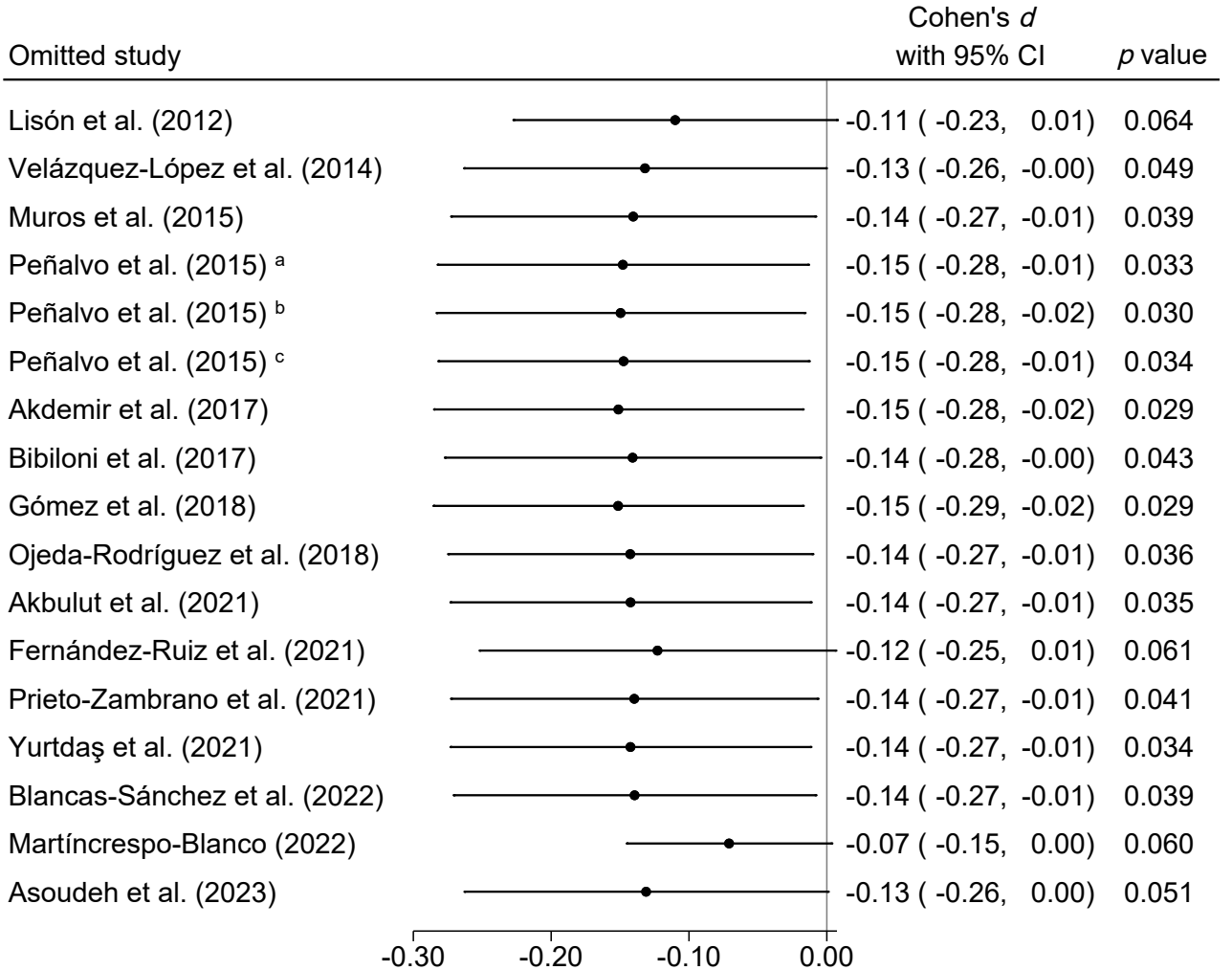
Omitted study
Cohen's d with 95% CI
p value
Lisón et al. (2012) -0.11 ( -0.23, 0.01) 0.064
Velázquez-López et al. (2014) -0.13 ( -0.26, -0.00) 0.049
Muros et al. (2015) -0.14 ( -0.27, -0.01) 0.039
Peñalvo et al. (2015) a -0.15 ( -0.28, -0.01) 0.033
Peñalvo et al. (2015) b -0.15 ( -0.28, -0.02) 0.030
Peñalvo et al. (2015) c -0.15 ( -0.28, -0.01) 0.034
Akdemir et al. (2017) -0.15 ( -0.28, -0.02) 0.029
Bibiloni et al. (2017) -0.14 ( -0.28, -0.00) 0.043
Gómez et al. (2018) -0.15 ( -0.29, -0.02) 0.029
Ojeda-Rodríguez et al. (2018) -0.14 ( -0.27, -0.01) 0.036
Akbulut et al. (2021) -0.14 ( -0.27, -0.01) 0.035
Fernández-Ruiz et al. (2021) -0.12 ( -0.25, 0.01) 0.061
Prieto-Zambrano et al. (2021) -0.14 ( -0.27, -0.01) 0.041
Yurtdaş et al. (2021) -0.14 ( -0.27, -0.01) 0.034
Blancas-Sánchez et al. (2022) -0.14 ( -0.27, -0.01) 0.039
Martíncrespo-Blanco (2022) -0.07 ( -0.15, 0.00) 0.060
Asoudeh et al. (2023) -0.13 ( -0.26, 0.00) 0.051
-0.30
-0.20
-0.10
0.00