

Figure S1b. Risk of bias summary: judgments from each study.

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
CHEN (2016)	+	+	+	+	+	+	+
Davies (2017)	+	-	+	+	+	+	+
Eli Lilly and Company (2019)	+	?	+	?	+	+	+
Eli Lilly and Company(2020)	+	?	+	?	+	+	+
Gadde (2017)	+	+	+	+	+	+	+
Gao (2020)	+	+	+	+	+	+	+
Grunberger (2012)	+	?	?	?	+	+	+
Ji (2020)	+	+	+	?	+	+	+
Juan (2021)	+	?	+	?	+	+	+
KIM (2007)	+	+	+	?	+	+	+
Pratley (2018)	?	-	?	+	+	+	+
Umpierrez (2014)	+	?	?	?	+	+	+