Major Resources Table

In order to allow validation and replication of experiments, all essential research materials listed in the Methods should be included in the Major Resources Table below. Authors are encouraged to use public repositories for protocols, data, code, and other materials and provide persistent identifiers and/or links to repositories when available. Authors may add or delete rows as needed.

Animals (in vivo studies)

Species	Vendor or Source	Background Strain	Sex	Persistent ID / URL
Mouse (Mus	Charles River	C57BL/6NCrl	Female/Male	https://www.criver.com/products-
musculus)				services/find-model/c57bl6-
				mouse?region=3611

Genetically Modified Animals

Species	Vendor or Source	Background	Persistent ID / URL
		Strain	
FLNC F93A/L98E mice	Home-made	C57BL/6NCrl	
FInc floxed mice	International Knockout	C57BL/6J	MGI: 4847813
	Mouse Consortium		
Xmlc2-Cre mice	International Knockout	MF1	MGI: 3712342
	Mouse Consortium		
<i>Myh6</i> -MerCreMer	The Jackson Laboratory	C57BL/6J	RRID:IMSR_JAX:005657
mice			

Antibodies

Target	Vendor or	Catalog #	Working	Persistent ID / URL
antigen	Source		concentration	
TurboGFP	Origene	MG222854	1:500 for IF	https://www.origene.com/catalog/antibodies/tag-
			1:200 for IP	antibodies/ta150041/mouse-monoclonal-turbogfp-
				antibody-clone-oti2h8
α-actinin	Abcam	ab68167	1:500 for IF	https://www.abcam.com/products/primary-
				antibodies/sarcomeric-alpha-actinin-antibody-
				ep2529y-ab68167.html
Ki67	Abcam	ab15580	1:500 for IF	https://www.abcam.com/products/primary-
				antibodies/ki67-antibody-ab15580.html
Cardiac	Thermo	MS-295-P1	1:500 for IF	https://efaidnbmnnnibpcajpcglclefindmkaj/https://tool
troponin T	Fisher			s.thermofisher.com/content/sfs/brochures/D11737~.p
				df
Endomucin	Thermo	14-5851-82	1:100 for IF	https://www.thermofisher.com/antibody/product/End
	Fisher			omucin-Antibody-clone-eBioV-7C7-V-7C7-
				Monoclonal/14-5851-82
Collagen I	Abcam	ab34710	1:500 for IF	https://www.abcam.com/products/primary-
				antibodies/collagen-i-antibody-ab34710.html
Active	BD	553715	1:100 for IF	https://www.bdbiosciences.com/en-
Integrin β1				us/products/reagents/flow-cytometry-
(9EG7)				reagents/research-reagents/single-color-antibodies-
				ruo/purified-rat-anti-mouse-cd29.553715
Nkx2.5	R&D	AF2444	1:100 for IF	https://www.rndsystems.com/products/human-nkx25-
	Systems			antibody_af2444
FLAG tag	Sigma-	F7425	1:200 for IP	https://www.sigmaaldrich.com/US/en/product/sigma/f
	Aldrich		1:2000 for WB	7425
HA tag	Santa Cruz	sc-7392	1:40 for IP	https://www.scbt.com/p/ha-probe-antibody-f-7
			1:1000 for WB	

DOI [to be added]

V5	Abcam	ab27671	1:2000 for WB	https://www.abcam.com/products/primary-
				antibodies/v5-tag-antibody-sv5-pk1-ab27671.html
FLNC	Novus	NBP1-	1:1000 for WB	https://www.novusbio.com/products/flnc-
	Biologicals	89300		antibody_nbp1-89300
GAPDH	Santa Cruz	sc-32233	1:5000 for WB	https://www.scbt.com/p/gapdh-antibody-6c5
β1D integrin	Thermo	MA1-	1:2000 for WB	https://www.thermofisher.com/antibody/product/ITG
	Fisher	06906		B1-Antibody-clone-2B1-Monoclonal/MA1-06906
Talin1	Bio-Rad	MCA4770	1:2000 for WB	https://www.bio-rad-
				antibodies.com/monoclonal/human-talin-1-antibody-
				97h6-mca4770.html?f=purified
ILK	Cell	3862	1:2000 for WB	https://www.cellsignal.com/products/primary-
	Signaling			antibodies/ilk1-antibody/3862
γ-SAG	Vector	VP-G803	1:1000 for WB	N/A
	Laboratories			
Dystrophin	Abcam	ab15277	1:1000 for WB	https://www.abcam.com/products/primary-
				antibodies/dystrophin-antibody-ab15277.html
Xirp2	Proteintech	11896-1-	1:2000 for WB	https://www.ptglab.com/products/XIRP2-Antibody-
		AP		11896-1-AP.htm
JUP	Sigma-	P8087	1:2000 for WB	https://www.sigmaaldrich.com/US/en/product/sigma/
	Aldrich			p8087
Normal	Cell	2729	1:200 for IP	https://www.cellsignal.com/products/primary-
Rabbit IgG	Signaling		1:500 for IF	antibodies/normal-rabbit-igg/2729?site-search-
				type=Products&N=102236+4294956287&Ntt=isotype+c
				ontrol&fromPage=plp
Normal	Santa Cruz	sc-2025	1:80 for IP	https://www.scbt.com/p/normal-mouse-
Mouse IgG			1:500 for IF	igg?requestFrom=search

DNA/cDNA Clones

Clone Name	Sequence	Source / Repository	Persistent ID / URL
pcDNA3-FLNC ABD	NM_001081185	Home-made	
(WT)-3 x FLAG			
pcDNA3-FLNC ABD	NM_001081185	Home-made	
(F93A/L98E)-3 x FLAG			
pcDNA3-ACTC1-HA	NM_009608.4	Home-made	
pCMV6-FLNC (WT)-	NM_001081185	Origene	https://www.origene.com/catalog/cdna-
tGFP			clones/expression-
			plasmids/mg222854/flnc-
			nm_001081185-mouse-tagged-orf-clone
pCMV6-FLNC	NM_001081185	Generated from pCMV6-	
(F93A/L98E)-tGFP		FLNC (WT)-tGFP	
pCAX-ITGB1-FLAG	NM_010578.2	Addgene	https://www.addgene.org/30153/
pcDNA3-γ-SAG-FLAG	NM_011892.3	Home-made	

Cultured Cells

Name	Vendor or Source	Sex (F, M, or unknown)	Persistent ID / URL
HEK 293	ATCC	unknown	https://www.atcc.org/products/crl-1573

Other

Description	Source / Repository	Persistent ID / URL
Alexa Fluor® 488	Jackson	https://www.jacksonimmuno.com/catalog/products/711-545-152
AffiniPure Donkey Anti-	ImmunoResearch	The poly www. jackson minutes complete talogy products j 7 11 3 13 132
Rabbit IgG (H+L)		
Alexa Fluor® 594	Jackson	https://www.jacksonimmuno.com/catalog/products/715-585-150
AffiniPure Donkey Anti-	ImmunoResearch	The poly in this gas assumed the first and the poly in
Mouse IgG (H+L)		
Alexa Fluor® 488	Jackson	https://www.jacksonimmuno.com/catalog/products/715-545-150
AffiniPure Donkey Anti-	ImmunoResearch	,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,
Mouse IgG (H+L)		
Alexa Fluor® 594	Jackson	https://www.jacksonimmuno.com/catalog/products/711-585-152
AffiniPure Donkey Anti-	ImmunoResearch	3,1
Rabbit IgG (H+L)		
Polyclonal Goat Anti-	Dako	https://www.agilent.com/en/product/specific-proteins/elisa-kits-
Rabbit		accessories/goat-anti-rabbit-immunoglobulins-hrp-affinity-isolated-
Immunoglobulin/HRP		2717113
Polyclonal Goat Anti-	Dako	https://www.agilent.com/en/product/specific-proteins/elisa-kits-
Mouse		accessories/goat-anti-mouse-immunoglobulins-hrp-affinity-isolated-
Immunoglobulin/HRP		2717109
Tamoxifen	Sigma-Aldrich	https://www.sigmaaldrich.com/US/en/product/sigma/t5648
4-12% SDS-PAGE gels	Thermo Fisher	https://www.thermofisher.com/order/catalog/product/NW04125BOX
Immun-Blot PVDF	Bio-Rad	https://www.bio-rad.com/en-us/sku/1620177-immun-blot-pvdf-
Membrane		membrane-roll-26-cm-x-3-3-m?ID=1620177
SuperSignal™ West	Thermo Fisher	https://www.thermofisher.com/order/catalog/product/34096
Femto Maximum		, , , , , , , , , , , , , , , , , , , ,
Sensitivity Substrate		
FuGENE HD Transfection	Promega	https://www.promega.com/products/luciferase-assays/transfection-
Reagent		reagents/fugene-hd-transfection-reagent/
Pierce [™] IP Lysis Buffer	Thermo Fisher	https://www.thermofisher.com/order/catalog/product/87787
Halt [™] Protease &	Thermo Fisher	https://www.thermofisher.com/order/catalog/product/78440
Phosphatase Inhibitor		
Cocktail		
Dynabeads [™] Protein G	Thermo Fisher	https://www.thermofisher.com/order/catalog/product/10003D
Dulbecco's modified	Thermo Fisher	https://www.thermofisher.com/order/catalog/product/11995065
Eagle's medium		
Medium 199	Thermo Fisher	https://www.thermofisher.com/order/catalog/product/11150059
Horse serum	Thermo Fisher	https://www.thermofisher.com/order/catalog/product/26050088
Fetal bovine serum	Thermo Fisher	https://www.thermofisher.com/order/catalog/product/10100147
Penicillin/Streptomycin	Thermo Fisher	https://www.thermofisher.com/order/catalog/product/15140122
Neonatal Cardiomyocyte	Worthington	https://www.worthington-biochem.com/products/neonatal-
Isolation System		cardiomyocyte-isolation-system
Lipofectamine™ 3000	Thermo Fisher	https://www.thermofisher.com/order/catalog/product/L3000001
Transfection Reagent		
TRIzol™ Reagent	Thermo Fisher	https://www.thermofisher.com/order/catalog/product/15596026
RNeasy mini kit	Qiagen	https://www.qiagen.com/us/products/discovery-and-translational-
,		research/dna-rna-purification/rna-purification/total-rna/rneasy-
		kits?catno=74104
M-MLV Reverse	Promega	https://www.promega.com/products/pcr/rt-pcr/m-mlv-reverse-
Transcriptase		transcriptase/

iTaq Universal SYBR	Bio-Rad	https://www.bio-rad.com/en-us/product/itaq-universal-sybr-green-
Green Supermix		supermix?ID=M87FTF8UU
Sirius Red/Fast Green	Chondrex	https://www.chondrex.com/products/sirius-red-fast-green-collagen-
Collagen Staining Kit		staining-kit
Antigen Unmasking	Vector	https://vectorlabs.com/products/histology/antigen-unmasking-
Solution	laboratories	solution-citric-acid-based
In Situ Cell Death	Roche	https://www.sigmaaldrich.com/US/en/product/roche/11684795910
Detection Kit		

ARRIVE GUIDELINES

The ARRIVE guidelines (https://arriveguidelines.org/) are a checklist of recommendations to improve the reporting of research involving animals. Key elements of the study design should be included below to better enable readers to scrutinize the research adequately, evaluate its methodological rigor, and reproduce the methods or findings.

Study Design

Groups	Sex	Age	Number (prior to experiment)	Number (after termination)	Littermates (Yes/No)	Other description
Control	Male	8-10 weeks old	16	16	Yes	
FInc icMut	Male	8-10 weeks old	16	3	Yes	

Sample Size: The number of animals in *Flnc* icMut group was determined by the genotypes of the mouse individuals. The number of animals in Control group was chosen to be consistent with that of *Flnc* icMut group.

Inclusion Criteria: The study included the male animals with normal body weights, as assessed by the data provided by the vendor (https://www.criver.com/sites/default/files/resources/doc_a/rm_rm_r_male_C57BL6NCr_mice_weight.pdf), prior to the echocardiographic analysis conducted before the administration of Tamoxifen.

Exclusion Criteria: Female mice were excluded to ensure the statistical robustness and mitigate the potential interference from the possible side effects of Tamoxifen on female animals (PMID: 17279326, 33850181).

Randomization: 8-10 weeks old male mice were assigned randomly to different cages during the weaning process. These assignments remained unchanged throughout the genotyping, echocardiographic analysis and administration of Tamoxifen.

Blinding: The performers of the echocardiographic analysis and the administration of Tamoxifen were blinded to the genotypes of the animals included in the study.