

Appendix
Providing Quality Family Planning Services: Developing Federal Clinical Care Recommendations For Men
Marcell et al.

Appendix A. Services Considered to Include in Guidance as Part of the Review Process

Panel	Technical group services to include		Expert work group services to include	
	No	Yes	No	Yes
Screening sexual and reproductive health-related services				
History				
1. Puberty and sexuality		X ^a	X ^b	
2. Relationships and dating		X ^a	X ^b	
3. Sexual behavior		X		X
4. Problems with sexual function		X	X ^c	
5. Pregnancy prevention/contraception including condoms		X		X ^d
6. Father, pregnancy history		X		X
7. Testicular self-exam	X ^e			
8. Depression	X ^f			X ^g
9. Suicide	X ^f			X ^h
10. Violence prevention (e.g., intimate partner violence)		X	X ⁱ	
11. Abuse history (e.g., physical, sexual, emotional)		X	X ⁱ	
12. Tobacco use		X		X
13. Alcohol and other drug use		X		X
14. Physical activity	X ^f			
15. Healthy diet	X ^f			
16. Immunizations (i.e., HBV, HPV)		X		X ^j
Physical exam				
1. Sexual maturity rating		X		X
2. Gynecomastia exam	X ^f			
3. Genital exam		X		X
4. Testicular cancer screen	X ^e			
5. Hernia	X ^b			
6. Anal inspection	X ^f			
7. Rectal exam	X ^f			
8. Blood pressure (e.g., HTN)		X		X
9. BMI (e.g., obesity)		X		X
10. Exam components (e.g., heart, lungs, abdomen, extremities)	X ^b			
11. Skin (e.g., cancer)	X ^f			
Laboratory tests				
1. Chlamydia		X		X
2. Gonorrhea		X		X
3. Hepatitis B	X ^e			
4. Hepatitis C	X ^{e, k}			X ^k
5. Herpes simplex	X ^e			
6. Syphilis		X		X
7. HIV infection		X		X
8. Anal Pap	X ^b			
9. Prostate cancer screen	X ^f			
10. Cholesterol/lipids	X ^f			
11. Diabetes	X ^f			X ^g
12. HGB/HCT	X ^b			
13. Urinalysis	X ^b			
Counseling				
1. Demonstrate condom/practice		X	X ^b	
2. Emergency contraception counseling		X		X ^{d, m}
3. STD/HIV counseling		X		X ^{l, m}
4. Obesity counseling	X ^f			X ^{l, m}

^aRecommended to combine and include as part of expanded sexual and reproductive health services for men.

^bEvidence base not established.

^cBeyond definition of family planning for clinical guidelines.

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^dIncorporated into contraception services.

^eEvidence recommends against service.

^fService not recommended since part of primary care.

^gServices recommended based on preconception health guidance.

^hService recommended if depression symptoms identified.

ⁱInsufficient evidence to recommend for or against service.

^jFor example, HBV and HPV sexual and reproductive health-related vaccines; technical panel discussed inclusion of hepatitis A virus (HAV) vaccine but not after expert panel.

^kReview occurred prior to CDC and U.S. Preventive Services Task Force (USPSTF) update.

^lService recommended based on identification of risk.

^mCounseling service incorporated into related screening item (e.g., sexual behavior, BMI) rather than in separate counseling section.

HBV, hepatitis B virus; HCT, hematocrit; HGB, hemoglobin; HPV, human papillomavirus; HTN, hypertension; STD, sexually transmitted disease.

Appendix B. Federal Agencies and Professional Organizations From Which Recommendations Were Sought

- American Academy of Child and Adolescent Psychiatry (AACAP)
 - American Academy of Family Physicians (AAFP)
 - American Academy of Nurse Practitioners (AANP)
 - American Academy of Pediatrics (AAP)
 - American Cancer Society (ACS)
 - American College of Physicians/American Society of Internal Medicine (ACP)
 - American College of Preventive Medicine (ACPM)
 - American Diabetes Association (ADA)
 - American Heart Association (AHA)
 - American Medical Association (AMA)
 - American Society for Reproductive Medicine (ASRM)
 - American Urological Association (AUA)
 - Centers for Disease Control and Prevention (CDC)
 - HIV/AIDS
 - Immunization
 - STD treatment
 - Select Panel on Preconception Care
 - Family Violence Prevention Fund—Futures Without Violence (FVPF)
 - National Association of Pediatric Nurse Practitioners (NAPNAP)
 - National Heart, Lung, and Blood Institute (NHLBI)
 - Society for Adolescent Health and Medicine (SAHM)
 - U.S. Public Health Service (USPHS)
 - U.S. Preventive Services Task Force (USPSTF)
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Appendix C. Technical Panel Participants

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Appendix D. Title X Expert Work Group Panel

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Clare Coleman, President and CEO, National Family Planning and Reproductive Health Association
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Daryn Eikner, MS, Family Planning Council
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Seiji Hayashi, MD, Bureau of Primary Health Care, Health Resources and Services Administration
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