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## Supplemental information

## Enhanced cell viscosity: A new phenotype

## associated with lamin A/C alterations

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Fig. S1. Cellular and nuclear volumes of control and altered lamin A/C cells. Related to Figure 2. Volumes were quantified to design the microfluidic devices. UNT: untreated control cells; DMSO: control cells incubated with DMSO for 48 h; AZN: control cells treated with Atazanavir (in DMSO) for 48 h; M,K: cells from two patients with FLPD2 carrying the lamin A/C R482W mutation; Progeria: cells from a patient with HGPS carrying the lamin A/C G608G mutation. Adhered cells were labelled for plasma membrane (with CellBrite) and nuclei (with Hoechst) before detachment and resuspension in culture medium. Cellular and nuclear volumes were computed from confocal imaging. A) Typical confocal planes of cells (in yellow) and nuclei (in cyan). Scale bar: 10  $\mu$ m. B-C) Boxplot representations of the cellular (A) and nuclear (B) volumes, with median values, 25% and 75% percentiles, and min/max values as whiskers. Significant differences: FPLD2, Progeria and DMSO cells vs UNT cells, \*; AZN vs DMSO cells, ¤. D) Table recapitulating median values of the volumes and 95% Confidence Intervals (CIs). Number of experiments: N  $\geq$  2; number of analyzed cells: *n*.



Fig. S2. Entry time in constrictions  $T_e$  is larger in altered lamin A/C cells independently of cell size. Related to Figure 3. Cell types as in Fig. 3: UNT: untreated control cells; DMSO: control cells incubated with DMSO for 48 h; AZN: control cells treated with Atazanavir for 48 h; T2D: cells from the diabetic patient; M,K: cells from the patients with FPLD2. A) Dotplot representation of  $T_e$ , independently of cell size. The non-Gaussian distributions are plotted in log scale; median values and 95% Cls are indicated. The plots correspond to the bar plots in Fig. 3A and illustrate the number of analysed cells. B) Same plots as in (A), with cells sorted into three size populations (volume bin: 1000  $\mu$ m<sup>3</sup>). The cellular volumes were computed from the images of the cells before they enter the microfluidic constrictions. Both types of cells with lamin A/C alterations, FPLD2 and AZN, display larger  $T_e$  compared to their respective controls, whatever the volume range. C) Dotplot representation of cell volumes bin. Within a bin, the median volumes differ by at most 12% between cell types. D) Table recapitulating median values and 95% Cls of entry times and cell volumes per volume bin. Significant differences: FPLD2 vs T2D vs UNT cells, \*; AZN vs DMSO cells, ¤. Number of experiments: N ≥ 3; number of analyzed cells: *n*.



Fig. S3. The linear slopes  $S_I - S_{III}$  of the three regimes in the temporal curve of the tongue length  $\ell(t)$  are changed by the cell condition, consistently with the entry time  $T_e$ . Related to Figure 3A. Significant differences: FPLD2 vs T2D vs UNT cells, \*; AZN vs DMSO cells,  $\mu$ . Number of experiments: N  $\geq$  3; number of analyzed cells: n > 150.



Fig. S4. Dotplot representations of cell viscoelastic parameters extracted with the rheological model. Related to Figure 3. The plots correspond to the bar plots in Fig. 3D-F and illustrate the number of analyzed cells. A) Short-time viscosity  $\eta_1$ . B) Elastic modulus *E*. C) Long-time viscosity  $\eta_2$ . Significant differences: FPLD2 vs T2D vs UNT cells, \*; AZN vs DMSO cells, **¤**. Number of experiments : N  $\geq$  3; number of fitted curves: n'.



Fig. S5. Alteration of long time viscosity is detected by a simple relationship between entry time and cell initial length. Related to Figure 3F. A) Dependence of the entry time  $T_e$  with the cell initial length  $L_0$  for UNT and K cells. Data are plotted in log-log scale and fitted with the scaling law  $T_e \sim \nu L_0^2$ . Cells with  $T_e < 0.3$  s were not considered. Data were binned using a length bin set to 3  $\mu$ m. Medians values are displayed with 25% percentiles. B) Boxplots of the constant  $\nu$  extracted from the scaling law fit (solid line) and of long-time viscosity  $\eta_2$  (dashed line), normalized to the values obtained for UNT cells (median values  $\pm$  95% Cls).



Fig. S6. Tongue length fits using a power law. Related to Figures 3F and S7. A-D) Power law fits  $\ell = \ell_0 + t^{0.5}/A_{\alpha}$  for UNT vs M and K cells (A), DMSO vs AZN cells (B), UNT vs DMSO cells (C), and UNT vs L cells (D). Solid curves and symbols indicate the median fits plotted with the median values of the parameters, dashed upper and lower curves delineate the 95% Cls. E) Comparison of  $A_{\alpha}$  values extracted from the power law fits for the different cell types (medians  $\pm$  95% Cls). Significant differences: FPLD2 vs T2D vs UNT cells, \*; AZN vs DMSO cells, **¤**. Number of experiments: N  $\geq$  3; number of fitted curves: n".



Fig. S7. Typical cell tongue elongation curves fitted with Jeffreys and power law models. Related to Figures 3 and S6. Cells as in Fig. 3.



Fig. S8. The cell forms a bleb at the front that precedes the actin cortex and the nucleus during deformation in the constriction. Related to Figure 3D and Table 1. The cell membrane, actin and nucleus are imaged at different timepoints during entry in constriction. A) The cell comes into contact with the constriction and a bleb immediately enters (phase I). B) The bleb moves forward, the actin cortex and the nucleus slowly deform (phase II). C) The nucleus has completely entered the constriction and the rear of the cell deforms (bottom cell), the bleb is still present at the front (phase III). D) The cell is fully deformed and transits through the constriction, with the bleb at the front followed by actin, nucleus and cell rear (phase IV). E-F) Saturating the image highlights the transparent front bleb, with the actin in black. Cell membrane is imaged in brightfield; nucleus and F-actin are imaged in epifluorescence, via Hoechst (blue) and SPY-actin 555 (black) labelling, respectively. Red arrows indicate some blebs. Scale bar = 10  $\mu$ m.



Fig. S9. Entry time of isolated nuclei in constrictions sorted by nucleus volume. Related to Figure 4. Dotplot representations of entry times  $T_e$  sorted into three size populations that were defined based on the median volumes of nuclei from AZN cells ( $\approx 600 \ \mu m^3$ , B) and from FPLD2 M/K cells ( $\approx 500 \ \mu m^3$ , C). Significant differences: AZN vs DMSO cells, **¤**; FPLD2 vs UNT cells, \*. Number of experiments: N  $\geq$  4; number of analyzed nuclei: *n*.



Fig. S10. Actin and microtubule network depolymerization upon cytoskeletal drug treaments. Related to Figure 5. Maximal intensity projection from confocal z-stacks of F-actin (red), α-tubulin (green) and DNA (blue). Adhered UNT cells were incubated with DMSO, or treated with nocodazole (Noco), latrunculine A (LatA) or both nocodazole and latrunculine A (Noco+Lat A) prior to immunostaining. Scale bar: 10 μm.



Wafer with aluminium crosses

Alignment Mask 2

Alignment Mask 3



UNT				
	DMSO	Ν	L	NL
$T_e$	0.48	0.26	0.22	0.15
(s)	[0.34-0.60]	[0.21-0.33]	[0.18-0.31]	[0.11-0.18]
$\eta_1$	26	29	9	10
(Pa.s)	[22-29]	[24-32]	[7-11]	[8-12]
E	5.7	6.2	4.5	4.5
(kPa)	[5.1-6.1]	[5.6-6.6]	[4.2-4.9]	[4.0-5.0]
$\eta_2$	251	287	146	91
(Pa.s)	[217-318]	[242-335]	[112-191]	[78-116]
AZN				
	DMSO	Ν	L	NL
$T_e$	1.75	0.95	0.49	0.43
(s)	[1.33-2.12]	[0.75-1.20]	[0.42-0.66]	[0.36-0.55]
$\eta_1$	25	34	10	13
(Pa.s)	[23-28]	[28-39]	[8-11]	[6-16]
E	4.0	4.7	4.1	3.9
(kPa)	[3.9-4.3]	[4.4-5.0]	[3.8-4.3]	[3.6-4.3]
$\eta_2$	700	416	244	181
(Pa.s)	[582-844]	[333-506]	[190-302]	[138-227]
К				
	DMSO	Ν	L	NL
$T_e$	1.26	0.56	0.54	0.41
(s)	[0.96-1.49]	[0.42-0.76]	[0.40-0.68]	[0.29-0.59]
$\eta_1$	23	23	11	11
(Pa.s)	[19-27]	[19-25]	[8-13]	[9-14]
E	4.1	4.2	3.8	3.9
(kPa)	[3.7-4.5]	3.8-4.6]	[3.6-4.4]	[3.4-4.3]
$\eta_2$	631	293	219	168
(Pa.s)	[541-725]	[247-343]	[171-304]	[142-219]

Table S1. Changes in rheological parameters upon actin and microtubule networks disruption in UNT, AZN and K cells (medians [95% Cl]).Related to Figure 5. Cytoskeleton drugs: N = nocodazole, L = latrunculine A, NL = nocodazole + latrunculin A. Colors indicate significant differences between N/L/NL and DMSO conditions: ns \* \*\* \*\*\*.