

**TAU Therapist Pack**

Version 1.0; Date: 02.03.2023

MUSE ARMS Feasibility Trial; IRAS ID: 323903



# TAU THERAPY THERAPIST PACK



\*Return to research site file for archiving after completion

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**Adherence Checklist: TAU Therapy Sessions**  
**(Please tick for used in any session)**

Insert Date:									
Insert length of session (minutes):									
	S1	S2	S3	S4	S5	S6	S7	S8	Comments
Was this a CBT session (Y/N)?									
CBT Assessment									
Formulation									
Needs based emotional support									
Social Support									
Normalisation									
Stress management									
Psychoeducation* <i>*Please describe if related to managing unusual sensory experiences in the comments box</i>									
Other:									
Other:									
Other:									

**Completed by**

Participant ID (MUSE ID Number):	Print Name:	Role:	Signature:	Completed on (DD/MM/YYYY)
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### Adverse Events Checklist

Insert date:									
	S1	S2	S3	S4	S5	S6	S7	S8	Comments
Adverse events of interest reported? <b>Add to Rio/Paris</b>									
Serious Adverse Event? <b>NB 24hour reporting deadline</b>									
Urgent Safety Measures? <b>NB Phone PI immediately</b>									

Adverse Events Guidance:

**Adverse Events. Record on Rio/Paris for collection by the Unblinded Researcher at the 12wk and 20wk assessment time points that pertain to the following events of Protocol Interest:**

- Clinically significant increases in distress and/or psychosis
- Increased harm to self/harm to others
- Increased suicidal ideation/attempts
- Increased use of drugs/alcohol
- Emergency room visits for mental health concerns
- Access to crises services

**Serious Adverse Event (SAE): The site Principal Investigator (PI), or delegate shall report all SAEs within 24 hours of becoming aware of the event to the Chief Investigator (CI), or delegate via email to [MUSE.ARMS@cntw.nhs.uk](mailto:MUSE.ARMS@cntw.nhs.uk) using the SAE reporting form. These are events that:**

- results in death;
- is life-threatening;
- requires hospitalisation or prolongation of existing hospitalisation;
- results in persistent or significant disability or incapacity;
- consists of a congenital anomaly or birth defect; or,
- is otherwise considered medically significant by the investigator.

**Urgent Safety Measures: The site Principal Investigator (PI), or delegate, must inform the CI immediately by telephone (Tel. 01670844670 / alternatively Teams video/voice call for [guy.dodgson@cntw.nhs.uk](mailto:guy.dodgson@cntw.nhs.uk)) of urgent safety measures defined above in section 11.5 (early withdrawal/changes to procedure due to safety concerns for staff or participants). This information shall be documented on the Urgent safety reporting form and submitted by email to [MUSE.ARMS@cntw.nhs.uk](mailto:MUSE.ARMS@cntw.nhs.uk). This is when the following applies:**

- Early withdrawal of participant(s) due to safety concerns about the intervention or assessments
- Changes to procedures due to concerns about staff or participant safety

### Transition to Psychosis Checklist

Insert date:									
	S1	S2	S3	S4	S5	S6	S7	S8	Comments
Indication of Transition to Psychosis? <b>Add note to Rio/Paris</b>									

Transition to Psychosis Guidance: The following information suggests potential transition to psychosis for this protocol:

- Clinical diagnosis using standard diagnostic classification systems DSM/ICD
- Clinical diagnosis using ARMS assessment schedule documented in clinical notes
- Transfer to the Early Intervention in Psychosis pathway
- Treated or untreated psychotic episode of one week's duration or longer
- Initiation of treatment with antipsychotics (3 or more weeks of treatment with antipsychotics at a dose of  $\geq 5$ mg haloperidol or equivalent)

#### Completed by

Participant ID (MUSE ID Number):	Print Name:	Role:	Signature:	Completed on (DD/MM/YYYY)
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