Part I: These questions ask about finding a genetic result, which is the change(s) in your genes that was returned to you.

How were you told about the genetic result?
 In person by a genetic counselor or doctor who specializes in genetics In person by a doctor, nurse, or nurse practitioner who does not specialize in genetics Over the phone by a genetic counselor or doctor who specializes in genetics Over the phone by a doctor, nurse, or nurse practitioner does not specialize in genetics Other
Please explain how you were told about the genetic result:
When were you told about the genetic result?
Do you think the genetic result explains your health problems?
Yes, fullyYes, partiallyUnsureNo
Does your doctor think the genetic result explains your health problems?
Yes, fullyYes, partiallyUnsureNo
How important is having a genetic result?
 ○ Not at all important ○ Slightly important ○ Moderately important ○ Very important ○ Extremely important
We are interested in your feelings about the following statements:
Having a genetic result has helped me understand my current health problems
 strongly disagree disagree neutral agree strongly agree

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Having a genetic result has helped me worry less about my health problems
strongly disagreedisagreeneutral
○ agree○ strongly agree
Having a genetic result has not helped me prepare for my future
○ strongly disagree○ disagree○ neutral
○ agree○ strongly agree
Having a genetic result has helped me feel less alone
 strongly disagree disagree neutral agree strongly agree
Having a genetic result has helped me find better treatments for my health problems or strongly disagree disagree neutral agree strongly agree
I have been referred to additional specialists based on my genetic result
○ Yes ○ No
How many?
I have been able to stop seeing specialist(s) based on my genetic result
○ Yes ○ No
How many?
I have been prescribed new medication(s) based on my genetic result
○ Yes ○ No
How many?



I have been able to stop taking certain medication(s) based on my genetic result
○ Yes ○ No
How many?
I have become eligible for an additional research study based on my genetic result
YesNoUnsure
Having a genetic result has improved/opened access to supportive services (e.g. occupational therapy, speech therapy, home health services, etc.)
 strongly disagree disagree neutral agree strongly agree not applicable
Having a genetic result has improved/opened access to school support
 strongly disagree disagree neutral agree strongly agree not applicable
Having a genetic result has allowed me to connect with a new gene- or disease-specific group
 ○ strongly disagree ○ disagree ○ neutral ○ agree ○ strongly agree ○ not applicable
Having a genetic result has not helped me connect with other families
 strongly disagree disagree neutral agree strongly agree not applicable



Having a genetic result has made an overall positive impact on relationships in my family
 strongly disagree disagree neutral agree strongly agree not applicable
Having a genetic result has helped me decide whether or not to have (more) children
 strongly disagree disagree neutral agree strongly agree not applicable (I am not planning on having any or more children)
Having a genetic result has helped me plan for my/my partner's future pregnancy
 strongly disagree disagree neutral agree strongly agree not applicable (I am not planning on having any or more children)

Has the genetic result had any other impact on you or your family? Please tell us below:



Part II: The questions in this scale ask you about your feelings and thoughts during THE LAST MONTH. In each case, please indicate your response by selecting the option representing HOW OFTEN you felt or thought a certain way.

In the last month, how often have you been upset because of something that happened unexpectedly?
○ Never○ Almost never○ Sometimes○ Fairly often○ Very often
In the last month, how often have you felt that you were unable to control the important things in your life?
○ Never○ Almost never○ Sometimes○ Fairly often○ Very often
In the last month, how often have you felt nervous and "stressed"?
NeverAlmost neverSometimesFairly oftenVery often
In the last month, how often have you felt confident about your ability to handle your personal problems?
○ Never○ Almost never○ Sometimes○ Fairly often○ Very often
In the last month, how often have you felt that things were going your way?
○ Never○ Almost never○ Sometimes○ Fairly often○ Very often
In the last month, how often have you found that you could not cope with all the things that you had to do?
○ Never○ Almost never○ Sometimes○ Fairly often○ Very often
In the last month, how often have you been able to control irritations in your life?
○ Never○ Almost never○ Sometimes○ Fairly often○ Very often

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In the last month, how often have you felt that you were on top of things?
○ Never○ Almost never○ Sometimes○ Fairly often○ Very often
In the last month, how often have you been angered because of things that were outside your control?
○ Never○ Almost never○ Sometimes○ Fairly often○ Very often
In the last month, how often have you felt difficulties were piling up so high that you could not overcome them?
○ Never○ Almost never○ Sometimes○ Fairly often○ Very often



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Part III: The final questions ask for some basic information about you that may have changed since the last time you completed the survey.

What is your current marital status?
○ Married○ Widowed○ Divorced○ Separated○ Never married
Are you currently living with a spouse, partner, or boyfriend/girlfriend?
○ Yes ○ No
What is the highest grade or year of school you completed?
 Never attended school Grade school (grades 1 to 8) Some high school (grades 9 to 12) High school graduate or GED Post high school training other than college (vocational, technical, or other types of training) Some college Bachelor's degree or equivalent Master's degree (MS, MBA, MFA, etc.) Professional degree (MD, DDS, DVM, etc.) Doctorate (PhD, EdD, etc.)
What is your current work situation? (check all that apply)
 Working Homemaker Student Sick leave or maternity leave Laid off, looking for work, or otherwise unemployed Retired Disabled, permanently or temporarily Other
What is your household's total combined income during the past 12 months? (This includes money from pensions, social security payments, jobs, net income from business, farm or rent, dividends, interest and any other income received by family members who are 15 years of age or older.)
 Less than \$15,000 \$15,000 to \$19,999 \$20,000 to \$24,999 \$25,000 to \$39,999 \$40,000 to \$89,999 \$90,000 to \$149,999 \$150,000 to \$199,999 \$200,000 or above Prefer not to answer
Including yourself, how many people currently live in your household?

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Do you have health insurance or a health coverage plan? (Check all that apply)	
 Yes, through my employer or someone else's employer Yes, through government sponsored programs such as Medicaid, Medicare, etc. No, I don't have any coverage Don't know 	

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