

**Supplementary Table 5: Baseline Demographic and Clinical Features by Treatment Step**

	Treatment Step <sup>a</sup>							
	Step 1 (N=3,110)		Step 2 (N=1,134)		Step 3 (N=325)		Step 4 (N=106)	
<b>Demographic Features</b>								
	<b>Mean</b>	<b>SD</b>	<b>Mean</b>	<b>SD</b>	<b>Mean</b>	<b>SD</b>	<b>Mean</b>	<b>SD</b>
Age	41.0	13.0	42.0	12.6	44.1	12.0	46.9	11.0
Education (years)	13.6	3.2	13.2	3.3	12.8	3.1	12.6	2.3
Monthly household income	2,289	2,732	1,744	1,539	1,470	1,383	1,003	887
	<b>N</b>	<b>%</b>	<b>N</b>	<b>%</b>	<b>N</b>	<b>%</b>	<b>N</b>	<b>%</b>
Female	1,469	74.6	502	73.1	113	65.3	34	65.4
Race								
White	2,328	74.9	870	76.7	259	79.7	86	81.1
Black	333	10.7	115	10.1	29	8.9	7	6.6
Other	449	14.4	149	13.1	37	11.4	13	12.3
Hispanic	402	12.9	139	12.3	45	13.8	16	15.1
Employment status								
Employed	975	58.7	314	54.2	69	46.9	19	43.2
Unemployed	612	36.9	243	42.0	72	49.0	24	54.5
Retired	73	4.4	22	3.8	6	4.1	1	2.3
Medical insurance								
Private	848	52.2	254	44.5	52	36.6	14	31.8
Public	282	17.4	109	19.2	30	21.4	10	23.3
None	534	33.2	223	39.3	60	43.2	20	46.5
Marital status								
Single	475	28.6	171	29.5	40	27.2	10	22.7
Married/cohabiting	716	43.1	238	41.0	61	41.5	18	40.9
Divorce/separated	429	25.8	155	26.7	42	28.6	14	31.8
Widowed	41	2.5	16	2.8	4	2.7	2	4.5
<b>Clinical Features</b>	<b>N</b>	<b>%</b>	<b>N</b>	<b>%</b>	<b>N</b>	<b>%</b>	<b>N</b>	<b>%</b>
First episode occurrence before age 18	1,200	39.0	436	38.8	120	37.0	41	38.7
Recurrent depression	1,940	66.8	718	68.3	188	63.3	59	60.8
Family history of depression	1,694	55.4	609	54.9	165	51.7	58	54.7

Duration of current episode $\geq$ 2 years	787	25.6	311	27.7	88	27.2	34	32.1
	<b>Mean</b>	<b>SD</b>	<b>Mean</b>	<b>SD</b>	<b>Mean</b>	<b>SD</b>	<b>Mean</b>	<b>SD</b>
Age at first episode (years)	24.9	14.5	24.7	14.2	25.9	14.6	25.9	14.3
Illness duration (years)	16.1	13.5	17.2	13.7	18.2	14.1	21.0	14.9
Number of episodes	4.4	9.7	4.9	11.1	4.4	10.3	5.0	12.1
Duration of current episode (months)	25.9	52.0	28.1	58.8	32.1	68.5	45.9	82.0
Median duration of current episode (months)	8.3		8.7		9.5		10.1	
Quality of Life and Enjoyment Satisfaction Questionnaire score <sup>b</sup>	39.1	14.3	36.5	13.6	33.7	13.5	31.6	12.8
SF-12 Mental <sup>c</sup>	25.6	8.1	25.0	7.7	24.4	7.7	24.0	7.5
SF-12 Physical <sup>c</sup>	48.6	12.1	47.0	12.4	44.5	12.1	43.8	12.3
Work and Social Adjustment Scale score <sup>d</sup>	25.0	8.7	26.3	8.2	28.3	7.7	29.4	7.0
HRSD <sub>17</sub> score	21.9	5.2	22.5	5.2	23.4	5.2	23.9	5.4
IDS-C <sub>30</sub> score <sup>e</sup>	39.1	9.6	40.6	9.7	42.6	9.4	43.6	9.8
QIDS-IVR score <sup>f</sup>	16.9	3.3	17.3	3.3	17.9	3.0	18.3	3.1
Cumulative Illness Rating Scale								
Categories endorsed	2.5	1.5	2.6	1.6	2.8	1.6	3.1	1.6
Total score	4.7	3.9	5.1	4.0	5.8	4.5	6.2	4.3
Severity score	1.8	0.8	1.8	0.8	2.0	0.9	2.0	0.7
	<b>N</b>	<b>%</b>	<b>N</b>	<b>%</b>	<b>N</b>	<b>%</b>	<b>N</b>	<b>%</b>
Psychiatric Diagnostic Screening Questionnaire								
Agoraphobia	559	18.2	240	21.4	89	27.5	32	30.2
Alcohol abuse/dependence	371	12.0	136	12.1	36	11.1	8	7.5
Bulimia	607	19.7	232	20.6	67	20.7	20	18.9

Drug abuse/dependence	234	7.6	80	7.1	21	6.5	7	6.6
Generalized anxiety disorder	736	23.9	290	25.8	94	29.0	36	34.0
Hypochondriasis	336	10.9	139	12.4	45	13.9	14	13.2
Obsessive-compulsive disorder	723	23.5	265	23.6	97	29.9	31	29.2
Panic disorder	422	13.7	183	16.3	65	20.1	21	19.8
Posttraumatic stress disorder	387	12.6	172	15.3	55	17.0	16	15.1
Social phobia	963	31.3	379	33.7	117	36.1	35	33.0
Somatiform disorder	284	9.2	105	9.3	35	10.8	9	8.5
Number of axis I comorbid psychiatric disorders								
0	606	19.7	190	16.9	48	14.8	12	11.3
1	740	24.0	257	22.9	68	21.0	23	21.7
2	577	18.7	217	19.3	62	19.1	25	23.6
3	363	11.8	139	12.4	42	13.0	14	13.2
4+	793	25.8	321	28.6	104	32.1	32	30.2

<sup>a</sup> Sums do not always equal N due to missing values. Percentages are based on available data.

<sup>b</sup> Integrated voice response (IVR) administered version of the Quality-of-Life Enjoyment and Satisfaction Questionnaire assessing participants' global rate of satisfaction. Higher scores (range=0–100) represent greater life enjoyment and satisfaction.

<sup>c</sup> IVR-administered version of the SF-12 assessing perceived mental and physical health status. Two subscales (physical health factor and mental health) range from 0 to 100— higher scores indicate better functioning with a population norm for each score of 50.

<sup>d</sup> IVR-administered version of the Work and Social Adjustment Scale. Scores between 10 and 20 are associated with significant functional impairment while scores above 20 suggest moderate to severe functional impairment.

<sup>e</sup> Inventory of Depressive Symptomatology administered telephonically.

<sup>f</sup> IVR-administered version of the QIDS.