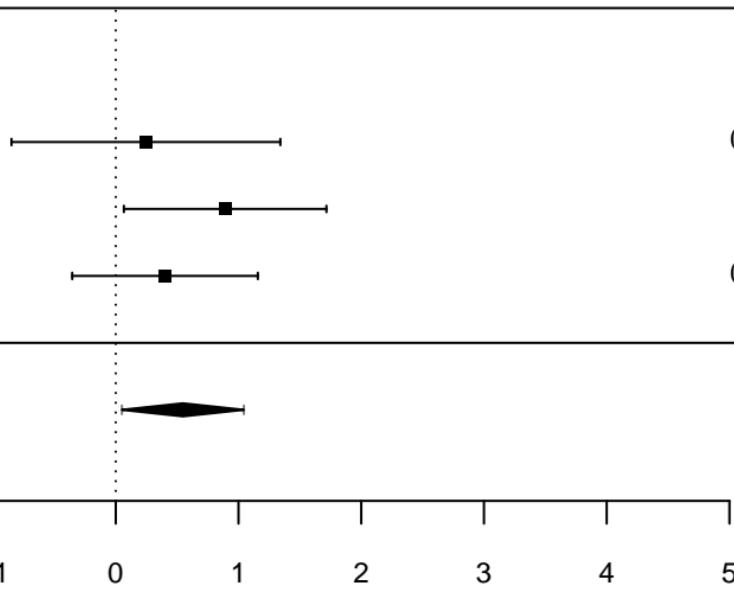


Study	Duration	Test	Unit	Control Group				Feedback Group				Estimate [95% CI]		
				Pre		Post		Pre		Post				
				n	M	SD	M	SD	n	M	SD			
Randell et al. 2011 [20]	6	20m Sprint	s	6	3.06	0.16	3.06	0.15	7	3.03	0.06	3.00	0.06	0.25 [-0.85, 1.34]
Vanderka et al. 2020 [21]	6	20m Flying Sprint	s	12	2.35	0.10	2.37	0.11	13	2.37	0.09	2.30	0.09	0.89 [0.07, 1.72]
Weakley et al. 2019 [22]	4	20m Sprint	s	12	3.12	0.10	3.07	0.10	16	3.15	0.18	3.04	0.16	0.40 [-0.36, 1.16]

Model for All Outcomes

Heterogeneity: $I^2 = 0.0\%$



Positive values indicate greater pre to post improvement for feedback group