

## **Supplementary Material**

### **Greater Combined Reductions of HbA<sub>1c</sub> ≥ 1.0% and Body Weight Loss ≥ 5.0% or ≥ 10.0% with Orally Administered Semaglutide Versus Comparators**

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**Supplementary Table S1** Patient demographics and clinical characteristics at baseline in the PIONEER 1–5 and 8 trials

	PIONEER 1 [1]		PIONEER 2 [2]		PIONEER 3 [3]		PIONEER 4 [4]		PIONEER 5 [5]		PIONEER 8 [6]		
	Oral semaglutide 14 mg	Placebo	Oral semaglutide 14 mg	Empagliflozin 25 mg	Oral semaglutide 14 mg	Sitagliptin 100 mg	Oral semaglutide 14 mg	Liraglutide 1.8 mg	Placebo	Oral semaglutide 14 mg	Placebo	Oral semaglutide 14 mg	Placebo
People, n	175	178	411	410	465	467	285	284	142	163	161	181	184
Mean (SD) age, years	54 (11)	54 (11)	57 (10)	58 (10)	57 (10)	58 (10)	56 (10)	56 (10)	57 (10)	71 (8)	70 (8)	61 (10)	60 (10)
Mean (SD) duration of diabetes, years	3.4 (4.4)	3.4 (4.6)	7.2 (5.8)	7.7 (6.3)	8.7 (6.1)	8.8 (6.0)	7.8 (5.7)	7.3 (5.3)	7.8 (5.5)	14.1 (8.6)	13.9 (7.4)	14.1 (8.0)	14.8 (7.9)
Mean (SD) HbA <sub>1c</sub> , %	8.0 (0.7)	7.9 (0.7)	8.1 (0.9)	8.1 (0.9)	8.3 (0.9)	8.3 (0.9)	8.0 (0.7)	8.0 (0.7)	7.9 (0.7)	8.0 (0.7)	7.9 (0.7)	8.2 (0.7)	8.2 (0.7)
Mean (SD) HbA <sub>1c</sub> , mmol/mol	64 (8)	63 (7)	65 (10)	65 (10)	67 (10)	67 (10)	64 (8)	64 (7)	63 (8)	64 (8)	63 (8)	66 (8)	66 (8)
Mean (SD) body weight, kg	88.1 (22.1)	88.6 (23.4)	91.9 (20.5)	91.3 (20.1)	91.2 (21.7)	90.9 (21.0)	92.9 (20.6)	95.5 (21.9)	93.2 (20.0)	91.3 (17.8)	90.4 (17.5)	84.6 (21.0)	86.0 (21.4)
Background medication at randomisation, n (%)													
Metformin	—	—	411 (100.0)	410 (100.0)	465 (100.0)	467 (100.0)	285 (100)	284 (100)	142 (100)	132 (81.0)	110 (68.3)	121 (66.9)	125 (67.9)
Sulphonylureas	—	—	—	—	220 (47.3)	219 (46.9)	—	—	—	65 (39.9)	66 (41.0)	—	—
SGLT2i	—	—	—	—	—	—	74 (26.0)	73 (25.7)	36 (25.4)	—	—	—	—
Insulin													
Long-acting (basal)	—	—	—	—	—	—	—	—	—	45 (27.6)	43 (26.7)	74 (40.9)	81 (44.0)
Intermediate-acting										13 (8.0)	11 (6.8)	0	0
Fast-acting (bolus)										0	1 (0.6)	0	0
Pre-mixed										1 (0.6)	0	32 (17.7)	30 (16.3)
Basal + bolus										—	—	68 (37.6)	66 (35.9)
Other	—	—	—	—	—	1 (0.2)	—	—	—	0	1 (0.6)	—	—

PIONEER 1 [1]		PIONEER 2 [2]		PIONEER 3 [3]		PIONEER 4 [4]		PIONEER 5 [5]		PIONEER 8 [6]	
Oral semaglutide 14 mg	Placebo	Oral semaglutide 14 mg	Empagliflozin 25 mg	Oral semaglutide 14 mg	Sitagliptin 100 mg	Oral semaglutide 14 mg	Liraglutide 1.8 mg	Placebo	Oral semaglutide 14 mg	Placebo	Oral semaglutide 14 mg
Comorbidities affecting ≥ 20% of people in any trial, n (%)											
Hypertension	90 (51.4)	98 (55.1)	298 (72.5)	305 (74.4)	357 (76.8)	339 (72.6)	222 (77.9)	215 (75.7)	97 (68.3)	154 (94.5)	153 (95.0)
Dyslipidaemia	54 (30.9)	44 (24.7)	97 (23.6)	95 (23.2)	136 (29.2)	141 (30.2)	54 (18.9)	74 (26.1)	36 (25.4)	42 (25.8)	51 (31.7)
Obesity (> 30 kg/m <sup>2</sup> )	38 (21.7)	41 (23.0)	108 (26.3)	117 (28.5)	119 (25.6)	133 (28.5)	72 (25.3)	68 (23.9)	42 (29.6)	63 (38.7)	67 (41.6)
Diabetic neuropathy	14 (8.0)	9 (5.1)	53 (12.9)	64 (15.6)	115 (24.7)	129 (27.6)	52 (18.2)	53 (18.7)	32 (22.5)	80 (49.1)	81 (50.3)
Diabetic retinopathy	14 (8.0)	8 (4.5)	32 (7.8)	46 (11.2)	74 (15.9)	81 (17.3)	28 (9.8)	25 (8.8)	14 (9.9)	67 (41.1)	57 (35.4)
Diabetic nephropathy	9 (5.1)	6 (3.4)	17 (4.1)	15 (3.7)	52 (11.2)	40 (8.6)	23 (8.1)	21 (7.4)	14 (9.9)	133 (81.6)	131 (81.4)
Hyperlipidaemia	29 (16.6)	33 (18.5)	111 (27.0)	113 (27.6)	94 (20.2)	102 (21.8)	106 (37.2)	94 (33.1)	49 (34.5)	34 (20.9)	36 (22.4)
Ischaemic heart disease	14 (8.0)	15 (8.4)	57 (13.9)	46 (11.2)	77 (16.6)	81 (17.3)	38 (13.3)	32 (11.3)	12 (8.5)	75 (46.0)	69 (42.9)
Heart failure	4 (2.3)	5 (2.8)	22 (5.4)	16 (3.9)	41 (8.8)	42 (9.0)	19 (6.7)	17 (6.0)	3 (2.1)	56 (34.4)	61 (37.9)
Osteoarthritis	13 (7.4)	19 (10.7)	65 (15.8)	58 (14.1)	74 (15.9)	59 (12.6)	32 (11.2)	43 (15.1)	12 (8.5)	37 (22.7)	46 (28.6)
Cataract	9 (5.1)	11 (6.2)	22 (5.4)	27 (6.6)	54 (11.6)	45 (9.6)	13 (4.6)	21 (7.4)	13 (9.2)	51 (31.3)	55 (34.2)
Cholelithiasis	11 (6.3)	9 (5.1)	55 (13.4)	50 (12.2)	56 (12.0)	57 (12.2)	34 (11.9)	35 (12.3)	20 (14.1)	34 (20.9)	22 (13.7)
Gastro-oesophageal reflux disease	14 (8.0)	20 (11.2)	44 (10.7)	43 (10.5)	73 (15.7)	79 (16.9)	39 (13.7)	44 (15.5)	18 (12.7)	34 (20.9)	31 (19.3)

*HbA<sub>1c</sub>* glycated haemoglobin, SD standard deviation, *SGLT2i* sodium-glucose co-transporter 2 inhibitor

## References

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