Appendix

Relevant alcohol use and subjective response items from Daily Diary Assessments

| Did you drink any | alcohol yesterda | ay? | | | |
|---|--------------------|-------------|----------------|---------------|------------|
| | Yes | | | | |
| You reported that y | you drank alcoh | ol yesterda | y. Please conf | irm that this | is correct |
| I did drink yester I did not drink ye How did you feel ye s | sterday | nkina? | | | |
| a.a yea .ee. y e. | Not at all | A little | Moderately | Quite a bit | Extremely |
| Downhearted | O | | O | Quite a bit | O |
| Discouraged | 0 | 0 | \circ | \circ | 0 |
| Uneasy | 0 | \circ | \circ | \circ | \circ |
| Anxious | 0 | 0 | 0 | 0 | 0 |
| How did you feel ye s | sterday before dri | nking? | | | |
| | Not at all | A little | Moderately | Quite a bit | Extremely |
| Joyful | \circ | \circ | \circ | \circ | \bigcirc |
| Cheerful | \circ | \bigcirc | \circ | \circ | \bigcirc |
| Energetic | \circ | \bigcirc | \circ | \circ | \bigcirc |
| Lively | \circ | \bigcirc | \bigcirc | \bigcirc | \bigcirc |

| ı g , I craved | d a drink ye | sterday. | | | |
|-----------------------|---------------------------------|--|--|---|--|
| 1 | 2 | 3 | 4 | 5 | Strongly Agree 6 |
| ı g , all I wa | nted to do | yesterday was | have a drinl | k. | |
| 1 | 2 | 3 | 4 | 5 | Strongly Agree 6 |
| ank , how s | strong was | your urge to d | rink alcohol | yesterday? | |
| 2 | 3 | 4 5 | 6 | 7 8 | 9 Strongest ever 10 |
| | | | | ay? | |
| .5-ounce s | shots of liq | uor did you ha | ave yesterda | y - alone or in | a mixed drink? |
| uor, etc.) a | and numbe | | | | |
| | ank, how something uor, etc.) a | ank, how strong was 2 3 -ounce beers did you 2-ounce shots of liques and the same something not listed and the same something not listed and the same something not listed and the same shots of liques and the same shot | ank, how strong was your urge to decompose the strong was your urge to | ank, how strong was your urge to drink alcohol 2 3 4 5 6 2-ounce beers did you have yesterday? ounce glasses of wine did you have yesterday ounce shots of liquor did you have yesterday | ank, how strong was your urge to drink alcohol yesterday? 2 3 4 5 6 7 8 2 3 4 5 6 7 8 3 4 5 6 7 8 3 4 5 6 7 8 3 4 5 6 7 8 4 5 6 7 8 5 ounce beers did you have yesterday? 2 3 4 5 6 7 8 5 ounce beers did you have yesterday? |

| How did you feel yesterday while drinking ? | |
|--|--|
|--|--|

| | | Not at all | A little | Moderately | Quite a bit | Extremely |
|------------------------------------|-------------------|--------------------------|------------|------------|-------------|----------------|
| Downhearted | | \circ | \bigcirc | \circ | \circ | \circ |
| Discouraged | | \circ | \bigcirc | \circ | \circ | \circ |
| Uneasy | | \circ | \bigcirc | \circ | \circ | \circ |
| Anxious | | 0 | 0 | 0 | 0 | 0 |
| How did you fe | eel yester | day while drin | king? | | | |
| | | Not at all | A little | Moderately | Quite a bit | Extremely |
| Joyful | | \circ | \bigcirc | \circ | \circ | \bigcirc |
| Cheerful | | \circ | \circ | \circ | \circ | \circ |
| Energetic | | \bigcirc | \bigcirc | \circ | \bigcirc | \bigcirc |
| Lively | | \bigcirc | \bigcirc | \bigcirc | \circ | |
| While drinking | g, I craved | a drink yester | day. | | | |
| While drinking Strongly Disagree 0 | g, I craved 1 | a drink yester 2 O | day. | 4 | 5 | Strongly Agree |
| Strongly Disagree 0 | 1 | | 3 | 0 | 5 0 | |

The following adjectives describe feelings. Please rate how you were feeling yesterday while you were drinking:

| | Not at all 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | Extremely 10 |
|---------------|-----------------------|---|---|---|---|---|---|---|---|---|-----------------|
| Energized | 0 | | 0 | | 0 | 0 | | 0 | 0 | | |
| Excited | | 0 | 0 | | 0 | 0 | | | 0 | | |
| Up | | 0 | 0 | | 0 | 0 | 0 | | 0 | | |
| Sedated | \bigcirc | 0 | 0 | 0 | 0 | 0 | 0 | | 0 | 0 | 0 |
| Slow thoughts | | | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 0 |
| Sluggish | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |