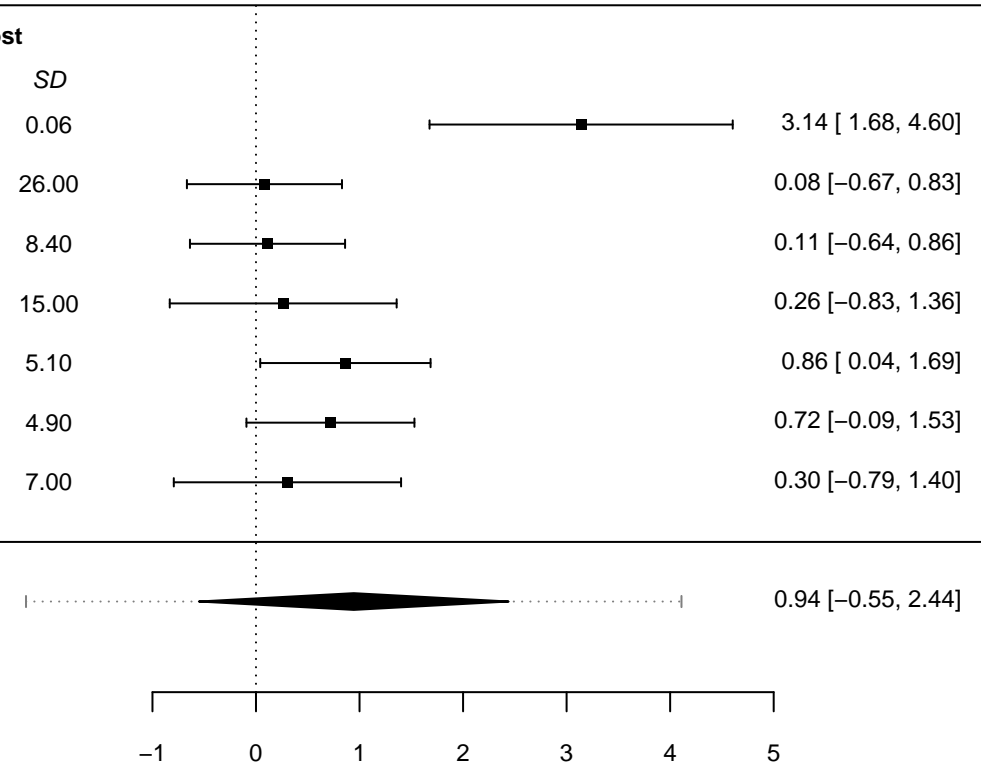


Study	Duration	Test	Unit	Control Group				Feedback Group				Estimate [95% CI]		
				Pre		Post		Pre		Post				
				n	M	SD	M	SD	n	M	SD	M	SD	
Nagata et al. 2020 [19]	4	30kg Squat Jump	m/s	8	1.36	0.04	1.30	0.06	9	1.40	0.05	1.52	0.06	3.14 [1.68, 4.60]
Weakley et al. 2019 [22]	4	Broad Jump	cm	12	231.00	23.00	242.00	22.00	16	227.00	23.00	240.00	26.00	0.08 [-0.67, 0.83]
Weakley et al. 2019 [22]	4	Countermovement Jump	cm	12	41.50	5.10	42.00	8.30	16	40.20	8.10	41.60	8.40	0.11 [-0.64, 0.86]
Randell et al. 2011 [20]	6	Broad Jump	cm	6	258.00	20.00	259.00	20.00	7	250.00	16.00	256.00	15.00	0.26 [-0.83, 1.36]
Vanderka et al. 2020 [21]	6	Countermovement Jump	cm	12	44.40	6.30	42.30	6.30	13	49.30	4.60	52.20	5.10	0.86 [0.04, 1.69]
Vanderka et al. 2020 [21]	6	Squat Jump	cm	12	40.10	5.90	39.00	5.30	13	44.10	4.20	46.80	4.90	0.72 [-0.09, 1.53]
Randell et al. 2011 [20]	6	Vertical Jump	cm	6	66.00	6.00	67.00	1.00	7	61.00	6.00	64.00	7.00	0.30 [-0.79, 1.40]

Model for All Outcomes

Heterogeneity: I^2 (effect) = 0%, I^2 (study) = 85.8%, I^2 (total) = 85.8%



Positive values indicate greater pre to post improvement for feedback group