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2	Protocol amendment	30
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Supplement Protocol

Additional low-voltage area ablation in older patients with paroxysmal atrial fibrillation: a randomized controlled trial

This supplement contains the following items:

1. Original protocol.
2. Protocol amendment

16 **Additional low-voltage area ablation in older patients with paroxysmal atrial**
17 **fibrillation: a randomized controlled trial**

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19

20 **PRINCIPAL INVESTIGATOR**

21
22 Name Minglong Chen
23 Hospital The First Affiliated Hospital of Nanjing Medical University
24 Address 300 Guangzhou Road
25 City Nanjing
26 Country P.R. China
27 Telephone +86 13809000791
28 E-mail chenminglong@njmu.edu.cn
29
30

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1 BACKGROUND

Current Status of Catheter Ablation of Paroxysmal Atrial Fibrillation

Atrial fibrillation (AF) is the most common cardiac rhythm disorder, which affects patients' morbidity and mortality. In 1998, Haissaguerre reported that the pulmonary veins are an important source of ectopic beats, initiating frequent paroxysms of paroxysmal atrial fibrillation (PAF).¹ These foci respond well to the treatment with radiofrequency ablation. Pappone applied circumferential pulmonary vein ablation under the guidance of the electroanatomical mapping system to treat paroxysmal and chronic atrial fibrillation.² Then, doctors in Hamburg further emphasized the isolation endpoint of this circumferential ablation confirmed by the double-lasso technique.³ Currently, the most commonly employed strategy for trigger ablation is the isolation of the pulmonary venous antra from the rest of the left atrium (LA), which has become the cornerstone of all AF ablation.⁴

Pulmonary Vein Isolation alone is not enough

When circumferential wide-antral pulmonary vein isolation (CPVI) was undertaken, the short-term of single-procedure success rate could reach 90%.³ However, the long-term outcome was quite different. Data from the Hamburg center reported, sinus rhythm (SR) was present in only 46.6% of patients after the single-procedure during a long-term follow-up of 5 years.⁵ Recently, CPVI was achieved by using the contact-force sensing catheter and algorithm-based lesion quality control, the single-procedure success rate for PAF was as high as 72.5-75.9% over 1-year follow-up.⁶⁻⁷ However, the overall success rate for PAF is still unsatisfactory, especially in senior patients, with larger LA size or more comorbidities.⁸⁻⁹

Additional Linear Ablation and CFE Ablation without Additional Benefit

In our previous study, we randomized 118 patients with drug-refractory PAF to receive CPVI ablation (n = 60) or complex fragmental electrograms (CFE) ablation (n = 58). Patients who received CFE ablation alone had significantly lower overall success rate (38% vs 77%, P = 0.002) and higher recurrence rate of atrial tachycardia (AT) (34.5% vs 11.9%, P = 0.004) compared with patients who received CPVI alone. Further analysis demonstrated that CPVI plus CFE ablation did not improve the overall success rate (CPVI vs CPVI plus CFE, 77% vs 69%).¹⁰ In the STAR-AF II trial, 589 patients with persistent atrial fibrillation (PeAF) were enrolled in a 1:4:4 ratio to ablation with pulmonary-vein isolation alone (67 patients), pulmonary-vein isolation plus ablation of electrograms showing complex fractionated activity (263 patients), or pulmonary-vein isolation plus additional linear ablation across the left atrial roof and mitral valve isthmus (259 patients). It demonstrated no reduction in the rate of recurrent AF when either linear ablation or ablation of CFEs was performed in addition to pulmonary-vein isolation in PeAF patients.¹¹ Similarly, our single-center study found that even with a combination of all these strategies (additional linear ablation or ablation of CFEs), the 15-month success rate was only 50%.¹² It appears that additional linear ablation and CFEs ablation do not dramatically improve the overall success of PeAF ablation. This unsatisfactory result might be due to the high occurrence of post-procedural AT and suggested that extensive CFEs and/or line ablation might be proarrhythmic and more selective areas might be needed to characterize an individualized arrhythmogenic substrate.

Scar Homogenization as the Ablation Strategy for AF

Since the atrial fibrotic areas correlate strongly with AF, catheter ablation targeting these areas as substrate modification beyond CPVI is a new strategy. In the study of Rolf et al, 178 patients with paroxysmal or persistent AF were included. The confined lower voltage area (LVA) was targeted for regional ablation, which aimed to homogenize the diseased LA tissue by radiofrequency ablation during SR.¹³ The end point for areal ablation was reached with a significant reduction in local electrograms, defragmentation, and loss of capture while

101 stimulating the ablation catheter with high output (10 mA; 2 ms) during SR. Strategic linear
102 lesions were performed whenever ablative substrate homogenization could not be completed
103 because of potential collateral damage (e.g, septal near the AV-node or posterior close to the
104 esophagus) or when extensive regional ablation might have created critical isthmus sites for
105 potential macro-reentrant tachycardias (e.g, near the roof or anterior LA to prevent
106 roof-dependent or peri-mitral AT). These strategic linear lesions either connected
107 non-conducting tissues with other anatomic electrical barrier structures traversing target LVA or
108 encircled large LVA to electrically isolate the diseased tissue from the rest of the healthy atrium.
109 The end-point for strategic lesion creation was reached with the confirmation of a complete
110 block (e.g, peri-mitral conduction) as indicated by (1) reduction of local electrogram amplitude,
111 (2) loss of local capture, (3) confirmation of double potentials on the line and analysis of
112 activation sequence, while stimulating near the linear lesion line. After CPVI with or without
113 substrate modification, burst pacing (10V; 2ms) from the proximal coronary sinus was conducted
114 (10-s periods, decreasing cycle lengths from 300ms until refractoriness in 20-ms steps).
115 Inducible regular AT were targeted for radiofrequency ablation with AT termination and
116 non-inducibility as the clinical end-point. The success rate at 12 months was 70% in patients
117 with LVA, and 62% in patients without LVA. Success rate did not differ significantly in
118 paroxysmal patients versus patients with PeAF (69% vs 61%; $P = 0.28$). In the same way,
119 Kottkamp H et al. applied box isolation of fibrotic areas in both paroxysmal and
120 non-paroxysmal AF patients and achieved favorable results.¹⁴⁻¹⁵

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122 Voltage-guided ablation of the posterior wall beyond CPVI may also improve arrhythmia-free
123 survival.¹⁶ After CPVI was achieved, posterior wall voltage mapping was performed using a
124 3-D electro-anatomical mapping system during SR. The presence of a scar was defined as a
125 region that reproducibly demonstrated an area of $> 0.25 \text{ cm}^2$ on the posterior wall with a voltage
126 less than 0.5mV. Posterior wall ablation, if the low voltage was found, was preferably performed
127 using a posterior roof line and a floor line completing a posterior wall “box”. Importantly, the
128 borders of the box were intended to encompass the area of low voltage. The low voltage to be
129 targeted without completion of the “box” was allowed if clinically indicated, such as esophageal
130 temperature concerns. Voltage-guided ablation increased 1-year AF/AT free survival in patients
131 compared to standard ablation (80% vs 57%; $P = 0.005$). However, another study compared the
132 long-term outcome in patients with PAF and severe LA scarring identified by 3-D mapping, in
133 which CPVI only, CPVI plus the scar homogenization, or CPVI plus a strategy of the non-PV
134 triggers were applied.¹⁷ In this selective population, the long-term outcome of CPVI plus scar
135 homogenization was only slightly improved.

136 We noticed the correlation between AF and atrial fibrosis and hypothesized that the LA fibrotic
137 areas might be the AF-maintaining substrate. Based on this proposition, we performed LA
138 high-density substrate mapping during SR in different AF populations (paroxysmal,
139 non-paroxysmal, and longstanding persistent AF), with 20 normal subjects as controls. Our study
140 showed that with AF progression, the average voltage of LA decreased and the area of the low
141 voltage zone increased; the activation time of the entire LA got longer, while more complex
142 electrograms during SR were found in LA. Importantly, we defined the LVA (voltage range:
143 0.1-0.4 mV) and the transitional zone (TZ, voltage range: 0.4-1.3 mV) in which 95% of sampling
144 points were located during SR.¹⁸ After this study, a novel ablation strategy was developed
145 (CPVI plus, STABLE-SR), which modified the LA substrate during SR. Our sequential ablation
146 protocol includes 5 steps. First, CPVI should be completed followed by cavotricuspid isthmus
147 ablation. Then, if AF is maintained, direct current cardioversion was performed. High-density
148 mapping of LA substrate would be done during SR to identify the LVA and TZ. Homogenization
149 of the low voltage zones and elimination of the complex electrograms from the TZs would be
150 performed. If possible, linear ablation would be designed according to the mapping results.
151 Finally, bidirectional conduction block should be demonstrated for all the linear lesions, and all
152 the PVs would be double checked for isolation.¹⁹ The most important revolution of our novel
153 approach was the individualized LVA ablation based on electrophysiological mapping results to

154 avoid empirical linear ablation and subjective CFE ablation.

155

156 **STABLE-SR Pilot Study**

157 In our single-center pilot study regarding this new ablation strategy for non-paroxysmal AF
158 patients, the promising results were shown. A total of 78 matched patients who had a traditional
159 stepwise ablation strategy were used as the control group. During a follow-up period of >30
160 months, the Kaplan-Meier estimated probability to maintain SR was 69.8% vs 51.3%. After a
161 single procedure, 3.5% developed post procedural AT in the study group compared with 30% in
162 the control group (P = 0.0003).¹⁹ This strategy proposed a more comprehensive substrate
163 modification approach not only targeting the profound LVA but also addressing the TZs. It is
164 analogous to what has been used in conventional pathologic ventricular tachycardia ablation and
165 is supposed to be the combination of both curative (AF) and preventative (AT) strategies. The
166 other reproducible study was from Dr. Yamaguchi's work.²⁰

167

168 **A Randomised Controlled Multicenter Trial (STABLE-SR)**

169 A large-scale randomized controlled clinical trial was designed and conducted by our center to
170 prove the effectiveness and the reproducibility of this new approach compared to the STEPWISE
171 strategy. In this multicenter, randomized clinical trial, 229 symptomatic non-paroxysmal AF
172 patients were 1:1 randomized to the STABLE-SR group (n=114) or the conventional STEPWISE
173 (n=115) group. At 18 months, 74.0% of the patients in the STABLE-SR group and 71.5% in the
174 STEPWISE group (HR: 0.78, 95% CI: 0.47-1.29, P = 0.325) achieved success according to
175 intention-to-treat analysis. However, less procedure time (186.8±52.7 min vs 210.5±48.0 min, P
176 < 0.001), reduced post-CPVI fluoroscopic time (11.0±7.8 min vs 13.7±8.9 min, P = 0.006), and
177 shorter energy delivery time (60.1±25.1min vs 75.0±24.3 min, P < 0.001) were observed in the
178 STABLE-SR group compared to the STEPWISE group. Over 50% of non-paroxysmal AF
179 patients do not need further ablation beyond CPVI and therefore can avoid excessive ablation.²¹

180

181 **Why We Start STABLE-SR III Trial?**

182 Currently, effective ablation strategies including CPVI at the PV antrum level, drug provocation,
183 targeting non-PV triggers, and LVA modification have been performed in PAF patients to further
184 improve the success rate.^{6-7,13,22} Among these, the benefit of durable CPVI and non-PV triggers
185 ablation has been reported and sufficiently proved. However, the long-term outcome of CPVI is
186 worse in older PAF individuals than that in younger patients;²³⁻²⁵ moreover, data on LVA
187 ablation in PAF patients is limited and which population benefits the most remains unknown.
188 This poor result might be attributed to the development of different extents of atrial fibrosis
189 which has been supported by various studies of histopathology,²⁶⁻²⁷ magnetic resonance imaging,
190²⁸ and voltage map.²⁹ It has been demonstrated that left atrial fibrosis increased with age in both
191 men and women with AF. Our previous studies demonstrated that atrial fibrosis was the
192 proarrhythmic substrate which could be translated into electric signal abnormalities and depicted
193 on 3-D voltage map,^{12,19,21} and targeting LVA beyond CPVI was a simplified and personalised
194 adjunctive strategy for persistent AF.^{19,21} We hypothesize that senior PAF patients who might
195 have more LA substrate could also benefit from LVA ablation beyond CPVI for further
196 improving the single ablation success rate. Moreover, no study has investigated the prevalence of
197 LVA in senior PAF patients and no randomized clinical trial has been conducted to prove the
198 efficacy and safety of LVA ablation in older patients with PAF. Therefore, we design this
199 multicenter randomized single-blind trial to compare the efficacy of CPVI plus LVA ablation vs
200 CPVI alone in older PAF individuals.

201 **2 OBJECTIVES**

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205 **2.1 PRIMARY OBJECTIVES**

206 The primary objective of this investigation is to compare the efficacy of two different
207 AF ablation strategies in older patients with PAF.

208 The definition of the groups:

209 *Study Group* (CPVI plus group): CPVI plus LVA ablation in the left atrium during SR;

210 *Control Group* (CPVI alone group): only CPVI.

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212 **2.2 SECONDARY OBJECTIVES**

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The secondary objectives of this investigation are to evaluate and compare:

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2.2.1 The safety of:

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“CPVI plus” versus “CPVI alone”

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2.2.2 The total procedural time of:

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“CPVI plus” versus “CPVI alone”

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2.2.3 The total fluoroscopic time of:

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“CPVI plus” versus “CPVI alone”

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2.2.4 The total radiofrequency delivery time of:

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“CPVI plus” versus “CPVI alone”

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225 **2.3 SUBGROUPS OBJECTIVES**

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2.3.1 According to the presence or absence of LVA and different ablation strategies, all enrolled
227 patients will be divided into 3 subgroups to evaluate the primary and secondary end-points:

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The definition of the subgroup:

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Subgroup A: patients with LVA who received “CPVI plus”

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Subgroup B: patients with LVA who received “CPVI alone”

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Subgroup C: all the enrolled patients without LVA of both groups

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2.3.2 Six prespecified subgroups were used for pairwise subgroup analyses: age, sex, body mass
233 index (BMI); AF history; left atrial diameter (LAD); CHA₂DS₂-VASc.

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237 **3 ENDPOINTS**

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240 **3.1 PRIMARY ENDPOINT**

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242 The primary endpoint of the study is freedom from atrial tachyarrhythmia (ATA) lasting
243 longer than 30 seconds occurring after a single-ablation procedure. ATA occurrence in the
244 first 3 months after the index ablation (post-blanking period) is not counted. The episodes
245 of ATA are confirmed through blinded review by two senior electrophysiologists. In case
246 of disagreement, a third senior electrophysiologist will be invited for further consultation.

247

248 **3.2 SECONDARY ENDPOINT**

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The secondary endpoints of this investigation between two groups are:

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3.2.1 Incidence of peri-procedural complications, including stroke, PV stenosis, cardiac
251 perforation, esophageal injury, and death;

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3.2.2 Total procedure time;

- 252 3.2.3 Total fluoroscopic time;
 253 3.2.4 Total radiofrequency delivery time.

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256 **4 PATIENT SELECTION CRITERIA**

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259 **4.1 PATIENT ENROLMENT**

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261 A patient who meets all the inclusion criteria and does not meet any of the exclusion
 262 criteria is eligible to participate in the investigation. A patient is enrolled in the
 263 investigation only when she/he has provided written informed consent. Once enrolled,
 264 the patient is expected to comply with the scheduled visits and required activities
 according to the protocol.

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267 **4.2 INCLUSION CRITERIA**

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272 **4.3 EXCLUSION CRITERIA**

274 4.3.1 Patients with previous radiofrequency ablation;

275 4.3.2 Patients with platelet count less than $80 \times 10^9/L$, or with contraindications to systemic
 276 anticoagulation with heparin or coumadin or a direct thrombin inhibitor;

277 4.3.3 Patients with LA size ≥ 55 mm (2D echocardiography, parasternal long-axis view);

278 4.3.4 Patients with thromboemboli in LA (transesophageal echocardiogram or computed
 279 tomographic angiography);

280 4.3.5 Patients with severe structural cardiac disease (medium or severe mitral regurgitation,
 281 dilated cardiomyopathy, hypertrophic cardiomyopathy, or other severe valvular heart
 282 diseases);

283 4.3.6 Patients with abnormal thyroid function;

284 4.3.7 Patients with severe liver or renal dysfunction (AST or ALT ≥ 3 -fold of upper limit value;
 285 the Scr > 3.5 mg/dl or Ccr < 30 ml/min);

286 4.3.8 Previous cardiac surgery history in last 3 months;

287 4.3.9 Patients with life expectancy < 12 months.

289 **5 INVESTIGATION DESIGN**

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291 **5.1 TYPE**

293 This investigation is a randomized, prospective, parallel, single-blind multicenter design.

295 **5.2 DURATION**

297 5.2.1 The first enrollment will be in Q1 of April 1, 2018.

298 5.2.2 The enrolment period will last approximately 24 months.

299 5.2.3 Patients will participate in this investigation for at least 12 months from enrolment to the
 300 last follow-up.

301 5.2.4 Patients may withdraw from the investigation at any time, for any reason. In this case, the
 302 procedures for reporting should be followed as mentioned in section 8.4 Early Conclusion
 303 to Patient Participation.

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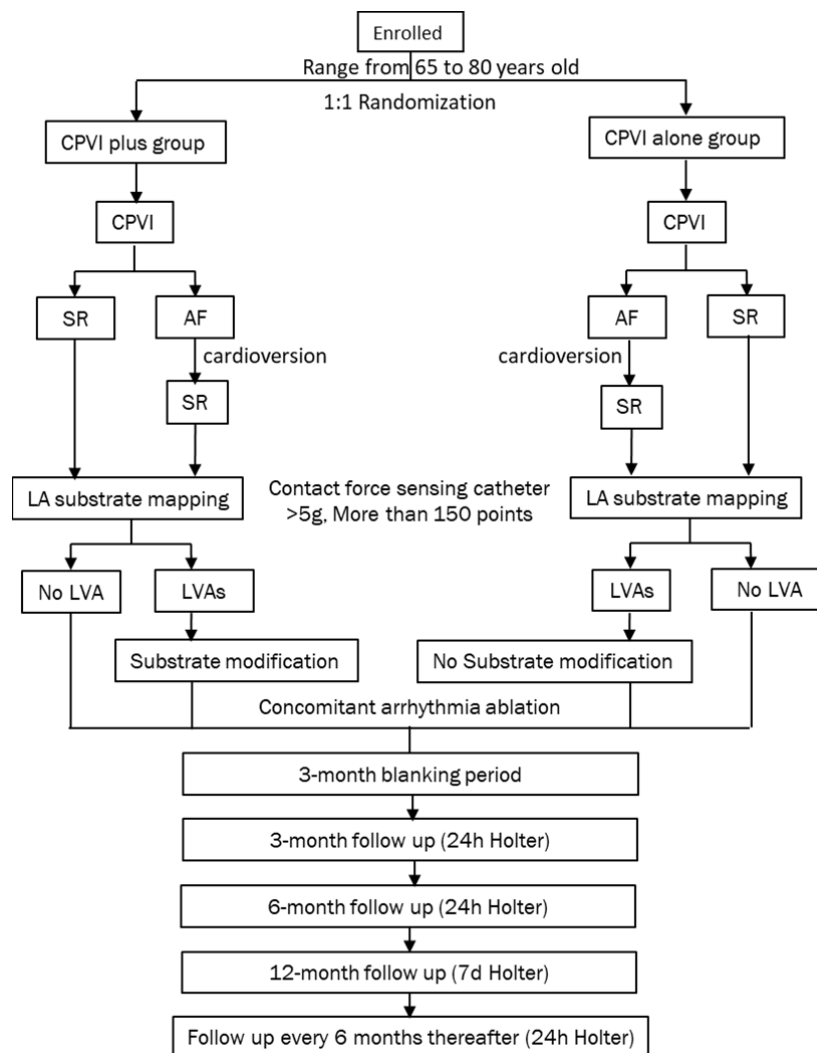
5.3 ENROLMENT TARGET

The enrolment target for this investigation is 434 patients. For more information, refer to section 7.1 Sample Size Justification.

5.4 RANDOMISATION

- 5.4.1 Simple computerized randomization is used.
5.4.2 Patients are randomized in a 1:1 fashion into the investigation arm or the control arm.
5.4.3 Because of the nature of the ablation procedures, physicians cannot be blinded to the randomization. Patients will be blinded to their ablation strategy (single-blind design).

5.5 DESIGN



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CPVI plus group: CPVI plus LVA ablation in the LA during SR;
CPVI alone group: only CPVI.

AF/AT/AFL recurrence during the blanking period will not be considered. If AF/AT/AFL recurrence is detected after the blanking period, the patient would be advised to receive a redo procedure according to the operator.

325 6 PRODUCT

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6.1 MAPPING PLATFORMCARTO[®] 3 Mapping system.

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6.2 OTHER PRODUCTS

Thermocool smart-touch contact force sensing ablation catheter

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Vistag[™], ablation index, CARTO[®] 3

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7 SCIENTIFIC SOUNDNESS

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7.1 SAMPLE SIZE JUSTIFICATION

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7.1.1 The sample size calculation is based on the hypothesis and study design. It is expected that the survival proportion (freedom from AF and/or AT) in the “CPVI plus” group is 85%, while the survival proportion (freedom from AF and/or AT) in the CPVI group is 75% at 12 months follow-up. To test whether the “CPVI plus” strategy is superior to the CPVI strategy using the log-rank test, a total of 369 patients is needed to maintain an overall power of 90% at a significance level of 5%; with a randomization ratio of 1:1, 185 patients are needed in each group. The sample size was calculated based on the Log-rank statistic test (enrolment duration of 24 months, follow-up duration of at least 12 months, PASS 13).

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7.1.2 Expecting a dropout rate of 15%, a total of 434 patients (217 in each group) will be recruited.

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7.2 HYPOTHESIS

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The “CPVI plus” approach will be superior to the “CPVI alone” approach in terms of freedom from AF and/or AT at 12 months after one ablation procedure.

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H0: S “CPVI plus” ≤ S “CPVI alone” vs H1: S “CPVI plus” > S “CPVI alone”

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7.3 PRIMARY ENDPOINT ANALYSIS

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7.3.1 The primary endpoint analyses will be based on the modified intention-to-treat (mITT) principle comparing treatment randomized, and all protocol deviators will be included. mITT is defined as patient undergoing ablation and completing at least one follow-up visit. In addition, per-protocol (PPS) analyses will compare patient data based on the actual treatment received and will exclude protocol deviators.

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7.3.2 The primary outcome will be analyzed to compare the two groups using survival analyses, in which Kaplan-Meier curves are generated, and log-rank tests are performed. Cox proportion hazards regression is used to estimate HR and 95% confidence intervals (CI). Proportional hazard assumption will be tested by including both the interaction term “treatment*time” and the binary treatment variable into one model. If the proportional hazard assumption is violated, milestone analysis will be used to estimate the treatment effect at the time of 24 months and 36 months. The interactions by age, sex, BMI, AF history, left atrial diameter, and CHA2DS2-VASc score were examined.

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7.3.3 Any baseline demographic factor found to be significantly different between the treatments will be assessed for its impact on the primary endpoint analysis. For this purpose, a Cox regression model with treatment and above baseline factor will be used.

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7.4 SECONDARY ENDPOINT ANALYSIS

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7.4.1 The continuous variables will be summarized using descriptive statistics (mean ± standard deviation) if data are normal distribution or median (IQR) if data are non-normal distribution). Comparisons between the randomization groups will be performed using ANOVA; an equivalent nonparametric method, the Kruskal-Wallis test, will be used in case the assumption for ANOVA is violated. Normality of data will be assessed with the aid of box plots, normal quartile plots, and normality tests. The results will be expressed

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381 in terms of p-values.

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7.4.2 All categorical data will be presented using frequencies and percentages, and the comparisons between the randomization groups will be performed using chi-square tests if each cell in the contingency table has an expected frequency of five or more. If this is violated, Fisher's exact test will be used instead. The results will be expressed in terms of p-values.

389 **8 PROTOCOL DESCRIPTION**

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8.1 PROCEDURES OVERVIEW**Table 1 Procedure Overview**

	When	Window	Activities
Enrolment	Within 14 days before or during Baseline Visit	Not Applicable	<ul style="list-style-type: none"> • Patient Eligibility • Patient Informed Consent
Baseline Visit	Within 30 days before Ablation Procedure	Not Applicable	<ul style="list-style-type: none"> • Patient Demographics & Physical Examination • Patient Cardiovascular History • Patient Current Cardiac Medications • Patient Medical History • Patient AF History • 12-Lead ECG • UCG (Size of LA, LVEDD, LVEF) • INR (2-3), if warfarin was prescribed • Exclusion of LAA emboli
Ablation Procedure	Within 30 days after Baseline Visit	Not Applicable	<ul style="list-style-type: none"> • Randomisation • Ablation Procedure Data Collection • Adverse Events (*)
1 st protocol follow-up	91 days after first Ablation Procedure (3 Months)	± 14 days	<ul style="list-style-type: none"> • AF/AT Recurrence Assessment • Patient Current Cardiac Medications • 24-Hour Holter • Adverse Events (*)
2 nd protocol follow-up	183 days after first Ablation Procedure (6 Months)	± 14 days	<ul style="list-style-type: none"> • AF/AT Recurrence Assessment • Patient Current Cardiac Medications • 24-Hour Holter • Adverse Events (*)
3 rd protocol follow-up	364 days after first Ablation Procedure (12 Months)	± 14 days	<ul style="list-style-type: none"> • AF/AT Recurrence Assessment • Patient Current Cardiac Medications • 12-Lead ECG • 7-Day Holter • UCG (Size of LA, LVEDD, LVEF) • Adverse Events (*)
Follow-up every 6 months thereafter	Follow-up every 6 months after 12 Months	± 14 days	<ul style="list-style-type: none"> • AF/AT Recurrence Assessment • Patient Current Cardiac Medications • 12-Lead ECG • 24-Hour Holter

			• Adverse Events (*)
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394 (*) This is only to be performed when applicable.

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8.2 ADVERSE EVENTS

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Definition of adverse event, adverse device effect, serious adverse event, and serious adverse device effect according to ISO 14155:

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8.2.1 Adverse event (AE) is defined as any untoward medical occurrence in a patient or clinical investigation patient.

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8.2.2 Serious adverse event (SAE) is defined as an adverse event that led to a serious deterioration in the health of a patient that resulted in death, a life-threatening illness or injury, permanent impairment of a body structure or a body function, in-patient hospitalization or prolongation of existing hospitalization; and medical or surgical intervention to prevent permanent impairment to a body structure or a body function.

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Table 2-Possible Adverse Events

Cardiac Events	Non-cardiac Events
Myocardial infarction	Air embolism
Coronary artery injury	Anesthesia reaction
Pericardial effusion/cardiac tamponade	Cerebrovascular accident
Pulmonary vein stenosis	High creatinine phosphokinase (CPK)
Heart failure	Infections
Component damage to ICD or implantable pacemaker	Local hematomas/ecchymosis
Death	Phrenic nerve damage
Endocarditis	Pneumonia
Hypotension	Pneumothorax
Inadvertent AV block (complete heart block)	Pulmonary edema
Vessel wall/valvular damage or insufficiency	Pulmonary embolism
Pericarditis	Pleural effusion
Pulmonary vein stenosis	Pseudoaneurysm
Ventricular arrhythmia requiring defibrillation	Respiratory depression
	Skin burns
	Syncope
	Transient ischemic attack
	Vasovagal reactions
	cancer

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8.2.3 Procedure for Recording and Reporting Adverse Events

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8.2.3.1 Safety surveillance and reporting will be done for all patients enrolled in the investigation, regardless of the randomization group.

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8.2.3.2 All serious adverse events and all adverse device effects are to be documented and reported to the sponsor immediately.

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- 416 8.2.3.3 Non-serious adverse events documentation and reporting are limited to
 417 cardiovascular and neurovascular events. Within cardiovascular, all arrhythmias
 418 that require a medical assessment and/or intervention should be documented as an
 419 adverse event.
- 420 8.2.3.4 Should an AE occur, record AE information in the hospital records, document the
 421 information into the adverse event case report form (CRF) as soon as possible. By
 422 completing the CRF, the sponsor will be notified.
- 423 8.2.3.4.1 Refer to appendices “Data Collection” and “Data Collection Method.”
- 424 8.2.3.4.2 Access the eCRF application.
- 425 8.2.3.4.3 Select the visit the AE is related to or indicate it as an unscheduled visit.
- 426 8.2.3.4.4 Enter adverse event information into the AE Notification section of the
 427 CRF.
- 428 ✓ Date the AE occurred;
- 429 ✓ Date the center investigator or delegate became aware of the AE;
- 430 ✓ Main complaints/symptoms of the AE;
- 431 ✓ Initial diagnosis of the AE;
- 432 ✓ Potential cause of the AE;
- 433 ✓ Pre-existing medical conditions related to the AE;
- 434 ✓ The seriousness of the AE;
- 435 ✓ Device relationship to AE; and
- 436 ✓ Status of the AE.
- 437 8.2.3.5 When the AE occurs, investigators should report to the Ethic Committee.
- 438 **NOTE:** If an adverse event is documented at the patient’s last follow-up visit (12
 439 months), both the notification and follow-up information on the AE CRF is to be
 440 provided to the sponsor. Pre-existing cardiac conditions that require planned
 441 hospitalization are not to be considered as AE.

442 8.3 PATIENT DEATH

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- 445 8.3.1 Procedure for Recording and Reporting Patient Death
- 446 Safety surveillance and reporting will be done for all patients enrolled in the investigation,
 447 regardless of the randomization group. All Patient Deaths are to be documented and
 448 reported to the sponsor immediately. Refer to appendices “Data Collection” and “Data
 449 Collection Method”;
- 450 8.3.1.1 Access the eCRF application;
- 451 8.3.1.2 Select the visit the patient death is related to or indicate it as an unscheduled
 452 visit.
- 453 8.3.1.3 Enter patient death information into the Patient Death CRF:
- 454 ✓ Date the death occurred;
- 455 ✓ Date the center investigator or delegate became aware of the death;
- 456 ✓ Place where the death occurred (e.g., hospital, nursing home, patient’s
 457 home);
- 458 ✓ If death was witnessed;
- 459 ✓ If an autopsy was performed;
- 460 ✓ Temporal cause of death
- 461 ✓ The primary cause of death;
- 462 ✓ Details regarding death; and
- 463 ✓ If details of a serious adverse event associated with death are known by the
 464 center/investigator/delegate.
- 465 8.3.1.4 Submit the CRF. When the CRF is submitted, an alert is generated notifying the
 466 sponsor.

- 467 8.3.1.5 The CRF must be authorized by the principal investigator or delegated
468 co-investigator.
- 469 8.3.1.6 Patient death is an early conclusion to the patient's participation in the
470 investigation. Complete Termination CRF.
- 471 8.3.1.7 The investigator must notify the EC or IRB, if appropriate, in accordance with
472 national and local laws and regulations.

473 8.4 EARLY CONCLUSION TO PATIENT PARTICIPATION

474 All reasonable efforts should be made to retain the patient in the clinical investigation
475 until completion of the clinical investigation.

- 476 8.4.1 A patient/family member may request to withdraw from the investigation at any time;
477 she/he may do so without having to justify it and without affecting her/his relationship
478 with the investigator.
- 479 8.4.2 A patient dies. Refer to section 8.3, "Patient Death";
- 480 8.4.3 An investigator may withdraw a patient from the investigation at any time if she/he thinks
481 it is in the patient's best interest;
- 482 8.4.4 An investigator may withdraw a patient if the patient does not attend their scheduled visits
483 and/or is not compliant with the protocol regimen. A patient will be considered "lost to
484 follow-up" when 3 attempts to contact the patient were unsuccessful.
- 485 8.4.5 Should a patient withdraw and conclude participation in the investigation, document the
486 information in the termination case report form (CRF) as soon as possible. By completing
487 the CRF, the sponsor will be notified.
- 488 8.4.5.1 Refer to appendices "Data Collection" and "Data Collection Method."
- 489 8.4.5.2 Access the eCRF application.
- 490 8.4.5.3 Enter patient early conclusion information into the Termination CRF.
- 491 ✓ Date the early conclusion occurred;
- 492 ✓ Reason for the early conclusion;

493 8.5 DEVIATIONS

494 A deviation is defined as a situation in which there is a non-compliance with the protocol.

- 495 8.5.1 Patient informed consent is not approved by Ethics Committee;
- 496 8.5.2 Patient informed consent is not signed and/or dated by the patient and/or investigator;
- 497 8.5.3 Study-specific procedure was performed before the Patient Informed Consent was signed
498 and dated by the patient;
- 499 8.5.4 Investigational required visit not performed;
- 500 8.5.5 Investigational required visit performed outside the window;
- 501 8.5.6 24-hour or 7-day Holter not performed/data corrupted and not available;
- 502 8.5.7 ECG not performed/data corrupted and not available;
- 503 8.5.8 Should a deviation occur, document the information in the deviation case report form
504 (CRF). By completing the CRF, the sponsor will be notified.

505 **NOTE:** When a deviation occurs after enrolment for patient consent, record the information in the
506 hospital record, immediately document the information in the deviation and termination case report
507 form (CRF). By completing the CRF, the sponsor will be notified.

508 8.6 ENROLMENT

509 Enrolment activities are performed after patients are screened and may occur prior to or at the
510 same time as the baseline visit. A patient who meets the inclusion criteria and does not meet the
511 exclusion criteria is eligible to participate in the investigation.

- 512 8.6.1 Inform the eligible patient about the investigation and provide written consent to the
513 patient. The process of obtaining written consent from an eligible patient needs to comply
514 with the Declaration of Helsinki, International Standards Organization (ISO) 14155-1,
515 and applicable local laws and regulations.

- 522 8.6.2 File the second original appropriately in the Investigator Study Binder (ISB).
523
524 **8.7 BASELINE VISIT**
525
526 All baseline activities are performed after the patient is enrolled in the investigation and no
527 more than
528 30 days prior to undergoing the catheter ablation procedure. The following information will
529 be collected at the baseline visit either from hospital records or through patient interaction:
530 8.7.1 Patient Demographics & Physical Examination:
531 8.7.1.1 Record the age;
532 8.7.1.2 Record the gender;
533 8.7.1.3 Provide the most recent value (within the last month) of the patient's height;
534 8.7.1.4 Provide the most recent value (within the last month) of the patient's weight; and
535 8.7.1.5 Record the blood pressure.
536 8.7.2 Patient Cardiovascular History
537 8.7.2.1 Provide the most recent value (within the last month) of the New York Heart
538 Association (NYHA) classification;
539 8.7.2.2 Provide the most recent value (within the last month) of the left ventricular
540 ejection fraction (LVEF) derived from echocardiography and;
541 8.7.2.3 Provide the most recent value of the left atrial size derived from echocardiography.
542 8.7.3 Patient Cardiac Medication
543 8.7.3.1 Identify the drug category of the cardiac medications the patient is taking currently;
544 and
545 8.7.3.2 Document the type of antiarrhythmic the patient was taking in the past to manage AF.
546 8.7.4 Patient Medical History
547 8.7.4.1 Indicate the pre-existing cardiac conditions and cardiac procedures; and
548 8.7.4.2 Indicate the non-cardiac medical conditions.
549 8.7.5 Patient AF History
550 8.7.5.1 Record the date (year) the patient first experienced AF;
551 8.7.5.2 Record the number of previous cardioversions for ATAs.
552 8.7.5.3 Indicate if the patient experienced any arrhythmias other than AF.
553 8.7.5.4 Calculate CHA₂DS₂-VASc Score
554 8.7.6 ECG Information: provide the information of the most recent ECG performed (heart rate,
555 rhythm on ECG, QT information, general findings).
556 8.7.7 Record baseline visit information in hospital records, complete the Baseline Case Report
557 Forms. Every effort would be made to notify the sponsor within 14 days of the visit. The
558 CRF must be authorized by the principal investigator or delegate.
559
560 **8.8 ABLATION PROCEDURE**
561
562 8.8.1 All patients will undergo catheter ablation using radiofrequency energy in the cardiac
563 electrophysiology lab as per site practice. Patients may undergo pre-ablation
564 transesophageal echocardiography or LA CTA scan as per site practice. If such imaging is
565 performed, and a LA thrombus is detected, the ablation procedure should be deferred until
566 the thrombus is resolved.
567 8.8.2 Randomisation: prior to the ablation procedure, randomize the patient. For the
568 randomization instructions, refer to "Appendix Randomisation Instructions."
569 8.8.3 Ablation Procedure
570 8.8.3.1 A decapolar diagnostic catheter will be placed in the coronary sinus (CS).
571 8.8.3.2 All procedures will be performed via transeptal access to the LA.

- 572 8.8.3.3 After transseptal access, patients should be anticoagulated with intravenous heparin
 573 to maintain an ACT of 250-350 seconds.
 574 8.8.3.4 Pulmonary venography should be performed before ablation. PV stenosis should be
 575 documented in CRF.
 576 8.8.3.5 A mapping catheter (Pentaray, Lasso Sensor or Lasso) should be used for both
 577 anatomical mapping and confirmation of pulmonary vein isolation.
 578 8.8.3.6 Ablation will be performed using a market-approved open irrigated tip ablation
 579 catheter (smart-touch contact force sensing ablation catheter). In Table 3, the
 580 maximum authorized power and irrigation settings are shown.
 581

Table 3-Irrigated ablation catheter maximum authorized settings

Power	30-40 W
Flow Rate	17-30 ml/min
Contact force	5-30 g

- 583
 584 8.8.3.7 Continuous impedance monitoring should be employed and RF should be
 585 discontinued if a ≥ 10 ohm impedance rise or drop is observed.
 586 8.8.3.8 All procedures will be guided using a cardiac mapping system-CARTO3 System,
 587 Biosense Webster Inc. The mapping system will be used to construct a 3-D
 588 reconstruction (shell) of the LA, the PV, the CS, and RA if required. LA anatomy
 589 was created with a multipolar mapping catheter (Lasso sensor or Pentaray,
 590 Biosense Webster) or smart touch contact force sensing ablation catheter. If AF did
 591 not convert to SR after CPVI, SR was restored by electrical cardioversion. The
 592 number of collected surface points should be at least 150 for LA voltage mapping
 593 using smart touch contact force sensing catheter with over 5 g per point. If the AF
 594 transforms to atrial flutter or tachycardia during ablation, LA voltage mapping will
 595 be conducted until SR was achieved by ablation.
 596 8.8.3.9 After the geometry is completed, the ablation catheter is used to accurately mark the
 597 orifices of PVs on the model. After the substrate map, the region and size of LVA
 598 and the average voltage will be calculated.
 599
 600 8.8.4 Ablation Strategies
 601 8.8.4.1 A description of the specific catheter ablation strategies is detailed in the following
 602 sections: see 8.8.5. and 8.8.6.
 603 “CPVI plus” group: CPVI plus LVA ablation if LVA existed; See 8.8.6.
 604 Control group: CPVI alone regardless of LVA (see 8.8.5).
 605 8.8.5 Wide Circumferential Pulmonary Vein Antrum Isolation
 606 8.8.5.1 Through transseptal accesses, the mapping and ablation catheters will be advanced
 607 into the LA, followed by reconstruction of the LA and PV anatomy using the
 608 CARTO3 system.
 609 8.8.5.2 The ostia and the antra of the PVs will be defined by pulmonary venography, 3D
 610 electroanatomical shell, and local potentials.
 611 8.8.5.3 The mapping catheter will then be placed sequentially within each of the PV antra to
 612 record PV potentials. Circumferential RF lesions will then be placed at least 1-2
 613 cm outside of the PV ostia to encircle and electrically isolate each of the PV antra
 614 in order to avoid PV stenosis.
 615 8.8.5.4 As each antrum is encircled, the mapping catheter should be used to confirm
 616 electrical isolation. Isolation of the PV antrum will be considered complete when
 617 all PV potentials within each antrum are abolished, as recorded by the Pentaray,
 618 Lasso Sensor or Lasso mapping catheter.
 619 8.8.5.5 No intravenous antiarrhythmics should be used during ablation to change AF cycle
 620 length or to help regularize/terminate AF if AF is sustainable after CPVI.
 621 8.8.5.6 If AF terminates or converts to AT before isolation, ablation should not be
 622 discontinued until PVs are isolated.
 623 8.8.5.7 Ablation lesion tags should be added to the model surface using the VistagTM. The
 624 settings of VistagTM were as follows:

625
626**Table 4-Settings for Vistag™**

Respiration Adjustment	2.5 mm
Stability Min. Time	3 ms
Contact force	5-30 g

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- 8.8.5.8 The target ablation index (AI) was 500 for anterior, 450 for roof, and 400 for inferior and posterior segments.
- 8.8.6 CPVI Plus LVA Ablation in the LA during SR
- 8.8.6.1 Patients randomized to the study group will first undergo wide CPVI as described in Section 8.8.5. The endpoint will be complete isolation of all four PV antra as detailed above.
- 8.8.6.2 After sedation, Cardioversion with direct current (biphased 200 J or monophased 360 J) should be applied if AF is present following CPVI.
- 8.8.6.2.1 If the rhythm is converted to SR, the times and energy should be recorded;
- 8.8.6.3 If organized AT with consistent cycle length occurs during ablation, electrophysiologic mapping and ablation should be performed until conversion to SR.
- 8.8.6.4 Electrophysiologic voltage substrate mapping under SR with smart-touch contact force with over 5 g per point.
- 8.8.6.4.1 At least 150 surface points should be mapped;
- 8.8.6.4.2 Bipolar recordings are to be filtered at 30-300 Hz.
- 8.8.6.5 LA Substrate Ablation
- 8.8.6.5.1 After voltage mapping with the setting of Color bar 0.1-0.5 mV, the area with voltage less than 0.1 mV is identified as a dense scar. LVA was defined as areas with amplitude less than 0.5 mV in more than 3 adjacent low-voltage points with space difference of 0.5 cm. LVA burden was defined as the proportion of LVA over entire LA surface.
- 8.8.6.5.1.1 The endpoint of ablation: all the electrograms in LVA should be ablated down to 0.1 mV to create a dense scar or box isolation surrounding LVA.
- 8.8.6.5.1.2 If the distance between two LVA or LVA to electrical barriers is less than 1 cm, the ablation lines will be designed to close the “channel”.
- 8.8.6.6 Ablation catheter will be withdrawn into the right atrium. CTI ablation will proceed if typical atrial flutter was recorded before the procedure or present during the ablation procedure.
- 8.8.6.7 All ablation lines should be assessed with bidirectional conduction block if linear ablation was applied. Box isolation should be assessed by dissociated electric activities with high output pacing inside the box area (10 mA, 2 ms). Homogenized areas should be checked with the non-capture property also by high output pacing. All assessment segments should be recorded.
- 8.8.6.7.1 **To assess the block of CTI:** the CS catheter is always set as position reference and the proximal electrodes are placed at the ostium of CS. Activation mapping is recommended for assessment:
- 8.8.6.7.1.1 ABLd will be placed at the lateral side of the CTI line as possible as close to the lower RA:
- 8.8.6.7.1.1.1 Pacing from ABLd (S1S1 500 ms), segments should be recorded after consistent capture. The interval between stimulation spike and CSp will be measured as “LRA-S1.”
- 8.8.6.7.1.1.2 Pacing from CSp (S1S1 500 ms), segments should be recorded after consistent capture. The interval between stimulation spike and ABLd will be measured as “CSp-S1.”
- 8.8.6.7.1.2 The ABLd will be moved more laterally away from the CTI line (approximately 1 cm):
- 8.8.6.7.1.2.1 Pacing from ABLd (S1S1 500 ms), segments should be

- 678 recorded after consistent capture. The interval between
 679 stimulation spike and CSp will be measured as “LRA-S2.”
- 680 8.8.6.7.1.2.2 Pacing from CSp (S1S1 500 ms), segments should be
 681 recorded after consistent capture. The interval between
 682 stimulation spike and ABLd will be measured as “CSp-S2.”
- 683 8.8.6.7.1.3 The criteria for bidirectional block:
- 684 8.8.6.7.1.3.1 Counterclockwise conduction block: LRA-S1 > LRA-S2.
 685 8.8.6.7.1.3.2 Clockwise conduction block: CSp-S1 > CSp-S2.
- 686 8.8.6.7.2 **To assess the block of roof line:** the mapping catheter will be placed into
 687 LAA. The electrode pair near the roof is chosen as LAA recording
 688 electrodes:
- 689 8.8.6.7.2.1 ABLd will be positioned on the posterior wall at the middle of two
 690 PV ablation circles nearby the roof line (PS):
- 691 8.8.6.7.2.1.1 Pacing from LAA (S1S1 500 ms), segments should be
 692 recorded after consistent capture. The interval between
 693 stimulation spike and ABLd will be measured as
 694 “LAA-PS.”
- 695 8.8.6.7.2.1.2 Pacing from ABLd (S1S1 500 ms), segments should be
 696 recorded after consistent capture. The interval between
 697 stimulation spike and LAA will be measured as “PS-LAA.”
- 698 8.8.6.7.2.2 The ABLd will be moved more inferiorly away from the roof line
 699 (approximately 1 cm):
- 700 8.8.6.7.2.2.1 Pacing from LAA (S1S1 500 ms), segments should be
 701 recorded after consistent capture. The interval between
 702 stimulation spike and ABLd will be measured as “LAA-PI.”
- 703 8.8.6.7.2.2.2 Pacing from ABLd (S1S1 500 ms), segments should be
 704 recorded after consistent capture. The interval between
 705 stimulation spike and LAA will be measured as “PI-LAA”
- 706 8.8.6.7.2.3 The criteria for bidirectional block:
- 707 8.8.6.7.2.3.1 Conduction from anterior to posterior has been blocked:
 708 LAA-PS > LAA-PI.
- 709 8.8.6.7.2.3.2 Conduction from posterior to anterior has been blocked:
 710 PS-LAA > PI-LAA.
- 711 8.8.6.7.2.3.3 If the posterior wall cannot be captured because of
 712 isolation, it can be accepted as blocked.
- 713 8.8.6.7.2.4 The criteria for box isolation
- 714 8.8.6.7.2.4.1 The endpoint of Box isolation non-capture by high output
 715 pacing within box area.
- 716
- 717 8.8.6.7.3 **To assess the block of anterior or lateral mitral line:**
- 718 The mapping catheter will be placed into LAA. A quick activation
 719 map should be performed to check the bidirectional conduction
 720 block by pacing on both sides at 500 ms.
- 721 8.8.6.8 If the assessment of the conduction block does not meet the criteria, the next steps
 722 are as follows:
- 723 8.8.6.8.1 Continue linear ablation along with the previous lesion until blocked;
- 724 8.8.6.8.2 If a complete linear block cannot ever be achieved in 30 min, despite the
 725 investigator's best efforts, then this should be documented in the Ablation
 726 Case Report Form. This, however, would not be considered a protocol
 727 deviation.
- 728 8.8.6.9 **Non-PV triggers or concomitant arrhythmia ablation:**
- 729 8.8.6.9.1 Further ablation should be performed, if non-PV triggers, atrial
 730 tachycardias, or supraventricular tachycardias were present after CPVI and
 731 LVA ablation procedure.
- 732 8.8.7 All cases will be recorded and uploaded to the core lab. Patient with the information

733 including study site number, patient number, patient name, and study group and date.

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8.8.8 Post Ablation Activities

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8.8.8.1 If sustained ATAs occur during the blank period, cardioversion should be undertaken within 48 hours.

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8.8.8.2 Anticoagulation therapy: all patients will remain anticoagulated with warfarin to maintain an INR of 2-3 or a NOAC for a minimum of 3 months post-ablation.

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8.8.8.3 Antiarrhythmic medications: antiarrhythmic medications may be continued for the first 3 months following the first ablation to avoid early recurrences. At 3 months, antiarrhythmics must be stopped to assess for clinical recurrence. The decision to use antiarrhythmics after three months, and the choice of AAD, will be left to the discretion of the investigators.

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8.9 REQUIRED FOLLOW-UP

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8.9.1 Scheduled visits will occur at 3, 6, 12 months after the first ablation procedure (\pm 14 days for each time point for follow-up). The follow-up will be performed in the outpatient department clinic of each participating institution.

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8.9.2 The Follow-Up schedule is summarized in Table 1.

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8.9.3 The following information will be collected at the follow-up visit either from hospital records or through patient interaction:

754

8.9.3.1 Physical Examination

755

Collect the blood pressure;

756

8.9.3.2 Recurrence of ATAs

757

List the ATA episodes the patient experienced since the last visit;

758

Provide the duration of the episodes;

759

8.9.3.3 Patient Cardiac Current Medication

760

Document a change in cardiac medication therapy since the last visit.

761

8.9.3.4 ECG Information

762

Provide the information from ECG performed during the visit (heart rate, rhythm, QT information, and other findings).

763

764

8.9.3.5 24-hour Holter

765

List the ATA episodes collected by the 24-hour Holter;

766

Provide the duration of episodes.

767

8.9.4 At the follow-up of 12 months, it is recommended that patients have a final standard transthoracic echocardiogram to assess left atrial size, valvular heart disease, and ejection fraction. 7-day Holter will also be performed.

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8.10 REPEAT ABLATION PROCEDURES

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8.10.1 Blanking Period after the first ablation procedure:

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A 3-month blanking period will be employed after the first procedure as per the HRS/EHRA/ECAS expert Consensus Statement on catheter and surgical ablation of atrial fibrillation. During this blanking period, recurrences of ATAs will not be counted and repeat procedures should not be performed in the first 3 months after the first ablation.

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8.10.2 Repeat ablation procedure in both groups:

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8.10.2.1 During the second procedure in both arms, identification of conduction gaps between the PVs and LA should be identified. Gaps should be targeted for ablation to re-isolate the PV antra.

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8.10.2.2 Repeat ablation in both arms will be performed as STABLE-SR-III 8.8.6.

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9 RISK DESCRIPTION AND MINIMIZATION

There are no data suggesting that the risks as reported in section 8.2 Adverse Events are any higher with one strategy over the other. In fact, as shown in our STABLE-SR pilot study, this novel approach was not associated with any increased risk over CPVI alone. Even fluoroscopic exposure time and procedural time were not significantly different between the two arms.

10 INVESTIGATION ORGANIZATION

10.1 INVESTIGATION MANAGEMENT

The organization that takes responsibility for the initiation and/or implementation and coordination of the investigation is The First Affiliated Hospital of Nanjing Medical University, located at:

300 Guangzhou Road
Nanjing, Jiangsu Province
P.R. China
Tel: +86 25 68303117

10.1.1 Sponsor's responsibilities are in accordance with applicable ISO 14155 guidelines;

10.1.2 This includes but is not limited to the following activities:

10.1.2.1 Select the clinical investigators;

10.1.2.2 Activate the study centers after receipt of the required documentation;

10.1.2.3 Develop the study database, and perform the analysis;

10.1.2.4 Sign off the clinical investigational plan before the start of the investigation or after modifications to the protocol;

10.1.2.5 Reviewing collected data and investigation documentation for completeness and accuracy;

10.1.2.6 Ensure that all adverse events and adverse device effects are reported and reviewed by the clinical investigator(s) and where appropriate that all serious adverse events and serious adverse device effects are reported to the relevant authorities and Ethics Committee(s) and or safety monitoring committee(s).

10.2 CLINICAL COORDINATING INVESTIGATOR

The clinical coordinating investigator of the STABLE-SR III investigation is:
Minglong Chen, M.D.

Department of Cardiology
300 Guangzhou Road
Nanjing, P.R. China, 210029
Tel: +86 13809000791
E-mail: chenminglong@njmu.edu.cn

10.3 INVESTIGATOR

An investigator is defined as an individual and/or institution responsible for the conduct of a clinical investigation who and/or which takes the clinical responsibility for the well-being of the subjects involved.

10.3.1 Investigator Responsibilities

By agreeing to this protocol, the investigators and their institutions accept to allow monitoring, audits, Ethics Committee and IRB review, and regulatory inspections that are related to the investigation. They also agree to provide authorized individuals with direct access to source data and documentation and the right to copy records, provided that such activities do not violate patient consent and patient data confidentiality:

10.3.1.1 Providing signed Investigator/Co-Investigator(s) Agreement.

10.3.1.2 Providing appropriate Ethics Committees Approved Informed Consent.

10.3.1.3 Collection and archiving of data obtained after implant and at follow-up examinations and after the investigation has been completed.

10.3.1.4 Screening and selecting appropriate patients.

840 10.3.1.5 Supporting the monitor and auditor, if applicable, in their activities to verify
 841 compliance with the CIP, to perform source data verification and to correct the case
 842 report forms where inconsistencies or missing values are identified.

843 10.3.2 Investigator study binder

844 The investigator will be provided with an Investigator Study Binder (ISB) at the
 845 start of the investigation. This file contains all relevant documents necessary for
 846 the conduct of the investigation.

847

848 **10.4 ETHICAL BASIS**

849

850 This investigation will be performed in accordance with the World Medical
 851 Association Declaration of Helsinki (Appendix C), ISO 14155, and all local legal and
 852 regulatory requirements.

853 Prior to the start of the investigation, the clinical investigational plan will be submitted
 854 together with its associated documents (patient information sheets, patient informed
 855 consent forms in the local language) to the relevant Ethics Committee
 856 (EC)/Institutional Review Board (IRB) for review. Any amendments to the protocol
 857 should be submitted to the relevant EC/IRB. EC/IRB will be informed about SAEs and
 858 UADEs in accordance with local and national requirements.

859

860 **10.5 MONITORING**

861 It is the responsibility of the CRO to ensure proper monitoring of the investigation and
 862 ensure that the investigation is conducted, recorded, and reported in accordance with
 863 the Clinical Investigational Plan, the signed Clinical Study Agreement, and the
 864 applicable laws and regulations. Monitoring will be conducted at the centers
 865 participating in the investigation according to the standard operating procedures and
 866 work instructions. An overview of the monitoring activities is shown in Table 5.

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Table 5-Monitoring Activities

Visit Type	Prompted By	Scope of Visit	
Initiation	<ul style="list-style-type: none"> ● Receipt of essential documents for center ● Ethics Committee (EC) approval of Protocol ● EC approved Patient Informed Consent (PIC) ● Agreement plus exhibits completed, signed and dated by the center 	No patient data	<ul style="list-style-type: none"> ● Train staff participating in the investigation

Periodic	<ul style="list-style-type: none"> ● Enrolment of minimum, 1 patient at the center ● Enrolment of greater than 10 patients at the center ● Verification of critical data before database freeze and analysis ● Patient data quality issues identified at the center ● Regulatory issues identified ● Safety issues identified 	<ul style="list-style-type: none"> ● Review patient's consent, and review patient data compared to the source document ● Generate DCFs for missing and/or inaccurate patient data recorded in the CRFs ● Review adherence to the protocol 	<ul style="list-style-type: none"> ● Resolve outstanding issues from previous monitoring visits ● Meet with delegated center staff to review and resolve issues and DCFs in a report ● Retrain staff (center) conducting the investigation when necessary
Close Out	<ul style="list-style-type: none"> ● All patients enrolled at the center completed participation in the protocol 	<ul style="list-style-type: none"> ● Review patient's consent, and review patient data compared to the source document ● Generate DCFs for missing and/or inaccurate patient data recorded in the CRFs ● Review adherence to the protocol 	<ul style="list-style-type: none"> ● Resolve outstanding issues from previous monitoring visits ● Meet with delegated center staff to review and resolve issues and DCFs in a report ● Retrain staff (center) conducting the investigation when necessary

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10.6 STUDY REPORT AND PUBLICATION POLICY

After the conclusion of the investigation, an integrated clinical and statistical report shall be written by the clinical coordinating investigator. The first publication will contain all data from all sites.

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878**11 APPENDIX A: ABBREVIATIONS**

Abbreviation	Description
ACT	Activated Clotting Time
ADE	Adverse Device Effect
AE	Adverse Event
AF	Atrial Fibrillation
AT	Atrial Tachycardia
CRF	Case Report Form
EC	Ethics Committee
eCRF	Electronic Case Report Form
ECG	Electrocardiogram
EGM	Intracardiac Electrograms
FU	Follow-Up
INR	International Normalized Ratio
LA	Left Atrium
MA	Mitral Annulus
MRI	Magnetic Resonance Imaging
CPVI	Circumferential Pulmonary Vein Isolation
RA	Right Atrium
SAE	Serious Adverse Event

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881 **12 APPENDIX B: DATA COLLECTION**
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Assessments	Baseline/ Pre-Ablation	Pre-Discharge	3 M [Days 76-104]	6 M [Days 166-210]	12 M [Days 330-420]	every 6 months thereafter
Clinic visit	X	/	X	X	X	X
Informed Consent	X					
Demographics	X					
Medical history	X					
AF status	X					
Past and current Cardiac medication	X	X	X	X	X	X
Current anticoagulation regime	X	X	X	X	X	X
ECG	X				X	X
24h Holter	X		X	X		X
7days Holter					X	
UCG	X				X	
TEE or CT	X					
TTE	X					X
AF/AT/AFL recurrence		X	X	X	X	X
Repeat ablation		X	X	X	X	X
Adverse events	X	X	X	X	X	X
Major clinical events as defined in the protocol	X	X	X	X	X	X

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884

885 **13 APPENDIX C: RANDOMISATION INSTRUCTIONS**

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887 Central randomization is used in this investigation. You must log in the Automated
888 Randomisation System via the internet. Each patient will be given a random number.

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891 **APPENDIX D: REFERENCES**

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971

Supplement Protocol amendment

972

This supplementary appendix has been provided by the investigators to give readers

973

additional materials about their work.

974

975

Supplement to: Additional low voltage area ablation in older patients with paroxysmal

976

atrial fibrillation: a randomized controlled trial (STABLE-SR-III)

977

978

Protocol amendment

979 Ten centers in mainland China initially participated in this randomized trial in March 2018
980 as following:

- 981 1. The First Affiliated Hospital of Nanjing Medical University
- 982 2. The First Affiliated Hospital of Wannan Medical College
- 983 3. The Affiliated Hospital of Xuzhou Medical University
- 984 4. The Second Affiliated Hospital of Nantong University
- 985 5. The Second Hospital of Hebei Medical University
- 986 6. ZhongDa Hospital, Southeast University
- 987 7. The First Affiliated Hospital of Soochow University
- 988 8. Air Force Military Medical University
- 989 9. the Affiliated Xuzhou Hospital of Medical College of Southeast University
- 990 10. The Third Affiliated Hospital of Soochow University

991 Due to the COVID-19 pandemic and the slow enrollment than expected in some centers, we
992 invited the following four more centers to participate the multicenter randomized control
993 trial in June 2019. Hence, fourteen centers participated in this randomized trial.

- 994 1. The First Affiliated Hospital of Wenzhou Medical University
- 995 2. Tianjin Chest Hospital
- 996 3. The First Affiliated Hospital of Southern Medical University
- 997 4. Sir Run Run Shaw Hospital, affiliated with the Zhejiang University School of Medicine
- 998