

Do you often see patients with pain in the following areas of their body?

- Hands
- Face
- Feet
- Hips
- Knees
- Shoulders
- Back

Do you often see patients with any of the following gastrointestinal issues?

- Reflux
- Difficulty swallowing
- Nausea/vomiting
- Lack of appetite/feeling full quickly
- Heartburn
- Constipation
- Gas
- Diarrhoea
- Bloating
- Small Intestine Bacterial Overgrowth
- Bowel obstruction
- Faecal incontinence
- Other

What other GI issues do you often see in patients?

What other symptoms of scleroderma do you see? Please specify.

4. How often do you observe weight loss in the Scleroderma patients you treat?

- Never
- Rarely
- Sometimes
- Often
- Always

5. Do most of your patients require any support for cooking and/or shopping?

- Yes
- No

5a. If yes, please specify what support they require for cooking/shopping:

5b. What are the common reasons for your patients requiring support with shopping/cooking?

6. Do you regularly see patients avoid any foods and/or follow a special diet because of scleroderma?

- Yes
- No

6a. If yes, please specify which foods/special diet (e.g. gluten free diet, dairy free diet, FODMAP diet, etc):

NUTRITION EDUCATION NEEDS

7. Please tick the following boxes corresponding to the type of nutrition information most frequently required by patients with scleroderma in your experience:

- Gaining weight
- Losing weight
- Managing nutrition related scleroderma symptoms
- Special diet information (e.g. texture modified diet or FODMAP diet)
- Managing food intolerances/allergies
- Cooking techniques
- General food knowledge
- Other

7a. What other types of nutrition information do you think are frequently required by patients with scleroderma?

8. Do you think a dietitian consult/education would be of benefit to your patients with scleroderma?

- Yes
- No

8a. What mode/s do you believe would be suitable to deliver dietary advice by a dietitian to patients with scleroderma?

- Face to face consultations
- Telephone consultations
- Group education sessions
- Written resources i.e., pamphlets, leaflets, booklets etc
- Online webinars/YouTube videos
- Podcasts
- Telehealth
- Student-led clinics
- Dietitians in GP clinics
- Other

8b. Are there any other modes of nutrition education that may be beneficial to your patients with scleroderma?

9. How confident would you feel for University students to provide nutrition education for scleroderma patients (as facilitated by a supervisor)? Please tick:

- Not confident at all
- Slightly confident
- Fairly confident
- Completely confident
- Don't know

10. How often do you believe it is necessary for nutrition education/support to be given to patients with scleroderma?

- At diagnosis
- Fortnightly
- Every month
- Twice yearly
- Whenever symptoms occur/increase/change
- My patients do not need a face to face consultation but access to online resources all the time would be useful
- I do not foresee the need for nutrition education at this time

11. Would you as the health professional find it beneficial to receive education about nutrition for patients with scleroderma?

- Yes
- No

12. Thank you for completing the survey. Please use this space to provide any other comments or questions you may have regarding the survey or upcoming research:
