

Supplemental Table 5. Prevalence of breast cancer risk factors among Asian American and non-Hispanic White women born from 1951-1984, by birthplace

| | Foreign-born Asian American cases N=282 | U.S.-born Asian American cases N=73 | | Foreign-born vs. U.S.-born Asian American cases | | Foreign-born Asian American controls N=197 | U.S.-born Asian American controls N=79 | U.S.-born NHW controls N=458 | | Foreign-born vs. U.S.-born Asian American controls | U.S.-born Asian American vs. NHW controls |
|--|---|---|----|---|------------------------------------|--|--|------------------------------------|----|---|--|
| | N | % | N | % | Chi square P value ¹ | N | % | N | % | Chi square P value ¹ | Chi square P value ¹ |
| | | | | | | | | | | | |
| College graduate or higher degree | 182 | 65 | 50 | 68 | 0.53 | 112 | 57 | 45 | 57 | 215 | 47 |
| Early menarche before age 12 years | 61 | 22 | 15 | 21 | 0.81 | 36 | 18 | 12 | 15 | 83 | 18 |
| Nulliparous | 78 | 28 | 36 | 49 | <0.01 | 53 | 27 | 30 | 38 | 158 | 34 |
| ≥3 full-term pregnancies ² | 37 | 18 | 6 | 16 | 0.78 | 39 | 27 | 15 | 31 | 87 | 29 |
| First full-term pregnancy at age ≥30 y ² | 88 | 43 | 21 | 57 | 0.13 | 56 | 39 | 19 | 39 | 84 | 28 |
| History of breast-feeding (ever) ² | 145 | 71 | 34 | 92 | <0.01 ³ | 113 | 78 | 42 | 86 | 253 | 84 |
| ≥13 months of breast-feeding ² | 38 | 19 | 7 | 19 | 0.96 | 30 | 21 | 21 | 43 | 120 | 40 |
| Oral contraceptive use (ever) | 132 | 47 | 45 | 62 | 0.02 | 95 | 48 | 58 | 73 | 407 | 89 |
| BMI ≥27.5 kg/m ² ⁴ | 24 | 10 | 7 | 10 | 0.89 | 20 | 12 | 14 | 20 | 85 | 23 |
| Lifetime physical activity ≥29.6 MET-hours/week ⁵ | 74 | 26 | 36 | 49 | <0.01 | 60 | 30 | 32 | 41 | 215 | 47 |
| Cigarette smoking (ever) | 19 | 7 | 13 | 18 | <0.01 | 22 | 11 | 20 | 25 | 199 | 43 |
| Alcohol consumption (ever) | 30 | 11 | 16 | 22 | 0.01 | 24 | 12 | 24 | 30 | 259 | 57 |
| <i>Participants with dietary data⁶</i> | 207 | | 65 | | | 144 | | 74 | | 394 | |
| Total isoflavone intake, highest tertile (≥2.80 mg/day) ^{4,7} | 131 | 63 | 28 | 43 | <0.01 | 71 | 21 | 21 | 28 | 46 | 12 |

| | | | | | | | | | | | | | |
|---|----|----|----|----|------|----|----|----|----|-----|----|------|------|
| Green, herbal or other tea ^{4,8,9} (≥ 2 cups/week) | 89 | 43 | 24 | 38 | 0.39 | 50 | 35 | 25 | 34 | 100 | 25 | 0.89 | 0.13 |
|---|----|----|----|----|------|----|----|----|----|-----|----|------|------|

¹ P value from chi square for binary variables (e.g., less than college graduate vs. college graduate or higher degree).

² Among parous women.

³ P value from Fisher's exact test

⁴ In reference year.

⁵ Between age 12 years and reference age.

⁶ Includes controls born between 1951-1884 who completed the food frequency questionnaire. Excludes participants with dietary data considered unreliable (daily caloric intake <600 kcal or >5,000 kcal).

⁷ Tertile cutpoints (low <0.72 mg, middle 0.72-2.79, high ≥ 2.80 mg per day of total isoflavones) were determined among Asian American cases and controls and U.S.-born non-Hispanic White controls combined.

⁸ Excludes 4 women with missing green tea intake.

⁹ Excludes black tea.