SUPPLEMENTARY MATERIAL

eTable 1. ULL-27 Questionnaire

Physical domain: During the last four weeks, have you experienced difficulties because of your arm:

		Never	Rarely	Sometimes	Often	Always
1.	grasping high objects, taking					
2.	down the washing? staying in certain positions for a					
	long time?					
3.	felt that your arm is heavy, a burden or swollen?					
4.	felt that your arm is swollen?					
5.	dressing, putting on clothes, undressing?					
6.	in getting to sleep: difficulty finding a comfortable place, in					
7.	positioning your affected arm? in sleeping: waking often, with					
	pain?					
8.	in grasping objects: opening a door or putting a tap off?					
9.	holding objects: cutlery, a book, vase or plate etc.					
10.	walking, when your arm is heavy, a burden or swollen?					
11.	in washing, brushing your hair or putting on makeup?					
12.	taking public transport?					
13.	felt sensations of tingling,					
1.4	burning, tightness or itching?					
14.	felt your skin is swollen, tense or hard?					
15.	in your working relationships and tasks?					

Psychological domain: During the last four weeks, have you, because of your arm:

	Never	Rarely	Sometimes	Often	Always
16. felt sad?					
17. felt discouraged?					
18. felt a lack of confidence in					
yourself?					
19. felt distressed?					

20. felt "well in yourself"?			
21. felt like getting angry?			
22. had confidence in the future?			

Social domain: During the last four weeks have you had difficulties because of your arm:

-	Never	Rarely	Sometimes	Often	Always
23. taking advantage of good					
weather, spending time outside					
in the open air?					
24. in your personal projects:					
holidays, hobbies, etc.?					
25. in your emotional life with your					
spouse or partner?					
26. in your social life: going to a					
restaurant, cinema or theatre, a					
party or doing the shopping etc.?					
27. been afraid of looking at yourself					
in the mirror?					

eTable 2. Pearson correlation between QOL domains.

QOL quality of life

Time point Pearson correlation:		Pearson correlation:	Pearson correlation:	
	Physical and	Physical and social	Social and	
	psychological QOL	QOL	psychological QOL	
6 months	0.63	0.68	0.61	
12 months	0.59	0.65	0.60	
18 months	0.62	0.50	0.44	
24 months	0.62	0.50	0.44	