

Data Sharing Statement

Boucher. Effects of 12 Weeks of At-Home, Application-Based Exercise on Health Care Workers' Depressive Symptoms, Burnout, and Absenteeism. *JAMA Psychiatry*. Published August 09, 2023. doi:10.1001/jamapsychiatry.2023.2706

Data

Data available: Yes

Data types: Data dictionary

How to access data: Data are available by contacting corresponding authors VGB or EP.

When available: With publication

Supporting Documents

Document types: Statistical/analytic code, Informed consent form, Other (please specify)

Additional Information: Questionnaires; recruitment script; participant guide for the application

How to access documents: Can be accessed on OSF (link: <https://osf.io/8qfxh/>). Data are available by contacting corresponding authors VGB or EP.

When available: With publication

Additional Information

Who can access the data: Anyone requesting the data. The corresponding investigator will evaluate the data requests.

Types of analyses: N/A

Mechanisms of data availability: With investigator support