Supplementary figures



Fig.S1. CD25 expression *ex vivo.* CD25 expression was determined by flow cytometry in healthy controls (n=18) and COVID patients with acute SARS-CoV-2 infection (n=36) as described in methods. Flow cytometry analysis was conducted to assess CD3+CD4+ (CD4) and CD3+CD4-(CD8+) T cell ratios. Histogram plots are shown.

Α Gating strategy В ns dead Young Aged CD4:CD8 ratio 12 Young P = 0.4225 SSC-A Ċ 8 Ś FSC-H-FSC CD3 73.2 65.4 CD4 COMP TOURD ABED TO' 26.5 34.2 57 ve dead CD3 92.4 SSC-A Aged Ċ FSC FSC-H CD3 С CD4 CD8 Young Young Aged Aged 0.2 0.0 0.3 0.0 0.2 0.0 0.2 0.0 IFN-Y FN-7 0.5 1.1 99 0.6 99.6 0.3 IL-16 IL-1ß

Fig.S2. A) **Gating strategy.** Lymphocyte gating (FSC-A vs SSC-A), singlet gating (FSC-H vs FSC-W), and viable CD3 gating to exclude dead cells (CD3 vs live dead stain) were employed in all flow cytometric analysis of T cells. Aged versus young cells are compared here. B) **CD4/CD8 ratio in aged and young cells.** PBMC were gated as in A, and CD4 and CD8 proportions were determined in CD3+ T cells. Contour plots (left) and statistical analysis (right) show the CD4/CD8 ratio. C) **IL-1** β and **IFN-** γ **expression in young vs aged ex vivo.** Cytokine expression was assessed in T cells of PBMC, comparing young (n=20) and aged (n=16) COVID patients *ex vivo*. Representative contour plots showing cytokine expressing CD4+ (left) and CD8+ (right) cells.



Fig.S3.PD-1 and IFN-*γ* **expression expression in healthy controls.** Representative contour plots showing the expression in CD4+ (left) and CD8+ (right) cells in PBMC stimulated with SPIKE peptides *in vitro*.

Supplementary figures



Fig.S4. PD-1 and IFN-γ expression in T cells upon polyclonal stimulation of aged versus young COVID patients. Representative contour plots showing the cytokine expression in CD4+ (left) and CD8+ (right) cells in PBMC stimulated with PMA/Ionomycin for 4 h *in vitro*.



Fig.S5. PD-1 expression in young vs aged *ex vivo.* PD-1 expression was assessed in T cells of PBMC, comparing young (n=20) and aged (n=16) COVID patients *ex vivo.* Statistical analysis showing % PD-1 expressing CD4+ (left) and CD8+ (right) cells.



Fig.S6. **IL-1**β and **IFN-**γ expression in healthy controls. Representative contour plots showing the cytokine expression in CD4+ (left) and CD8+ (right) cells in PBMC stimulated with SPIKE peptides *in vitro*.



Fig.S7. IL-1 β and IFN- γ expression in monocytes in PBMC from healthy controls and COVID-infected individuals. PBMC from aging and young COVID+ patients *ex vivo* or were stimulated with PMA and ionomycin as in Fig.2. Representative contour plots showing % of IL-1 β (x-axis) and IFN- γ (y-axis) gating on CD14+ monocytes in aged vs young COVID+ patients.