

Supplemental Online Content

Sockalingam S, Leung SE, Ma C, et al. Efficacy of telephone-based cognitive behavioral therapy for weight loss, disordered eating, and psychological distress after bariatric surgery: a randomized clinical trial. *JAMA Netw Open*. 2023;6(8):e2327099. doi:10.1001/jamanetworkopen.2023.27099

eTable 1. Raw Means for Clinical Variables

eFigure. Estimated Mean Outcomes From a Linear Mixed Model Comparing Emotional Eating Scale Total Score

This supplemental material has been provided by the authors to give readers additional information about their work.

eTable. Raw means \pm standard deviations for clinical variables between Tele-CBT and Control groups at baseline, post-intervention, and 3-month follow-up.

Measure	Baseline		Post-Intervention		Follow-Up	
	Tele-CBT Mean (SD)	Control Mean (SD)	Tele-CBT Mean (SD)	Control Mean (SD)	Tele-CBT Mean (SD)	Control Mean (SD)
%TWL	N/A	N/A	1.44 (4.13)	1.11 (3.56)	1.01 (6.21)	0.95 (5.54)
BES	13.31 (8.70)	13.45 (8.64)	8.03 (6.21)	12.83 (9.53)	9.43 (7.52)	12.42 (9.52)
EES-Total	49.93 (18.39)	50.99 (22.40)	40.23 (15.72)	49.20 (22.99)	41.98 (15.58)	49.94 (22.23)
PHQ-9	5.73 (4.86)	5.94 (4.77)	3.60 (3.95)	6.24 (5.33)	4.51 (4.71)	6.79 (5.69)
GAD-7	4.75 (3.93)	4.78 (4.20)	2.94 (3.14)	5.37 (5.35)	3.40 (3.70)	5.40 (5.24)

%TWL: post-operative percent total weight loss; BES: Binge Eating Scale; EES-Total: Emotional Eating Scale total score; PHQ-9: Patient Health Questionnaire 9-item scale; GAD-7: Generalized Anxiety Disorders 7-item scale.

eFigure. Estimated mean outcomes (\pm standard errors) from a linear mixed model comparing EES-Total (Emotional Eating Scale total score) between the Tele-CBT and Control groups over time. Timepoints 1, 2, and 3 refer to Baseline (1-year post-surgery), post-intervention (\sim 15-months post-surgery), and 3-month follow-up (\sim 18-months post-surgery), respectively. p -values refer to the group by time interaction.

