

BMJ Open is committed to open peer review. As part of this commitment we make the peer review history of every article we publish publicly available.

When an article is published we post the peer reviewers' comments and the authors' responses online. We also post the versions of the paper that were used during peer review. These are the versions that the peer review comments apply to.

The versions of the paper that follow are the versions that were submitted during the peer review process. They are not the versions of record or the final published versions. They should not be cited or distributed as the published version of this manuscript.

BMJ Open is an open access journal and the full, final, typeset and author-corrected version of record of the manuscript is available on our site with no access controls, subscription charges or pay-per-view fees (<u>http://bmjopen.bmj.com</u>).

If you have any questions on BMJ Open's open peer review process please email <u>info.bmjopen@bmj.com</u>

BMJ Open

Long-term efficacy and safety of erenumab in Japanese patients with episodic and chronic migraine: Results from a 28-week open-label treatment period of a randomized trial

Journal:	BMJ Open
Manuscript ID	bmjopen-2022-068616
Article Type:	Original research
Date Submitted by the Author:	15-Nov-2022
Complete List of Authors:	Hirata, Koichi; Dokkyo Ika Daigaku, Department of Neurology Takeshima, Takao ; Tominaga Hospital, Headache Center, Department of Neurology Sakai, Fumihiko ; Saitama Neuropsychiatric Institute, Saitama International Headache Center Numachi, Yotaro ; Amgen KK, Research & Development Yoshida, Ryuji ; Amgen KK, Research & Development Koukakis, Reija ; Amgen Ltd Uxbridge, Biostatistics Hasebe, Miki; Amgen KK, Research & Development Yui, Daishi ; Amgen KK, Research & Development da Silva Lima, Gabriel Paiva ; Amgen Inc, Global Development Cheng, Sunfa; Amgen Inc, Global Development
Keywords:	NEUROLOGY, Adult neurology < NEUROLOGY, Migraine < NEUROLOGY, Neurological pain < NEUROLOGY, Clinical trials < THERAPEUTICS





I, the Submitting Author has the right to grant and does grant on behalf of all authors of the Work (as defined in the below author licence), an exclusive licence and/or a non-exclusive licence for contributions from authors who are: i) UK Crown employees; ii) where BMJ has agreed a CC-BY licence shall apply, and/or iii) in accordance with the terms applicable for US Federal Government officers or employees acting as part of their official duties; on a worldwide, perpetual, irrevocable, royalty-free basis to BMJ Publishing Group Ltd ("BMJ") its licensees and where the relevant Journal is co-owned by BMJ to the co-owners of the Journal, to publish the Work in this journal and any other BMJ products and to exploit all rights, as set out in our <u>licence</u>.

The Submitting Author accepts and understands that any supply made under these terms is made by BMJ to the Submitting Author unless you are acting as an employee on behalf of your employer or a postgraduate student of an affiliated institution which is paying any applicable article publishing charge ("APC") for Open Access articles. Where the Submitting Author wishes to make the Work available on an Open Access basis (and intends to pay the relevant APC), the terms of reuse of such Open Access shall be governed by a Creative Commons licence – details of these licences and which <u>Creative Commons</u> licence will apply to this Work are set out in our licence referred to above.

Other than as permitted in any relevant BMJ Author's Self Archiving Policies, I confirm this Work has not been accepted for publication elsewhere, is not being considered for publication elsewhere and does not duplicate material already published. I confirm all authors consent to publication of this Work and authorise the granting of this licence.

reliez oni

For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml

2
3
4
5
5
6
7
8
9
10
10
11
12
13
14
15
16
17
17
18
19
20
21
22
23
20
24
25
26
27
28
29
30
21
31
32
33
34
35
36
20
3/
38
39
40
41
42
12
44
45
46
47
48
49
50
50
51
52
53
54
55
55
20
57
58
59

1	Long-term efficacy and safety of erenumab in Japanese patients with episodic and
2	chronic migraine: Results from a 28-week open-label treatment period of a randomized
3	trial
4	
5	Koichi Hirata, MD, PhD, ¹ Takao Takeshima, MD, PhD, ² Fumihiko Sakai, MD, PhD, ³ Yotaro
6	Numachi, MD, PhD, ⁴ Ryuji Yoshida, PhD, ⁴ Reija Koukakis, ⁵ Miki Hasebe, PhD, ⁴ Daishi Yui,
7	PhD,⁴ Gabriel Paiva da Silva Lima, MD, ⁶ Sunfa Cheng, MD ⁶
8	¹ Department of Neurology, Dokkyo Medical University, Tochigi, Japan
9	² Headache Center, Department of Neurology, Tominaga Hospital, Osaka, Japan
10	³ Saitama International Headache Center, Saitama, Japan
11	^₄ Research & Development, Amgen K.K., Tokyo, Japan
12	⁵ Biostatistics, Amgen Inc., Uxbridge, UK
13	⁶ Global Development, Amgen Inc., Thousand Oaks, California, USA
14	Correspondence:
15	Sunfa Cheng, Global Development, Amgen Inc., 1 Amgen Center Drive, Thousand Oaks,
16	California 91320, USA. Email: sunfac@amgen.com
17	Keywords: Erenumab, CGRP, Episodic migraine, Chronic migraine, Japanese patients
18	Article type: Original Research
19	Word Count: 2152 (limit 4000)
20	
21	

2 3 4 5	22 23	ABSTRACT
6 7	24	Objectives: To evaluate the 1-year efficacy and safety of once-monthly erenumab 70 mg
8 9	25	following a 24-week double-blind treatment period (DBTP) of a phase 3 randomized study of
10 11	26	Japanese patients with episodic migraine (EM) or chronic migraine (CM).
12 13 14	27	Design: Multicenter open-label study.
15 16 17	28	Setting: A total of 41 centers in Japan.
18 19 20	29	Participants: Patients completing the DBTP continued into the 28-week open-label treatment
20 21 22	30	period (OLTP). 254 of 261 (97.3%) randomized patients continued into the OLTP; 244 (93.5%)
22 23 24	31	completed treatment.
25 26 27	32	Interventions: Once monthly subcutaneous erenumab 70 mg.
28 29	33	Main Outcome measures: Changes from baseline in monthly migraine days (MMD), monthly
30 31	34	acute migraine-specific medication treatment days (MSMD), proportion of ≥50% and ≥75%
32 33	35	responders in MMD reduction from baseline, and the incidence and exposure-adjusted
34 35 36	36	incidence of treatment-emergent adverse events (TEAEs).
37 38	37	Results: At week 24 of the DBTP, the mean (SE) change from baseline in MMD for the
39 40	38	erenumab group was -3.8 (0.4) days (EM, -3.0 [0.4]; CM, -5.2 [0.8]); in MSMD, -2.6 (0.4) days
41 42	39	(EM, -2.1 [0.4]; CM, -3.4 [0.7]). At the end of the OLTP (52 weeks postbaseline), the mean
43 44	40	(SE) change from baseline in MMD was -4.7 (0.3) days (EM, -3.4 [0.3]; CM, -6.9 [0.6]); in
45 46 47	41	MSMD, –3.3 (0.3) days (EM, –2.4 [0.3]; CM, –4.6 [0.5]). The proportion of ≥50% responders for
47 48 49	42	MMD reduction in the erenumab group was 34.1% at week 24; 44.4% at week 52. The
50 51	43	exposure-adjusted incidence of TEAEs was 219.7 per 100 patient-years during the OLTP
52 53	44	(DBTP, 251.0 for the erenumab group). The most common TEAEs during the OLTP were
54 55 56	45	nasopharyngitis, constipation, and influenza. No new safety concerns were identified.
57 58		2
59 60		For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml

46 Conclusions: Erenumab demonstrated a persistent efficacy in Japanese patients with EM

47 CM for up to 1 year. Overall safety results from the OLTP were consistent with those from the

48 DBTP.

49 Clinical Trials Registration Number: NCT03812224

Funding: This study was funded by Amgen.

51 STRENGTHS AND LIMITATIONS OF THIS STUDY

This study represents the longest follow-up experience with erenumab in Japanese patients with CM

- The duration of the 28-week OLTP was short
- This study lacked a comparator arm

Page 5 of 34

BMJ Open

61 INTRODUCTION

Migraine is a common neurological disease worldwide and a leading cause of disability associated with significant personal and societal effects.[1-3] In Japan, 6% to 8% of the population is affected by migraine, which places a substantial burden on patients and society related to quality of life, work productivity, and costs.[4-7] Because of concerns related to inadequate efficacy and poor tolerability, the use of standard of care oral preventive medications is low and is associated with high rates of discontinuation.[6,8-11] Therefore, there is an unmet need for new migraine preventive medications.

Erenumab (erenumab-aooe in the United States), a fully human monoclonal antibody against the calcitonin gene-related peptide (CGRP) receptor, has been approved for the preventive treatment of adult migraine in over 70 countries worldwide, including the United States (2018), Europe (2018), and Japan (2021).[12,13] The sustained efficacy and safety of erenumab in the preventive treatment of episodic migraine (EM) and chronic migraine (CM) have been demonstrated in several global clinical studies.[14-18] In Japan, approval was based on two clinical studies in adult patients with EM or CM, which demonstrated erenumab to be safe and efficacious.[19,20] Sustained efficacy and safety of erenumab for up to 2 years in Japanese patients with EM have also been demonstrated.[21]

Here, we report on the long-term (up to 1 year) efficacy, safety, and tolerability of once-monthly
erenumab 70 mg during a 28-week open-label treatment period (OLTP) after a 24-week doubleblind treatment period (DBTP) of a phase 3 study, which demonstrated favorable efficacy and
safety results for erenumab 70 mg in EM and CM.[20]

2	84	METHODS
4 5	85	
6 7	86	Study desig
8 9	87	This multice
10 11	88	double-blind
12 13	89	with EM or (
14 15	90	patient ente
16 17	91	November 2
18 19	92	preventive t
20 21	93	an interactiv
22 23	94	erenumab 7
24 25	95	erenumab 7
26 27	96	(Table S1) r
28 29	97	before study
30 31 22	98	Harmonisat
32 33 34	99	Agency (PM
35 36	100	guideline or
37 38	101	Internationa
39 40	102	advice give
41 42		0
43 44	103	Patient and
45 46	104	No patients
47 48	105	disseminatio
49 50	106	Patients
51 52	100	
53	107	Patients wh
54 55	108	participate i
56 57		
58		
59		
60		

Study design

87	This multicenter (41 centers across Japan), 28-week OLTP followed a 24-week, randomized,
88	double-blind, placebo-controlled, phase 3 study of once-monthly erenumab 70 mg in patients
89	with EM or CM in Japan (ClinicalTrials.gov identifier NCT03812224) (Figure S1). The first
90	patient entered the OLTP on October 2, 2019, and the last patient ended the OLTP on
91	November 20, 2020. Randomization was stratified by migraine status (EM or CM) and migraine
92	preventive treatment status (ever used or never used) and was assigned by the sponsor using
93	an interactive response technology system. During the DBTP, patients received once-monthly
94	erenumab 70 mg or placebo in a 1:1 ratio; in the OLTP, all patients received once-monthly
95	erenumab 70 mg. Independent ethics committee or institutional review boards at each site
96	(Table S1) reviewed and approved the protocol and signed the informed patient consent forms
97	before study initiation. The study conforms to the guidelines set by the International Council for
98	Harmonisation for Good Clinical Practice and by the Pharmaceuticals and Medical Devices
99	Agency (PMDA). The study was designed according to the European Medicines Agency (EMA)
.00	guideline on Clinical Investigation of Medicinal Products for the Treatment of Migraine, the
.01	International Headache Society (IHS) Guidelines for Controlled Trials of Drugs in Migraine, and
.02	advice given by the PMDA.[22,23].

¹ 103 **Patient and Public Involvement Statement**

104 No patients or public representatives were involved in the design, conduct, reporting, or105 dissemination efforts of the study results.

Patients who completed the DBTP (parent study) in each treatment group were eligible to
participate in the OLTP and receive once-monthly erenumab 70 mg. Key eligibility criteria in the

Page 7 of 34

1

BMJ Open

•	
3	
4	
5	
6	
7	
/	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
10	
10	
19	
20	
21	
22	
23	
24	
25	
26	
27	
28	
20	
29	
50 21	
31	
32	
33	
34	
35	
36	
37	
38	
39	
40	
/1	
40	
-	
ד∠ 40	
43	
43 44	
43 44 45	
43 44 45 46	
43 44 45 46 47	
43 44 45 46 47 48	
43 44 45 46 47 48 49	
43 44 45 46 47 48 49 50	
43 44 45 46 47 48 49 50 51	
43 44 45 46 47 48 49 50 51 52	
43 44 45 46 47 48 49 50 51 52 53	
43 44 45 46 47 48 49 50 51 52 53 53	
43 44 45 46 47 48 49 50 51 52 53 53	
43 44 45 46 47 48 49 50 51 52 53 54 55	
43 44 45 46 47 48 49 50 51 52 53 54 55 56	
43 44 45 46 47 48 49 50 51 52 53 54 55 56 57	
43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58	

60

parent study included Japanese patients aged 20 through 65 years with a history of migraine
with or without aura (based on medical records or patient self-report) for at least 12 months
before screening, as defined in the third edition of the *International Classification of Headache Disorders* (ICHD-3) of the IHS, and a diagnosis of EM (<15 headache days/month, ≥4 monthly
migraine days [MMD]) or CM (≥15 headache days/month, ≥8 MMD) over the 3 months before
screening. A detailed description of the eligibility criteria in the parent study has been described
previously.[20]

9 116 Endpoints and assessments

Efficacy outcomes during the OLTP included changes from baseline in MMD and monthly acute migraine-specific medication treatment days (MSMD), and the proportion of patients who achieved at least a 50% or 75% reduction in MMD from baseline.

120 A migraine day was defined as a migraine (with or without aura) that lasted for at least 4 hours 121 and had at least two of the following pain features: unilateral, throbbing, moderate to severe, or exacerbated with exercise or physical activity; or was associated with nausea, vomiting, or 122 123 photophobia and phonophobia. A migraine day also included a day in which a patient took a 124 migraine-specific medication during aura or to treat a headache regardless of the duration and associated symptoms. A qualified headache day was a day characterized by onset, 125 126 continuation, or recurrence of a headache and met one of the following criteria: a migraine headache treated with acute migraine-specific medication, a non-migraine headache that lasted 127 for at least 4 hours, or a headache for which acute headache treatment was used. An acute 128 129 migraine-specific medication treatment day was defined as any day during which migraine-130 specific medication was used. Safety endpoints included the incidence and exposure-adjusted incidence of treatment-131

132 emergent adverse events (TEAEs), clinical laboratory values and vital signs, and the incidence
 133 of anti-erenumab antibodies. Exposure-adjusted rates (per 100 patient-years) were calculated

by dividing the number of patients with at least one reported occurrence of the TEAE of interest by the total time at risk for reporting the TEAE (patient-year) multiplied by 100. The time at risk was defined as the time from the first dose of erenumab to the onset of the TEAE or the end of study date. Reporting exposure-adjusted rates normalizes the rates of adverse events occurring during the DBTP and OLTP to equal exposure periods (ie, events per 100 patient-years), and thus allows for a proper comparison between the DBTP and OLTP.

Statistical analysis

Analysis was performed after all patients had completed safety follow-up at the end of the study and included patients who received at least one dose of erenumab 70 mg in the OLTP. Efficacy and safety data were tabulated by the double-blind treatment group. Efficacy endpoints were analyzed by using descriptive statistics based on observed data without imputation and were tabulated by visit. No formal testing was conducted. Patient incidence and exposure-adjusted incidence of TEAEs were tabulated by treatment group and by system organ class and preferred term. All analyses were performed using SAS System 9.4 (SAS Institute, Cary, NC, USA).

RESULTS

Patients

Of the 261 patients enrolled and randomized in the parent study (erenumab 70 mg, n = 130; placebo, n = 131), 254 (97.3%) entered the OLTP and received at least one dose of the investigational product (IP) and 244 (93.5%) completed the IP. Ten patients (3.8%) discontinued the IP for the following reasons: patient request (n = 4; 1.5%), COVID-19 control measures (n =4; 1.5%), adverse event (n = 1; 0.4%), and pregnancy (n = 1; 0.4%) (Figure S2). Overall, the mean age of patients was 44.4 years, 87% were female, and the majority (76.6%) had used or were using migraine preventive treatment at baseline (Table 1).

		(N = 261)
	Age, mean (SD), years	44.4 (8.9)
	Sex, female, n (%)	227 (87.0)
	Migraine type*, n (%)	
	EM	159 (60.9)
	СМ	102 (39.1)
	Migraine preventive treatment use, n (%)	
	Ever used (including prior and/or current users)	200 (76.6)
	Never used	61 (23.4)
	Baseline clinical characteristics of the OLTP popu	ulation (N = 254)
	MMD, mean (SE)	12.2 (0.4)
	MSMD, mean (SE)	9.4 (0.4)
	MHD, mean (SE)	13.8 (0.4)
60	*Based on actual data collected instead of randomizati	ion stratification. N = number of patients
L61	in the analysis set. n = number of patients with observe	ed data. CM, chronic migraine; EM,
L62	episodic migraine; MHD, monthly headache days; MM	D, monthly migraine days; MSMD,
L63	monthly acute migraine-specific medication treatment	days; OLTP, open-label treatment period;
64	SD, standard deviation; SE, standard error of the mean	n.
	Efficient	
105	Encacy	
L66	In the OLTP population (N = 254; EM, n = 155; CM, n	= 99), the mean (standard error of the
L67	mean [SE]) MMD at baseline was 12.2 (0.4) days (EM	, 8.3 [0.2] days; CM, 18.2 [0.4] days) and
68	the mean (SE) MSMD was 9.4 (0.4) days (EM, 6.8 [0.3	3] days; CM, 13.6 [0.6] days) (Table 1). At
.69	the end of the DBTP at week 24, the mean (SE) chang	e from baseline in MMD for the
.70	erenumab 70 mg group was –3.8 (0.4) days (EM, –3.0	[0.4] days; CM, –5.2 [0.8] days]) and –
171	1.7 (0.5) days for the placebo group; at the end of the	OLTP at week 52, the mean (SE) change
.72	was –4.7 (0.3) days (EM, –3.4 [0.3]; CM, –6.9 [0.6]) (F	igure 1, Table 2).

At the end of the DBTP at week 24, the mean (SE) change from baseline in MSMD for the
erenumab 70 mg group was -2.6 (0.4) days (EM, -2.1 [0.4]; CM, -3.4 [0.7]) and -0.7 (0.4) days
for the placebo group; at the end of the OLTP at week 52, the mean (SE) change was -3.3 (0.3)
days (EM, -2.4 [0.3] days; CM, -4.6 [0.5] days) (Figure 1, Table 2). Throughout the 28-week
OLTP, erenumab 70 mg demonstrated persistent efficacy in MMD and MSMD reduction in
patients with EM or CM.

At week 24 of the DBTP, the proportion of patients who achieved at least a 50% reduction in MMD from baseline was 34.1% with erenumab 70 mg (EM, 39.7%; CM, 25.5%) and 19.1% with placebo (Figure 2, Table 2). The response was maintained and numerically higher throughout the OLTP than it was during the DBTP. At week 36 of the OLTP, 52.8% of the patients achieved the 50% threshold for MMD reduction (EM, 58.8%; CM, 43.0%); at week 52, it was 44.4% (EM, 46.3%; CM, 41.7%). The results were similar for patients responding at the 75% threshold for MMD reduction (Figure 2).

	EM	СМ	Total
	(N = 155)	(N = 99)	(N = 254)
Change from baseline	e in MMD, mean (SE)		
-	n = 78	n = 51	n = 129
Week 24*	-3.0 (0.4)	-5.2 (0.8)	-3.8 (0.4)
	n - 152	n = 0.2	n = 246
Maak 26	11 - 155	11 - 93	11 - 240
Week 30	-3.7 (0.3)	-8.0 (0.0)	-5.3 (0.3)
	n = 147	n = 96	n = 243
Week 52	_3 4 (0 3)	_6 9 (0 6)	-47(03)
Week 52	-0.4 (0.3)	-0.9 (0.0)	
Change from baseline	e in MSMD, mean (SE)		
	n = 78	n = 51	n = 129
Week 24*	-2 1 (0 4)	-34(07)	-26(04)
WCCK 24	-2.1 (0.4)	-0.+ (0.7)	-2.0 (0.4)
	n = 153	n = 93	n = 246
Week 36	-2.8 (0.3)	-5.2 (0.5)	-3.7 (0.3)
		()	
	n = 147	n = 96	n = 243
Week 52	-2.4 (0.3)	-4.6 (0.5)	-3.3 (0.3)
		· · /	· · · ·

1					
2 3					
4		Achievement of ≥50% MMI) response, n (%)		
5 6			n = 78	n = 51	n = 129
7		Week 24*	31 (39.7)	13 (25.5)	44 (34.1)
8			n = 153	n = 93	n = 246
9 10		Week 36	90 (58.8)	40 (43.0)	130 (52.8)
11			n = 147	n = 96	n = 243
12 13		Week 52	68 (46.3)	40 (41.7)	108 (44.4)
14 15	187	Efficacy by EM and CM subgr	oups at week 24 of t	he DBTP and during t	he OLTP. *Data are
16 17	188	shown for patients in the eren	umab 70 mg group a	t week 24 of the DBT	P in the efficacy
18 19	189	analysis set. N = number of pa	atients in the open-la	bel analysis set; n = r	number of patients with
20 21	190	observed data. CM, chronic m	nigraine; DBTP, doub	le-blind treatment per	riod; EM, episodic
22 23	191	migraine; MMD, monthly migr	aine days; MSMD, m	onthly acute migraine	e-specific medication
24 25	192	treatment days; OLTP, open-I	abel treatment period	d; SE, standard error	of the mean.
26 27 28 29	193				
30 31	194	Safety			
32 33	195	The mean (standard deviation	a) exposure to erenur	mab 70 mg during the	OLTP was 192.6 (20.0)
34 35	196	days (total exposure to open-l	abel treatment, 133.	9 patient-years). The	majority of patients
36 37 38	197	(92.1%) received all seven do	ses of erenumab 70	mg during the OLTP.	
39 40	198	During the OLTP, the incidence	ce of TEAEs was 71.	3% (181/254) (Table)	3). The exposure-
41 42	199	adjusted incidence of TEAEs	during the OLTP was	s 219.7 per 100 patier	nt-years, which is similar
43 44	200	to that in the erenumab group	(251.0 per 100 patie	ent-years) and in the p	lacebo group (197.7 per
45 46	201	100 patient-years) during the	DBTP. The majority	of patients (62.2% [15	8/254]) experienced
47 48	202	TEAEs of grade 2 or less. The	e most common (≥5 p	per 100 patient-years)	TEAEs reported with
49 50	203	erenumab (OLTP vs DBTP) w	vere nasopharyngitis	(32.8 vs 67.2 per 100	patient-years),
51 52 53	204	constipation (7.8 vs 10.3 per 1	100 patient-years), in	fluenza (6.6 vs 1.7 pe	er 100 patient-years),
55 55	205	gastroenteritis (6.5 vs 6.8 per	100 patient-years), a	and urticaria (5.9 vs 1.	7 per 100 patient-
56 57	206	years). Seven patients (2.8%)	reported serious ad	verse events with ere	numab during the OLTP,
58					10
59 60		For peer review	only - http://bmjopen.br	nj.com/site/about/guidel	ines.xhtml

3 4	207	corresponding to an exposure-adjusted rate of 4.1 per 100 patient-years, which is similar to the
5 6	208	rate reported during the DBTP in each treatment group (3.4 per 100 patient-years). During the
7 8	209	OLTP, one patient with a serious adverse event discontinued treatment because of a grade 3
9 10	210	serious adverse event of drug eruption, which was considered by the investigator to be
11 12	211	unrelated to erenumab treatment. No deaths were reported during the study. No clinically
13 14 15	212	significant changes in laboratory values or vital signs were observed throughout the OLTP.
16 17	213	Of the 254 patients in the OLTP, nine (3.5%) developed anti-erenumab binding antibodies for
18 19	214	the first time (negative or no result before the first OLTP dose), which is consistent with that
20 21	215	observed during the DBTP (5.4%) (Table 3). Of the nine patients who were positive for binding
22 23	216	antibodies during the OLTP, six received placebo during the DBTP and three received
24 25 26	217	erenumab during the DBTP and the OLTP. During the entire study, 16 patients (6.3%)
20 27 28	218	developed anti-erenumab binding antibodies after erenumab treatment, of which 6 (37.5%) had
29 30	219	transient antibodies (negative result at the last assessment). No patients developed anti-
31 32	220	erenumab neutralizing antibodies.
33		

Placebo

(N = 131)

78 (59.5) [197.7]

67 (51.1) [159.2]

2 (1.5) [3.4]

2 (1.5) [3.4]

0 (0.0) [0.0]

0 (0.0) [0.0]

37 (28.2) [74.4]

1 (0.8) [1.7]

Table 3. Safety results during the DBTP and OLTP

All TEAEs, n (%) [r]

Grade ≥2

Grade ≥3

Serious AEs

Leading to IP

Fatal AEs

discontinuation

Nasopharyngitis

Constipation

Most common TEAEs, n (%) [r]*

34	
35	

221

1 2

3	6
3	7

37	
38	
39	

40 41

42

43 44

45 46

47

48 49

50 51 52 DBTP

Erenumab 70 mg

(N = 130)

86 (66.2) [251.0]

72 (55.4) [180.6]

4 (3.1) [6.8]

2 (1.5) [3.4]

0 (0.0) [0.0]

0 (0.0) [0.0]

35 (26.9) [67.2]

6 (4.6) [10.3]

11

OLTP

Total

(N = 254)

181 (71.3) [219.7]

158 (62.2) [159.9]

12 (4.7) [7.1]

7 (2.8) [4.1]

1 (0.4) [0.6]

0 (0.0) [0.0]

49 (19.3) [32.8]

13 (5.1) [7.8]

BMJ Open

2						
3		Influenza	2 (1.5) [3.4]	1 (0.8) [1.7]	11 (4.3) [6.6]	
4 5		Gastroenteritis	4 (3.1) [6.7]	4 (3.1) [6.8]	11 (4.3) [6.5]	
6		Urticaria	0 (0.0) [0.0]	1 (0.8) [1.7]	10 (3.9) [5.9]	
7 8						
9		Developed anti-erenumab ant	tibodies, n (%)			
10		Developed binding		n' = 129	n' = 254	
11 12		anti-erenumab antibodies	NA	7 (5.4)	9 (3.5)	
13		Transient ⁺	NA	2 (28.6)	4 (44.4)	
14 15		Developed neutralizing				
16		anti-erenumab antibodies	NA	NA	NA	
17 18	222	*Exposure-adjusted rates of TE	EAEs of at least 5 per	100 patient-years dur	ing the OLTP. ⁺ A	
19 20 21	223	negative result was reported at	t the patient's last tim	e point within the study	y period. N = number	
22	224	of patients in the analysis set;	n = number of patient	s with at least one occ	urrence of a TEAE or	
23 24 25	225	number of patients who developed anti-erenumab antibodies; n' = patients with a postbaseline				
26 27	226	result during the DBTP or OLTP; r = exposure-adjusted patient incidence rate per 100 patient-				
28 29	227	years. AE, adverse event; DBTP, double-blind treatment period; IP, investigational product; NA,				
 and applicable; OLTP, open-label treatment period; TEAE, treatment-emerge bit control in the second se				gent adverse event.		
32 33 34	229	DISCUSSION				
35 36	230	The results of this 28-week OL	TP study of erenuma	b 70 mg in Japanese p	patients with EM or	
37 38	231	CM demonstrated a persistence of efficacy for up to 1 year and a safety profile similar to that				
39 40	232	reported during the DBTP. From	m week 24 of the DB	TP to the end of the O	LTP at week 52, the	
41 42 42	233	reduction from baseline in MMD and MSMD, and the proportion of ≥50% and ≥75% responders				
 43 44 234 in MMD reduction were maintained. 45 						
46 47	235	The incidence and exposure-a	djusted incidence of 1	TEAEs during the OLT	P were consistent	
48 49 50	236	with those from the DBTP and	previous studies,[18,	20,21] except for influe	enza and urticaria,	
50 51 52	237	which were numerically higher during the OLTP than they were during the DBTP. Furthermore,				
53 54	238	although the exposure-adjuste	d rates of constipation	n during the OLTP (7.8	3 per 100 patient-	
55 56 57	239	years) were consistent with the	ose during the DBTP	(10.0 per 100 patient-y	vears), they were	

3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	
22	
23	
24	
25	
26	
27	
28	
29	
30	
31	
32	
33 24	
34 25	
22	
20 27	
20	
20	
<u>79</u>	
40 //1	
<u>4</u> 2	
42 43	
44	
45	
46	
47	
48	
49	
50	
51	
52	
53	
54	
55	
56	
57	
58	
59	
60	

1 2

higher than those reported during the OLTP of the phase 2 study in Japanese patients with EM
(2.6 per 100 patient-years).[21] In addition, no new safety concerns regarding clinically relevant
changes in laboratory assessments and vital signs were identified throughout the OLTP. The
high proportion of patients completing erenumab treatment reflects the excellent tolerability and
sustained efficacy. The high retention rate prevents the bias that may be seen in open-label
extension studies where patients may drop out for diminished efficacy, thus skewing the efficacy
results over time.

This study represents the longest follow-up experience with erenumab in Japanese patients with CM and shows long-term efficacy and safety that are comparable to that seen in a global longterm study of erenumab in patients with CM.[24] In the global study, the reduction in MMD and MSMD after 52 weeks for the erenumab 70 mg group was –7.8 days and –5.8 days, respectively; 47.4% of the patients achieved at least a 50% reduction from baseline in MMD. Nonetheless, these data support long-term treatment with erenumab in Japanese patients with EM and CM.

254 CONCLUSION

255 Erenumab demonstrated a persistence of efficacy for up to 1 year in Japanese patients with EM
 256 or CM and had a safety profile similar to that observed in the DBTP. No new safety signals were
 257 identified during the OLTP.

258 **Ethics Approval**

This study involved human patients and was approved by ethics committees and institutional
 review boards listed in the supplementary appendix (Table S1).

261 Acknowledgments

Erenumab is codeveloped by Amgen and Novartis. The authors thank the patients and all the investigators who participated in this study. Medical writing support was provided by Qais Al-

1 ว		
2 3 4	264	Hadid, PhD (Amgen). Editorial support was provided by Sangeeta P.C. (Cactus
5 6 7	265	Communications).
7 8 9	266	Author contributions
10 11	267	SC and GPL contributed to the conception and design of the study and acquired the data. All
12	268	authors analyzed and interpreted the data. All authors drafted the manuscript and critically
14 15 16	269	reviewed and revised the manuscript for intellectual content. All authors provided final approval
17 18	270	of the version to be published.
19 20 21	271	Conflict of Interest Statement
22 23	272	KH reports royalties from Amgen, Astellas, Daiichi Sankyo, Eisai, Merck Sharp & Dohme, and
24 25	273	Pfizer. TT has nothing to disclose. FS reports consulting fees from Amgen. RY, RK, MH, DY,
26 27 28	274	GPL, and SC are employees of and own stock in Amgen. YN owns stock in Amgen.
29 30 31	275	Institutional review board approval
32 33	276	The Institutional review boards at each study center (Table S1) approved the study protocol,
34 35 36	277	informed consent forms, and any materials provided to the patients.
37 38	278	Data availability statement
39 40 41	279	Qualified researchers may request data from Amgen clinical studies. Complete details are
42 43	280	available at the following: https://wwwext.amgen.com/science/clinical-trials/clinical-data-
44 45 46	281	transparency-practices/clinical-trial-data-sharing-request.
46 47 48	282	Funding: This study was funded by Amgen. No grants or awards were used for funding of this
49 50	283	study.
51 52 53	284	
54 55		
56		
57 58		14
59 60		For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml

1

59

2 3 4 5	285 286	REFERENCES
7 8	287	1. Lipton RB, Bigal ME, Diamond M, et al. Migraine prevalence, disease burden, and the need
9 10	288	for preventive therapy. <i>Neurology</i> 2007;68(5):343-9.
11 12	289	2. Stovner L, Hagen K, Jensen R, et al. The global burden of headache: a documentation of
13 14	290	headache prevalence and disability worldwide. Cephalalgia 2007;27(3):193-210.
15 16	291	3. Agosti R. Migraine Burden of Disease: From the Patient's Experience to a Socio-Economic
17 18	292	View. Headache 2018;58 Suppl 1:17-32.
19 20	293	4. Sakai F, Igarashi H. Prevalence of migraine in Japan: a nationwide survey. Cephalalgia
21 22	294	1997;17(1):15-22.
23 24 25	295	5. Takeshima T, Ishizaki K, Fukuhara Y, et al. Population-based door-to-door survey of migraine
25 26 27	296	in Japan: the Daisen study. <i>Headache</i> 2004;44(1):8-19.
27 28 29	297	6. Hirata K, Ueda K, Komori M, et al. Comprehensive population-based survey of migraine in
30 31	298	Japan: results of the ObserVational Survey of the Epidemiology, tReatment, and Care Of
32 33	299	MigrainE (OVERCOME [Japan]) study. Curr Med Res Opin 2021;37(11):1945-55.
34 35	300	7. Kikui S, Chen Y, Todaka H, et al. Burden of migraine among Japanese patients: a cross-
36 37	301	sectional National Health and Wellness Survey. J Headache Pain 2020;21(1):110.
38 39	302	8. Meyers JL, Davis KL, Lenz RA, et al. Treatment patterns and characteristics of patients with
40 41	303	migraine in Japan: A retrospective analysis of health insurance claims data. Cephalalgia
42 43	304	2019;39(12):1518-34.
44 45 46	305	9. Blumenfeld AM, Bloudek LM, Becker WJ, et al. Patterns of use and reasons for
40 47 48	306	discontinuation of prophylactic medications for episodic migraine and chronic migraine:
49 50	307	results from the second international burden of migraine study (IBMS-II). Headache
51 52	308	2013;53(4):644-55.
53 54	309	10. Hepp Z, Bloudek LM, Varon SF. Systematic review of migraine prophylaxis adherence and
55 56	310	persistence. J Manag Care Pharm 2014;20(1):22-33.
57 58		15

1 2		
3 4	311	11. Hepp Z, Dodick DW, Varon SF, et al. Adherence to oral migraine-preventive medications
5 6	312	among patients with chronic migraine. Cephalalgia 2015;35(6):478-88.
7 8	313	12. Aimovig (erenumab-aooe). Full Prescribing Information, Amgen, Inc., Thousand Oaks, CA,
9 10	314	2020.
11 12	315	13. Aimovig (erenumab). Summary of Product Characteristics. Dublin, Ireland: Novartis
13 14	316	Europharm Limited; 2018.
15 16	317	14. Sun H, Dodick DW, Silberstein S, et al. Safety and efficacy of AMG 334 for prevention of
17 18	318	episodic migraine: a randomised, double-blind, placebo-controlled, phase 2 trial. Lancet
19 20 21	319	Neurol 2016;15(4):382-90.
21 22 23	320	15. Tepper S, Ashina M, Reuter U, et al. Safety and efficacy of erenumab for preventive
23 24 25	321	treatment of chronic migraine: a randomised, double-blind, placebo-controlled phase 2
26 27	322	trial. <i>Lancet Neurol</i> 2017;16(6):425-34.
27 28 29	323	16. Goadsby PJ, Reuter U, Hallstrom Y, et al. A Controlled Trial of Erenumab for Episodic
30 31	324	Migraine. N Engl J Med 2017;377(22):2123-32.
32 33	325	17. Dodick DW, Ashina M, Brandes JL, et al. ARISE: A Phase 3 randomized trial of erenumab
34 35	326	for episodic migraine. Cephalalgia 2018;38(6):1026-37.
36 37	327	18. Ashina M, Goadsby PJ, Reuter U, et al. Long-term efficacy and safety of erenumab in
38 39 40	328	migraine prevention: Results from a 5-year, open-label treatment phase of a randomized
40 41 42	329	clinical trial. <i>Eur J Neurol</i> 2021;28(5):1716-25.
43 44	330	19. Sakai F, Takeshima T, Tatsuoka Y, et al. A Randomized Phase 2 Study of Erenumab for the
45 46	331	Prevention of Episodic Migraine in Japanese Adults. <i>Headache</i> 2019;59(10):1731-42.
47 48	332	20. Takeshima T, Sakai F, Hirata K, et al. Erenumab treatment for migraine prevention in
49 50	333	Japanese patients: Efficacy and safety results from a Phase 3, randomized, double-
51 52	334	blind, placebo-controlled study. <i>Headache</i> 2021;61(6):927-35.
53 54		
55 56		
57 58		16
59 60		For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml

3 4	335	21. Sakai F, Takeshima T, Tatsuoka Y, et al. Long-term efficacy and safety during open-label
5 6	336	erenumab treatment in Japanese patients with episodic migraine. Headache
7 8	337	2021;61(4):653-61.
9 10	338	22. Tassorelli C, Diener HC, Dodick DW, et al. Guidelines of the International Headache Society
11 12	339	for controlled trials of preventive treatment of chronic migraine in adults. Cephalalgia
13 14	340	2018;38(5):815-32.
15 16	341	23. Tfelt-Hansen P, Pascual J, Ramadan N, et al. Guidelines for controlled trials of drugs in
17 18 10	342	migraine: third edition. A guide for investigators. Cephalalgia 2012;32(1):6-38.
19 20 21	343	24. Tepper SJ, Ashina M, Reuter U, et al. Long-term safety and efficacy of erenumab in patients
22 23	344	with chronic migraine: Results from a 52-week, open-label extension study. Cephalalgia
24 25	345	2020;40(6):543-53.
26 27	346	
28 29	510	
30 31	347	
32		
33 34		
35 36		
37 38		
39 40		
40 41		
42 43		
44		
45 46		
47		
48 49		
50		
51		
52 53		
54		
55		
56		
57 58		17
59		17
60		For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml

3 4	348	Figure 1. Change in (A) MMD and (B) MSMD from baseline. The mean (SE) change from
- 5 6	349	baseline in MMD and MSMD during the DBTP and OLTP is shown for the treatment groups. For
7 8	350	the OLTP, data are shown for the total population. The dotted line indicates that patients in the
9 10	351	placebo group during the DBTP received erenumab 70 mg during the OLTP starting at week 24.
11 12	352	*The number of patients in the efficacy analysis set during the DBTP. Error bars represent SE. n
13 14	353	= number of patients with observed data. DBTP, double-blind treatment period; MMD, monthly
15 16	354	migraine days; MSMD, monthly acute migraine-specific medication treatment days; OLTP,
17 18 19	355	open-label treatment period; SE, standard error of the mean.
20 21	356	Figure 2. Patients achieving a (A) \geq 50% and (B) \geq 75% reduction in MMD from baseline. For the
22 23	357	OLTP, data are shown for the total population. The dotted line indicates that patients in the
24 25 26	358	placebo group during the DBTP received erenumab 70 mg during the OLTP starting at week 24.
26 27 28	359	*The number of patients in the efficacy analysis set during the DBTP. n = number of patients
20 29 30	360	with observed data. DBTP, double-blind treatment period; MMD, monthly migraine days; OLTP,
31 32	361	open-label treatment period.
33 34 25	362	
35 36		
37 38		
39 40		
41 42		
43 44		
45 46		
47		
48 49		
50		
51 52		
52 53		
54		
55		
56		
57 50		
50 59		18
60		For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml





SUPPLEMENTARY APPENDIX

Table of Contents

Figure S1 – Study Design	2
Figure S2 – Patient Disposition	3
Table S1 – Ethics Committees/IRBs	4

to occurrence on the second



Figure S2



Table S1

Study	Site			
Number	Number	Site Name	IRB/IEC Name	IRB/IEC Address
20170609	34001	Saitama Neuropsychiatric Institute	Saitama Medical University Hospital Institutional Review Board	38 Moroyamamachi Morohongo, Iruma-gun, Saitama, 350-0495, Japan
20170609	34002	Fukuuchi Pain Clinic	Tokyo-Eki Center-Building Clinic Institutional Review Board	3-3-14 Nihombashi, Chuo- ku, Tokyo, 103-0027, Japan
20170609	34003	Kumamoto City Hospital	Kumamoto City Hospital Institutional Review Board	4-1-60 Higashimachi Higashi-ku, Kumamoto- shi, Kumamoto, 862-8505, Japan
20170609	34005	Dokkyo Medical University Hospital	Dokkyo Medical University Hospital Institutional Review Board	880 Kitakobayashi Mibumachi, Shimotsuga- gun, Tochigi, 321-0293, Japan
20170609	34006	Iwate Medical University Uchimaru Medical Center	Iwate Medical University Hospital Institutional Review Board	19-1 Uchimaru, Morioka- shi, Iwate, 020-8505, Japan
20170609	34007	Niwa Family Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minami-ku Yokohama-shi, Kanagawa 232-0064, Japan
20170609	34008	Osoegawa Neurology Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minami-ku Yokohama-shi, Kanagawa 232-0064, Japan
20170609	34009	Tanaka Neurosurgical Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minami-ku, Yokohama-shi, Kanagawa, 232-0064, Japan
20170609	34010	Tokyo Headache Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minami-ku, Yokohama-shi, Kanagawa, 232-0064, Japan

20170609	34011	Fujitsu Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minam Yokohama-shi, Kanaga 232-0064, Japan
20170609	34012	Sendai Headache and Neurology Clinic	Goshozuka Clinic Institutional Review Board	1-21-4 Goshozuka Miyamae-ku, Kawasak shi, Kanagawa, 216-00 Japan
20170609	34013	Nagamitsu Clinic	Goshozuka Clinic Institutional Review Board	1-21-4 Goshozuka Miyamae-ku, Kawasak shi, Kanagawa, 216-00 Japan
20170609	34014	Nagaseki Headache Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minam Yokohama-shi, Kanaga 232-0064, Japan
20170609	34015	Negoro Neurology Clinic	Goshozuka Clinic Institutional Review Board	1-21-4 Goshozuka Miyamae-ku, Kawasak shi, Kanagawa, 216-00 Japan
20170609	34016	Saino Clinic	Goshozuka Clinic Institutional Review Board	1-21-4 Goshozuka Miyamae-ku, Kawasak shi, Kanagawa, 216-00 Japan
20170609	34017	St Marianna University School of Medicine Hospital	St Marianna University Group Institutional Review Board	2-16-1 Sugao Miyamae ku, Kawasaki-shi, Kanagawa, 216-8511, Japan
20170609	34018	Sakura Clinic	Goshozuka Clinic 🥪 Institutional Review Board	1-21-4 Goshozuka Miyamae-ku, Kawasak shi, Kanagawa, 216-00 Japan
20170609	34019	Tatsuoka Neurology Clinic	Tatsuoka Neurology Clinic Institutional Review Board	35-3 Chudojibojyocho Shimogyo-ku, Kyoto-sh Kyoto, 600-8811, Japa
20170609	34020	Kitasato University Kitasato Institute Hospital	The IRB of Kitasato University Shirokane Campus	5-9-1 Shirokane, Minat ku, Tokyo, 108-8642, Japan

20170609	34021	Tokai University Hachioji Hospital	Tokai University Hospitals Institutional Review Board	1-2-5 Yoyogi, Shibuya-k Tokyo, 151-0053, Japan
		1		
		For peer review only - http://hm	ionen hmi com/site/about/quide	lines vhtml

20170609	34021	Tokai University Hachioji Hospital	Tokai University Hospitals Institutional Review Board	143 Shimokasuya, Isehara- shi, Kanagawa, 259-1193, Japan
20170609	34021	Tokai University Hachioji Hospital	Tokai University Hospitals Institutional Review Board	21-1 Gakkyo Oiso-machi, Naka-gun, Kanagawa, 259- 0198, Japan
20170609	34021	Tokai University Hachioji Hospital	Tokai University Hospitals Institutional Review Board	1838 Ishikawamachi, Hachioji-shi, Tokyo, 192- 0032, Japan
20170609	34022	Takase Internal Medicine Clinic	Goshozuka Clinic Institutional Review Board	1-21-4 Goshozuka Miyamae-ku, Kawasaki- shi, Kanagawa, 216-0021, Japan
20170609	34023	Tominaga Hospital	Tominaga Hospital Institutional Review Board	1-4-48 Minatomachi Naniwa-ku, Osaka-shi, Osaka, 556-0017, Japan
20170609	34024	Konan Medical Center	Konan Medical Center IRB	1-5-16 Kamokogahara Higashinada-ku, Kobe-shi, Hyogo, 658-0064, Japan
20170609	34025	Japanese Red Cross Shizuoka Hospital	Japanese Red Cross Shizuoka Hospital IRB	8-2 Otemachi Aoi-ku, Shizuoka-shi, Shizuoka, 420-0853, Japan

Page 29 of 34

20170609	34026	Nakamura Memorial Hospital	Nakamura Memorial Hospital Nakamura Memorial Hospital Institutional Review Board	14-291 Minami 1-jo Nishi, Chuo-ku, Sapporo-shi, Hokkaido, 060-8570, Japan
20170609	34027	Saitama Medical University Hospital	Saitama Medical University Hospital Institutional Review Board	38 Moroyamamachi Morohongo, Iruma-gun, Saitama, 350-0495, Japan
20170609	34028	Sakuragi Headache Clinic	Saga Memorial Hospital Institutional Review Board	1240-1 Nagase Takakise- machi, Saga-shi, Saga, 849-0917, Japan
20170609	34029	Sapporo Isobe Headache and Memory Clinic	Sapporo Medical Associations Institutional Review Board	19-1-1 Odorinishi Chuo- ku, Sapporo-shi, Hokkaido, 060-8581, Japan
20170609	34030	Kokubu Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minami- ku, Yokohama-shi, Kanagawa, 232-0064, Japan
20170609	34031	Umenotsuji Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minami- ku, Yokohama-shi, Kanagawa, 232-0064, Japan
20170609	34032	Sanno Clinic Shinagawa	Shinagawa East One Medical Clinic Institutional Review Board	2-16-1 Kounan, Shinagawa East One 3F, Minato-ku, Tokyo, 108- 0075, Japan

1	
2	
3	
4	
5	
6	
/	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
17	
18	
19	
20	
21	
22	
23	
24	
25	
26	
27	
28	
29	
30	
21	
21	
32	
33	
34	
35	
36	
37	
38	
39	
40	
41	
42	
43	
44	
45	
75 76	
40	
4/	

20170609	34033	Ooba Clinic for Neurosurgery and Headache	Nihonbashi Sakura Clinic Institutional Review Board	1-9-2 Nihonbashikayabacho, Inamura Building 5F, Chuo- ku, Tokyo, 103- 0025, Japan
20170609	34034	Doi Internal Medicine Neurology	Goshozuka Clinic Institutional Review Board	1-21-4 Goshozuka Miyamae-ku, Kawasaki- shi, Kanagawa, 216- 0021, Japan
20170609	34035	Ikeda Neurosurgical Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minami- ku, Yokohama-shi, Kanagawa, 232-0064, Japan
20170609	34036	Jinnouchi Neurosurgery Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minami- ku, Yokohama-shi, Kanagawa, 232-0064, Japan
20170609	34037	Kijima Neurosurgery Clinic	Goshozuka Clinic Institutional Review Board	1-21-4 Goshozuka Miyamae-ku, Kawasaki- shi, Kanagawa, 216- 0021, Japan
20170609	34038	Medical Corporation Yufukai Shimoda Neurology Clinic	Goshozuka Clinic Institutional Review Board	1-21-4 Goshozuka Miyamae-ku, Kawasaki- shi, Kanagawa, 216- 0021, Japan

20170609	34039	Medical Corporation Seikokai Takanoko Hospital	Medical Corporation Seikokai Takanoko Hospital Institutional Review Board	525-1 Takanokomachi, Matsuyama-shi, Ehime, 790-0925, Japan
20170609	34040	Medical Corporation Inoue Neurology Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minami- ku, Yokohama-shi, Kanagawa, 232-0064, Japan
20170609	34041	Sakuma Neurological Clinic	Goshozuka Clinic Institutional Review Board	1-21-4 Goshozuka Miyamae-ku, Kawasaki- shi, Kanagawa, 216- 0021, Japan
20170609	34042	Higashi Sapporo Neurology and Neurosurgery Clinic	Nihonbashi Sakura Clinic Institutional Review Board	1-9-2 Nihonbashikayabacho, Inamura Building 5F, Chuo- ku, Tokyo, 103- 0025, Japan
				only



2 3

CONSORT 2010 checklist of information to include when reporting a randomised trial*

Section/Topic	ltem No	Checklist item	Reported on page N
Title and abstract			
	1a	Identification as a randomised trial in the title	1
	1b	Structured summary of trial design, methods, results, and conclusions (for specific guidance see CONSORT for abstracts)	2,3
ntroduction			
Background and	2a	Scientific background and explanation of rationale	4
objectives	2b	Specific objectives or hypotheses	4
Methods			
Trial design	3a	Description of trial design (such as parallel, factorial) including allocation ratio	5
-	3b	Important changes to methods after trial commencement (such as eligibility criteria), with reasons	NA
Participants	4a	Eligibility criteria for participants	5,6
	4b	Settings and locations where the data were collected	5
nterventions	5	The interventions for each group with sufficient details to allow replication, including how and when they were	
		actually administered	5
Outcomes	6a	Completely defined pre-specified primary and secondary outcome measures, including how and when they	
		were assessed	6
	6b	Any changes to trial outcomes after the trial commenced, with reasons	NA
Sample size	7a	How sample size was determined	NA; sample
			size was
			based on tl
			number of
			patients wh
			completed
			DBTP and
			received at
			dose of
			erenumab

1				mg in the
2		7h	When applicable, explanation of any interim analyses and stepping guidelines	
4	Pandomisation:	70	when applicable, explanation of any interim analyses and stopping guidelines	
5	Sequence	8a	Method used to generate the random allocation sequence	5
6 7	generation	8b	Type of randomisation: details of any restriction (such as blocking and block size)	NA
, 8 9 10	Allocation concealment	9	Mechanism used to implement the random allocation sequence (such as sequentially numbered containers), describing any steps taken to conceal the sequence until interventions were assigned	
11		40	When approximated the readers ellectric approximate such a section such a section and when approximate to	
12 13	Implementation	10	interventions	5
14 15	Blinding	11a	If done, who was blinded after assignment to interventions (for example, participants, care providers, those assessing outcomes) and how	NA
16 17		11h	If relevant, description of the similarity of interventions	NA: this is a
18		110		single-arm
19				onen label
20				extension
21 22	Statistical methods	122	Statistical methods used to compare groups for primary and secondary outcomes	7
23		12a 12b	Methods for additional analyses, such as subgroup analyses and adjusted analyses	
24		120	Methods for additional analyses, such as subgroup analyses and adjusted analyses	
25	Results			
26 27	Participant flow (a	13a	For each group, the numbers of participants who were randomly assigned, received intended treatment, and	
28	diagram is strongly		were analysed for the primary outcome	7, Figure S2
29	recommended)	13b	For each group, losses and exclusions after randomisation, together with reasons	7, Figure S2
30	Recruitment	14a	Dates defining the periods of recruitment and follow-up	5
31 22		14b	Why the trial ended or was stopped	5
32 33	Baseline data	15	A table showing baseline demographic and clinical characteristics for each group	8
34 35	Numbers analysed	16	For each group, number of participants (denominator) included in each analysis and whether the analysis was	8
36	Outcomes and	175	For each primary and secondary outcome, results for each group, and the estimated effect size and its	<u> </u>
37		1/a	provision (such as 0.5% confidence interval)	9.0 Eiguro 1
38	estimation			6,9, Figure 1,
39 40		176	For binary autoeman, presentation of both absolute and relative offect sizes is recommanded	
41	Appillant applyant	1/0	Poi binary outcomes, presentation of both absolute and relative effect sizes is recommended	
42		١ŏ	Results of any other analyses performed, including subgroup analyses and adjusted analyses, distinguishing	
43	CONSORT 2010 checklist		For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	Page 2
44 45				
46				

1			pre-specified from exploratory	NA
2	Harms	19	All important harms or unintended effects in each group (for specific guidance see CONSORT for harms)	10-12
3	Discussion			
4	Limitations	20	Trial limitations, addressing sources of potential bias, imprecision, and, if relevant, multiplicity of analyses	3
5 6	Generalisability	21	Generalisability (external validity, applicability) of the trial findings	12-13
7	Interpretation	22	Interpretation consistent with results, balancing benefits and harms, and considering other relevant evidence	13
8	Other information			
9 10	Registration	23	Registration number and name of trial registry	3
11	Protocol	24	Where the full trial protocol can be accessed, if available	Protocol will
12 13				be provided
14				during
15				submission
16 17	Funding	25	Sources of funding and other support (such as supply of drugs), role of funders	3
23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41				
42 43	CONSORT 2010 checklist		For peer review only - http://bmionen.hmi.com/site/about/quidalings.yhtml	Page 3
44 45			for peer review only - http://binjopen.binj.com/site/about/guidennes.xittmi	
Items to include when reporting a randomized trial in a journal or conference abstract

BMJ Open

Long-term efficacy and safety of erenumab in Japanese patients with episodic and chronic migraine: Results from a 28-week open-label treatment period of a randomized trial

Journal:	BMJ Open
Manuscript ID	bmjopen-2022-068616.R1
Article Type:	Original research
Date Submitted by the Author:	30-Jun-2023
Complete List of Authors:	Hirata, Koichi; Dokkyo Ika Daigaku, Department of Neurology Takeshima, Takao ; Tominaga Hospital, Headache Center, Department of Neurology Sakai, Fumihiko ; Saitama Neuropsychiatric Institute, Saitama International Headache Center Numachi, Yotaro ; Amgen KK, Research & Development Yoshida, Ryuji ; Amgen KK, Research & Development Koukakis, Reija ; Amgen Ltd Uxbridge, Biostatistics Hasebe, Miki; Amgen KK, Research & Development Yui, Daishi ; Amgen KK, Research & Development da Silva Lima, Gabriel Paiva ; Amgen Inc, Global Development Cheng, Sunfa; Amgen Inc, Global Development
Primary Subject Heading :	Neurology
Secondary Subject Heading:	Neurology, Pharmacology and therapeutics
Keywords:	NEUROLOGY, Adult neurology < NEUROLOGY, Migraine < NEUROLOGY, Neurological pain < NEUROLOGY, Clinical trials < THERAPEUTICS
	·

SCHOLARONE[™] Manuscripts



I, the Submitting Author has the right to grant and does grant on behalf of all authors of the Work (as defined in the below author licence), an exclusive licence and/or a non-exclusive licence for contributions from authors who are: i) UK Crown employees; ii) where BMJ has agreed a CC-BY licence shall apply, and/or iii) in accordance with the terms applicable for US Federal Government officers or employees acting as part of their official duties; on a worldwide, perpetual, irrevocable, royalty-free basis to BMJ Publishing Group Ltd ("BMJ") its licensees and where the relevant Journal is co-owned by BMJ to the co-owners of the Journal, to publish the Work in this journal and any other BMJ products and to exploit all rights, as set out in our <u>licence</u>.

The Submitting Author accepts and understands that any supply made under these terms is made by BMJ to the Submitting Author unless you are acting as an employee on behalf of your employer or a postgraduate student of an affiliated institution which is paying any applicable article publishing charge ("APC") for Open Access articles. Where the Submitting Author wishes to make the Work available on an Open Access basis (and intends to pay the relevant APC), the terms of reuse of such Open Access shall be governed by a Creative Commons licence – details of these licences and which <u>Creative Commons</u> licence will apply to this Work are set out in our licence referred to above.

Other than as permitted in any relevant BMJ Author's Self Archiving Policies, I confirm this Work has not been accepted for publication elsewhere, is not being considered for publication elsewhere and does not duplicate material already published. I confirm all authors consent to publication of this Work and authorise the granting of this licence.

reliez oni

For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml

1	
2	
3	
4	
5	
6	
7	
/	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
20	
21	
22	
23	
24	
25	
26	
27	
28	
29	
30	
31	
27	
5Z	
33	
34	
35	
36	
37	
38	
39	
40	
41	
12	
42	
45	
44	
45	
46	
47	
48	
49	
50	
51	
52	
52	
57	
54 57	
22	
56	
57	
58	
59	
60	

1	Long-term efficacy and safety of erenumab in Japanese patients with episodic and
2	chronic migraine: Results from a 28-week open-label treatment period of a randomized
3	trial
4	
5	Koichi Hirata, MD, PhD, ¹ Takao Takeshima, MD, PhD, ² Fumihiko Sakai, MD, PhD, ³ Yotaro
6	Numachi, MD, PhD, ⁴ Ryuji Yoshida, PhD, ⁴ Reija Koukakis, ⁵ Miki Hasebe, PhD, ⁴ Daishi Yui,
7	PhD, ^₄ Gabriel Paiva da Silva Lima, MD, ⁶ Sunfa Cheng, MD ⁶
8	¹ Department of Neurology, Dokkyo Medical University, Tochigi, Japan
9	² Headache Center, Department of Neurology, Tominaga Hospital, Osaka, Japan
10	³ Saitama International Headache Center, Saitama, Japan
11	^₄ Research & Development, Amgen K.K., Tokyo, Japan
12	⁵ Biostatistics, Amgen Inc., Uxbridge, UK
13	⁶ Global Development, Amgen Inc., Thousand Oaks, California, USA
14	Correspondence:
15	Sunfa Cheng, Global Development, Amgen Inc., 1 Amgen Center Drive, Thousand Oaks,
16	California 91320, USA. Email: sunfac@amgen.com
17	Keywords: Erenumab, CGRP, Episodic migraine, Chronic migraine, Japanese patients
18	Article type: Original Research
19	Word Count: 2511 (limit 4000)
20	

1 2		
2 3 4 5	22 23	ABSTRACT
6 7	24	Objectives: To evaluate the 1-year efficacy and safety of once-monthly erenumab 70 mg
8 9	25	following a 24-week double-blind treatment period (DBTP) of a phase 3 randomized study of
10 11 12	26	Japanese patients with episodic migraine (EM) or chronic migraine (CM).
13 14	27	Design: Multicenter open-label study.
15 16 17	28	Setting: A total of 41 centers in Japan.
18 19	29	Participants: Patients completing the DBTP continued into the 28-week open-label treatment
20 21	30	period (OLTP). 254 of 261 (97.3%) randomized patients continued into the OLTP; 244 (93.5%)
22 23 24	31	completed treatment.
25 26 27	32	Interventions: Once monthly subcutaneous erenumab 70 mg.
28 29	33	Main Outcome measures: Changes from baseline in monthly migraine days (MMD) and
30 31	34	monthly acute migraine-specific medication treatment days (MSMD) reported via patient eDiary;
32 33	35	proportion of ≥50% and ≥75% responders in MMD reduction from baseline; incidence and
34 35 36	36	exposure-adjusted incidence of treatment-emergent adverse events (TEAEs).
37 38	37	Results: At week 24 of the DBTP, the mean (SE) change from baseline in MMD for the
39 40	38	erenumab group was -3.8 (0.4) days (EM, -3.0 [0.4]; CM, -5.2 [0.8]); in MSMD, -2.6 (0.4) days
41 42	39	(EM, -2.1 [0.4]; CM, -3.4 [0.7]). At the end of the OLTP (52 weeks postbaseline), the mean
43 44	40	(SE) change from baseline in MMD was -4.7 (0.3) days (EM, -3.4 [0.3]; CM, -6.9 [0.6]); in
45 46 47	41	MSMD, –3.3 (0.3) days (EM, –2.4 [0.3]; CM, –4.6 [0.5]). The proportion of ≥50% responders for
47 48 49	42	MMD reduction in the erenumab group was 34.1% at week 24; 44.4% at week 52. The
50 51	43	exposure-adjusted incidence of TEAEs was 219.7 per 100 patient-years during the OLTP
52 53	44	(DBTP, 251.0 for the erenumab group). The most common TEAEs during the OLTP were
54 55 56	45	nasopharyngitis, constipation, and influenza. No new safety concerns were identified.
57 58		2
59 60		For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml

46	Conclusions: Erenumab	treatment was	associated with	reduced mig	raine frequency in
----	-----------------------	---------------	-----------------	-------------	--------------------

47 Japanese patients with EM or CM for up to 1 year. Overall safety results from the OLTP were

48 consistent with DBTP results.

49 Clinical Trials Registration Number: NCT03812224

Funding: This study was funded by Amgen.

51 STRENGTHS AND LIMITATIONS OF THIS STUDY

- While the 28-week OLTP was short relative to other studies in non-Japanese patients, this study represents the longest follow-up time with erenumab in Japanese patients with CM
- Patients and study staff remained blinded to assignment (placebo or erenumab) in DBTP during OLTP
- Reporting exposure-adjusted rates normalizes the rates of adverse events occurring during the DBTP and OLTP to equal exposure periods (ie, events per 100 patient-years), and thus allow for proper comparison between the DBTP and OLTP
- The OLTP of this study lacked a comparator arm

Page 5 of 37

INTRODUCTION

BMJ Open

Migraine is a common neurological disease worldwide and a leading cause of disability associated with significant personal and societal effects.(1-3) In Japan, 6% to 8% of the population is affected by migraine, which places a substantial burden on patients and society related to guality of life, work productivity, and costs.(4-7) Because of concerns related to inadequate efficacy and poor tolerability, the use of standard of care oral preventive medications is low and is associated with high rates of discontinuation.(6, 8-11) Therefore, there is an unmet need for new migraine preventive medications. Erenumab (erenumab-aooe in the United States), a fully human monoclonal antibody against the calcitonin gene-related peptide (CGRP) receptor, has been approved for the preventive treatment of adult migraine in over 70 countries worldwide, including the United States (2018), Europe (2018), and Japan (2021).(12, 13) The sustained efficacy and safety of erenumab in the preventive treatment of episodic migraine (EM) and chronic migraine (CM) have been demonstrated in several global clinical studies.(14-18) In Japan, approval was based on two clinical studies in adult patients with EM or CM, which demonstrated erenumab to be safe and

81 efficacious.(19, 20) Sustained efficacy and safety of erenumab for up to 2 years in Japanese

82 patients with EM have also been demonstrated.(21)

Here, we report on the long-term (up to 1 year) efficacy, safety, and tolerability of once-monthly
erenumab 70 mg during a 28-week open-label treatment period (OLTP) after a 24-week doubleblind treatment period (DBTP) of a phase 3 study, which demonstrated favorable efficacy and
safety results for erenumab 70 mg in EM and CM.(20)

METHODS

Study design

This multicenter (41 centers across Japan), 28-week OLTP followed a 24-week, randomized, double-blind, placebo-controlled, phase 3 study of once-monthly erenumab 70 mg in patients with EM or CM in Japan (ClinicalTrials.gov identifier NCT03812224) (Figure S1). Patients who completed the DBTP in each treatment group were eligible to participate in the OLTP and receive once-monthly erenumab 70 mg. The first patient entered the OLTP on October 2, 2019, and the last patient ended the OLTP on November 20, 2020. Randomization was stratified by migraine status (EM or CM) and migraine preventive treatment status (ever used or never used) and was assigned by the sponsor using an interactive response technology system. During the DBTP, patients received once-monthly erenumab 70 mg or placebo in a 1:1 ratio; in the OLTP, all patients received once-monthly erenumab 70 mg. Independent ethics committee or institutional review boards at each site (Table S1) reviewed and approved the protocol and signed the informed patient consent forms before study initiation. The study conforms to the guidelines set by the International Council for Harmonisation for Good Clinical Practice and by the Pharmaceuticals and Medical Devices Agency (PMDA). The study was designed according to the European Medicines Agency (EMA) guideline on Clinical Investigation of Medicinal Products for the Treatment of Migraine, the International Headache Society (IHS) Guidelines for Controlled Trials of Drugs in Migraine, and advice given by the PMDA.(22, 23)

Patient and Public Involvement Statement

No patients or public representatives were involved in the design, conduct, reporting, or dissemination efforts of the study results.

Patients

Page 7 of 37

1

BMJ Open

2		
3		
4		
5		
6		
7		
, Q		
0		
9 1 0		
)	
11		
12	-	
13	5	
14	ł	
15	;	
16	5	
17	,	
1 / 1 0	,	
10) \	
19	,	
20)	
21		
22	2	
23	;	
24	Ļ	
25		
20		
20	,	
27		
28	5	
29)	
30)	
31		
32		
33		
כ 2⊿	L	
25		
22		
36)	
37		
38	}	
39)	
40)	
41		
42	,	
43		
7.J 7.A		
44		
45		
46)	
47	,	
48	;	
49)	
50)	
51		
51	,	
52 57	-	
53	•	
54	ł	
55	,	
56	,	
57	,	
58	;	
59)	

60

113 Patients who completed the DBTP (parent study) in each treatment group were eligible to 114 participate in the OLTP and receive once-monthly erenumab 70 mg. Japanese patients aged 20 through 65 years with a history of migraine with or without aura (based on medical records or 115 patient self-report) for at least 12 months before screening, as defined in the third edition of the 116 117 International Classification of Headache Disorders (ICHD-3) of the IHS, and a diagnosis of EM (<15 headache days/month, ≥4 monthly migraine days [MMD]) or CM (≥15 headache 118 days/month, ≥8 MMD) over the 3 months before screening, were included. Patients had to 119 120 demonstrate at least 80% compliance with the eDiary during the baseline period prior to the 121 DBTP. A detailed description of the eligibility criteria in the parent study has been described 122 previously.(20)

5 123 Endpoints and assessments

Efficacy outcomes during the OLTP included changes from baseline in MMD and monthly acute
 migraine-specific medication treatment days (MSMD), and the proportion of patients who
 achieved at least a 50% or 75% reduction in MMD from baseline.

127 Patients used an eDiary to report clinical outcome assessments daily during weeks 33 to 36 and 128 weeks 49 to 52. Clinical outcome assessments included the date and time of headache start and end; the worst pain severity of the headache; pain features (e.g., one-sided, throbbing, 129 130 worsens with exercise/physical activity); associated symptoms (e.g., aura, nausea, vomiting, photophobia, phonophobia), and use of acute headache medications. A migraine day was 131 defined as a migraine (with or without aura) that lasted for at least 4 hours and had at least two 132 133 of the following pain features: unilateral, throbbing, moderate to severe, or exacerbated with 134 exercise or physical activity; or was associated with nausea, vomiting, or photophobia and 135 phonophobia. A migraine day also included a day in which a patient took a migraine-specific 136 medication during aura or to treat a headache regardless of the duration and associated symptoms. A qualified headache day was a day characterized by onset, continuation, or 137

recurrence of a headache and met one of the following criteria: a migraine headache treated
with acute migraine-specific medication, a non-migraine headache that lasted for at least 4
hours, or a headache for which acute headache treatment was used. An acute migraine-specific
medication treatment day was defined as any day during which migraine-specific medication
was used.

Safety endpoints included the incidence and exposure-adjusted incidence of treatmentemergent adverse events (TEAEs), clinical laboratory values and vital signs, and the incidence
of anti-erenumab antibodies. Exposure-adjusted rates (per 100 patient-years) were calculated
by dividing the number of patients with at least one reported occurrence of the TEAE of interest
by the total time at risk for reporting the TEAE (patient-year) multiplied by 100. The time at risk
was defined as the time from the first dose of erenumab to the onset of the TEAE or the end of
study date. Reporting exposure-adjusted rates normalizes the rates of adverse events occurring
during the DBTP and OLTP to equal exposure periods (ie, events per 100 patient-years), and
thus allows for a proper comparison between the DBTP and OLTP.

4 152 **Statistical analysis**

Analysis was performed after all patients had completed safety follow-up at the end of the study and included patients who received at least one dose of erenumab 70 mg in the OLTP. Efficacy and safety data were tabulated by the double-blind treatment group. Efficacy endpoints were analyzed by using descriptive statistics based on observed data without imputation and were tabulated by visit. No formal testing was conducted. Patient incidence and exposure-adjusted incidence of TEAEs were tabulated by treatment group and by system organ class and preferred term. All analyses were performed using SAS System 9.4 (SAS Institute, Cary, NC, USA).

1 2					
2 3	163	Patients			
4 5 6	164	Of the 261 patients enrolled and randomized in the parent	study (erenumab 70 mg, n = 130;		
0 7 8	165	placebo, n = 131), 254 (97.3%) entered the OLTP and received at least one dose of the			
9 10	166	investigational product (IP) and 244 (93.5%) completed th	e IP. Ten patients (3.8%) discontinued		
11 12	167	the IP for the following reasons: patient request (n = 4; 1.5	5%), COVID-19 control measures (n =		
13 14	168	4; 1.5%), adverse event (n = 1; 0.4%), and pregnancy (n = 1; 0.4%) (Figure S2). In the OLTP			
15 16	169	population, the mean age of patients was 44.3 years, 86.6% were female, and the majority			
17 18	170	(77.6%) had used or were using migraine preventive treat	(77.6%) had used or were using migraine preventive treatment at baseline (Table 1).		
19 20	171	Table 1 Pasalina domographics and characteristics of the			
21 22	1/1	Table 1. Baseline demographics and characteristics of the	Total		
23			(N = 254)		
24 25		Age, mean (SD), years	44.3 (9.0)		
26 27		Sex, female, n (%)	220 (86.6)		
28 29		Migraine type*, n (%)			
30 31		EM	155 (61.0)		
32		СМ	99 (39.0)		
33 34		Migraine preventive treatment use, n (%)			
35 36		Ever used (including prior and/or current users)	197 (77.6)		
37 38		Never used	57 (22.4)		
39 40		MMD, mean (SE)	12.2 (0.4)		
41		MSMD, mean (SE)	9.4 (0.4)		
42 43		MHD, mean (SE)	13.8 (0.4)		
44 45	172	*Based on actual data collected instead of randomization	stratification. N = number of patients		
46 47	173	in the analysis set. n = number of patients with observed data. CM, chronic migraine; EM,			
48 49	174	episodic migraine; MHD, monthly headache days; MMD, r	nonthly migraine days; MSMD,		
50 51	175	monthly acute migraine-specific medication treatment days; OLTP, open-label treatment period;			
52 53 54	176	SD, standard deviation; SE, standard error of the mean.			
55 56	177	Efficacy			
57 58			8		
59 60		For peer review only - http://bmjopen.bmj.com/si	ite/about/guidelines.xhtml		

2		
- 3 4	178	In the OLTP population (N = 254; EM, n = 155; CM, n = 99), the mean (standard error of the
5 6	179	mean [SE]) MMD at baseline was 12.2 (0.4) days (EM, 8.3 [0.2] days; CM, 18.2 [0.4] days) and
7 8	180	the mean (SE) MSMD was 9.4 (0.4) days (EM, 6.8 [0.3] days; CM, 13.6 [0.6] days) (Table 1). At
9 10	181	the end of the DBTP at week 24, the mean (SE) change from baseline in MMD for the
11 12	182	erenumab 70 mg group was –3.8 (0.4) days (EM, –3.0 [0.4] days; CM, –5.2 [0.8] days]) and –
13 14	183	1.7 (0.5) days for the placebo group; at the end of the OLTP at week 52, the mean (SE) change
15 16	184	was –4.7 (0.3) days (EM, –3.4 [0.3]; CM, –6.9 [0.6]) (Figure 1, Table 2).
17 18 19	185	At the end of the DBTP at week 24, the mean (SE) change from baseline in MSMD for the
20 21	186	erenumab 70 mg group was -2.6 (0.4) days (EM, -2.1 [0.4]; CM, -3.4 [0.7]) and -0.7 (0.4) days
22 23	187	for the placebo group; at the end of the OLTP at week 52, the mean (SE) change was -3.3 (0.3)
24 25 26	188	days (EM, –2.4 [0.3] days; CM, –4.6 [0.5] days) (Figure 1, Table 2). Throughout the 28-week
20 27 28	189	OLTP, erenumab 70 mg demonstrated persistent efficacy in MMD and MSMD reduction in
20 29 30	190	patients with EM or CM.
32 33	191	At week 24 of the DBTP, the proportion of patients who achieved at least a 50% reduction in
34 35	192	MMD from baseline was 34.1% with erenumab 70 mg (EM, 39.7%; CM, 25.5%) and 19.1% with
36 37	193	placebo (Figure 2, Table 2). The response was maintained and numerically higher throughout
38 39	194	the OLTP than it was during the DBTP. At week 36 of the OLTP, 52.8% of the patients achieved
40 41	195	the 50% threshold for MMD reduction (EM, 58.8%; CM, 43.0%); at week 52, it was 44.4% (EM,
42 43	196	46.3%; CM, 41.7%). The results were similar for patients responding at the 75% threshold for
44 45 46	197	MMD reduction (Figure 2).
47 48	198	Table 2. Efficacy results during the OLTP

- EM (N = 155)
 CM (N = 99)
 Total (N = 254)

 Change from baseline in MMD, mean (SE) n = 78
 n = 51
 n = 129

 Week 24*
 -3.0 (0.4)
 -5.2 (0.8)
 -3.8 (0.4)

1 2					
3 4 5		Week 36	n = 153 –3.7 (0.3)	n = 93 –8.0 (0.6)	n = 246 –5.3 (0.3)
6 7 8		Week 52	n = 147 –3.4 (0.3)	n = 96 –6.9 (0.6)	n = 243 -4.7 (0.3)
9		Change from baseline in MS	MD, mean (SE)		
10 11 12		Week 24*	n = 78 –2.1 (0.4)	n = 51 -3.4 (0.7)	n = 129 -2.6 (0.4)
13 14 15		Week 36	n = 153 –2.8 (0.3)	n = 93 -5.2 (0.5)	n = 246 -3.7 (0.3)
16 17 18		Week 52	n = 147 –2.4 (0.3)	n = 96 -4.6 (0.5)	n = 243 –3.3 (0.3)
20		Achievement of ≥50% MMD	response, n (%)		
21 22 23		Week 24*	n = 78 31 (39.7)	n = 51 13 (25.5)	n = 129 44 (34.1)
24 25 26		Week 36	n = 153 90 (58.8)	n = 93 40 (43.0)	n = 246 130 (52.8)
27 28 29		Week 52	n = 147 68 (46.3)	n = 96 40 (41.7)	n = 243 108 (44.4)
30 31	199	Efficacy by EM and CM subgro	ups at week 24 of th	e DBTP and during t	he OLTP. *Data are
32 33	200	shown for patients in the erenu	mab 70 mg group at	week 24 of the DBT	P in the efficacy
34 35	201	analysis set. N = number of pat	ients in the open-lat	oel analysis set; n = n	umber of patients with
36 37 38	202	observed data. CM, chronic mig	graine; DBTP, doubl	e-blind treatment per	iod; EM, episodic
39	203	migraine; MMD, monthly migrai	ne days; MSMD, mo	onthly acute migraine	-specific medication
40 41 42	204	treatment days; OLTP, open-la	bel treatment period	; SE, standard error o	of the mean.
43 44 45	205				
46 47	206	Safety			
47 48 49	207	The mean (standard deviation)	exposure to erenum	nab 70 mg during the	OLTP was 192.6 (20.0)
50 51	208	days (total exposure to open-la	bel treatment, 133.9	patient-years). The i	majority of patients
52 53 54 55	209	(92.1%) received all seven dos	es of erenumab 70 r	ng during the OLTP.	
50 57 58 59					10
60		For peer review or	nly - http://bmjopen.bm	j.com/site/about/guidel	ines.xhtml

Page 12 of 37

3 4	210	During the OLTP, the incidence of TEAEs was 71.3% (181/254) (Table 3). The exposure-			
5 6	211	adjusted incidence of TEAEs during the OLTP was 219.7 per 100 patient-years, which is similar			
7 8	212	to that in the erenumab group (251.0 per 100 patient-years) and in the placebo group (197.7 per			
9 10	213	100 patient-years) during the DBTP. The majority of patients (62.2% [158/254]) experienced			
11 12	214	TEAEs of grade 2 or less. The most common (≥5 per 100 patient-years) TEAEs reported with			
13 14	215	erenumab (OLTP vs DBTP) were nasopharyngitis (32.8 vs 67.2 per 100 patient-years),			
15 16	216	constipation (7.8 vs 10.3 per 100 patient-years), influenza (6.6 vs 1.7 per 100 patient-years),			
17 18 10	217	gastroenteritis (6.5 vs 6.8 per 100 patient-years), and urticaria (5.9 vs 1.7 per 100 patient-			
19 20 21	218	years). Seven patients (2.8%) reported serious adverse events with erenumab during the OLTP,			
21 22 23	219	corresponding to an exposure-adjusted rate of 4.1 per 100 patient-years, which is similar to the			
24 25	220	rate reported during the DBTP in each treatment group (3.4 per 100 patient-years). During the			
26 27	221	OLTP, one patient with a serious adverse event discontinued treatment because of a grade 3			
28 29	222	serious adverse event of drug eruption, which was considered by the investigator to be			
30 31	223	unrelated to erenumab treatment. No deaths were reported during the study. No clinically			
32 33 34	224	significant changes in laboratory values or vital signs were observed throughout the OLTP.			
35 36	225	Of the 254 patients in the OLTP, nine (3.5%) developed anti-erenumab binding antibodies for			
37 38	226	the first time (negative or no result before the first OLTP dose), which is consistent with that			
39 40	227	observed during the DBTP (5.4%) (Table 3). Of the nine patients who were positive for binding			
41 42	228	antibodies during the OLTP, six received placebo during the DBTP and three received			
43 44 45	229	erenumab during the DBTP and the OLTP. During the entire study, 16 patients (6.3%)			
45 46 47	230	developed anti-erenumab binding antibodies after erenumab treatment, of which 6 (37.5%) had			
48 49	231	transient antibodies (negative result at the last assessment). No patients developed anti-			
50 51	232	erenumab neutralizing antibodies.			
52 53 54	233	Table 3. Safety results during the DBTP and OLTP			
55		DBTP OLTP			
56 57					

Page 13 of 37

		Placebo (N = 131)	Erenumab 70 mg (N = 130)	Total (N = 254)
	All TEAEs, n (%) [r]	78 (59.5) [197.7]	86 (66.2) [251.0]	181 (71.3) [219.7]
	Grade ≥2	67 (51.1) [159.2]	72 (55.4) [180.6]	158 (62.2) [159.9]
	Grade ≥3	2 (1.5) [3.4]	4 (3.1) [6.8]	12 (4.7) [7.1]
	Serious AEs	2 (1.5) [3.4]	2 (1.5) [3.4]	7 (2.8) [4.1]
	Leading to IP discontinuation	0 (0.0) [0.0]	0 (0.0) [0.0]	1 (0.4) [0.6]
	Fatal AEs	0 (0.0) [0.0]	0 (0.0) [0.0]	0 (0.0) [0.0]
	Most common TEAEs, n (%)	[r]*		
	Nasopharyngitis	37 (28.2) [74.4]	35 (26.9) [67.2]	49 (19.3) [32.8]
	Constipation	1 (0.8) [1.7]	6 (4.6) [10.3]	13 (5.1) [7.8]
	Influenza	2 (1.5) [3.4]	1 (0.8) [1.7]	11 (4.3) [6.6]
	Gastroenteritis	4 (3.1) [6.7]	4 (3.1) [6.8]	11 (4.3) [6.5]
	Urticaria	0 (0.0) [0.0]	1 (0.8) [1.7]	10 (3.9) [5.9]
	Developed anti-erenumab ar	ntibodies, n (%)		
	Developed binding anti-erenumab antibodies	NA	n' = 129 7 (5.4)	n' = 254 9 (3.5)
	Transient [†]	NA	2 (28.6)	4 (44.4)
	Developed neutralizing anti-erenumab antibodies	NA	NA	NA
234	*Exposure-adjusted rates of T	EAEs of at least 5 per	r 100 patient-years duri	ing the OLTP. [†] A
235	negative result was reported a	at the patient's last tim	e point within the study	/ period. N = number
236	of patients in the analysis set;	n = number of patient	ts with at least one occ	urrence of a TEAE or
237	number of patients who devel	oped anti-erenumab a	intibodies; n' = patients	with a postbaseline
238	result during the DBTP or OL	۲P; r = exposure-adjus	sted patient incidence r	ate per 100 patient-
239	years. AE, adverse event; DB	TP, double-blind treat	ment period; IP, investi	igational product; NA,
240	not applicable; OLTP, open-la	bel treatment period;	TEAE, treatment-emer	gent adverse event.
				12
	For peer review	only - http://bmjopen.bm	j.com/site/about/guideline	es.xhtml

DISCUSSION

The results of this 28-week OLTP study of erenumab 70 mg in Japanese patients with EM or CM demonstrated a persistence of efficacy for up to 1 year and a safety profile similar to that reported during the DBTP. From week 24 of the DBTP to the end of the OLTP at week 52, the reduction from baseline in MMD and MSMD, and the proportion of ≥50% and ≥75% responders in MMD reduction were maintained.

The incidence and exposure-adjusted incidence of TEAEs during the OLTP were consistent with those from the DBTP and previous studies, (18, 20, 21) except for influenza and urticaria, which were numerically higher during the OLTP than they were during the DBTP. Furthermore, although the exposure-adjusted rates of constipation during the OLTP (7.8 per 100 patient-years) were consistent with those during the DBTP (10.0 per 100 patient-years), they were higher than those reported during the OLTP of the phase 2 study in Japanese patients with EM (2.6 per 100 patient-years).(21) The development of anti-erenumab antibodies in 6.3% patients over the entire study was consistent with the 5.8% seen in the global CM OLE study and was lower than the 13.1% in the global EM OLE study.(24, 25) Neutralizing antibodies were uncommon in the global studies and were not observed in this study. In addition, no new safety concerns regarding clinically relevant changes in laboratory assessments and vital signs were identified throughout the OLTP. Of the patients who entered the OLTP, 3.9% discontinued IP including 1 for an AE. The high proportion of patients completing erenumab treatment through both DBTP and OLTP (93.5%) reflects the excellent tolerability and sustained efficacy. In the pivotal topiramate trials, 28.7% of participants withdrew during the 8-month OLE, more than 40% of these due to AEs.(26) The high retention rate also reduces the potential for bias that may be seen in open-label extension studies where patients may drop out for diminished efficacy, thus skewing the efficacy results over time.

Page 15 of 37

BMJ Open

The OLTP of this study was non-randomized and lacked a comparator arm, thus limiting the ability to distinguish study drug specific effects on efficacy and safety from other factors. In addition, the duration of the 28-week OLTP was short relative to some other studies in non-Japanese patients.(18) However, the study does represent the longest follow-up experience with erenumab in Japanese patients with CM and shows long-term efficacy and safety that are comparable to that seen in a global long-term study of erenumab in patients with CM.(25) In the global CM study, the reduction in MMD and MSMD after 52 weeks for the erenumab 70 mg group was -7.8 days and -5.8 days, respectively; 47.4% of the patients achieved at least a 50% reduction from baseline in MMD. In the global EM study, the reduction in MMD and MSMD after the 52-week open-label period (study week 64) for the erenumab 70 mg group was -5.0 days and -2.4, respectively; 65% of the patients achieved at least a 50% reduction from baseline in MMD.(24) This is comparable to the reductions in MMD and MSMD in this study at overall week 52 of -4.74 days and -3.26, respectively; 44.4% of the patients achieved at least a 50% reduction from baseline in MMD. These data support long-term treatment with erenumab in Japanese patients with EM and CM.

5 280 CONCLUSION

Treatment with erenumab was associated with a reduction in migraine frequency that was
 maintained for up to 1 year in Japanese patients with EM or CM. Erenumab had a safety profile
 similar to that observed in the DBTP; no new safety signals were identified during the OLTP.

45 284 Ethics Approval

This study involved human patients and was approved by ethics committees and institutional
 review boards listed in the supplementary appendix (Table S1).

287 Acknowledgments

Erenumab is codeveloped by Amgen and Novartis. The authors thank the patients and all the

289 investigators who participated in this study. Medical writing support was provided by Qais Al-

Hadid, PhD (Amgen). Editorial support was provided by Sangeeta P.C. (Cactus

291 Communications).

292 Author contributions

SC and GPL contributed to the conception and design of the study and acquired the data. KH,
TT, FS, YN, RY, RK, MH, DY, GPL, and SC analyzed and interpreted the data, drafted the
manuscript, critically reviewed and revised the manuscript for intellectual content, and provided
final approval of the version to be published.

297 Conflict of Interest Statement

KH reports royalties from Amgen, Astellas, Daiichi Sankyo, Eisai, Merck Sharp & Dohme, and
 Pfizer. TT has nothing to disclose. FS reports consulting fees from Amgen. RY, RK, MH, DY,

300 GPL, and SC are employees of and own stock in Amgen. YN owns stock in Amgen.

301 Institutional review board approval

302 The Institutional review boards at each study center (Table S1) approved the study protocol,

303 informed consent forms, and any materials provided to the patients.

304 Data availability statement

- 2 305 Qualified researchers may request data from Amgen clinical studies. Complete details are
- 306 available at the following: <u>https://wwwext.amgen.com/science/clinical-trials/clinical-data-</u>
- 307 <u>transparency-practices/clinical-trial-data-sharing-request.</u>
- **Funding:** This study was funded by Amgen. No grants or awards were used for funding of this study.

1 2			
3 4	310		
5			
7			
8 9			
10			
11 12			
13 14			
15			
16 17			
18 10			
20			
21 22			
23			
24 25			
26 27			
28			
29 30			
31 32			
33			
34 35			
36 37			
38			
39 40			
41 42			
43			
44 45			
46 47			
48			
49 50			
51 52			
52			
54 55			
56			
57 58			
59			

1 2 3 4 5 6 7 8 9 10 11 12 13 14	311 312	REFERENCES						
	313	1. Lipton RB, Bigal ME, Diamond M, Freitag F, Reed ML, Stewart WF, et al. Migraine						
	314	prevalence, disease burden, and the need for preventive therapy. Neurology. 2007;68(5):343-9.						
	315	2. Stovner L, Hagen K, Jensen R, Katsarava Z, Lipton R, Scher A, et al. The global burden						
	316	of headache: a documentation of headache prevalence and disability worldwide. Cephalalgia.						
15 16	317	2007;27(3):193-210.						
17 18	318	3. Agosti R. Migraine Burden of Disease: From the Patient's Experience to a Socio-						
19 20	319	Economic View. Headache. 2018;58 Suppl 1:17-32.						
21 22 23 24 25 26 27 28 20	320	4. Sakai F, Igarashi H. Prevalence of migraine in Japan: a nationwide survey. Cephalalgia.						
	321	1997;17(1):15-22.						
	322	5. Takeshima T, Ishizaki K, Fukuhara Y, Ijiri T, Kusumi M, Wakutani Y, et al. Population-						
	323	based door-to-door survey of migraine in Japan: the Daisen study. Headache. 2004;44(1):8-19.						
30 31	324	6. Hirata K, Ueda K, Komori M, Zagar AJ, Selzler KJ, Nelson AM, et al. Comprehensive						
32 33	325	population-based survey of migraine in Japan: results of the ObserVational Survey of the						
34 35	326	Epidemiology, tReatment, and Care Of MigrainE (OVERCOME [Japan]) study. Curr Med Res						
36 37	327	Opin. 2021;37(11):1945-55.						
38 39	328	7. Kikui S, Chen Y, Todaka H, Asao K, Adachi K, Takeshima T. Burden of migraine among						
40 41 42	329	Japanese patients: a cross-sectional National Health and Wellness Survey. J Headache Pain.						
42 43	330	2020;21(1):110.						
44 45 46	331	8. Meyers JL, Davis KL, Lenz RA, Sakai F, Xue F. Treatment patterns and characteristics						
47 48	332	of patients with migraine in Japan: A retrospective analysis of health insurance claims data.						
48 49 50 51 52 53 54	333	Cephalalgia. 2019;39(12):1518-34.						
	334	9. Blumenfeld AM, Bloudek LM, Becker WJ, Buse DC, Varon SF, Maglinte GA, et al.						
	335	Patterns of use and reasons for discontinuation of prophylactic medications for episodic						
55 56 57								
58 59 60		17 For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml						

60

2 3							
4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	336	migraine and chronic migraine: results from the second international burden of migraine study					
	337	(IBMS-II). Headache. 2013;53(4):644-55.					
	338	10. Hepp Z, Bloudek LM, Varon SF. Systematic review of migraine prophylaxis adherence					
	339	and persistence. J Manag Care Pharm. 2014;20(1):22-33.					
	340	11. Hepp Z, Dodick DW, Varon SF, Gillard P, Hansen RN, Devine EB. Adherence to oral					
	341	migraine-preventive medications among patients with chronic migraine. Cephalalgia.					
	342	2015;35(6):478-88.					
	343	12. Aimovig (erenumab-aooe). Full Prescribing Information, Amgen, Inc., Thousand Oaks,					
20 21	344	CA, 2020.					
21 22 23	345	13. Aimovig (erenumab). Summary of Product Characteristics. Dublin, Ireland: Novartis					
24 25	346	Europharm Limited; 2018.					
26 27 28 29	347	14. Sun H, Dodick DW, Silberstein S, Goadsby PJ, Reuter U, Ashina M, et al. Safety and					
	348	efficacy of AMG 334 for prevention of episodic migraine: a randomised, double-blind, placebo-					
30 31	349	controlled, phase 2 trial. Lancet Neurol. 2016;15(4):382-90.					
32 33 34 35 36 37	350	15. Tepper S, Ashina M, Reuter U, Brandes JL, Dolezil D, Silberstein S, et al. Safety and					
	351	efficacy of erenumab for preventive treatment of chronic migraine: a randomised, double-blind,					
	352	placebo-controlled phase 2 trial. Lancet Neurol. 2017;16(6):425-34.					
39 40	353	16. Goadsby PJ, Reuter U, Hallstrom Y, Broessner G, Bonner JH, Zhang F, et al. A					
40 41 42	354	Controlled Trial of Erenumab for Episodic Migraine. N Engl J Med. 2017;377(22):2123-32.					
43 44	355	17. Dodick DW, Ashina M, Brandes JL, Kudrow D, Lanteri-Minet M, Osipova V, et al. ARISE:					
45 46	356	A Phase 3 randomized trial of erenumab for episodic migraine. Cephalalgia. 2018;38(6):1026-					
47 48	357	37.					
49 50	358	18. Ashina M, Goadsby PJ, Reuter U, Silberstein S, Dodick DW, Xue F, et al. Long-term					
51 52	359	efficacy and safety of erenumab in migraine prevention: Results from a 5-year, open-label					
53 54	360	treatment phase of a randomized clinical trial. Eur J Neurol. 2021;28(5):1716-25.					
55 56							
57 58		18					
27							

2								
- 3 4 5 6 7 8	361	19.	Sakai F, Takeshima T, Tatsuoka Y, Hirata K, Lenz R, Wang Y, et al. A Randomized					
	362	Phase	e 2 Study of Erenumab for the Prevention of Episodic Migraine in Japanese Adults.					
	363	Heada	ache. 2019;59(10):1731-42.					
9 10	364	20.	Takeshima T, Sakai F, Hirata K, Imai N, Matsumori Y, Yoshida R, et al. Erenumab					
11 12	365	treatm	nent for migraine prevention in Japanese patients: Efficacy and safety results from a					
13 14	366	Phase	e 3, randomized, double-blind, placebo-controlled study. Headache. 2021;61(6):927-35.					
15 16	367	21.	Sakai F, Takeshima T, Tatsuoka Y, Hirata K, Cheng S, Numachi Y, et al. Long-term					
17 18	368	effica	cy and safety during open-label erenumab treatment in Japanese patients with episodic					
19 20	369	migra	migraine. Headache. 2021;61(4):653-61.					
21 22 23	370	22.	Tassorelli C, Diener HC, Dodick DW, Silberstein SD, Lipton RB, Ashina M, et al.					
23 24 25	371	Guide	Guidelines of the International Headache Society for controlled trials of preventive treatment of					
26 27	372	chron	ic migraine in adults. Cephalalgia. 2018;38(5):815-32.					
28 29	373	23.	Tfelt-Hansen P, Pascual J, Ramadan N, Dahlof C, D'Amico D, Diener HC, et al.					
30 31	374	Guidelines for controlled trials of drugs in migraine: third edition. A guide for investigators.						
32 33	375	Cephalalgia. 2012;32(1):6-38.						
34 35	376	24.	Ashina M, Dodick D, Goadsby PJ, Reuter U, Silberstein S, Zhang F, et al. Erenumab					
36 37	377	(AMG	334) in episodic migraine: Interim analysis of an ongoing open-label study. Neurology.					
38 39	378	2017;	89(12):1237-43.					
40 41 42	379	25.	Tepper SJ, Ashina M, Reuter U, Brandes JL, Dolezil D, Silberstein SD, et al. Long-term					
42 43 44	380	safety	and efficacy of erenumab in patients with chronic migraine: Results from a 52-week,					
44 45 46 47 48 49 50	381	open-	label extension study. Cephalalgia. 2020;40(6):543-53.					
	382	26.	Rapoport A, Mauskop A, Diener HC, Schwalen S, Pfeil J. Long-term migraine prevention					
	383	with to	opiramate: open-label extension of pivotal trials. Headache. 2006;46(7):1151-60.					
51 52 53	384							
54 55	385							
56 57	505							
58 59			19					
60			For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml					

3 4	386	Figure 1. Change in (A) MMD and (B) MSMD from baseline. The mean (SE) change from					
5 6 7 8 9 10	387	baseline in MMD and MSMD during the DBTP and OLTP is shown for the treatment groups. For					
	388	the OLTP, data are shown for the total population. The dotted line indicates that patients in the					
	389	placebo group during the DBTP received erenumab 70 mg during the OLTP starting at week 24.					
11 12	390	*The number of patients in the efficacy analysis set during the DBTP. Error bars represent SE. n					
13 14	391	= number of patients with observed data. DBTP, double-blind treatment period; MMD, monthly					
15 16	392	migraine days; MSMD, monthly acute migraine-specific medication treatment days; OLTP,					
17 18 19	393	open-label treatment period; SE, standard error of the mean.					
20 21	394	Figure 2. Patients achieving a (A) \geq 50% and (B) \geq 75% reduction in MMD from baseline. For the					
22 23	395	OLTP, data are shown for the total population. The dotted line indicates that patients in the					
24 25 26	396	placebo group during the DBTP received erenumab 70 mg during the OLTP starting at week 24.					
20 27 28	397	*The number of patients in the efficacy analysis set during the DBTP. n = number of patients					
29 30	398	with observed data. DBTP, double-blind treatment period; MMD, monthly migraine days; OLTP,					
31 32	399	open-label treatment period.					
33 34	400						
35 36							
37 38							
39 40							
41							
42 43							
44							
45 46							
47							
48 49							
50							
51							
52							
53 54							
55							
56							
57							
58		20					
59 60		For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml					





SUPPLEMENTARY APPENDIX

Table of Contents

Figure S1 – Study Design	.2
Figure S2 – Patient Disposition	.3
Table S1 – Ethics Committees/IRBs	.4

to occurrence on the second



DBTP

Erenumab 70 mg QM SC (n = 130)

Discontinued IP (n = 10 [3.8%])

- patient request (n = 4)

- adverse event (n = 1)

- pregnancy (n = 1)

- other (n = 4)*

Received allocated intervention (n = 130)

Completed DBTP (n = 127 [97.7%])

Figure S2

1

2



Table S1

Study Number	Site	Site Name	IRB/IEC Name	IRB/IEC Address
20170609	34001	Saitama Neuropsychiatric Institute	Saitama Medical University Hospital Institutional Review Board	38 Moroyamamachi Morohongo, Iruma-gun, Saitama, 350-0495, Japan
20170609	34002	Fukuuchi Pain Clinic	Tokyo-Eki Center-Building Clinic Institutional Review Board	3-3-14 Nihombashi, Chuo- ku, Tokyo, 103-0027, Japan
20170609	34003	Kumamoto City Hospital	Kumamoto City Hospital Institutional Review Board	4-1-60 Higashimachi Higashi-ku, Kumamoto- shi, Kumamoto, 862-8505, Japan
20170609	34005	Dokkyo Medical University Hospital	Dokkyo Medical University Hospital Institutional Review Board	880 Kitakobayashi Mibumachi, Shimotsuga- gun, Tochigi, 321-0293, Japan
20170609	34006	Iwate Medical University Uchimaru Medical Center	Iwate Medical University Hospital Institutional Review Board	19-1 Uchimaru, Morioka- shi, Iwate, 020-8505, Japan
20170609	34007	Niwa Family Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minami-ku, Yokohama-shi, Kanagawa, 232-0064, Japan
20170609	34008	Osoegawa Neurology Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minami-ku, Yokohama-shi, Kanagawa, 232-0064, Japan
20170609	34009	Tanaka Neurosurgical Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minami-ku, Yokohama-shi, Kanagawa, 232-0064, Japan
20170609	34010	Tokyo Headache Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minami-ku, Yokohama-shi, Kanagawa, 232-0064, Japan

20170609	34011	Fujitsu Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minami- Yokohama-shi, Kanagav 232-0064, Japan
20170609	34012	Sendai Headache and Neurology Clinic	Goshozuka Clinic Institutional Review Board	1-21-4 Goshozuka Miyamae-ku, Kawasaki- shi, Kanagawa, 216-002 Japan
20170609	34013	Nagamitsu Clinic	Goshozuka Clinic Institutional Review Board	1-21-4 Goshozuka Miyamae-ku, Kawasaki- shi, Kanagawa, 216-002 Japan
20170609	34014	Nagaseki Headache Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minami- Yokohama-shi, Kanagav 232-0064, Japan
20170609	34015	Negoro Neurology Clinic	Goshozuka Clinic Institutional Review Board	1-21-4 Goshozuka Miyamae-ku, Kawasaki- shi, Kanagawa, 216-002 Japan
20170609	34016	Saino Clinic	Goshozuka Clinic Institutional Review Board	1-21-4 Goshozuka Miyamae-ku, Kawasaki- shi, Kanagawa, 216-002 Japan
20170609	34017	St Marianna University School of Medicine Hospital	St Marianna University Group Institutional Review Board	2-16-1 Sugao Miyamae- ku, Kawasaki-shi, Kanagawa, 216-8511, Japan
20170609	34018	Sakura Clinic	Goshozuka Clinic 🥪 Institutional Review Board	1-21-4 Goshozuka Miyamae-ku, Kawasaki- shi, Kanagawa, 216-002 Japan
20170609	34019	Tatsuoka Neurology Clinic	Tatsuoka Neurology Clinic Institutional Review Board	35-3 Chudojibojyocho Shimogyo-ku, Kyoto-shi, Kyoto, 600-8811, Japan
20170609	34020	Kitasato University Kitasato Institute Hospital	The IRB of Kitasato University Shirokane Campus	5-9-1 Shirokane, Minato- ku, Tokyo, 108-8642, Japan

20170609	34021	Tokai University Hachioji Hospital	Tokai University Hospitals Institutional Review Board	1-2-5 Yoyogi, Shibuya-k Tokyo, 151-0053, Japan
L]				
		For peer review only - http://bm	iopen bmi com/site/about/guide	lines xhtml

20170609	34021	Tokai University Hachioji Hospital	Tokai University Hospitals Institutional Review Board	143 Shimokasuya, Isehara- shi, Kanagawa, 259-1193, Japan
20170609	34021	Tokai University Hachioji Hospital	Tokai University Hospitals Institutional Review Board	21-1 Gakkyo Oiso-machi, Naka-gun, Kanagawa, 259- 0198, Japan
20170609	34021	Tokai University Hachioji Hospital	Tokai University Hospitals Institutional Review Board	1838 Ishikawamachi, Hachioji-shi, Tokyo, 192- 0032, Japan
20170609	34022	Takase Internal Medicine Clinic	Goshozuka Clinic Institutional Review Board	1-21-4 Goshozuka Miyamae-ku, Kawasaki- shi, Kanagawa, 216-0021, Japan
20170609	34023	Tominaga Hospital	Tominaga Hospital Institutional Review Board	1-4-48 Minatomachi Naniwa-ku, Osaka-shi, Osaka, 556-0017, Japan
20170609	34024	Konan Medical Center	Konan Medical Center IRB	1-5-16 Kamokogahara Higashinada-ku, Kobe-shi, Hyogo, 658-0064, Japan
20170609	34025	Japanese Red Cross Shizuoka Hospital	Japanese Red Cross Shizuoka Hospital IRB	8-2 Otemachi Aoi-ku, Shizuoka-shi, Shizuoka, 420-0853, Japan

Page 31 of 37

20170600	34026	Nakamura Momorial	Nakamura Momorial	14 201 Minami 1 in Nichi
20170009	34020	Hospital	Hospital Nakamura Memorial Hospital Institutional Review Board	Chuo-ku, Sapporo-shi, Hokkaido, 060-8570, Japan
20170609	34027	Saitama Medical University Hospital	Saitama Medical University Hospital Institutional Review Board	38 Moroyamamachi Morohongo, Iruma-gun, Saitama, 350-0495, Japan
20170609	34028	Sakuragi Headache Clinic	Saga Memorial Hospital Institutional Review Board	1240-1 Nagase Takakise- machi, Saga-shi, Saga, 849-0917, Japan
20170609	34029	Sapporo Isobe Headache and Memory Clinic	Sapporo Medical Associations Institutional Review Board	19-1-1 Odorinishi Chuo- ku, Sapporo-shi, Hokkaido, 060-8581, Japan
20170609	34030	Kokubu Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minami- ku, Yokohama-shi, Kanagawa, 232-0064, Japan
20170609	34031	Umenotsuji Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minami- ku, Yokohama-shi, Kanagawa, 232-0064, Japan
20170609	34032	Sanno Clinic Shinagawa	Shinagawa East One Medical Clinic Institutional Review Board	2-16-1 Kounan, Shinagawa East One 3F, Minato-ku, Tokyo, 108- 0075, Japan

1	
2	
3	
Δ	
-	
5	
0	
/	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
20	
21	
22	
25	
24	
25	
26	
2/	
28	
29	
30	
31	
32	
33	
34	
35	
36	
37	
38	
39	
40	
41	
42	
43	
44	
45	
46	
47	

				-
20170609	34033	Ooba Clinic for Neurosurgery and Headache	Nihonbashi Sakura Clinic Institutional Review Board	1-9-2 Nihonbashikayabacho, Inamura Building 5F, Chuo- ku, Tokyo, 103- 0025, Japan
20170609	34034	Doi Internal Medicine Neurology	Goshozuka Clinic Institutional Review Board	1-21-4 Goshozuka Miyamae-ku, Kawasaki- shi, Kanagawa, 216- 0021, Japan
20170609	34035	Ikeda Neurosurgical Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minami- ku, Yokohama-shi, Kanagawa, 232-0064, Japan
20170609	34036	Jinnouchi Neurosurgery Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minami- ku, Yokohama-shi, Kanagawa, 232-0064, Japan
20170609	34037	Kijima Neurosurgery Clinic	Goshozuka Clinic Institutional Review Board	1-21-4 Goshozuka Miyamae-ku, Kawasaki- shi, Kanagawa, 216- 0021, Japan
20170609	34038	Medical Corporation Yufukai Shimoda Neurology Clinic	Goshozuka Clinic Institutional Review Board	1-21-4 Goshozuka Miyamae-ku, Kawasaki- shi, Kanagawa, 216- 0021, Japan

20170609	34039	Medical Corporation Seikokai Takanoko Hospital	Medical Corporation Seikokai Takanoko Hospital Institutional Review Board	525-1 Takanokomachi, Matsuyama-shi, Ehime, 790-0925, Japan
20170609	34040	Medical Corporation Inoue Neurology Clinic	Medical Corporation Shintokai Yokohama Minoru Clinic Institutional Review Board	1-13-8 Bessho Minami- ku, Yokohama-shi, Kanagawa, 232-0064, Japan
20170609	34041	Sakuma Neurological Clinic	Goshozuka Clinic Institutional Review Board	1-21-4 Goshozuka Miyamae-ku, Kawasaki- shi, Kanagawa, 216- 0021, Japan
20170609	34042	Higashi Sapporo Neurology and Neurosurgery Clinic	Nihonbashi Sakura Clinic Institutional Review Board	1-9-2 Nihonbashikayabacho, Inamura Building 5F, Chuo- ku, Tokyo, 103- 0025, Japan
				only



2 3

CONSORT 2010 checklist of information to include when reporting a randomised trial*

Section/Topic	ltem No	Checklist item	Reported on page N
Title and abstract			
	1a	Identification as a randomised trial in the title	1
	1b	Structured summary of trial design, methods, results, and conclusions (for specific guidance see CONSORT for abstracts)	2,3
Introduction			
Background and	2a	Scientific background and explanation of rationale	4
objectives	2b	Specific objectives or hypotheses	4
Methods			
Trial design	3a	Description of trial design (such as parallel, factorial) including allocation ratio	5
U	3b	Important changes to methods after trial commencement (such as eligibility criteria), with reasons	NA
Participants	4a	Eligibility criteria for participants	5,6
	4b	Settings and locations where the data were collected	5
Interventions	5	The interventions for each group with sufficient details to allow replication, including how and when they were	
		actually administered	5
Outcomes	6a	Completely defined pre-specified primary and secondary outcome measures, including how and when they	
		were assessed	6,7
	6b	Any changes to trial outcomes after the trial commenced, with reasons	NA
Sample size	7a	How sample size was determined	NA; sample
			size was
			based on th
			number of
			patients wh
			completed t
			DBTP and
			received at
			least one
			arenumah 7
CONSORT 2010 checklist		For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	Pa
BMJ Open

1				mg in the
2 3		7h	When applicable, explanation of any interim analyses and stopping guidelines	
4	Randomisation.	10	when applicable, explanation of any interim analyses and stopping galacines	
5	Sequence	8a	Method used to generate the random allocation sequence	5
6 7	generation	8b	Type of randomisation; details of any restriction (such as blocking and block size)	NA
8	Allocation	9	Mechanism used to implement the random allocation sequence (such as sequentially numbered containers),	
9	concealment		describing any steps taken to conceal the sequence until interventions were assigned	
10	mechanism			NA
12	Implementation	10	Who generated the random allocation sequence, who enrolled participants, and who assigned participants to	
13 14			interventions	5
15	Blinding	11a	If done, who was blinded after assignment to interventions (for example, participants, care providers, those	
16			assessing outcomes) and how	NA
17		11b	If relevant, description of the similarity of interventions	NA; this is a
10 19				single-arm
20				open-label
21				extension
22	Statistical methods	12a	Statistical methods used to compare groups for primary and secondary outcomes	7
25 24		12b	Methods for additional analyses, such as subgroup analyses and adjusted analyses	NA
25	Results			
26	Participant flow (a	13a	For each group, the numbers of participants who were randomly assigned, received intended treatment, and	
27	diagram is strongly		were analysed for the primary outcome	8, Figure S2
29	recommended)	13b	For each group, losses and exclusions after randomisation, together with reasons	8, Figure S2
30	Recruitment	14a	Dates defining the periods of recruitment and follow-up	5
31		14b	Why the trial ended or was stopped	5
32 33	Baseline data	15	A table showing baseline demographic and clinical characteristics for each group	8
34	Numbers analysed	16	For each group, number of participants (denominator) included in each analysis and whether the analysis was	
35			by original assigned groups	8
36 37	Outcomes and	17a	For each primary and secondary outcome, results for each group, and the estimated effect size and its	
38	estimation		precision (such as 95% confidence interval)	8-10, Figure
39				1, Figure 2
40		17b	For binary outcomes, presentation of both absolute and relative effect sizes is recommended	NA
41 42	Ancillary analyses	18	Results of any other analyses performed, including subgroup analyses and adjusted analyses, distinguishing	
43	CONSORT 2010 checklist		For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	Page 2
44 45				
46				

BMJ Open

			pre-specified from exploratory	NA
1 2	Harms	19	All important harms or unintended effects in each group (for specific guidance see CONSORT for harms)	10-12
3	Discussion			
4 5	Limitations 20		Trial limitations, addressing sources of potential bias, imprecision, and, if relevant, multiplicity of analyses	3, 14
6	Generalisability	21	Generalisability (external validity, applicability) of the trial findings	13-14
7	Interpretation	22	Interpretation consistent with results, balancing benefits and harms, and considering other relevant evidence	14
8 9	Other information			
10	Registration	23	Registration number and name of trial registry	3
11 12	Protocol	24	Where the full trial protocol can be accessed, if available	Protocol will
13				be provided
14				during
15 16	Funding	05	Courses of funding and other support (such as supply of drugs) rate of funders	submission
17	Funding	25	Sources of funding and other support (such as supply of drugs), role of funders	3
23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41				
42 43	CONSORT 2010 checklist		For poor roview only http://bmiopon.hmi.com/site/about/guidelines.yhtml	Page 3
44 45			for peer review only - http://binjopen.binj.com/site/about/guidennes.xittini	

Item	Description	Reported on
		line number
Title	Identification of the study as randomized	2
Authors *	Contact details for the corresponding author	15,16
Trial design	Description of the trial design (e.g. parallel, cluster, non-inferiority)	27
Methods		
Participants	Eligibility criteria for participants and the settings where the data were collected	28-31
Interventions	Interventions intended for each group	32
Objective	Specific objective or hypothesis	24-26
Outcome	Clearly defined primary outcome for this report	33-36
Randomization	How participants were allocated to interventions	NA
Blinding (masking)	Whether or not participants, care givers, and those assessing the outcomes were blinded to group assignment	NA
Results		
Numbers randomized	Number of participants randomized to each group	30
Recruitment	Trial status	NA
Numbers analysed	Number of participants analysed in each group	30-31
Outcome	For the primary outcome, a result for each group and the estimated effect size and its precision	37-42
Harms	Important adverse events or side effects	42-45
Conclusions	General interpretation of the results	46-48
Trial registration	Registration number and name of trial register	49
Funding	Source of funding	50
*this item is spe	cific to conference abstracts	

Items to include when reporting a randomized trial in a journal or conference abstract

BMJ Open

The CONSORT-PRO Reporting Guidance Checklist

	CONSORT- PRO ltem	Recommended Content	Page Addr <u>essed</u>
Title and Abstract	•		•
	P1b	The PRO should be identified in the abstract as a primary or secondary outcome.	2
Introduction			
Background and	2a	The scientific background and explanation of rationale of PRO assessment should be included.	NA
objectives	P2b	The PRO hypothesis should be stated, and relevant domains identified, if applicable.	NA
Methods			
Participants	4a	PRO-specific criteria are required only if PROs were used for eligibility or stratification.	6
Outcomes	P6a	Evidence of PRO instrument validity and reliability should be provided or cited if available	NIA
		including the person completing the PRO and methods of data collection (paper, telephone, electronic).	NA
Sample size	7a	Sample size determination is required only if PRO is a primary study outcome.	NA
Randomization			
Statistical methods	P12a	Statistical approaches for dealing with missing data are explicitly stated.	NA
Results			
Participant flow	13a	The number of PRO outcome data at baseline and at subsequent time points should be transparent.	Figure S2
Baseline data	15	PRO data in the table showing baseline demographic and clinical characteristics for each group should be included.	8 (Table 1)
Numbers analyzed	16	For each group, the number of participants (denominator) included in each analysis and whether the analysis was by original assigned groups) is required for PRO results.	9-10 (Table 2
Outcomes and estimation	17a	The estimated effect size and its precision such as 95% confidence interval should be presented for multidimensional PROs from each domain and time point.	NA
Ancillary analyses	18	Results of any other PRO analyses performed, including subgroup analyses and adjusted analyses, distinguishing pre-specified from exploratory should be presented, where relevant.	NA
Discussion			
Limitation	P20/21	PRO-specific limitations and implications for generalizability and clinical practice should be presented.	NA
	22	PRO data should be interpreted in relation to clinical outcomes including survival data, where	NA

45 46