1.24 (1.16-1.32)       | 2.1*10 <sup>-11</sup>  | 708.9 | 0.185                          |
| CHII-G per 10,000g                           | 1.21 (1.16-1.27)       | <2.0*10 <sup>-16</sup> | 664.1 | 0.172                          |
| CHII-R per 1,000,000<br>rad/sec <sup>2</sup> | 1.25 (1.19-1.31)       | <2.0*10 <sup>-16</sup> | 662.4 | 0.168                          |

Separate logistic regressions were run for each exposure measure due to multicollinearity to determine odds ratios, and p-values. For models with significant exposure measures, BIC and the mean error resulting from a 10-fold cross-validation analysis are reported to determine relative model performance. All models had the outcome of CTE status (absent vs present) and were adjusted for age at death.

\*Presented as dichotomous non-speed (offensive and defensive lineman) vs speed (all other positions) for all football players with a single known position

BIC: Bayesian information criterion; CHII: cumulative head impact index representing estimated number of head impacts per donor per 1,000 hits; CHII-G: cumulative head impact index representing estimated cumulative g-force experienced by each donor per 10,000g; CHII-R: cumulative head impact index estimated cumulative rotational force experienced by each donor per 1,000,000 rad/sec<sup>2</sup>; CTE: chronic traumatic encephalopathy

### Supplementary Table 2. Association between exposure measures and CTE severity (mild versus severe) in models unadjusted for age

|  | Odds ratio<br>(95% CI) | p-value               | BIC   | Cross-validation<br>mean error |
|--|------------------------|-----------------------|-------|--------------------------------|
| Concussion number                            | 1.00 (1.00-1.00)       | .44                   |       |                                |
| Position,<br>non-speed vs speed*             | 1.11 (0.71-1.74)       | .64                   |       |                                |
| Duration of play<br>per year                 | 1.13 (1.08-1.17)       | 4.9*10 <sup>-9</sup>  | 563.0 | 0.214                          |
| CHII per 1,000 hits                          | 1.18 (1.11-1.26)       | 1.0*10 <sup>-7</sup>  | 532.2 | 0.215                          |
| CHII-G per 10,000g                           | 1.20 (1.14-1.26)       | 1.9*10 <sup>-13</sup> | 568.4 | 0.201                          |
| CHII-R per 1,000,000<br>rad/sec <sup>2</sup> | 1.23 (1.16-1.29)       | 8.2*10 <sup>-14</sup> | 528.0 | 0.198                          |

Separate logistic regressions were run for each exposure measure due to multicollinearity to determine odds ratios and p-values. For models with significant exposure measures, BIC and the mean error resulting from a 10-fold cross-validation analysis are reported to determine relative model performance. All models had the outcome of CTE severity (mild vs severe) and were adjusted for age at death.

\*Presented as dichotomous non-speed (offensive and defensive lineman) vs speed (all other positions) for all football players with a single known position

BIC: Bayesian information criterion; CHII: cumulative head impact index representing estimated number of head impacts per donor per 1,000 hits; CHII-G: cumulative head impact index representing estimated cumulative g-force experienced by each donor per 10,000g; CHII-R: cumulative head impact index estimated cumulative rotational force experienced by each donor per 1,000,000 rad/sec<sup>2</sup>; CTE: chronic traumatic encephalopathy

### Supplementary Table 3. Association between exposure measures and neurofibrillary tangle burden in models unadjusted for age

|   | Mean increase in NFT burden per unit increase in respective measure (95% CI) | R <sup>2</sup> | p-value               | BIC  |
|---|--|----------------|-----------------------|------|
| Athletes with all 11 brain regions available for analysis (n=519) |  |                |                       |      |
| Concussion number   | 3.35*10 <sup>-4</sup> (-2.46*10 <sup>-3</sup> -3.12*10 <sup>-3</sup> )       | 0.00           | .81                   |      |
| Position, non-speed vs speed*                                     | 1.88 (-0.09-3.85)  | 0.01           | .06                   |      |
| Duration of play per year   | 0.67 (0.54-0.81)   | 0.15           | <2*10 <sup>-16</sup>  | 3558 |
| CHII per 1,000 hits   | 0.87 (0.65-1.09)   | 0.11           | 2.1*10 <sup>-14</sup> | 3602 |
| CHII-G per 10,000g  | 0.85 (0.71-0.98)   | 0.22           | <2*10 <sup>-16</sup>  | 3557 |
| CHII-R per 1,000,000 rad/sec <sup>2</sup>                         | 0.89 (0.74-1.04)   | 0.21           | <2*10 <sup>-16</sup>  | 3564 |

Separate linear regressions were run for each exposure measure due to multicollinearity to determine betas, R<sup>2</sup>, and p-values. For models with significant exposure measures, BIC is reported to determine relative model performance. All models had the outcome of semi-quantitative NFT burden summed across 11 brain regions (0-33) and were adjusted for age at death. The sum score was based on neuropathologists semi-quantitative NFT burden on a 0-3 scale with increasing severity for 11 brain regions implicated in CTE: dorsolateral frontal cortex, middle frontal cortex, orbitofrontal cortex, hippocampus regions CA1, CA2, CA3/4, substantia nigra, amygdala, entorhinal cortex, inferior parietal cortex, and locus coeruleus. Results are presented for the 519 athletes with available tissue for all 11 brain regions.

\*Presented as dichotomous non-speed (offensive and defensive lineman) vs speed (all other positions) for all football players with a single known position

BIC: Bayesian information criterion; CHII: cumulative head impact index representing estimated number of head impacts per donor per 1,000 hits; CHII-G: cumulative head impact index representing estimated cumulative g-force experienced by each donor per 10,000g; CHII-R: cumulative head impact index estimated cumulative rotational force experienced by each donor per 1,000,000 rad/sec<sup>2</sup>; CTE: chronic traumatic encephalopathy; NFT: neurofibrillary tangle

**Supplementary Table 4. Association between position and CTE status, CTE severity, and NFT burden**

| Highest Position | CTE status*                                     |         | CTE severity**                                    |         | NFT burden***                                     |         |
|------------------|---|---------|---|---------|---|---------|
|                  | Odds ratio (95% CI)                             | p-value | Odds ratio (95% CI)                               | p-value | Odds ratio (95% CI)                               | p-value |
| Defensive back   | 1.9 (0.85-4.6)                                  | .12     | 0.96 (0.37-2.5)                                   | .93     | 1.0 (6.7*10 <sup>-2</sup> -15.0)                  | 1.00    |
| Defensive line   | 0.91 (0.47-1.8)                                 | .80     | 0.55 (0.23-1.3)                                   | .17     | 0.61 (5.3*10 <sup>-2</sup> -7.0)                  | .69     |
| Kicker           | 0.47 (1.8*10 <sup>-2</sup> -12.3)               | .60     | 6.9*10 <sup>-7</sup> (NA-1.3*10 <sup>-122</sup> ) | .99     | 2.8*10 <sup>-4</sup> (1.7*10 <sup>-6</sup> -1.9)  | .29     |
| Linebacker       | 1.6 (0.74-3.5)                                  | .21     | 0.66 (0.27-1.6)                                   | .37     | 1.3 (0.10-17.7)                                   | .82     |
| Punter           | 7.2*10 <sup>-5</sup> (2.2*10 <sup>-5</sup> -NA) | .98     | 9.4*10 <sup>-9</sup> (NA-4.9*10 <sup>-62</sup> )  | .98     | 1.6*10 <sup>-3</sup> (3.3*10 <sup>-8</sup> -76.0) | .24     |
| Quarterback      | 0.61 (0.25-1.6)                                 | .29     | 0.76 (0.21-3.1)                                   | .70     | 4.9 (0.14-173.9)                                  | .38     |
| Running back     | 1.9 (0.84-4.4)                                  | .14     | 2.4 (0.88-6.7)                                    | .10     | 0.59 (4.4-801.8)                                  | .002    |
| Tight end        | 0.65 (0.25-1.8)                                 | .39     | 1.2 (0.32-5.5)                                    | .77     | 0.57 (1.5*10 <sup>-2</sup> -21.7)                 | .76     |
| Wide Receiver    | 1.0 (0.35-3.5)                                  | .96     | 1.4 (0.30-7.1)                                    | .68     | 0.56 (8.1*10 <sup>-3</sup> -39.1)                 | .79     |

(Offensive line used as reference category)

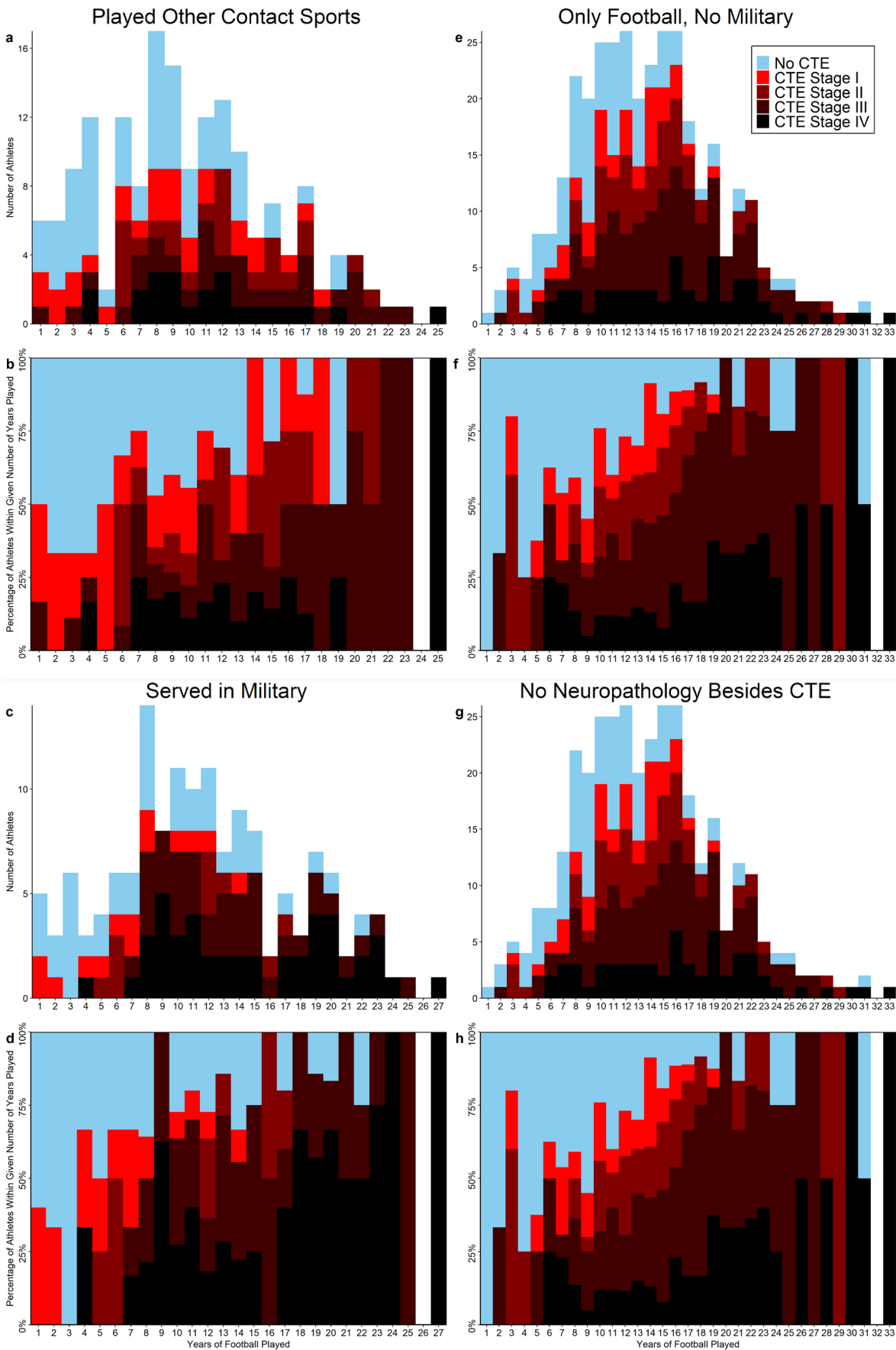
Each column represents the results of a logistic (CTE status and severity) or linear (NFT burden) regression with age at death as a covariate and highest position played as a factor variable (offensive line as the reference category).

\*For all athletes with a single known highest position played (n=468)

\*\*For all athletes with a single known highest position played and CTE (n=362)

\*\*\*Athletes with a single known highest position and all 11 brain regions available for analysis (n=385)

CTE: chronic traumatic encephalopathy; NA: not applicable; NFT: neurofibrillary tangle



**Supplementary Figure 1. Athlete CTE Status by Years of American Football Played for Subgroups.** Histograms and percent distributions for subgroups of study sample including football players who also played other contact sports (A and B), football players who also served in the military (C and D), football players who did not play any other contact sports and did not serve in the military (E and F), and football players with no other neuropathology besides CTE (G and H). Source data are provided as a Source Data file. CTE: chronic traumatic encephalopathy

**Supplementary Table 5. Association between exposure measures and CTE status (absent versus present) for subgroups**

|   | Odds ratio<br>(95% CI) | p-value               | BIC   | Cross-validation<br>mean error | AUC  | p-value**            |
|---|------------------------|-----------------------|-------|--------------------------------|------|----------------------|
| <i>No military history and no other contact sport exposure besides football (n=364)</i> |                        |                       |       |                                |      |                      |
| Concussion number   | 1.00 (1.00-1.00)       | .14                   |       |                                |      |                      |
| Position, non-speed vs speed*   | 1.12 (0.64-2.00)       | .68                   |       |                                |      |                      |
| Duration of play per year   | 1.15 (1.09-1.21)       | 5.6*10 <sup>-7</sup>  | 376.1 | 0.170                          | .716 |                      |
| CHII per 1,000 hits   | 1.20 (1.10-1.30)       | 5.4*10 <sup>-5</sup>  | 386.1 | 0.174                          | .681 | .17                  |
| CHII-G per 10,000g  | 1.22 (1.14-1.31)       | 3.7*10 <sup>-9</sup>  | 360.6 | 0.162                          | .765 | 1.0*10 <sup>-3</sup> |
| CHII-R per 1,000,000 rad/sec <sup>2</sup>   | 1.26 (1.17-1.36)       | 4.5*10 <sup>-9</sup>  | 358.9 | 0.156                          | .781 | 3.6*10 <sup>-5</sup> |
| <i>No other neurodegenerative disease besides CTE (n=413)</i>                           |                        |                       |       |                                |      |                      |
| Concussion number   | 1.00 (1.00-1.00)       | .35                   |       |                                |      |                      |
| Position, non-speed vs speed*   | 1.59 (0.92-2.7)        | 0.094                 |       |                                |      |                      |
| Duration of play per year   | 1.16 (1.10-1.21)       | 2.6*10 <sup>-9</sup>  | 443.2 | 0.174                          | .740 |                      |
| CHII per 1,000 hits   | 1.18 (1.09-1.27)       | 2.5*10 <sup>-5</sup>  | 463.9 | 0.183                          | .703 | .035                 |
| CHII-G per 10,000g  | 1.21 (1.14-1.28)       | 6.2*10 <sup>-11</sup> | 431.7 | 0.168                          | .776 | 5.2*10 <sup>-3</sup> |
| CHII-R per 1,000,000 rad/sec <sup>2</sup>   | 1.26 (1.18-1.35)       | 2.4*10 <sup>-11</sup> | 426.5 | 0.166                          | .789 | 3.7*10 <sup>-4</sup> |

Separate logistic regressions were run for each exposure measure due to multicollinearity to determine odds ratios, and p-values. For models with significant exposure measures, BIC and the mean error resulting from a 10-fold cross-validation analysis are reported to determine relative model performance. All models had the outcome of CTE status (absent vs present) and were adjusted for age at death.

\*Presented as dichotomous non-speed (offensive and defensive lineman) vs speed (all other positions) for all football players with a single known position

\*\*AUC p-value represents results of bootstrap analysis with 2000 replicates drawn from the sample to determine if there was a true difference between the AUCs for models examining CTE status and duration of play compared to other exposure measures.

AUC: receiver operating characteristics area under curve, BIC: Bayesian information criterion; CHII: cumulative head impact index representing estimated number of head impacts per donor per 1,000 hits; CHII-G: cumulative head impact index representing estimated cumulative g-force experienced by each donor per 10,000g; CHII-R: cumulative head impact index estimated cumulative rotational force experienced by each donor per 1,000,000 rad/sec<sup>2</sup>; CTE: chronic traumatic encephalopathy

**Supplementary Table 6. Association between exposure measures and CTE severity (mild versus severe) for exposure subgroups**

|   | Odds ratio<br>(95% CI) | p-value              | BIC   | Cross-validation<br>mean error | AUC  | p-value**            |
|---|------------------------|----------------------|-------|--------------------------------|------|----------------------|
| <i>No military history and no other contact sport exposure besides football (n=266)</i> |                        |                      |       |                                |      |                      |
| Concussion number   | 1.00 (1.00-1.00)       | .96                  |       |                                |      |                      |
| Position, non-speed vs speed*   | 1.37 (0.79-2.36)       | .26                  |       |                                |      |                      |
| Duration of play per year   | 1.13 (1.06-1.20)       | 3.0*10 <sup>-4</sup> | 251.6 | 0.150                          | .659 |                      |
| CHII per 1,000 hits   | 1.11 (1.11-1.22)       | 0.022                | 260.7 | 0.159                          | .648 | .70                  |
| CHII-G per 10,000g  | 1.21 (1.16-1.31)       | 3.6*10 <sup>-6</sup> | 239.8 | 0.143                          | .723 | 9.4*10 <sup>-6</sup> |
| CHII-R per 1,000,000 rad/sec <sup>2</sup>   | 1.21 (1.11-1.32)       | 1.2*10 <sup>-5</sup> | 241.8 | 0.144                          | .725 | 9.7*10 <sup>-4</sup> |
| <i>No other neurodegenerative disease besides CTE (n=293)</i>                           |                        |                      |       |                                |      |                      |
| Concussion number   | 1.00 (1.00-1.00)       | .41                  |       |                                |      |                      |
| Position, non-speed vs speed*   | 1.61 (0.84-3.09)       | .15                  |       |                                |      |                      |
| Duration of play per year   | 1.16 (1.09-1.24)       | 3.0*10 <sup>-6</sup> | 264.6 | 0.138                          | .739 |                      |
| CHII per 1,000 hits   | 1.12 (1.03-1.21)       | 9.1*10 <sup>-3</sup> | 283.6 | 0.152                          | .703 | .031                 |
| CHII-G per 10,000g  | 1.23 (1.14-1.33)       | 9.0*10 <sup>-8</sup> | 254.3 | 0.133                          | .776 | 4.4*10 <sup>-3</sup> |
| CHII-R per 1,000,000 rad/sec <sup>2</sup>   | 1.28 (1.17-1.40)       | 3.6*10 <sup>-8</sup> | 249.5 | 0.133                          | .789 | 4.0*10 <sup>-4</sup> |

Separate logistic regressions were run for each exposure measure due to multicollinearity to determine odds ratios and p-values. For models with significant exposure measures, BIC and the mean error resulting from a 10-fold cross-validation analysis are reported to determine relative model performance. All models had the outcome of CTE severity (mild vs severe) and were adjusted for age at death.

\*Presented as dichotomous non-speed (offensive and defensive lineman) vs speed (all other positions) for all football players with a single known position

\*\*AUC p-value represents results of bootstrap analysis with 2000 replicates drawn from the sample to determine if there was a true difference between the AUCs for models examining CTE status and duration of play compared to other exposure measures.

AUC: receiver operating characteristics area under curve, BIC: Bayesian information criterion; CHII: cumulative head impact index representing estimated number of head impacts per donor per 1,000 hits; CHII-G: cumulative head impact index representing estimated cumulative g-force experienced by each donor per 10,000g; CHII-R: cumulative head impact index estimated cumulative rotational force experienced by each donor per 1,000,000 rad/sec<sup>2</sup>; CTE: chronic traumatic encephalopathy