AMSTAR 2: a critical appraisal tool for systematic reviews that include randomised or non-randomised studies of healthcare interventions, or both

	inclusion criteria for the review include th	e comp	ponents of PICO?
established prior to the conduc	Optional (recommended) Timeframe for follow-up ntain an explicit statement that the review tof the review and did the report justify and		
For Partial Yes: The authors state that they had a written protocol or guide that included ALL the following: review question(s) a search strategy inclusion/exclusion criteria a risk of bias assessment	For Yes: As for partial yes, plus the protocol should be registered and should also have specified: a meta-analysis/synthesis plan, if appropriate, and a plan for investigating causes of heterogeneity justification for any deviations		Yes Partial Yes No
3. Did the review authors explain For Yes, the review should satisfy ONE or □ Explanation for including only R □ OR Explanation for including on OR Explanation for including bo	from the protocol their selection of the study designs for incl f the following: CTs ly NRSI	lusion i	rn the review? Yes No
	omprehensive literature search strategy?		
For Partial Yes (all the following): searched at least 2 databases (relevant to research question) provided key word and/or search strategy justified publication restrictions (e.g. language)	For Yes, should also have (all the following): searched the reference lists / bibliographies of included studies searched trial/study registries included/consulted content experts in the field where relevant, searched for grey literature conducted search within 24 months of completion of the review		Yes Partial Yes No
and achieved consensus on which OR two reviewers selected a sam	ntly agreed on selection of eligible studies		Yes No

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(D:14	a data antiquation in James 4 0	
6. Did the review authors perform	n data extraction in duplicate?	
included studies ☐ OR two reviewers extracted data	consensus on which data to extract from a from a sample of eligible studies and st 80 percent), with the remainder	Yes No
7. Did the review authors provide	e a list of excluded studies and justify the ex	kclusions?
For Partial Yes:	For Yes, must also have:	
 provided a list of all potentially relevant studies that were read in full-text form but excluded from the review 	Justified the exclusion from the review of each potentially relevant study	YesPartial YesNo
8. Did the review authors describ	e the included studies in adequate detail?	
For Partial Yes (ALL the following): described populations described interventions described comparators described outcomes described research designs	For Yes, should also have ALL the following: described population in detail described intervention in detail (including doses where relevant) described comparator in detail (including doses where relevant) described study's setting timeframe for follow-up	Yes Partial Yes No
9. Did the review authors use a sa individual studies that were inc	atisfactory technique for assessing the risk cluded in the review?	of bias (RoB) in
For Partial Yes, must have assessed RoB from	For Yes, must also have assessed RoB from:	
 unconcealed allocation, and lack of blinding of patients and assessors when assessing outcomes (unnecessary for objective outcomes such as all-cause mortality) 	 allocation sequence that was not truly random, and selection of the reported result from among multiple measurements or analyses of a specified outcome 	Yes□ Partial Yes□ No□ Includes only NRSI
NRSI For Partial Yes, must have assessed RoB: from confounding, and from selection bias	For Yes, must also have assessed RoB: methods used to ascertain exposures and outcomes, and selection of the reported result from among multiple measurements or analyses of a specified outcome	YesPartial YesNoIncludes only RCTs
10. Did the review authors report	on the sources of funding for the studies in	cluded in the review?
	rces of funding for individual studies included g that the reviewers looked for this information y authors also qualifies	

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11. If meta-analysis was performed did the review authors use appropriate	methods for statistical
combination of results? RCTs	
For Yes:	
☐ The authors justified combining the data in a meta-analysis	□ Yes
AND they used an appropriate weighted technique to combine	□ No
study results and adjusted for heterogeneity if present.	No meta-analysis
☐ AND investigated the causes of any heterogeneity	conducted
For NRSI	
For Yes:	
☐ The authors justified combining the data in a meta-analysis	□ Yes
☐ AND they used an appropriate weighted technique to combine	□ No
study results, adjusting for heterogeneity if present	No meta-analysis
AND they statistically combined effect estimates from NRSI that were adjusted for confounding, rather than combining raw data,	conducted
or justified combining raw data when adjusted effect estimates were not available	
AND they reported separate summary estimates for RCTs and NRSI separately when both were included in the review	
12. If meta-analysis was performed, did the review authors assess the potential individual studies on the results of the meta-analysis or other evidence s	
For Yes:	y Hereesis.
	□ Yes
included only low risk of bias RCTs	□ No
OR, if the pooled estimate was based on RCTs and/or NRSI at variable RoB, the authors performed analyses to investigate possible impact of	No meta-analysis
RoB on summary estimates of effect.	conducted
Rob on summary estimates of effect.	Conducted
13. Did the review authors account for RoB in individual studies when interesults of the review?	rpreting/ discussing the
For Yes:	
□ included only low risk of bias RCTs	Yes
OR, if RCTs with moderate or high RoB, or NRSI were included the	□ No
review provided a discussion of the likely impact of RoB on the results	
14. Did the review authors provide a satisfactory explanation for, and disc	ussion of, any
heterogeneity observed in the results of the review?	
For Yes:	
☐ There was no significant heterogeneity in the results	
 OR if heterogeneity was present the authors performed an investigation of 	Yes
sources of any heterogeneity in the results and discussed the impact of this on the results of the review	□ No
15. If they performed quantitative synthesis did the review authors carry of investigation of publication bias (small study bias) and discuss its likely the review?	
For Yes:	
 performed graphical or statistical tests for publication bias and discussed 	□ Yes
the likelihood and magnitude of impact of publication bias	\square No
	No meta-analysis
	conducted

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16. Did the review authors report any potential sources of conflict of interest, including any funding they received for conducting the review?				
For Yes);			
	The authors reported no competing interests OR	□ Yes		
	The authors described their funding sources and how they managed	No		
	potential conflicts of interest			

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