STROBE Statement—Checklist of items that should be included in reports of ***cohort studies***

	Item No	Recommendation	✓
Title and abstract	1	(*a*) Indicate the study's design with a commonly used term in the title or the abstract	Pg 1-2
		(*b*) Provide in the abstract an informative and balanced summary of what was done and what was found	Pg 2-3
Introduction			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	Pg 4-5
Objectives	3	State specific objectives, including any prespecified hypotheses	Pg 5
Methods			
Study design	4	Present key elements of study design early in the paper	Pg 5
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	Pg 5-6
Participants	6	(*a*) Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up	Pg 5-7
		(*b*) For matched studies, give matching criteria and number of exposed and unexposed	n/a
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	Pg 6-8
Data sources/ measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	Pg 5-9
Bias	9	Describe any efforts to address potential sources of bias	Pg 7-11
Study size	10	Explain how the study size was arrived at	Pg 5-6
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	Pg 9, Pg 6-8
Statistical methods	12	(*a*) Describe all statistical methods, including those used to control for confounding	Pg 9-11
		(*b*) Describe any methods used to examine subgroups and interactions	Pg 10-12
		(*c*) Explain how missing data were addressed	Pg 10
		(*d*) If applicable, explain how loss to follow-up was addressed	Pg 10
		(*e*) Describe any sensitivity analyses	Pg 10-11
Results			
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed	Pg 11, Fig 1
		(b) Give reasons for non-participation at each stage	Fig 1
		(c) Consider use of a flow diagram	Fig 1
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders	Pg 11-12, Table 1, Fig 2
		(b) Indicate number of participants with missing data for each variable of	Pg 9,

		interest	Table S1
		(c) Summarise follow-up time (eg, average and total amount)	Pg 6-7
Outcome data	15*	Report numbers of outcome events or summary measures over time	Pg 11, Table 1
Main results	16	(*a*) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included	Pg 12, Table 2, Fig 3
		(*b*) Report category boundaries when continuous variables were categorized	Pg 6-7, 9, 11, Table 1
		(*c*) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	n/a
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses	Pg 12-13, Tables S3-7, Figures S4-5
Discussion			
Key results	18	Summarise key results with reference to study objectives	Pg 13
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	Pg 14-15
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	Pg 15
Generalisability	21	Discuss the generalisability (external validity) of the study results	Pg 14
Other information			
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	Pg 16

*Give information separately for exposed and unexposed groups.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at http://www.strobe-statement.org.