

Supplemental Table 1. Overview of data sources

Data source	Country	Year established	Sample	Source	Follow- up	Data available
SveDem [23]	Sweden	2007	109,000 patients with MCI or dementia	Population	annual	□Cognitive function □Fluid biomarkers □ Neuroimaging □Genetic □ Comorbidities □ Treatment □ Life factors
GEDOC [24]	Sweden	1998	>7000	Memory clinic		☑Cognitive function☑Fluid biomarkers☑ Neuroimaging☑Genetic

					Comorbidities Treatment Life factors
Kuopio Research Cohort [25]	Finland	200 participants including patients and controls	Memory clinic	annual	 ◯Cognitive function ◯Fluid biomarkers ◯ Neuroimaging ◯Genetic ◯ Comorbidities ◯Treatment ◯Life factors
ALFA+ [26]	Spain	unimpaired participants, most children of AD patients	Research	Every 3 years	

						Comorbidities Treatment Life factors
BETA-AARC [27]	Spain	2022	200 participants with SCD or MCI	Research cohort	annual	
DELCODE [28]	Germany	2015	1000 participants including AD patients, controls, and unimpaired with a first degree	Memory clinic	annual	

			relative with AD			Comorbidities Treatment Life factors
MEMENTO [29]	France	2011	2323 patients with MCI or dementia	Memory clinic	annual	 ◯Cognitive function ◯Fluid biomarkers ◯ Neuroimaging ◯Genetic ◯ Comorbidities ◯Treatment ◯Life factors
REAL AD [30]	Sweden	2023	Collection not yet started; aims to provide a reference panel for normal cognitive tests and	Research cohort	NA	

			biomarker values			Comorbidities Treatment
						Life factors
Amsterdam Dementia	The Netherlands	2000	~8000	Memory clinic	annual	⊠Cognitive function
Cohort [31]						⊠Fluid biomarkers
						Neuroimaging
						⊠Genetic
						⊠Treatment
						∑Life factors
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