Supplementary Table 1. Approved trial monitoring and progression criteria to a future definitive trial

Criterion	Critical feasibility outcome	Other feasibility and acceptability data relevant to the criterion		Proposed thresholds on critical outcome
1) Recruitment	• Number of participants consented into the trial and randomised	• Number of referrals per month • Source of recruitment • Number of participants eligible, • Number of participants referred • Reasons for non-eligibility or withdrawal of interest		Feasibility will be demonstrated where an average of least 7.84 participants are recruited and randomised per month (80% of recruitment target met).
				If at least 5.88 participants are recruited per month, then a future trial will be feasible but additional strategies must be identified to support recruitment (e.g. informed by other feasibility data relevant to this criterion) (60-80% of recruitment target met).
				If an average of under 5.88 participant is recruited per month over the recruitment period, feasibility within the current design will not be demonstrated (under 60% of recruitment target met).
2) Therapy engagement	• % who drop-out of therapy	• Session record forms for each therapy session • Number of therapy sessions attended • Qualitative interviews with SU participants • Therapy satisfaction scores		Feasibility will be demonstrated if at least 80% of the participants in the intervention arm completed at least 4 out of the 6-8 sessions of MUSE.
				If 60-80% of participants in the intervention arm complete at least 4 out of the 6-8 sessions of MUSE.
				If less than 60% of participants in the intervention arm complete at least 4 out of the 6-8 sessions of MUSE.
3) Assessment retention	• % of participants who are lost to follow-up at primary assessment endpoint (12weeks post randomisation)	• Reasons for withdrawal from the study • Qualitative interviews with SU participants • Data completion		If at least 70% of participants complete primary outcome measure at primary assessment endpoint, feasibility will be demonstrated.
				If 50-70% of participants complete primary outcome measure at primary assessment endpoint, a future trial will be feasible if strategies to overcome barriers are identified (e.g. via other data relevant to this).
				If less than 50% of participants complete primary outcome measure at primary assessment endpoint, feasibility within the current design will not be demonstrated.
4) Therapy fidelity	• Adherence ratings from therapy tapes	• Session record form for each therapy session (including reasons for deviation from protocol)		Feasibility will be demonstrated if over 80% of rated therapy tapes are rated as acceptable.
				If 50-80% of rated therapy tapes are rated as acceptable, a future trial will be feasible if strategies to overcome barriers are identified
				If less than 50% of rated therapy tapes will be rates as acceptable, feasibility within the current design will not be demonstrated.
5) Safety	• Number of related SAEs	• Increased number of AEs in Intervention condition		0-1 Related SAEs in the Intervention arm.
				2 Related SAEs in the Intervention arm.
				3+ Related SAEs in the Intervention arm.