

CONSORT 2010 checklist of information to include when reporting a randomised trial*

| Section/Topic | Item No | Checklist item | Reported on page No |
|--------------------|------------|---|---------------------|
| Title and abstract | | | |
| | 1a | Identification as a randomised trial in the title | 1 |
| | 1b | Structured summary of trial design, methods, results, and conclusions (for specific guidance see CONSORT for abstracts) | 3 |
| Introduction | | | |
| Background and | 2a | Scientific background and explanation of rationale | 5 |
| objectives | 2b | Specific objectives or hypotheses | 6 |
| Methods | | | |
| Trial design | 3a | Description of trial design (such as parallel, factorial) including allocation ratio | 7 |
| | 3b | Important changes to methods after trial commencement (such as eligibility criteria), with reasons | NA |
| Participants | 4a | Eligibility criteria for participants | 7 |
| | 4b | Settings and locations where the data were collected | 7, eMethods, |
| | | | p 5-6 |
| Interventions | 5 | The interventions for each group with sufficient details to allow replication, including how and when they were | 7-8, |
| | | actually administered | eMethods, p |
| | | | 5-6 |
| Outcomes | 6a | Completely defined pre-specified primary and secondary outcome measures, including how and when they were assessed | 8-9 |
| | 6b | Any changes to trial outcomes after the trial commenced, with reasons | NA |
| Sample size | 7a | How sample size was determined | 9-10, |
| | | | Statistical |
| | | | analysis plan |
| | | | p 2-3 |
| | 7b | When applicable, explanation of any interim analyses and stopping guidelines | NA |
| Randomisation: | | | |
| Sequence | 8a | Method used to generate the random allocation sequence | 7 |
| generation | 8b | Type of randomisation; details of any restriction (such as blocking and block size) | 7 |

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| Implementation 10 Who generated the random allocation sequence, who enrolled participants, and who assigned participants to interventions 7 7 7 7 7 7 7 7 7 | Allocation concealment mechanism | 9 | Mechanism used to implement the random allocation sequence (such as sequentially numbered containers), describing any steps taken to conceal the sequence until interventions were assigned | 8 |
|---|--|-----|---|----------------------------|
| Statistical methods | Implementation | 10 | | 7 |
| Statistical methods | Blinding | 11a | | 8 |
| Statistical analysis plan p.7-9 | | 11b | If relevant, description of the similarity of interventions | NA |
| Results Participant flow (a diagram is strongly recommended) 13a For each group, the numbers of participants who were randomly assigned, received intended treatment, and were analysed for the primary outcome were analysed for the primary outcome recommended) 13b For each group, losses and exclusions after randomisation, together with reasons 13, Figure 1 14b Why the trial ended or was stopped 13 14b Why the trial ended or was stopped 13 14b Why the trial ended or was stopped 13 14c A table showing baseline demographic and clinical characteristics for each group 14c Por each group, number of participants (denominator) included in each analysis and whether the analysis was by original assigned groups Outcomes and estimation 15a For each primary and secondary outcome, results for each group, and the estimated effect size and its precision (such as 95% confidence interval) 2, Table 3 15a-14, Figure 2, Table 3 15a-14, | Statistical methods | 12a | Statistical methods used to compare groups for primary and secondary outcomes | Statistical analyisis plan |
| Participant flow (a diagram is strongly recommended) 13b For each group, the numbers of participants who were randomly assigned, received intended treatment, and 13, Figure 1 were analysed for the primary outcome 13b For each group, losses and exclusions after randomisation, together with reasons 13, Figure 1 13c 14b Why the trial ended or was stopped 13c 13c 14b Why the trial ended or was stopped 13c 13c 14b Why the trial ended or was stopped 13c 13c 14b Numbers analysed 15c For each group, number of participants (denominator) included in each analysis and whether the analysis was by original assigned groups 15c For each primary and secondary outcome, results for each group, and the estimated effect size and its 13-14 Figure precision (such as 95% confidence interval) 2, Table 3, 17b For binary outcomes, presentation of both absolute and relative effect sizes is recommended 13-14, Figure 2, Table 3, 14c Results of any other analyses performed, including subgroup analyses and adjusted analyses, distinguishing pre-specified from exploratory pre-specified from exploratory primary and secondary outcomes. | | 12b | Methods for additional analyses, such as subgroup analyses and adjusted analyses | Statistical analyisis plan |
| diagram is strongly recommended)were analysed for the primary outcomerecommended)13bFor each group, losses and exclusions after randomisation, together with reasons13, Figure 1Recruitment14aDates defining the periods of recruitment and follow-up13Baseline data15A table showing baseline demographic and clinical characteristics for each groupTable 2Numbers analysed16For each group, number of participants (denominator) included in each analysis and whether the analysis was by original assigned groups13-14 FigureOutcomes and estimation17aFor each primary and secondary outcome, results for each group, and the estimated effect size and its13-14 Figureestimationprecision (such as 95% confidence interval)2, Table 3,Ancillary analyses18Results of any other analyses performed, including subgroup analyses and adjusted analyses, distinguishing pre-specified from exploratory14, eResults pre-specified from exploratory | Results | | | |
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| Ancillary analyses 18 Results of any other analyses performed, including subgroup analyses and adjusted analyses, distinguishing 14, eResults pre-specified from exploratory p17 | | 17b | | . • |
| <u></u> | Ancillary analyses | 18 | | 14, eResults |
| | Harms | 19 | | |

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| Discussion | | | |
|-------------------|----|--|--------------|
| Limitations | 20 | Trial limitations, addressing sources of potential bias, imprecision, and, if relevant, multiplicity of analyses | 18 |
| Generalisability | 21 | Generalisability (external validity, applicability) of the trial findings | 18 |
| Interpretation | 22 | Interpretation consistent with results, balancing benefits and harms, and considering other relevant evidence | 15-17 |
| Other information | | | |
| Registration | 23 | Registration number and name of trial registry | 2 |
| Protocol | 24 | Where the full trial protocol can be accessed, if available | See |
| | | | supplement 1 |
| | | | for trial |
| | | | protocol |
| Funding | 25 | Sources of funding and other support (such as supply of drugs), role of funders | 2 |

^{*}We strongly recommend reading this statement in conjunction with the CONSORT 2010 Explanation and Elaboration for important clarifications on all the items. If relevant, we also recommend reading CONSORT extensions for cluster randomised trials, non-inferiority and equivalence trials, non-pharmacological treatments, herbal interventions, and pragmatic trials. Additional extensions are forthcoming: for those and for up to date references relevant to this checklist, see www.consort-statement.org.

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