

Appendix A. Food Consumption Questionnaire (FCQ) Subset Questions Used to Generate Food Consumption Indices.

Healthy Food Consumption	
<i>Question</i>	<i>Response and Score</i>
“During the past 7 days, how many times did your child drink milk?”	4 or more times a day = 28 times per week 3 times a day = 21 Twice a day = 14 Once a day = 7 4 to 6 times during the past 7 days = 5 1 to 3 times during the past 7 days = 2 Child did not drink milk during past 7 days = 0
“During the past 7 days, how many times did your child drink 100% fruit juices such as orange juice, apple juice, or grape juice? Do not count punch, Sunny Delight, Kool-Aid, sports drinks, or other fruit-flavored drinks.”	4 or more times a day = 28 times per week 3 times a day = 21 Twice a day = 14 Once a day = 7 4 to 6 times during the past 7 days = 5 1 to 3 times during the past 7 days = 2 Child did not drink 100% fruit juice during past 7 days = 0
“During the past 7 days, how many times did your child eat fresh fruit, such as apples, bananas, oranges, berries or other fruit such as applesauce, canned peaches, canned fruit cocktail, frozen berries, or dried fruit? Do not count fruit juice.”	4 or more times a day = 28 times per week 3 times a day = 21 Twice a day = 14 Once a day = 7 4 to 6 times during the past 7 days = 5 1 to 3 times during the past 7 days = 2 Child did not eat fruit during past 7 days = 0
“During the past 7 days, how many times did your child eat vegetables other than french fries and other fried potatoes? Include vegetables like those served as a stir fry, soup, or stew, in your response.”	4 or more times a day = 28 times per week 3 times a day = 21 Twice a day = 14 Once a day = 7 4 to 6 times during the past 7 days = 5 1 to 3 times during the past 7 days = 2 Child did not eat vegetables during past 7 days = 0
<i>Possible range of scores on Healthy Food Consumption Index</i>	<i>0 – 112 times per week</i>
Unhealthy Food Consumption	
“During the past 7 days, how many times did your child drink soda pop (for example, Coke, Pepsi, or Mountain Dew), sports drinks (for example, Gatorade), or fruit drinks that are not 100% fruit juice (for	4 or more times a day = 28 times per week 3 times a day = 21 Twice a day = 14 Once a day = 7 4 to 6 times during the past 7 days = 5 1 to 3 times during the past 7 days = 2

example, Kool-Aid, Sunny Delight, Hi-C, Fruitopia, or Fruitworks)?”	Child did not drink soda or fruit drinks during past 7 days = 0
“During the past 7 days, how many times did your child eat a meal or snack from a fast food restaurant with no wait service such as McDonald’s, Pizza Hut, Burger King, Kentucky Fried Chicken, Taco Bell, Wendy’s and so on? Consider both eating out, carry out, and delivery of meals in your response.”	4 or more times a day = 28 times per week 3 times a day = 21 Twice a day = 14 Once a day = 7 4 to 6 times during the past 7 days = 5 1 to 3 times during the past 7 days = 2 Child did not eat from a fast food restaurant during past 7 days = 0
“During the past 7 days, how many times did your child eat candy (including Fruit Roll-Ups and similar items), ice cream, cookies, cakes, brownies, or other sweets?”	4 or more times a day = 28 times per week 3 times a day = 21 Twice a day = 14 Once a day = 7 4 to 6 times during the past 7 days = 5 1 to 3 times during the past 7 days = 2 Child did not eat any sweets during past 7 days = 0
“During the past 7 days, how many times did your child eat potato chips, corn chips such as Fritos or Doritos, Cheetos, pretzels, popcorn, crackers or other salty snack foods?”	4 or more times a day = 28 times per week 3 times a day = 21 Twice a day = 14 Once a day = 7 4 to 6 times during the past 7 days = 5 1 to 3 times during the past 7 days = 2 Child did not eat any salty snacks during past 7 days = 0
Possible range of scores on Unhealthy Food Consumption Index	0 – 112 times per week