AMSTAR 2: a critical appraisal tool for systematic reviews that include randomised or non-randomised studies of healthcare interventions, or both

1. Did the research questions and	l inclusion criteria for the review include th	e comp	onents of PICO?
For Yes: Population Intervention Comparator group Outcome	Optional (recommended) □ Timeframe for follow-up		Yes No
	ontain an explicit statement that the review of the review and did the report justify a		
For Partial Yes: The authors state that they had a written protocol or guide that included ALL the following:	For Yes: As for partial yes, plus the protocol should be registered and should also have specified:		V
 □ review question(s) □ a search strategy □ inclusion/exclusion criteria □ a risk of bias assessment 	 a meta-analysis/synthesis plan, if appropriate, and a plan for investigating causes of heterogeneity justification for any deviations from the protocol 		Yes Partial Yes No
3. Did the review authors explain	their selection of the study designs for incl	usion in	the review?
For Yes, the review should satisfy ONE of Explanation for including only For OR Explanation for including of OR Explanation for including both Explanation for including both CR Explanation for including both CR Explanation for including both Explanation for including both CR Ex	RCTs nly NRSI		Yes No
	omprehensive literature search strategy?		
For Partial Yes (all the following):	For Yes, should also have (all the following):		
 searched at least 2 databases (relevant to research question) provided key word and/or search strategy justified publication restrictions (e.g. language) 	searched the reference lists / bibliographies of included studies searched trial/study registries included/consulted content experts in the field where relevant, searched for grey literature conducted search within 24 months of completion of the review		<mark>Yes</mark> Partial Yes No
5. Did the review authors perform	m study selection in duplicate?		
and achieved consensus on whice □ OR two reviewers selected a san	ently agreed on selection of eligible studies the studies to include on the studies to include on the studies and achieved good with the remainder selected by one		Yes No

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6. Did the review authors perforn	n data extraction in duplicate?	
For Yes, either ONE of the following:		
included studies ☐ OR two reviewers extracted data	from a sample of eligible studies and st 80 percent), with the remainder	☐ Yes☐ No
7. Did the review authors provide	a list of excluded studies and justify the ex	xclusions?
For Partial Yes: provided a list of all potentially relevant studies that were read in full-text form but excluded from the review	For Yes, must also have: Justified the exclusion from the review of each potentially relevant study	☐ Yes☐ Partial Yes☐ No
8. Did the review authors describe	e the included studies in adequate detail?	
	For Yes, should also have ALL the following: described population in detail described intervention in detail (including doses where relevant) described comparator in detail (including doses where relevant) described study's setting timeframe for follow-up	☐ Yes☐ Partial Yes☐ No☐ No☐ of bias (RoB) in
individual studies that were inc RCTs For Partial Yes, must have assessed RoB from	For Yes, must also have assessed RoB from:	
 unconcealed allocation, and lack of blinding of patients and assessors when assessing outcomes (unnecessary for objective outcomes such as all-cause mortality) 	 □ allocation sequence that was not truly random, and □ selection of the reported result from among multiple measurements or analyses of a specified outcome 	☐ Yes ☐ Partial Yes ☐ No ☐ Includes only NRSI
NRSI For Partial Yes, must have assessed RoB: from confounding, and from selection bias	For Yes, must also have assessed RoB: methods used to ascertain exposures and outcomes, and selection of the reported result from among multiple measurements or analyses of a specified outcome	☐ Yes ☐ Partial Yes ☐ No ☐ Includes only RCTs
10. Did the review authors report (on the sources of funding for the studies in	cluded in the review?
Must have reported on the sour	rces of funding for individual studies included that the reviewers looked for this information y authors also qualifies	

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11. If meta-analysis was performed did the review authors use appropriate combination of results?	method	ls for statistical
RCTs		
For Yes:		
☐ The authors justified combining the data in a meta-analysis		Yes
☐ AND they used an appropriate weighted technique to combine		No
study results and adjusted for heterogeneity if present.		No meta-analysis
AND investigated the causes of any heterogeneity	(conducted
For NRSI		
For Yes:		
☐ The authors justified combining the data in a meta-analysis		Yes
☐ AND they used an appropriate weighted technique to combine		No
study results, adjusting for heterogeneity if present		No meta-analysis
☐ AND they statistically combined effect estimates from NRSI that	(conducted
were adjusted for confounding, rather than combining raw data,		
or justified combining raw data when adjusted effect estimates		
were not available		
☐ AND they reported separate summary estimates for RCTs and		
NRSI separately when both were included in the review		
12. If meta-analysis was performed, did the review authors assess the poter individual studies on the results of the meta-analysis or other evidence s		
For Yes:		
☐ included only low risk of bias RCTs		Yes
☐ OR, if the pooled estimate was based on RCTs and/or NRSI at variable		No
RoB, the authors performed analyses to investigate possible impact of		No meta-analysis
RoB on summary estimates of effect.		conducted
13. Did the review authors account for RoB in individual studies when interesults of the review?	rpretin	g/ discussing the
For Yes:		
☐ included only low risk of bias RCTs		Yes
□ OR, if RCTs with moderate or high RoB, or NRSI were included the		No
review provided a discussion of the likely impact of RoB on the results		
14. Did the review authors provide a satisfactory explanation for, and disc heterogeneity observed in the results of the review?	ussion o	f, any
For Yes:		
☐ There was no significant heterogeneity in the results		**
OR if heterogeneity was present the authors performed an investigation of		Yes
sources of any heterogeneity in the results and discussed the impact of this on the results of the review		No
15. If they performed quantitative synthesis did the review authors carry o investigation of publication bias (small study bias) and discuss its likely the review?		
For Yes:		
 performed graphical or statistical tests for publication bias and discussed 		Yes
the likelihood and magnitude of impact of publication bias		No
		No meta-analysis conducted

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16. Did the review authors report any potential sources of conflict of interest, including any funding they received for conducting the review?				
For Yes	:			
	The authors reported no competing interests OR	□ Yes		
	The authors described their funding sources and how they managed	□ No		
	potential conflicts of interest			

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