Original Article



# Atractylodinol prevents pulmonary fibrosis through inhibiting  $TGF- $\beta$  receptor 1 recycling$ by stabilizing vimentin

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Pirfenidone and nintedanib are only anti-pulmonary fibrosis (PF) drugs approved by the FDA. However, they are not target specific, and unable to modify the disease status. Therefore, it is still desirable to discover more effective agents against PF. Vimentin (VIM) plays key roles in tissue regeneration and wound healing, but its molecular mechanism remains unknown. In this work, we demonstrated that atractylodinol (ATD) significantly inhibits  $TGF- $\beta$ 1-induced epithelial-mesenchymal tran$ sition and fibroblast-to-myofibroblast transition in vitro. ATD also reduces bleomycin-induced lung injury and fibrosis in mice models. Mechanistically, ATD inhibited TGF- $\beta$  receptor I recycling by binding to VIM  $(K_D = 454 \text{ nM})$  and inducing the formation of filamentous aggregates. In conclusion, we proved that ATD (derived from Atractylodes lancea) modified PF by targeting VIM and inhibiting the TGF- $\beta$ /Smad signaling pathway. Therefore, VIM is a druggable target and ATD is a proper drug candidate against PF. We prove a novel VIM function that  $TGF-\beta$  receptor I recycling. These findings paved the way to develop new targeted therapeutics against PF.

#### **INTRODUCTION**

Pulmonary fibrosis (PF) is the result of excessive deposition of the extracellular matrix due to dysregulated tissue repair. The incidence of PF is increasing worldwide. Idiopathic pulmonary fibrosis (IPF) of unknown etiology affects about 3 million people worldwide.<sup>[1](#page-17-0)</sup> The incidence PF ranges from 0.09 to 1.30 per 10,000 persons.<sup>[2](#page-17-1)</sup> PF is one of the most severe and frequently reported COVID-19 sequelae.<sup>[3](#page-17-2)</sup> Since the beginning of the COVID-19 outbreak, more than 628 million people have been infected worldwide, of whom 622 million patients have recovered. $4$  According to a meta-analysis in 2022, approximately 44.9% of COVID-19 survivors had PF.<sup>[5](#page-17-4)</sup> PF has become a global medical burden. Recently, the FDA approved pirfenidone (PFD) and nintedanib as only anti-PF drugs, but they are not target-specific drugs, and can only alleviate the symptoms. Dysfunctions of the liver and kidney are common consequences of COVID-19 disease. Because PFD and nintedanib side effects also include liver and kidney toxicities, COVID-19 patients with PF are temporarily withheld antifibrotic therapy pending resolution of liver

and kidney dysfunction.<sup>[3](#page-17-2)</sup> Twenty-eight small molecular agents are currently in anti-PF clinical trials. Among them, 5 agents were terminated due to side effects; 8, 12, and 1 agents are under phase I, II, and III trials, respectively. $6,7$  $6,7$  $6,7$  Hence, disease-modifying anti-PF drugs are demanded.

Known anti-PF drug targets are the transforming growth factor beta  $(TGF- $\beta$ ), receptor tyrosine kinases (RTKs), connective tissue growth$ factor (CTGF), and WNT/ $\beta$ -catenin.<sup>[8](#page-17-7)</sup> Agents against these targets are still under clinical trials. Because the pathogenesis of PF is complicated, the target or lead identification is sluggish.

Vimentin (VIM) belongs to the type III intermediate filament protein family. The known functions of VIM are to regulate cell mobility, me-chanosensing, transduction, signaling pathways, and inflammation.<sup>[9](#page-17-8)</sup> Therefore, VIM was proposed as a target against virus infection (including COVID-19), cancer, and inflammatory diseases, although a VIM regulator is still not clinically available yet. $10-12$  $10-12$  Withaferin-A (WFA) does inhibit tumor growth through covalently binding to VIM, but remains in lab studies due to toxicities.<sup>[13](#page-17-10)</sup> It was reported that VIM-knockout mice can still grow well and reproduce normally.[14](#page-17-11) Therefore, VIM can be a druggable target. Studies indicate that VIM is a key regulator of fibrosis.<sup>[15](#page-17-12)</sup> However, the molecular mechanisms of VIM are under investigation.

In this study, atractylodinol (ATD) (derived from Atractylodes lancea) is found to be a safe agent against PF by screening 98 compounds of an in-house library. ATD was reported as an antimicrobial or antirespiratory virus agent and a potent bore reproduction inhibitor. $16,17$  $16,17$  $16,17$ To our best knowledge, this is the first time that ATD has been

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reported as an anti-PF agent. Therefore, we conducted evaluations of ATD's safety and the mechanism of actions in vitro and in vivo and identified its target. This work proves that ATD is a safe and promising therapeutic agent against PF.

#### RESULTS

#### ATD as an anti-PF agent

A fibroblast-to-myofibroblast transition (FMT) model was developed with transforming growth factor  $\beta$ 1 (TGF- $\beta$ 1)-induced human fetal lung fibroblasts (HFL1) cells.<sup>[18](#page-17-15)</sup> With the FMT assay, a collagen staining with picrosirius red is used to determine accumulated collagen in HFL1 cells after a compound has been incubated with the cells for 48 h.

To identify new anti-PF leads, a screening campaign against collagen deposition in FMT on an in-house natural product library was conducted in our lab. The library contains 98 compounds, which were derived from Atractylodes lancea, <sup>[19](#page-17-16)</sup> Atractylodes chinensis, <sup>[20](#page-17-17)</sup> Hypericum japonicum, $^{\mathfrak{21}}$  $^{\mathfrak{21}}$  $^{\mathfrak{21}}$  Ajuga decumbens, $^{\mathfrak{22}}$  $^{\mathfrak{22}}$  $^{\mathfrak{22}}$  and Siegesbeckia pubescens $^{\mathfrak{23}}$  $^{\mathfrak{23}}$  $^{\mathfrak{23}}$ (traditional Chinese medicines). Twenty-four hits were determined (collagen deposition inhibition >50%). Among them, ATD (the structure is depicted in [Figure 1A](#page-2-0)) derived from Atractylodes lancea significantly inhibited collagen deposition at 99.67% inhibition with a concentration of 10  $\mu$ M ([Figure S1](#page-17-21)A). ATD was incubated with HFL1 cells at concentrations from  $0.003$  to  $300 \mu M$  for 48 and 72 h. As shown in [Figure S1B](#page-17-21), no ATD-induced toxicity was observed at  $30 \mu$ M or lower. Since the active concentration window for anti-PF ranges between 0.01 and 1  $\mu$ M, ATD is a safe and potent PF inhibitor in vitro.

### ATD blocks the EMT

EMT is important for PF pathogenesis. $^{24}$  $^{24}$  $^{24}$  Therefore, we use the EMT model to investigate if ATD inhibits fibrogenesis in A549 cell lines, in which human alveolar epithelial cells were stimulated by TGF- $\beta1$ <sup>25</sup> E-Cadherin (a biomarker for epithelial cells) was decreased and VIM (a biomarker for mesenchymal cells) was increased in TGF- $\beta$ 1-induced A549 cells [\(Figures 1B](#page-2-0)-1D). When ATD or PFD were incubated with the A549 cells, E-cadherin was significantly increased and VIM was significantly decreased.

Interconversion between epithelial and mesenchymal phenotypes is a re-organization of their cytoskeletal systems.<sup>[26](#page-18-0)</sup> EMT-associated cyto-skeletal restructuring changes cellular biomechanics.<sup>[27](#page-18-1)</sup> A549 cells were imaged with atomic force microscopy (AFM) to assess the cell phenotype changes, while TGF- $\beta$ 1 stimulations were applied. The results are depicted in [Figures 1](#page-2-0)E–1G. The interquartile range represents the central tendency of data. The cell stiffness was significantly increased after TGF- $\beta$ 1 stimulation. As shown in [Figure 1E](#page-2-0), Young's modulus increases from  $1.46 \pm 0.03$  to  $2.40 \pm 0.05$  kPa. Rq and Ra values increase from  $14.55 \pm 1.39$  to  $31.30 \pm 2.62$  nm and from  $11.72 \pm 1.22$  to  $23.68 \pm 1.81$  nm, respectively, after being stimulated by TGF- $\beta$ 1 ([Figures 1F](#page-2-0) and 1G). The images (10  $\times$  10  $\mu$ m<sup>2</sup>) shown in [Figure 1](#page-2-0)H demonstrate the detailed nano-structure and roughness of cellular surfaces in A549 cells, which became more ruffled after be-

ing stimulated by TGF- $\beta$ 1. The slope of the force curve after ATD treatment was relatively smoother than that corresponding to the curve of the TGF- $\beta$ 1-stimulated cell [\(Figures 1](#page-2-0)I–1K). This notable distinction suggests a stiffer cellular structure upon exposure to  $TGF- $\beta$ 1.$ 

Thus, we have proved that TGF- $\beta$ 1 does induce PF formation in A549 cells; ATD can significantly alleviate the PF formation through blocking EMT (Young's modulus, Rq, and Ra were decreased to  $1.40 \pm$ 0.03 kPa,  $15.08 \pm 0.69$  nm, and  $11.77 \pm 0.54$  nm, respectively).

The EMT process acquires migratory characteristics resulting in PF during organ healing. We also conducted A549 cell scratch closure experiments, which indicated that the scratch closure rate significantly increased from 36.81% to 74.84% after TGF- $\beta$ 1 stimulation. After ATD treatment, the scratch closure rate significantly decreased in a dose-dependent manner [\(Figures S1](#page-17-21)C and S1D).

Taken together, these experiments demonstrated that ATD can reverse the occurrence of TGF-b1-induced EMT. In addition, ATD prevents TGF-b1-induced A549 fibrosis and is a potent anti-PF agent.

#### ATD blocks the FMT

Excessive proliferation of myofibroblasts is critical to PF, and FMT is an important source of myofibroblasts. Experiments were accomplished to investigate if ATD inhibits PF by blocking FMT. HFL1 cells were incubated with ATD and TGF- $\beta$ 1, then stained by picrosirius red. Results show that collagen was increased by TGF- $\beta$ 1 stimulation, and ATD dose dependently reduces collagen accumulation [\(Figure 2A](#page-3-0)).

Within FMT, myofibroblast cells could attain apoptosis resistance during differentiation.<sup>[7](#page-17-6),[28](#page-18-2)</sup> ATD increased total apoptosis from 7.00% to 15.03% in myofibroblasts ([Figures S2](#page-17-21)A and S2C), suggesting that ATD ameliorates PF. Compared with PFD, ATD is more active in promoting TGF- $\beta$ 1-induced apoptosis in HFL1 cells.

TGF-b1-induced cell-cycle prolongation into the G2-M phase limits the potential of cells to repair and regenerate, exacerbating chronic fibrosis.<sup>[29](#page-18-3),[30](#page-18-4)</sup> We prove that ATD-induced HFL1 cells return to G0-G1 and resume cell growth and division to alleviate PF ([Figures S2](#page-17-21)B and S2D). In contrast, PFD did not demonstrate activity at a concentration of 10  $\mu$ M. TGF- $\beta$ 1 stimulation results in increased HFL1 cell proliferation. With EdU assays, we observed that ATD inhibited TGF- $\beta$ 1-induced proliferation in HFL1 cells at concentrations from 10 to 1,000 nM ([Figures S2E](#page-17-21) and S2F) and PFD had similar behavior.

The fibronectin (FN), collagen I, and  $\alpha$ -SMA mRNA and protein levels increased after TGF-b1 induction ([Figures 2B](#page-3-0)–2I). ATD significantly reduced the mRNA and protein expression of  $\alpha$ -SMA (a fibroblast marker) ([Figures 2](#page-3-0)D, 2E, 2I, [S3A](#page-17-21), and S3B). ATD suppressed extracellular matrix (ECM) (such as FN, collagen I, and collagen III) deposition induced by TGF- $\beta$ 1 in a concentration-dependent

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#### Figure 1. ATD blocks EMT

(A) ATD chemical structure. (B) The protein expression of E-cadherin and VIM in A549 cells was examined by western blotting analysis. Quantification of (C) E-cadherin and (D) VIM expression using ImageJ. Each data point was repeated 6 times (n = 6). (E) Young's modulus represents cell stiffness. (F) Rq represents the root mean-square roughness of cells. (G) Ra represents the average roughness of cells. (H) Representative images of the ultrastructural characterization of A549 cells include the deflection image size of 10 x 10 μm<sup>2</sup> and 3D images. (I) Typical force curves of A549 cells. (J) Typical force curves of A549 cells were stimulated by 5 ng/mL TGF-β1 for 48 h. (K) Typical force curves of A549 cells were treated with 1,000 nM ATD and 5 ng/mL TGF-β1 for 48 h. The data are presented as the mean  $\pm$  SEM.  $^{\#}p$  < 0.05,  $^{\#}i$ p < 0.001,  $^{\#}i$  = 0.001 compared with the control group; \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001 compared with the TGF- $\beta$ 1 group. ns, no statistical difference.

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#### Figure 2. ATD blocks FMT

(A) Picrosirius red staining of HFL1 cells was treated with various concentrations of ATD (10, 100, and 1,000 nM) in the presence or absence of TGF-b1 (5 ng/mL) stimulation for 48 h. Scale bars, 400 µm. (B-D) Quantitative RT-PCR assays were performed to determine mRNA expression of genes related to extracellular matrix (FN1 and COL1A1) and fibrotic marker (ACTA2) in HFL1 cells (n = 6). (E) The expression levels of fibrosis biomarkers. Quantification of (F) fibronectin, (G) collagen I, (H) collagen III, and (I) a-SMA expression using ImageJ. Each data point was repeated 6 times ( $n = 6$ ). PFD-treated cells were the positive control group. The data are presented as the mean  $\pm$  SEM.  $\#p < 0.05$ ,  $\#p < 0.01$ ,  $\##p < 0.001$  compared with the control group; \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001 compared with the TGF- $\beta$ 1 group. ns, no statistical difference.

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manner ([Figures 2E](#page-3-0)–2H, [S3C](#page-17-21), S3D, S5A, and S5B). Meanwhile, ATD decreases the mRNA expression of FN1 and COL1A1 [\(Figures 2](#page-3-0)B and 2C). Overall, the findings imply that ATD can ameliorate PF by blocking FMT.

#### Safety evaluation of ATD in C57BL/6J mice

To measure the short-term safety of ATD, we used an up-and-down method to detect the oral acute toxicity of ATD. Acute toxicity experiments result in an oral median lethal dose  $(LD_{50})$  of 3,129 mg/kg ([Table S1\)](#page-17-21). For efficacy experiments, we use concentrations below 1/300 of the  $LD_{50}$ . Hence, ATD is safe for experimental dosage in mice according to the Globally Harmonized System (GHS) for the Classification and Labeling of Chemicals.

To measure safety during ATD administration, we performed biochemical index detection on the serum of mice administered with ATD for 21 days. There was no significant change in organ coefficients of the heart, liver, kidney, and spleen after ATD administration ([Table S2\)](#page-17-21). In addition, all serum biochemistry remained in the normal range [\(Table S3](#page-17-21)), indicating normal liver, kidney, heart, and overall metabolic functions. However, creatinine (CREA) was significantly increased in the PFD group, indicating that PFD can cause nephrotoxicity. These results indicate that ATD is stable and safe in vivo, and a potent agent for PF treatment.

#### ATD ameliorates PF induced by bleomycin in vivo

PF is a scarring disease of the lungs that eventually leads to respiratory failure. In animal experiments, PFD was used as a positive control.<sup>3</sup> We next examined the anti-fibrotic effect of ATD in vivo ([Figure 3A](#page-4-0)).

Acute toxicity experiments result in ATD having an oral  $LD_{50}$  of 3129 mg/kg ([Table S1\)](#page-17-21). Hence, ATD is safe for experimental dosage in mice according to the GHS for the Classification and Labeling of Chemicals. For efficacy experiments, we use concentrations below 1/300 of the  $LD_{50}$ . The C57BL/6J mouse successfully induced PF by a single intratracheal instillation of bleomycin (BLM). Compared with the control group, the BLM group decreased overall survival ([Figure 3B](#page-4-0)), body weight ([Figure 3](#page-4-0)C), lung coefficient ([Table S2\)](#page-17-21), and lung function, including increased enhance pause (Penh) ([Fig](#page-17-21)[ure S6](#page-17-21)D) and end-expiratory pause (EEP) [\(Figure S6E](#page-17-21)). ATD (2.5, 5, and 10 mg/kg) or PFD (300 mg/kg) treatments significantly improved overall survival, alleviated weight loss, and reversed BLM-caused pulmonary dysfunction.

Microcomputer tomography (micro-CT) experiments showed that the area and fibrotic foci (white patches) were decreased after ATD

or PFD treatment [\(Figure 3](#page-4-0)D). Hematoxylin and eosin (H&E) and Masson staining assays indicated that ATD reduced the inflammatory cell infiltration and the thickening of alveolar septa in a dose-dependent manner ([Figures 3](#page-4-0)D–3F). Compared with PFD, ATD showed a better therapeutic effect in reducing inflammatory cells and the de-gree of fibrosis. As shown in [Figures S7](#page-17-21)A and S7B, the secretion level associated with fibrosis (TGF- $\beta$ 1 and vascular endothelial growth factor A [VEGFA]) and inflammation (tumor necrosis factor alpha [TNF-a], interleukin-6 [IL-6], and chemokine ligand 1 [CXCL1]) in serum and bronchoalveolar lavage fluid (BALF) were significantly inhibited by ATD administration.

Hydroxyproline is the principal component of collagen. Our experiments show that ATD treatment reduced hydroxyproline in lung tissue [\(Figure 3J](#page-4-0)). As shown in [Figures 3I](#page-4-0) and 3K, western blotting results indicate that ATD significantly reduced collagen I expression. In addition, compared with the BLM group, the epithelial cell marker (E-cadherin) was significantly increased, and the mesenchymal cell marker (VIM) and the myofibroblast marker  $(\alpha$ -SMA) were significantly decreased after ATD administration. Proliferating cell nuclear antigen (PCNA) is an essential DNA replication and repair protein that increases significantly in proliferating cells. ATD inhibited the expression of PCNA [\(Figures 3I](#page-4-0) and 3K). Collectively, these results suggest that ATD can inhibit BLM-induced EMT and FMT processes in vivo.

#### ATD inhibits the TGF- $\beta$ /Smad signaling pathway

To explore the molecular mechanisms of ATD, we conducted mRNA transcript sequencing to compare the differential genes between the ATD group and the TGF- $\beta$ 1 group [\(Figure S4\)](#page-17-21). Compared with the HFL1 group, 316 genes were differentially downregulated and 143 genes were upregulated after TGF- $\beta$ 1 stimulation for 48 h (log2 (fold change) >5 or <1/5). After ATD treatment, 282 genes were differentially upregulated and 138 genes were differentially downregulated ([Figure S4](#page-17-21)B). The heatmap demonstrated that ATD treatment reversed the TGF- $\beta$ 1-induced changes in fibroblast gene expres-sion ([Figure S4C](#page-17-21)). Among them, the COL1A1 and ACTA2 genes were significantly changed, and they were mainly affected by the TGF-b/ Smad signaling pathway. We conclude that ATD ameliorates PF through this pathway.

TGF-b1 induces fibrosis by activating canonical Smad-dependent and Smad-independent pathways.<sup>[32](#page-18-6)</sup> As shown in [Figures 4](#page-6-0)A-4C, TGF- $\beta$ 1 treatment for 48 h selectively activated TGF- $\beta$ RI (TGF- $\beta$  receptor type I) in HFL1 cells. TGF-βRII (TGF-β receptor type II) is not activated by TGF- $\beta$ 1. Western blotting analyses indicate that TGF- $\beta$ 1

#### Figure 3. ATD ameliorates PF induced by bleomycin in vivo

(A) Protocol for bleomycin to induce PF in C57BL/6J mice. The PF model mice underwent a single intratracheal instillation of bleomycin (2 mg/kg) at day 0 and were treated with CMC-Na (control group), ATD, or PFD at 1 day and were euthanized at day 21 (n = 14 mice per group). (B) Survival curve. (C) Change in body weight measured over time. Representative images of micro-CT (D), H&E staining (E), and Masson staining (F). Scale bars, 100 µm. (G) H&E staining score for each group (n = 6). (H) Ashcroft score for each group ( $n = 6$ ). (I) Western blot for collagen I,  $\alpha$ -SMA, E-cadherin, VIM, and PCNA protein in mouse lung tissue. (J) The content of hydroxyproline in lung tissue ( $n = 6$ ). (K) Quantification of collagen I,  $\alpha$ -SMA, E-cadherin, VIM, and PCNA expression using ImageJ ( $n = 6$ ). The data are presented as the mean  $\pm$  SEM.  ${}^{\#}p$  < 0.05,  ${}^{\#}p$  < 0.01,  $^{***}$ p < 0.001 compared with the control group; \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001 compared with the bleomycin group. ns, no statistical difference.

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treatment for 30 min significantly increased Smad2 phosphorylation (Ser255 and Ser465/Ser467) ([Figures 4](#page-6-0)D–4F) and Smad3 phosphorylation (Ser204 and Ser423/Ser425) [\(Figures 4H](#page-6-0)–4J). Smad2 phosphorylation (Ser465/Ser467) is also confirmed by immunofluorescent staining experiments ([Figure 4G](#page-6-0)). ATD decreased the phosphorylation of Smad2 and Smad3 by suppressing TGF-βRI expression in a concentration-dependent manner.

In the TGF-β/Smad signaling pathway, Smad7 inhibits TGF-βRI activation of Smad2 and Smad3. Smad4 forms a heterotrimeric complex with activated Smad2 and Smad3 and translocates to the nucleus. However, Smad7 is not affected by ATD ([Figures 4](#page-6-0)K and 4M), while Smad4 expression is significantly suppressed by ATD only at 1,000 nM ([Figures 4K](#page-6-0) and 4L). Overall, our finding indicates that ATD inhibits the TGF- $\beta$ /Smad signaling pathway.

TGF-b1 may also affect the Smad pathway through the mitogen-activated protein kinase pathways. TGF-b-induced activation of ERK1/2 and JNK1/2 pathways can lead to Smad phosphorylation and regulate Smad activation.<sup>[33](#page-18-7)-35</sup> ATD treatment significantly decreased the phosphorylation of ERK1/2 and JNK1/2 in TGF- $\beta$ 1-induced HFL1 cells [\(Figures S5E](#page-17-21)–S5H). However, ATD did not affect the phosphorylation of p38 with or without TGF-b1 ([Figures S5C](#page-17-21) and S5D).

Thus, we conclude that ATD modifies PF status by inhibiting TGF- $\beta$ / Smad-dependent and Smad-independent (ERK1/2 and JNK1/2) signaling pathways.

#### ATD inhibits the TGF- $\beta$ /Smad signaling pathway through binding VIM

Our mRNA transcript sequencing results also indicated that the differential genes after ATD treatment were mainly enriched in ECM-receptor interaction and focal adhesion pathways by KEGG analysis [\(Fig](#page-17-21)[ure S4](#page-17-21)A). Focal adhesions are dynamic protein complexes through which the cytoskeleton of a cell connects to the  $ECM<sup>36</sup>$ . The cytoskeleton regulates focal contact size and helps stabilize cell-matrix adhesions in endothelial cells. $37$  We recognize that ATD can inhibit ECM deposition through the cytoskeleton, a new pathway for improving PF.

To identify the target of ATD, we synthesized an ATD-biotin chemical probe (the structure is depicted in [Figure 5A](#page-8-0)). The probe was incubated with HFL1 cells. Western blotting assays indicated that the ATD-biotin is still active ([Figures S8](#page-17-21)B–S8E). ATD-biotin was used in biotin-streptavidin pull-down experiments. A distinct protein band was identified between molecular weights 50 and 70 kDa ([Fig-](#page-17-21)

[ure S8](#page-17-21)F). The band was cleaved and confirmed that ATD was bound to VIM with mass spectroscopy [\(Table S4\)](#page-17-21). The VIM cytoskeleton regulates focal contact size and helps stabilize cell-matrix adhesions in endothelial cells.

The full-length VIM was specifically pulled down by ATD-biotin. The binding of ATD-biotin and VIM can be reduced by ATD competition in vitro, confirming the ATD-VIM binding ([Figure 5B](#page-8-0)). The NMR experiments were performed to prove the ATD-VIM binding. As shown in [Figure 5](#page-8-0)C, the feature peaks (red) of pure ATD become wider (green), meaning that ATD binds to VIM. The binding affinity of ATD-VIM was measured with surface plasmon resonance, and the equilibrium dissociation constant  $(K_D)$  was 454 nM [\(Figure 5](#page-8-0)D). Consistently, the circular dichroism (CD) spectrum results obtained a characteristic signal of  $\alpha$ -helical structure, featuring two broad negative bands at 222 and 208 nm and one positive band at 192 nm. This further proved that ATD altered VIM structure, indicating the interaction of ATD and VIM [\(Figure S8](#page-17-21)G).

In HFL1 cells, the thermal stability of VIM bound to ATD was investigated using a cellular thermal shift assay. The melting curve experiments in the absence (control) and presence of ATD are shown in [Figures 5](#page-8-0)E and 5F. The apparent  $T_{\text{agg}}$  value of the control group (the temperature at which 50% of the protein aggregates) is  $48.88^{\circ}$ C  $\pm$ 0.96°C, and with ATD the  $T_{\text{agg}}$  value was 55.56°C  $\pm$  2.02°C. The binding of ATD and VIM stabilizes VIM conformations. Overall, we have proved that ATD binds to VIM, the intermediate filament protein.

VIM proteins are assembled to form intermediate filaments, with which a network of cytoplasmic filaments is generated. The network extends from the cell nucleus to the cell edge. VIM exists in cells as soluble tetramers and insoluble filaments, and the two forms are dynamically exchanged.<sup>38</sup> By covalently binding to VIM, WFA induces VIM to form filamentous aggregates, thereby perturbing the cytoskeletal structure.<sup>39</sup> We hypothesized that ATD could interfere with the VIM intermediate filaments by binding to VIM. Therefore, we assayed the effect of ATD on VIM formation of intermediate filaments in vivo and in vitro. In the filament polymerization assays in vitro, electron microscopy data indicate that ATD promotes the filament assembly while inducing the formation of filamentous aggregates (amorphous condensed structures) [\(Figure 5G](#page-8-0)). Immunofluorescence staining experiments with VIM also confirmed this observation in vivo, with 1 µM ATD-treated HFL1 cells showing condensation of VIM filaments around the perinuclear region and the presence of abundant VIMstained granules in the cytoplasm. The results also indicate that ATD

#### Figure 4. ATD ameliorates PF through the TGF- $\beta$ /Smad signaling pathway

(A) The protein expression of TGF-bRI and TGF-bRII in HFL1 cells was examined by western blotting analysis. Quantification of (B) TGF-bRI and (C) TGF-bRII expression using ImageJ. Each data point was repeated 6 times (n = 6). (D) The phosphorylation level of p-Smad2<sup>Ser255</sup> and p-Smad2<sup>Ser465/467</sup> was analyzed by western blotting analysis. Quantification of (E) p-Smad2<sup>Ser255</sup> and (F) p-Smad2<sup>Ser465/467</sup> expression using ImageJ ( $n = 6$ ). (G) The subcellular localization of p-Smad2<sup>Ser465/467</sup> was observed by immunofluorescence microscopy. Scale bar, 30 μm. (Η) The phosphorylation level of p-Smad3<sup>Ser204</sup> and p-Smad3<sup>Ser423/425</sup> was analyzed by western blotting analysis. Quantification of (I) p-Smad3<sup>Ser204</sup> and (J) p-Smad3<sup>Ser423/425</sup> expression using ImageJ (n = 6). (K) The protein expression of Smad4 and Smad7 in HFL1 cells was examined by western blotting analysis. Quantification of (L) Smad4 and (M) Smad7 expression using ImageJ ( $n = 6$ ). The data are presented as the mean  $\pm$  SEM.  $^{\#}p < 0.05$ ,  $^{\#}p < 0.01$ ,  $^{***}$ p < 0.001 compared with the control group; \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001 compared with the TGF- $\beta$ 1 group. ns, no statistical difference.

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disturbs the structure of VIM filaments [\(Figure 5H](#page-8-0)). ATD increased high-molecular-weight forms of VIM (soluble tetramers or possibly unit-length filaments) through glutaraldehyde crosslinking found in the presence or absence of TGF- $\beta$ 1 [\(Figure 5](#page-8-0)I). This further suggests that ATD stabilizes VIM in a high-molecular-weight form, disturbing the homeostasis of VIM assembly in vivo.

Molecular dynamics (MD) simulations resulted in a stable binding complex with three ATD and one VIM tetramer ([Figure S9](#page-17-21)C). As shown in [Figure S9](#page-17-21)D, the three ATD molecules bind to a pocket formed by four VIM monomers consisting of two head-to-tail  $\alpha$  helix dimers. ATD binds with Arg321 (chain B), Arg320 (chain B), and Glu277 (chain C) by forming hydrogen bonds and  $\pi$ -H interactions between the furan-ring of ATD and Gln285 (chain C). Hydrophobic contacts or  $\pi$ -stacking between ATD and nonpolar amino acids also provided a certain affinity. Thus, ATD molecules stabilize VIM tetramers. All

#### Figure 5. ATD targets the intermediate filament protein VIM

(A) ATD-biotin chemical structures. (B) Purified His-VIM was incubated with the indicated concentrations of ATD for 1 h followed by incubation with ATD-biotin (10  $\mu$ M) for 1 h at 37°C. ATD-biotin bound to purified VIM was detected after SDS-PAGE with streptavidin-HRP. (C) Ligand-observed 1D <sup>1</sup>H-NMR of the peaks of 2 mM ATD (red) becomes wider (green) in the presence of 20  $\mu$ M VIM. Positive and negative signals identify VIM binding and non-interacting molecules, respectively. (D) Surface plasmon resonance sensorgrams for the binding of ATD to VIM. (E) The detectable remaining amount of VIM after ATD treatment varies with the temperature used for heat treatment of HFL1 cells. (F) CETSA melt curve quantified by western blotting  $(n = 3)$ . (G) VIM was polymerized in the presence of 5 mM  $MqCl<sub>2</sub>$ , 100 mM KCl, and 170 mM NaCl by incubation at 37°C for 1 h. The protein was fixed with 0.5% glutaraldehyde, stained with uranyl acetate, and observed by transmission electron microscopy. Polymerization of tetrameric VIM in the presence of 20  $\mu$ M ATD produces extensive filamentous aggregates. (H) HFL1 cells treated with DMSO or 1  $\mu$ M ATD for 24 h were stained for VIM with anti-VIM antibody (green) and co-stained with F-actin (red). The presence of numerous cytoplasmic particulate granules that co-stain for VIM and disrupted F-actin in ATD-treated cells compared with control. Scale bar, 30 µm. (I) Cell lysates treated with or without ATD samples were crosslinked with 0.005% glutaraldehyde, and the VIM forms were detected by western blotting  $(n = 3)$ . The data are presented as the mean ± SEM.

the experimental data demonstrate that ATD targets VIM and disrupts the VIM filament structure against PF disease.

### ATD blocks the TGF-BRI recycle by targeting VIM

To further confirm that ATD alleviates PF through its interaction with VIM, we have over-

expressed VIM-Flag and knocked down VIM, respectively, in a fibroblast-to-myofibroblast transformation model of HFL1 cells. We performed transient overexpression experiments with vector encoding VIM-Flag [\(Figures 6A](#page-9-0) and 6B). We observed that VIM overexpression increased the protein expression of PF biomarkers (FN, collagen I, and  $\alpha$ -SMA) in HFL1 cells. TGF- $\beta$ 1-induced fibrosis was further exacerbated after VIM overexpression ([Figures 6C](#page-9-0)–6F). This is also confirmed by picrosirius red staining experiments ([Fig](#page-9-0)[ure 6G](#page-9-0)), where overexpression of VIM prevented ATD from inhibiting TGF-b1-induced collagen deposition in HFL1 cells ([Figures 6](#page-9-0)C–6G).

In the BLM-induced mouse PF model, immunohistochemistry showed that the expression of VIM in the lung tissue of the BLM group was significantly increased [\(Figure S7D](#page-17-21)). ATD (at dosages 2.5, 5, and 10 mg/kg) significantly suppressed the expression of

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VIM in a dose-dependent manner. This is consistent with the change in the expression of  $\alpha$ -SMA, indicating that the expression of VIM is related to fibrosis level ([Figures S7C](#page-17-21) and S7D). Together, we can conclude that VIM has a pro-fibrotic effect and that ATD's anti-PF activity is related to the interaction with VIM.

To further study VIM functions, we used four different short hairpin RNAs (shRNA) to knock down VIM. shVIM-1 and shVIM-2 were able to significantly knockdown VIM in HFL1 cells for subsequent research ([Figures 7A](#page-11-0) and 7B). Experimental results demonstrated that the collagen I and  $\alpha$ -SMA were reduced after VIM knockdown ([Figures 7C](#page-11-0)–7G). Therefore, VIM is essential to PF.

TGF- $\beta$  signaling is a canonical pathway in fibrosis, TGF- $\beta$ RI, a receptor of TGF-b, is endocytosed and recycled to the cell surface, and intracellular trafficking of TGF- $\beta$ RI is required for TGF- $\beta$ signaling. $40,41$  $40,41$  $40,41$  Nestin (the intermediate filament protein) knockdown inhibits the recycling of TGF- $\beta$ RI to the cell surface.<sup>[42](#page-18-14)</sup> ATD-VIM binding will alleviate PF symptoms by inhibiting TGF- $\beta$ RI recycling. The effect of ATD on TGF- $\beta$ RI cycling can be assayed by biotinylation of cell surface proteins. The experimental data indicated that TGF- $\beta$ RI endocytosis decreased from 87.61% to 49.53% after ATD administration ([Figures 8](#page-13-0)A, 8B, and 8E). Only 11.33% of internalized TGF-bRI was recycled compared with 80.48% in the control group ([Figures 8C](#page-13-0), 8D, and 8F).

Taken together, the above data suggest that the binding of ATD and VIM inhibits TGF- $\beta$ RI recycling and blocks the TGF- $\beta$ /Smad signaling pathway, thereby ameliorating PF.

#### **DISCUSSION**

ATD is a safe and potent anti-PF agent derived from Atractylodes lancea (Chinese medicine). We have proved that ATD blocks EMT and FMT in vivo and in vitro by inhibiting the TGF- $\beta$ /Smad signaling pathway. Interestingly, we found that ATD could also inhibit collagen deposition in HFL1 cells in the absence of TGF- $\beta$ 1 stimulation, suggesting that ATD might regulate collagen deposition through a pathway distinct from the TGF-b/Smad pathway. This observation warrants further in-depth studies.

Specifically, the target of ATD is VIM. Recently, it was reported that VIM was highly expressed during fibrosis development in multiple organs.[15](#page-17-12),43–[45](#page-18-15) VIM intermediate filaments are increased in myofibroblasts in pulmonary fibrotic lesions of IPF patients. Therefore, VIM is associated with enhanced myofibroblast invasiveness and disease pro-

gression.<sup>[46,](#page-18-16)[47](#page-18-17)</sup> A recent report also suggests that VIM can be a drug target for lung fibrogenesis-related diseases. $^{12}$  $^{12}$  $^{12}$ 

In our in vivo models, we observed that VIM was increased in BLMinduced mice. This resulted in collagen deposition and PF, similar to observations in previous studies.<sup>[15,](#page-17-12)[43](#page-18-15)–45</sup> Our data indicated that overexpressed VIM upregulated the protein levels of  $\alpha$ -SMA, FN, and collagen I. VIM knockdown experiments exhibited significant attenuation of PF by alleviating collagen accumulation. Further exploration of the mechanism of action of targeting VIM in PF will be of interest.

VIM maintains the structural integrity of the cells, but also plays important roles in various intracellular signaling systems, $48$  such as TGF- $\beta1^{49}$  $\beta1^{49}$  $\beta1^{49}$  and ERK signaling.<sup>[50](#page-18-20)</sup> The cytoskeleton composed of VIM determines the mechanical integrity and wound-healing ability of cells.[51](#page-18-21)–<sup>53</sup> We demonstrated that ATD treatment promotes the collapse of VIM architecture in HFL1 cells and in vitro. The known VIM inhibitors, such as WFA $^{39}$  $^{39}$  $^{39}$  and FiVe1, $^{53}$  $^{53}$  $^{53}$  could also depress VIM, while ATD stabilizes VIM neither changing VIM expression nor affecting cell viability. Our MD simulations helped us to discover a novel ATD-binding pocket in a VIM tetramer. Therefore, ATD is a valuable chemical probe to discover VIM properties.

The TGF- $\beta$ /Smad family signaling pathway is an important pathogenic mechanism in  $PF^{54}$  $PF^{54}$  $PF^{54}$  Many studies have shown that the endocytosis, intracellular trafficking, and recycling of TGF-b receptors regulate TGF- $\beta$ /Smad signaling.<sup>[42,](#page-18-14)[55,](#page-18-24)[56](#page-18-25)</sup> With the chemical probe ATD-biotin, we reveal a new VIM function that promoted TGFbRI recycling to the cell membrane, thereby contributing to the progression of PF. ATD stabilizes VIM multimers and promotes the formation of filamentous aggregates, thereby inhibiting TGF-bRI recycling. ATD reduces the recycling of TGF- $\beta$ RI to the cell surface, thereby attenuating the signaling response induced by  $TGF-\beta$  factors (a linear signaling pathway from type II to type I receptor kinase to Smad2/3 activation). At the same time, ATD inhibits the expression of Smad4. ATD reduces the complex formed by activated Smad2/3 and Smad4. Furthermore, ATD inhibits the translocation of the complex into the nucleus. This process reduces the transcription of downstream target genes, including  $\alpha$ -SMA and collagen I. Thus, ATD reduces myofibroblast activation and ECM deposition. PF status is alleviated.

Thus, VIM is identified as the target of ATD. And ATD is a safe and potent drug candidate against PF in C57BL/6J mice model. This finding paves a new road to developing new therapeutics against PF.

#### Figure 6. Overexpression of VIM attenuates the protective effect of ATD on PF

(A) qPCR analysis of VIM expression in VIM-overexpressed HFL1 cells (n = 3). (B) The expression of VIM and flag in VIM-overexpressed HFL1 cells was examined by western blot analysis ( $n = 3$ ). Quantification of (C) fibronectin, (D) collagen I, and (E)  $\alpha$ -SMA expression using ImageJ ( $n = 3$ ). (F) The protein expression was examined by western blot analysis in VIM-overexpressed HFL1 cells (n = 3). (G) Picrosirius red staining of VIM-overexpressed HFL1 cells treated with or without TGF- $\beta$ 1 (5 ng/mL) and visualized. Scale bar, 400 µm. The data are presented as the mean  $\pm$  SEM.  $^{*}\!p$  < 0.05,  $^{*}\!t\!p$  < 0.01,  $^{***}\!p$  < 0.001 compared with the VIM-Flag group;  $^{*}\!p$  < 0.05,  $^{*}\!r$   $>$  0.01,  $^{***}\!p$  < 0.001 compared with the pCMV6 group;  $^{\Delta}p < 0.05$ ,  $^{\Delta\Delta}p < 0.01$ ,  $^{\Delta\Delta\Delta}p < 0.001$  compared with TGF- $\beta$ 1 group. ns, no statistical difference.

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### MATERIALS AND METHODS

#### Cell culture and cytotoxicity assay

ATD (purity >98%) was isolated as per the previously described method.<sup>[19](#page-17-16)</sup> PFD was purchased from TargetMol (Boston, USA). The HFL1 and A549 cells were purchased from Procell Life Science & Technology (Wuhan, China). The Cells were cultured in F-12K medium (Thermo Fisher Scientific) supplemented with 10% fetal bovine serum (Lonsera, Shanghai, China) and 1% penicillin-streptomycin (Thermo Fisher Scientific) in a humidified 5%  $CO<sub>2</sub>$  incubator at 37°C. According to the manufacturer's protocol, the cell cytotoxicity was measured using the cell counting kit-8 (CCK8) (Dojindo, Kyushu, Japan). The cells were seeded in 96-well plates at a density of 2  $\times$  10<sup>3</sup> cells per well. After incubating for 24 h, the cells were treated with a medium containing various concentrations of ATD ( $0-300 \mu$ M) for 48 or 72 h. Following incubation, each well was incubated at 37 $\degree$ C for 2 h with 10 µL of CCK8 solution. At the end of the incubation, the absorbance was measured at 450 nm on a full-function microplate reader (BioTek).

#### Cell wound healing assay

The EMT model constructed by TGF-b-induced A549 cells has the characteristic of migration. A549 cells were seeded in 6-well plates at a density of  $1 \times 10^5$  cells per well. After incubating for 24 h, the confluent monolayer of cells was wounded gently by scraping a narrow 200 µL tip across the diameter of the well. Cells were incubated in serum-free F-12K medium with 5 ng/mL TGF- $\beta$ 1 (Peprotech, Rochy Hill) and various concentrations of ATD (0, 10, 100, and 1,000 nM). After incubation for 48 h, cells were visualized with a microscope under  $100 \times$  magnification. ImageJ software was used to calculate the scratch area. Scratch closure  $(\%)$  = (scratch area at 0 h – scratch area at 48 h)/(scratch area at 0 h)  $\times$  100%.

#### AFM imaging

In the EMT model constructed by TGF-b1-induced A549 cells, the cytoskeleton reorganized and changed the cell biomechanics. A549 cells were seeded in 60-mm2 culture disks and incubated with 5 ng/mL TGF-b1 in the presence or absence of 1,000 nM ATD for 48 h. Then, cells were fixed in 4% paraformaldehyde for 30 min. Ultrastructural assays were performed using a Dimension FastScan AFM system (Bruker BioSpin, Switzerland) and high-quality etched silicon probes (RTESPA-150, radius 8–12 nm; Bruker BioSpin). For cell imaging, a triangular cantilever with a normal spring constant of 5 N/m was employed.

#### Cell mechanical properties by AFM

The elasticity of A549 cells was also detected in contact mode. Measurements were conducted above the nucleus region of the cell to avoid the influence of the underlying substrate. One hundred forcedistance curves were obtained from 10 different cells in each group at a ramp rate of 0.5 Hz. Force curves were obtained at the same loading rate and performed using silicon nitride probes (MLCT-O10, 0.07 N/m; Bruker BioSpin). The Hertz model was used to compute Young's modulus according to the following formula:

$$
F_{\text{sphere}} = \frac{4ER^{1/2}S^{3/2}}{3(1 - v^2)}
$$

where  $F$  is loading force,  $\nu$  is Poisson ratio,  $E$  is Young's modulus, and R is the radius of the curvature of the AFM tip.

#### Picrosirius red for collagen staining

Since myofibroblasts localize at sites undergoing active ECM deposition and display elevated collagen synthetic capacity, myofibroblasts are considered to play a major role in the pathology of PF. HFL1 cells were seeded in 96-well plates at a density of  $2 \times 10^4$  cells per well. After incubating for 24 h, the cells were treated with a medium containing 5 ng/mL TGF- $\beta$ 1, various concentrations of ATD (0, 10, 100, and 1,000 nM), and 10  $\mu$ M PFD for 48 h. Then, cells were immediately fixed in 4% neutral paraformaldehyde for 30 min. Cells were washed twice with PBS and then incubated with a 0.1% picrosirius red solution dissolved in aqueous saturated picric acid for 4 h. The cells were washed twice with acidified water (0.5% hydrogen chloride), dehydrated, and visualized under the microscope cell-imaging system (EVOS FL Auto, Life Technologies). For the quantitative determinations of the accumulated collagen, the stained cells were destained with 0.1 M NaOH (100 µL per well) for 10 min. The absorbance was measured at 540 nm on a full-function microplate reader.

#### EdU cell proliferation assay

Cell proliferation was assessed using the BeyoClick EdU-594 kit (Beyotime, Shanghai, China) according to the manufacturer's protocol. In brief, the HFL1 cells were treated with a medium containing various concentrations of ATD (0, 10, 100, and 1,000 nM) or 10  $\mu$ M PFD in the presence or absence of 5 ng/mL TGF- $\beta$ 1 stimulation for 48 h. EdU-594 was added to medium resulting in a final concentration of 10  $\mu$ M for 2 h. The click reaction solution includes 430 µL click reaction buffer, 20 µL CuSO<sub>4</sub> solution, 1 µL azide 594, and 50 µL click additive solution (sodium ascorbate). Then, cells were fixed in 4% paraformaldehyde for 15 min, and permeabilized with 0.3% Triton X-100 for 15 min. The click reaction solution includes 430 µL click reaction buffer, 20 µL  $CuSO<sub>4</sub>$  solution, 1 µL azide 594, and 50 µL click additive solution (sodium ascorbate). Cells were incubated with the click reaction solution in the dark at room temperature for 30 min, then washed three times with 3% BSA/PBS. Cells were incubated with Hoechst 33342 (diluted 1:100) in the dark at

#### Figure 7. VIM knockdown prevents PF

(A) qPCR analysis of VIM expression in HFL1 cells (n = 3). (B) Western blot analysis of VIM expression in VIM-knockdown HFL1 cells (n = 3). Quantification of (C) VIM, (D) collagen I, and (E)  $\alpha$ -SMA expression using ImageJ (n = 3). (F) Western blot analysis of protein expression treated with or without TGF- $\beta$ 1 (5 ng/mL) in VIM-knockdown HFL1 cells (n = 3). (G) Picrosirius red staining of VIM-knockdown HFL1 cells treated with or without TGF-B1 (5 ng/mL) and visualized. Scale bar, 400 µm. The data are presented as the mean  $\pm$  SEM.  $^{#}P$  < 0.05,  $^{#}P$  < 0.01,  $^{#}$  $^{#}P$  < 0.001 compared with the vector group. ns, no statistical difference.

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room temperature for 10 min. After washing, digital images were recorded using an FV3000 laser scanning confocal microscope (Olympus) with  $100 \times$  magnification.

#### Cell-cycle and apoptosis analysis with flow cytometry

HFL1 cells were seeded in 6-well plates and treated with various concentrations of ATD (0, 10, 100, and 1,000 nM) or 10  $\mu$ M PFD in the presence or absence of 5 ng/mL TGF-b1 stimulation for 48 h. After incubation, cells were harvested and fixed with 70% ethanol for 4 h at  $-20^{\circ}$ C. The cells were washed with PBS three times, then incubated with ribonuclease A (RNase A) and propidium iodide (PI) for 30 min in the dark. The cell-cycle analysis was analyzed by using CytoFLEX (Beckman Coulter) after cells passed 300-mesh sieves. The apoptosis assay was performed using the Annexin V-Alexa Fluor 488/PI apoptosis detection kit according to the manufacturer's instructions (Yeasen, Shanghai, China).

#### Immunofluorescence assay

HFL1 cells were fixed in 4% paraformaldehyde for 10 min, then permeabilized with 0.1% Triton X-100 (Sangon Biotech, Shanghai, China, no. 9002-93-1) for 10 min and blocked with goat serum (BOSTER, Wuhan, China, no. AR0009) for 30 min. After that, cells were incubated with primary antibodies for FN, collagen I,  $\alpha$ -SMA, or VIM (diluted 1:100) for 24 h at  $4^{\circ}$ C and secondary antibodies for 1 h at room temperature. Nuclei were stained with Hoechst 33342 (diluted 1:100) for 10 min at room temperature. The fluorescence images were captured using an FV3000 laser scanning confocal microscope (Olympus, Japan).

#### Figure 8. ATD inhibits the recycling of TGF- $\beta$ RI to the cell surface

(A) The serum-starved HFL1 cells were first treated with DMSO or ATD (1  $\mu$ M) and chloroquine (Chlq) (100  $\mu$ M) for 4 h and then performed the following experiments. The biotinylated protein was pulled down with streptavidin agarose, and quantification of the plasma membrane TGFβRI was performed by immunoblotting. (B) Biotinylated serum-starved HFL1 cells were placed at 37°C for 30 min to allow for TGF- $\beta$ RI endocytosis. The biotinylated protein was pulled down with streptavidin agarose, and quantification of the endocytosed TGF-BRI was performed by immunoblotting. (C) Then, the biotinylated HFL1 cells were placed at 37°C for 30 min to allow for TGF-BRI recycling. The quantification of biotinylated TGF-BRI included the internalized and recycled TGF-BRI that were subjected to streptavidin agarose pull-down and analyzed by immunoblotting. (D) The internalized TGF-BRI were subjected to streptavidin agarose pull-down and analyzed by immunoblotting. (E) Quantification of the percentage of internalized TGF-bRI.  $TGF-BRI$  internalization rate = total internalized  $TGF-BRI$  at 30 min/plasma membrane TGF- $\beta$ RI  $\times$  100%. (F) Quantification of the percentage of recycled TGF- $\beta$ RI. TGF- $\beta$ RI recycling rate = (internalized and recycled TGF- $\beta$ RI at 60 min – internalized TGF-bRI at 60 min)/total internalized TGF- $\beta$ RI at 30 min  $\times$  100%). Three separate experiments were performed. The data are presented as the mean  $\pm$ SEM.  $^{**}P < 0.01$ , compared with control.

#### Real-time qPCR

The total RNA was extracted from differentiated tissues using RNAiso Plus according to the manufacturer's instructions. The real-time reaction was carried out using 1 µg of total RNA. The RNA was reverse transcribed into cDNA using a ReverTra Ace qPCR RT Master Mix (Toyobo, Katata Otsu, Japan). The gene expression levels were measured with qPCR using a StepOnePlus Real-Time PCR instrument (Life Technologies) and SYBR Green Real-Time PCR Master Mix (Toyobo). The primers used are shown in [Table S5](#page-17-21). The relative gene expression quantification was normalized to the  $\beta$ -actin mRNA expression using the  $2^{-\Delta\Delta Ct}$  analysis method.

#### RNA sequencing library preparation and data analyses

HFL1 cells were treated with a medium incubated with  $(1 \mu M)/$ without ATD in the presence or absence of 5 ng/mL TGF- $\beta$ 1 stimulation for 48 h. Total RNA was isolated from HFL1 cells by TRIzol (Sangon Biotech). RNA sequencing libraries were prepared with the NEBNextUltraTM RNA Library Prep Kit for Illumina. RNA integrity was evaluated with a 1.0% agarose gel. DNA concentration was checked by using Qubit 2.0 Fluorometer. Thereafter, the quality and quantity of RNA were assessed using a NanoPhotometer spectrophotometer (Implen, CA) and an Agilent 2100 Bioanalyzer (Agilent Technologies, CA). The cDNA libraries were sequenced by DIATRE Biotechnology (Shanghai, China) using an Illumina Nova 6000 instrument (Illumina, San Diego, CA). FastQC initially processed raw sequence reads for quality control, and then adapter sequences and poor-quality reads were removed. Quality-filtered reads were then mapped to the reference genome using STAR, and only uniquely mapped reads were kept. Sam files were converted to Bam format using Samtools. Cufflinks software was used to compute gene expression levels and differences. R packages such as DEseq2 and edgeR were further used to perform data analyses.

#### Animal experiments

All animal studies were conducted by the laboratory animal center of Sun Yat-sen University under the recommendations of the Guide for the Care and Use of Laboratory Animals (NIH Publication no. 85-23, revised 1996). The C57BL/6J mice were purchased from Guangdong Medical Laboratory Animal Center (SPF grade, certification no. 44007200087781) and housed in standard isolator cages and maintained at a room temperature of  $23^{\circ}$ C  $\pm$  1°C and humidity level of 50%–65% in an environmentally controlled room with a 12-h:12-h light/dark cycle.

#### Acute toxicity in mice

An up-and-down method for acute toxicity test was approved by the Research Ethics Committee of Sun Yat-sen University (animal ethics approval no. SYSU-IACUC-2021-000503). According to previous literature results, ATD is a low-toxic substance. The dosage was calculated by AOT425StatPgm. Therefore, the estimated maximum experimental dosage was 5,000 mg/kg. The sequential dosages were 175, 550, 1,750, and 5,000 mg/kg. ATD solutions were prepared in 0.5% sodium carboxymethyl cellulose (CMC-Na) and stored at 4°C before use. C57BL/6J mice (8 male, 8 female, 7 weeks old, 25 ± 3 g) were used in the study. In the experiment, each mouse was weighed and fasted for 4 h with drinking water freely before administration. After administration of ATD, the mice fasted for 1 h with drinking water freely. The first dosage of 175 mg/kg was given to the first mouse. Symptoms of poisoning were recorded within 48 h. If it survived, 550 mg/kg was given as the second dosage. The experimental sequence was followed until the standard stopping rules appeared. For the main test, the criteria for stopping the test were as follows: five reversals occurring in any six subsequent animals administered. $57$  When the experiment was stopped, all the surviving mice were humanely killed and necropsied after a 14-day observation. The pathological changes in organs were observed and recorded. The  $LD_{50}$  for acute toxicity of ATD was calculated by AOT425StatPgm.

#### Animal models and experimental design

This study was approved by the Research Ethics Committee of Sun Yat-sen University (animal ethics approval no. SYSU-IACUC-2021- 000170). The PF model was induced through a single intratracheal instillation of BLM (2 mg/kg, Macklin, Shanghai, China) in male mice. Control animals received an equal volume of intratracheal sterile saline. To explore the dose-response effects of ATD in PF therapy, we selected 2.5, 5, and 10 mg/kg as therapeutic doses in BLM-induced mice. After a 3-day observation period, the mice were randomly divided into six groups ( $n = 12$ , mice per group): (1) saline + CMC-Na, vehicle control group, (2) BLM + CMC-Na, BLM control group, (3) BLM + ATD (2.5 mg/ kg/day), low dose of ATDtreated group, (4) BLM + ATD (5 mg/kg/day), medium dose of ATD-treated group, (5) BLM + ATD (10 mg/kg/day), high dose of

ATD-treated group, and (6) BLM + PFD (300 mg/kg/day), positive group. On day 1 after BLM induction, mice in ATD groups and the PFD group were intragastrically administered ATD or PFD dissolved in 0.5% CMC-Na while mice in the vehicle group and BLM group were intragastrically administered an equal volume 0.5% CMC-Na for 21 days. Body weight was measured every 3 days.

#### Pulmonary function assay

At the end of the trial, the respiratory parameters of mice were measured by whole-body plethysmography (EMKA pulmonary system, USA) in conscious unrestrained subjects. The respiratory parameters include Penh, EEP, end-inspiratory pause, minute volume, relaxation time, and peak inspiratory flow. Finally, the system software automatically recorded and displayed the pulmonary function parameters.

#### Micro-CT of the Lung

Three mice in each group were anesthetized with 0.5% pentobarbital and fixed in supine position. The degree of PF in mice of each group was evaluated using a Latheta LCT-200 (Hitachi Aloka Medical, Japan).

#### Serum biochemical assays

The levels of alanine transaminase, aspartate transaminase, alkaline phosphatase, cholesterol, CREA, glucose, lactate dehydrogenase, blood urea nitrogen, creatine kinase, total bile acids, and triglyceride in serum were determined using certain commercial assay kits (Guangzhou Donglin Biotechnology, China) using an automatic biochemical analyzer (3100, Hitachi, Japan). Fasting adiponectin and insulin were quantified in plasma samples. The secretion levels of TGF-b1, VEGFA, TNF-a, IL-6, and CXCL1 in the BALF and serum were assessed by corresponding commercially available Elisa kits (Cloud-Clone Crop).

#### Morphological and histology analysis

Afterward, the mice were sacrificed, and their whole lungs were quickly removed and weighed. The organ coefficient was calculated using the following formula: organ coefficient = (organ weight (g))⁄(body weight (g))  $\times$ 100%. The left lung tissues were fixed immediately in 4% paraformaldehyde for 48 h, embedded in a paraffin block, and cut into 5 µm sections. The sections were stained with H&E and Masson trichrome staining to assess histopathological changes in the lungs. H&E staining and Masson staining were used to semi-quantitatively analyze the degree of alveolitis and PF.  $58,59$  $58,59$ 

#### Immunohistochemical analysis

Paraffin-embedded lung slices were deparaffinized and rehydrated, and antigen retrieval was performed under high pressure and temperature in 0.01 M sodium citrate buffer (pH 6.0). To quench the endogenous peroxidase activity, the slices were then incubated with 1% hydrogen peroxide in methanol for 10 min at room temperature. Then slices were incubated with corresponding primary antibodies. After washing, horseradish peroxidase (HRP)-conjugated secondary antibodies specific to the species of the primary antibodies were used.

#### Measurement of hydroxyproline assay

The content of hydroxyproline (HYP) reflects the metabolism of collagen and its regulation. In this study, HYP content in the lung tis-sues was measured by the alkali hydrolysis method.<sup>[60](#page-18-29)</sup> First, 20 mg of the fresh right lung tissue was cut and weighed accurately, and then put into a test tube and 2 mL hydrolysate was added. Next, the test tube was placed in a boiling water bath for 2 h for the hydrolysis reaction. The lysate was centrifuged at  $16,000 \times g$  and  $25^{\circ}$ C for 20 min. After the lysate was cooled to room temperature, the pH value of the lysate was adjusted to 6.0–8.0. Distilled water was added to the supernatant to a volume of 4 mL. The following procedures complied with the instructions of the HYP assay kit instructions for the HYP assay kit (Solarbio, China, no. BC0255). Finally, the absorbance of each sample at 560 nm was detected and the HYP content calculated using the following formula:

#### Protein expression and purification

Human VIM with an N-terminal  $6 \times$  His-tag is recombinantly expressed in Escherichia coli and purified from inclusion bodies. The VIM cDNA-coding region was synthesized and cloned into the BamHI and EcoRI sites of pET28a. Constructs were transformed into BL21(DE3) E. coli competent cells by heat shock and induced with 1 mM isopropyl  $\beta$ -D-thiogalactopyranoside at OD<sub>600</sub> of 0.7. Cells were pelleted by centrifugation at 5,000  $\times$  g and 30 min, resuspended in 50 mL 20 mM phosphate buffer (PB, pH 7.5), 500 mM NaCl, 1 mM phenylmethylsulfonyl fluoride (PMSF), 80 µL deoxyribonuclease I (50 mg/mL), and 80  $\mu$ L RNase A (10 mg/mL), and lysed using sonication for 45 min (3 s on, 3 s off), then centrifuged at 1,200  $\times$  g and 20 min, with repeated sonication and centrifugation. The lysate was resuspended in 50 mL 20 mM PB (pH 7.5), 500 mM NaCl, and 2 M urea for 1 h, followed by centrifugation. The inclusion

Hydroxproline content  $(\mu g \cdot mg^{-1}) = \frac{Hydroxyproline concentration of lysate} {Jyset total protein (mg \cdot mI^{-1})}$ Lysate total protein  $(mg \cdot mL^{-1})$ 

#### Western blot analysis

After washing with cold PBS, cells were lysed in a radioimmunoprecipitation (RIPA) solution (Beyotime) with a protease inhibitor cocktail. Total protein was centrifuged at  $12,000 \times g$  and  $4^{\circ}$ C for 15 min. The supernatant was collected, and the total protein concentration was detected using the Pierce bicinchoninic acid protein assay kit (BCA, Thermo Fisher Scientific). The total protein was diluted in SDS-PAGE protein loading buffer (Yeasen Biotechnology, Shanghai, China, no. 20315ES05) and denatured at  $100^{\circ}$ C for 10 min. An equal quantity of protein was loaded and separated on 10% SDS-PAGE gels. After electrophoresis, proteins were transferred to polyvinylidene difluoride membranes (Millipore, Burlington, MA). The membranes were blocked with 5% fat-free milk for 1 h at room temperature and incubated with primary antibodies overnight at  $4^{\circ}$ C, washed in Tris-buffered saline with 0.1% Tween 20 three times, and the membranes were incubated with corresponding HRP-conjugated secondary antibodies at room temperature for 1.5 h. The signal was visualized with an ECL detection system and analyzed by densitometric scanning. The band intensity was quantified using the ImageJ software (Bio-Rad).

#### ATD target identification

HFL1 cells were exposed to 20 µM of ATD-biotin [\(Figures S10](#page-17-21)– [S13\)](#page-17-21) or the addition of either biotin for 2 h at  $37^{\circ}$ C. HFL1 cells were lysed in RIPA. The streptavidin agarose (Sigma-Aldrich, no. S1638) was then washed three times in the wash buffer (PBS supplemented with 0.05% Tween 20 and 0.1% BSA). The lysates were preincubated with streptavidin agarose overnight at 4°C. Individual fractions were separated via SDS-PAGE and stained with Coomassie blue. A relevant gel slice was excised and VIM identity was identified by liquid chromatography-tandem mass spectrometry.

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bodies were dissolved in 50 mL 20 mM PB (pH 7.5), 500 mM NaCl, and 8 M urea. Cellular debris was removed by centrifugation at 12,000  $\times$  g for 20 min. The fusion product was purified on a preequilibrated BeaverBeads IDA-Nickel (Beaver, China, no. 70501) and eluted with 20 mM PB (pH 7.5), 500 mM NaCl, 5–500 mM imidazole, and 8 M urea. Purified VIM appears at 100–500 mM imidazole. Vimentin renaturation was initiated by a 30-min stepwise dialysis (8, 6, 4, 2, 1, and 0 M urea in 2 mM PB [pH 7.5]) at  $8^{\circ}$ C to reduce urea concentration. Finally, tetramer formation was induced by additional overnight dialysis against 2 mM PB at pH 7.5 and  $8^{\circ}$ C.

#### NMR experiments

WaterLOGSY experiments were conducted using the pulse sequence as described by Dalvit et al.<sup>61</sup> All spectra were recorded at a <sup>1</sup>H frequency of 600 MHz using a Bruker Avance IIIT 600HD (Bruker BioSpin). All experiments used 5-mm diameter NMR tubes with a sample volume of 500 µL. Solutions were buffered using 20 mM PB (pH 7.5) dissolved in 50%  $D_2O$ .

#### SPR analysis

The binding affinity of ATD to VIM was measured using Biacore 8K (GE Healthcare) with a CM5 sensor chip (GE Healthcare). Solutions of compounds were prepared with a running buffer by serial dilutions from stock solutions. The samples were then injected at a flow rate of  $30 \mu L/min$  for  $120$  s of the association phase, followed by  $100$  s of the disassociation phase at 25°C. Data were analyzed using Biacore Insight Evaluation software.

#### CD spectroscopy

CD spectra of VIM (5  $\mu$ M) and VIM ATD (5  $\mu$ M) complexes were recorded on the Chirascan Operation and Good Practice (Applied Photophysics, UK) over the spectral range  $260-190$  nm.

#### Pull-down assay

Binding assays were performed by adding 1 µg of VIM protein to 100 µL of 20 mM Tris buffer (pH 7.4). The proteins and 10 µM biotin and 10  $\mu$ M ATD-biotin were incubated for 1 h at 37°C with ATD as a competitor. The samples were diluted in an SDS-PAGE protein loading buffer and denatured at 100°C for 10 min. The samples were separated by SDS-PAGE and immunoblotted for anti-biotin.

#### Collection of VIM subunits

HFL1 cells were exposed to 20  $\mu$ M of ATD for 24 h at 37°C. Cell lysates were centrifuged at 12,000  $\times$  g and 15 min, and supernatants were collected. Vimentin subunits were crosslinked with 0.005% glutaraldehyde and detected by western blotting.

#### Cellular thermal shift assay

HFL1 cells were treated with ATD or DMSO for 1 h. Cells were washed with PBS, trypsinized, and resuspended in PBS containing PMSF in each respective tube. The cell suspension was allocated into 10 different 0.2 mL PCR tubes with 100  $\mu$ L of volume in each tube. Cells were heated at  $40^{\circ}$ C–67°C for 3 min using a thermal cycler (Bio-Rad) and removed at room temperature for 3 min. Then, cell suspensions were immediately snap-frozen in liquid nitrogen. Cells were frozen-thawed twice using liquid nitrogen and a thermal circulator. Cells lysates were centrifuged at  $12,000 \times g$  for 20 min at 4<sup>o</sup>C. Soluble proteins were detected by western blotting.

#### Transmission electron microscopy of VIM filaments

VIM (0.5 mg/mL) was mixed with ATD (20  $\mu$ M) or DMSO in filament polymerization buffer (170 mM NaCl, 100 mM KCl, 5 mM  $MgCl<sub>2</sub>$  final concentration) and incubated for 30 min at 37 $^{\circ}$ C. Protein was immediately fixed in 0.5% glutaraldehyde, stained with uranyl acetate, and applied to copper grids for EM staining (University of Kentucky Core Microscopy and Imaging Facilities). Over 100 grids for each treatment were viewed at 80 kV on a JEM-1400 electron microscope (JEOL, Japan) and 25 representative images were collected. The entire experiment was then repeated.

#### MD simulation

MOE (The Molecular Operating Environment, Chemical Computing Group) version 2019.0102 was employed to perform the docking. The structure of dimer-VIM was predicted with AlphaFold2 (Alphafold2 multimer). Then we developed the three-dimensional model of tetrameric VIM with MOE modeling based on the dimer-VIM structure. The potential binding sites were predicted by MOE. The docking workflow followed the "induced fit" protocol, which allows the side chains of the receptor pocket to move according to the ligand conformations, with a constraint on their positions. All docked poses of ATD were ranked by London dG scoring first, and then a force field refinement was carried out on the top 10 poses followed by a rescoring of GBVI/WSA dG. Then, the system was minimized and equilibrated, and 100-ns long production MD simulations were performed with AMBER 2018. To prevent the  $\alpha$  helix transforming, position restraints (5 kcal/mol/Å<sup>2</sup>) were used on atoms of main chains. During the MD simulations, the equations of motion were integrated with a 2-fs time step in the NPT ensemble. The SHAKE algorithm was applied to all hydrogen atoms. The van der Waals cutoff was set to 8 Å. The temperature was maintained at 310 K, employing the Nosé-- Hoover thermostat method with a relaxation time of 1 ps. Long-range electrostatic forces were taken into account using the particle-mesh Ewald approach. Data were collected every 10 ps during the MD runs. Molecular visualization of the system and MD trajectory analysis were carried out with the PYTRAJ software. The last stable 50 ns dynamic trajectory was selected for cluster analysis, and the main constructions were extracted and displayed for graphical representation with PyMOL.

#### Transfection studies

For loss of VIM function, VIM shRNA was synthesized in pLKO.1- TRC-copGFP-2A-PURO by Tsingke (Beijing, China). Scramble shRNA served as a control. Details on the plasmids are provided in [Table S6](#page-17-21). The shRNA transfections were performed using Lipofectamine 3000 Transfection Reagent (Invitrogen) according to the manufacturer's instructions. For VIM overexpression, full-length VIM was cloned into the pCMV6-Entry vector. The pCMV6-Entry served as the empty control vector. Cells were transfected for 24 h and subsequently treated with vehicle or 1,000 nM ATD in the presence or absence of 5 ng/mL TGF- $\beta$ 1 stimulation for 48 h.

#### Biotinylation assay for TGF-BRI recycling

Biotinylation assays for TGF- $\beta$ RI recycling refer to previously published methods.[42](#page-18-14),[62](#page-18-31) Serum-starved HFL1 cells were first treated with DMSO or ATD  $(1 \mu M)$  and chloroquine  $(100 \mu M)$  for 4 h before the following experiments. To quantitate plasma membrane TGFbRI, cells were placed on ice, washed twice with ice-cold PBS, incubated with 0.2 mM biotin in PBS at  $4^{\circ}$ C for 30 min, and washed twice with 0.1 M glycine. Biotinylated proteins were pulled down with streptavidin agarose (Sigma-Aldrich, S1638) and immunoblotted for TGF-bRI. To quantitate endogenous TGF-bRI endocytosis, cells were labeled with cleavable biotin. Cells were resuspended in culture medium and incubated at  $37^{\circ}$ C to allow TGF- $\beta$ RI endocytosis. After 30 min, the cells were then returned to  $4^{\circ}$ C and washed once with icecold PBS to stop membrane trafficking. To strip the remaining biotin from the cell surface, cells were treated twice with stripping buffer (50 mM glutathione, 75 mM NaCl, 10 mM EDTA, 1% BSA, 0.075 N NaOH) at  $4^{\circ}$ C for 15 min. Cell lysates were then subjected to streptavidin agarose pull-down and immunoblotted for TGF- $\beta$ RI. To quantitate TGF- $\beta$ RI recycling at 37°C, cells were labeled with cleavable biotin and incubated for 30 or 60 min at  $37^{\circ}$ C. Cells were treated without stripping buffer and harvested at the end of incubation or subjected to two additional washes at  $4^{\circ}$ C for 15 min with stripping buffer to ensure the complete de-biotinylated of recycled TGF- $\beta$ RI. Cell lysates were subjected to streptavidin agarose pulldown and analyzed by immunoblotting. The recycling rate of TGFbRI after 60 min of incubation was calculated by the following formula: TGF- $\beta$ RI recycling rate = (internalized and recycled TGF- $\beta$ RI at 60 min – internalized TGF- $\beta$ RI at 60 min)/total internalized TGF- $\beta$ RI at 30 min  $\times$  100%.

#### Antibodies for western blotting

Antibodies used for western blotting and immunofluorescence assays are listed in [Table S7](#page-17-21).

#### Statistical analysis

The data are represented as the mean  $\pm$  SEM. Statistical analysis was performed using the GraphPad Prism 6.0 software (San Diego, CA). The significant differences between two groups were statistically analyzed using an unpaired Student's t test. The significant differences between various groups were statistically analyzed using the one-way analysis of variance followed by a post hoc test (least significant difference). All differences were considered statistically significant at p < 0.05. The numbers of technical replicates or biological replicates in each group were stated in the figure legends.

#### DATA AND CODE AVAILABILITY

All data needed to evaluate the conclusions in the paper are present in the paper and/or the supplemental information.

#### <span id="page-17-21"></span>SUPPLEMENTAL INFORMATION

Supplemental information can be found online at [https://doi.org/10.](https://doi.org/10.1016/j.ymthe.2023.08.017) [1016/j.ymthe.2023.08.017](https://doi.org/10.1016/j.ymthe.2023.08.017).

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#### AUTHOR CONTRIBUTIONS

M.H., Q.G., and J.X. conceived and planned the experiments. M.H. carried out the experiments and data analyses. Z.G. assisted with the animal experiments. Z.Z. assisted with the molecular dynamics simulation. H.A. supported the synthesis of the ATD-biotin. X.P. and Q.G. extracted and purified the natural products studied in this work. H.Z. supported guidance on the expression of protein. M.H. wrote the initial manuscript. M.H., Q.G., and J.X. finalized the revised manuscript. All authors provided critical feedback and helped shape the research, analysis, and manuscript. All authors agree to be accountable for all aspects of work ensuring integrity and accuracy.

#### DECLARATION OF INTERESTS

Q.G., J.X., and M.H. are filing a patent application based on this work.

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# Supplemental Information

# Atractylodinol prevents pulmonary fibrosis

# through inhibiting TGF- $\beta$  receptor 1 recycling

# by stabilizing vimentin

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## **Figure S1. Screening to identify ATD with anti-PF.**

(A) Picrosirius red staining of HFL1 cells showed collagen accumulation after treated with 10 μM compounds. Triplicates were performed. (B) Relative viability measurements of the HFL1 cells after 48 hours or 72 hours treatment with ATD (*n* = 3). (C) Quantification of scratch closure rate (*n* = 3). (D) Scratch recorded after exposing to ATD in A549 cell wound healing assay. Scale bar: 400 μm. The data are presented as the mean  $\pm$  SEM.  $P < 0.05$ ,  $\#P < 0.01$ ,  $\#$   $P < 0.001$  compared to control group;  $* P < 0.05$ ,  $* P < 0.01$ ,  $* * P < 0.001$  compared to TGF- $\beta$ 1 group. ns: no statistical difference.



## **Figure S2. ATD promotes apoptosis and inhibits excessive proliferation of HFL1 cells.**

(A) HFL1 cells were treated with different concentrations of ATD for 48 hours, and then the apoptotic cells were assessed by Annexin VAlexa Fluor 488/PI apoptosis detection kit. (B) HFL1 cells were treated with different concentrations of ATD for 48 hours, and then the cells cycle were assessed by PI staining. (C) The percentage of apoptotic HFL1 cells was measured with flow cytometry  $(n = 3)$ . (D) The distribution of HFL1 cells  $(\%)$  treated with ATD in each cell-cycle phase  $(n = 3)$ . (E) The EdU positive cells ratio of the HFL1 cells after 48 hours treatment with ATD  $(n = 3)$ . (F) The HFL1 cells were incubated with different concentrations of ATD in the presence or absence of TGF-β1 stimulation for 48 hours, and were detected by the EdU staining kit. Scale bar: 200 µm. The data are presented as the mean  $\pm$  SEM.  $^{\#}P$  < 0.05,  $^{\#}P$  < 0.01,  $^{\#}$   $^{\#}P$  < 0.001 compared to control group;  $* P < 0.05$ ,  $* P < 0.01$ ,  $* * P < 0.001$  compared to TGF-β1 group. ns: no statistical difference.





 $\mathbf 0$ 

 $TGF- $\beta$ 1$ 

ATD (nM)  $PFD(\mu M)$   $+$ <br> $-$  1000  $-$ <br> $-$ 

 $+ + +$ <br>10 100 1000

 $\frac{1}{10}$ 

TGF-β1 (5 ng/mL), 48 h

TGF-β1<br>ATD (nM)<br>PFD (μM)

 $-1000 - 101001000$ <br> $-1000 - 101001000$ 

 $\ddot{\cdot}$ 

 $10$ 



# **Figure S3. ATD inhibits the expression of a-SMA and collagen І in HFL1 cells to improve PF.**

(A) The HFL1 cells were incubated with different concentrations of ATD in the presence or absence of TGF-β1 stimulation for 48 hours. The expression of α-SMA was observed by immunofluorescence microscopy. Scale bar: 100 μm. (B) Quantification of the fluorescence intensity of α-SMA (*n* = 3). (C) The expression of collagen І was observed by immunofluorescence microscopy. Scale bar: 400 μm. (D) Quantification of the fluorescence intensity of collagen І (*n* = 3). The data are presented as the mean  $\pm$  SEM.  $^{\#}P$  < 0.05,  $^{\#}P$  < 0.01,  $^{\#}$   $^{\#}P$  < 0.001 compared to control group;  $* P < 0.05$ ,  $** P < 0.01$ ,  $*** P < 0.001$  compared to TGF- $\beta$ 1 group.



# **Figure S4. The differentially expressed genes among HFL1 group (Control), TGF-β1 group, and ATD group.**

(A) Extract the union of the KEGG enrichment pathway analysis of all comparison groups, and make a distribution map according to the enrichment degree q value of the sample in this pathway. (B) Venn diagram shows the overlap among HFL1, TGF-β1, and ATD group-associated genes. (C) Heatmap illustrating the expression of genes in HFL1, TGF-β1, and ATD group.



## **Figure S5. ATD prevents PF** *via* **inhibition ERK1/2 and JNK1/2 phosphorylation.**

(A) The expression of fibronectin was observed by immunofluorescence microscopy. Scale bar: 100 μm. (B) Quantification of the fluorescence intensity of fibronectin (*n* = 3). (C) The protein expression of p-p38 and p38 was analyzed by Western blotting analysis. (D) Quantification of the phosphorylation level of p-p38/p38.  $(n = 6)$ . (E) The protein expression of p-ERK1/2 and ERK1/2 was analyzed by Western blotting analysis. (F) Quantification of the phosphorylation level of p-ERK1/2 / ERK1/2.  $(n = 6)$ . (G) The protein expression of p-JNK1/2 and JNK1/2 was analyzed by Western blotting analysis. (H) Quantification of the phosphorylation level of p-JNK1/2 / JNK1/2. ( $n = 6$ ). The data are presented as the mean  $\pm$  SEM.  $\frac{p}{q}$   $P$  < 0.05,  $\frac{p}{r}$   $P$  < 0.01,  $\frac{p}{r}$   $P$  < 0.001 compared to control group; \* *P* < 0.05, \*\* *P* < 0.01, \*\*\* *P* < 0.001 compared to TGF-β1 group. ns: no statistical difference.



## **Figure S6. ATD protected against PF induced by bleomycin (BLM) in C57BL/6 mice.**

(A) Representative images of lung tissue. (B) Representative images of HE staining. (C) Representative images of Masson staining. Representative pulmonary function parameters: (D) enhance pause (Penh), (E) end expiratory pause dynamic (EEP), (F) end inspiratory pause (EIP), (G) minute volume  $(MV)$ , (H) peak inspiratory flow (PIF) and (I) relaxation time (RT) ( $n = 6$ ). The data are presented as the mean  $\pm$  SEM.  $^{\#}P$  < 0.05,  $^{\#}P$  < 0.01,  $^{\#}$   $^{\#}P$  < 0.001 compared to control group;  $* P < 0.05$ ,  $* P < 0.01$ ,  $* * P < 0.001$  compared to bleomycin group. ns: no statistical difference.



## **Figure S7. ATD alleviates inflammation and fibrosis induced by bleomycin in C57BL/6 mice.**

(A) Secretion levels of transforming growth factor β1 (TGF-β1), vascular endothelial growth factor A (VEGF-A), tumor necrosis factor  $\alpha$  (TNF- $\alpha$ ), interleukin 6 (IL-6), and chemokine (CXCL1) in serum quantified by enzyme-linked immunosorbent assay (ELISA) kits (*n* = 6). (B) Secretion levels of TGF-β1, VEGF-A, TNF-α, IL-6, and CXCL1 in bronchoalveolar lavage fluid (BALF) quantified by ELISA kits (*n* = 6). Representative immunohistochemistry images of (C) α-SMA and (D) vimentin in lung tissue. Scale bar: 100  $\mu$ m. The data are presented as the mean  $\pm$ SEM. \*  $P < 0.05$ , \*\*  $P < 0.01$ , \*\*\*  $P < 0.001$  compared to bleomycin group;  $P < 0.05$ ,  $\# P < 0.05$ ,  $P \neq P$ 0.01,  $\frac{1}{100}P < 0.001$  compared to control. ns: no statistical difference.

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## **Figure S8. Target identification of ATD.**

(A) Structure of atractylodinol-biotin (ATD-biotin). (B) The protein expression of fibronectin, collagen I, and  $\alpha$ -SMA in HFL1 cells was examined by Western blotting analysis ( $n = 3$ ). Quantification of the protein expression of (C) fibronectin, (D) collagen І and (E) α-SMA. (F) TGF-β1-induced HFL1 cell lysates (lane 1), were incubated overnight at 4 °C with biotin (20 μM, lane 2), ATD-biotin (20 μM, lane 3), or ATD-biotin (10 μM, lane 4). Streptavidin agarose beads were used to capture ATD-biotin-protein complexes. Proteins were run on tris-glycine gel and visualized using coomassie blue stain. (G) CD spectra of VIM  $(5 \mu M)$  and the mixture of VIM and ATD  $(5 \mu M)$ . (H) Protein expression and purification. soluble fraction after cell disruption (lane 1); soluble fraction after repeated disruption (lane 2); soluble fraction after treatment with 2 M urea (lane 3); soluble fraction after treatment with 8 M urea (lane 4); insoluble fraction after treatment with 8 $M$  urea (lane 5); M: Molecular weight marker. (I) FT: flow-through; 100 mM to 500 mM imidazole elution fraction is purified vimentin. The data are presented as the mean  $\pm$  SEM.  $^{\#}P$  < 0.05,  $^{#H}P < 0.01$ ,  $^{#H\#}P < 0.001$  compared to control group;  $^{*}P < 0.05$ ,  $^{**}P < 0.01$ ,  $^{***}P < 0.001$ compared to TGF-β1 group. ns: no statistical difference.





 $\boldsymbol{\mathsf{A}}$ 

(A) A snapshot of the MD-simulated solvent-accessible surface area binding structure showing ATD binding in the cleft between the B and C  $\alpha$  helices of the VIM tetramer. (B) Time-series of RMSD of backbone atoms from the starting structures for the complexes over 50 ns of MD simulations. The equilibration phase is not included. (C) A snapshot of the MD-simulated solvent-accessible surface area binding structure showing ATD binding in the cleft between the

B and C α helices of the VIM tetramer. (D) This model shows the interaction between VIM and ATD.



**Figure S10. 1 H and 13C NMR spectra of ATD-biotin in chloroform-***d***.** 



**Figure S11. HRMS spectrum of ATD-biotin.** 



## **Figure S12. Synthesis of ATD-biotin.**

D-Biotin (122.4 mg, 0.5 mmol), DMAP (63.7 mg, 0.5 mmol), and EDCI (75.7 mg, 0.4 mmol) were dissolved in DMF (8.0 mL). The mixture was stirred at room temperature for 30 min. Atractylodinol (73.2 mg, 0.4 mmol) was dissolved in DMF (2.0 mL), then added to the mixture. The reaction mixture was stirred at room temperature for 18 hours under  $N_2$  environment and protected from light. And then water (20.0 mL) was added and the mixture was extracted with  $CH_2Cl_2$  (3×). The combined organic layer was washed with saturated NH<sub>4</sub>Cl (aq), water, and saturated NaCl (aq) in turn, dried over Na<sub>2</sub>SO<sub>4</sub>, and concentrated under reduced pressure. The residue was purified by silica gel chromatography, eluting with a gradient of 0 to 100% MeOH in CH2Cl2, to provide ATD-biotin (26.5 mg,16.9 % yield) as a brown solid.



## **Figure S13. ATD-biotin chemical structure.**

ATD-biotin: brown solid, 38 %.<sup>1</sup>H NMR (400 MHz, Chloroform-*d*)  $\delta$ <sub>H</sub> 7.39 (br s, 1H), 6.81 (d, *J* = 16.0 Hz, 1H), 6.44 − 6.37 (m, 2H), 6.30 (dt, *J* = 16.0, 5.7 Hz, 1H), 6.10 (d, *J* = 16.0 Hz, 1H), 5.84 (d, *J* = 16.0 Hz, 1H), 4.67 − 4.60 (m, 2H), 4.53 (br s, 1H), 4.34 (br s, 1H), 3.16 (br s, 1H), 2.96 − 2.85 (m, 2H), 2.71 − 2.79 (m, 1H), 2.37 (t, *J* = 7.3 Hz, 2H), 1.77 − 1.59 (m, 4H), 1.42 − 1.48 (m, 2H).<sup>13</sup>C NMR (100 MHz, Chloroform-*d*) *δ*<sub>C</sub> 24.9, 28.4, 28.5, 33.9, 40.7, 55.5, 60.3, 62.1, 63.7, 75.7, 76.8, 80.3, 81.7, 104.6, 111.6, 112.2, 112.3, 131.4, 139.8, 143.8, 151.9, 173.2. HRMS (ESI): calcd for C23H25N2O4S [M+H]+ 425.1530, found 425.1529.

Group	Dose $(mg/kg)$		Log Dose Mortality rates (%) Deaths (n) Survivals (n)							
	175	2.2	O	$\theta$						
2	550	2.7	$\theta$	$\theta$						
	1750	3.2	$\theta$	$\theta$	6					
4	5000	3.7	100	6						
Estimated $LD_{50} = 3129$ mg/kg.										
95% confidence interval = $1750 - 5000$ mg/kg.										

**Table S1. Acute toxicity in mice by up-and-down method.** 

**Table S2. Organ weights were relative to body weight (percentage body weight).** The organ coefficients was calculated as body weight (g) divided by organ weight (g). *n* = 8. Data were presented as the mean  $\pm$  SEM.  $^{#}P$  < 0.05,  $^{#}P$  < 0.01,  $^{#}P$  < 0.001 compared to the control group. \**P* < 0.05, \*\**P* < 0.01, \*\*\**P* < 0.001 compared to the bleomycin group.

Organs	<b>Control</b>	<b>BLM</b>	<b>ATD</b> $(2.5 \text{ mg/kg})$	<b>ATD</b> $(5 \text{ mg/kg})$	<b>ATD</b> $(10 \text{ mg/kg})$	<b>PFD</b> $(300 \text{ mg/kg})$
Body weight (g)	$23.10 \pm 1.41$	$13.41 \pm 2.02$	$20.55 \pm 3.07***$	$21.22 \pm 0.70***$	$22.14 \pm 1.27$ ***	$20.18 \pm 3.65***$
Lung $(\%$ BW)	$0.93 \pm 0.01$	$1.60 \pm 0.06^{#}$	$1.08 \pm 0.03*$	$0.91 \pm 0.02$ ***	$0.84 \pm 0.01$ ***	$0.84 \pm 0.01*$
Heart $(\%$ BW)	$0.59 \pm 0.07$	$0.60 \pm 0.08$	$0.60 \pm 0.03$	$0.58 \pm 0.06$	$0.57 \pm 0.08$	$0.93 \pm 0.01$
Liver $(\%$ BW)	$4.44 \pm 0.06$	$4.14 \pm 0.05$	$4.09 \pm 0.05$	$4.34 \pm 0.06$	$4.15 \pm 0.04$	$4.97 \pm 0.05*$
Kidney $(\%$ BW)	$0.62 \pm 0.01$	$0.64 \pm 0.04$	$0.66 \pm 0.01$	$0.68 \pm 0.07$	$0.66 \pm 0.06$	$0.65 \pm 0.01$
Spleen $(\%$ BW)	$0.27 \pm 0.06$	$0.28 \pm 0.06$	$0.27 \pm 0.05$	$0.27 \pm 0.03$	$0.25 \pm 0.05$	$0.24 \pm 0.06$



**Table S3. Serum biochemical in mice.**  $n = 8$ . Data were presented as the mean  $\pm$  SEM.  $^{\#}P$  < 0.05,  $^{#}P < 0.01$ ,  $^{#}P < 0.001$  compared to the control group.  $^{*}P < 0.05$ ,  $^{*}P < 0.01$ ,  $^{*}P < 0.01$ 0.001 compared to the bleomycin group.



# **Table S4. Mass Spectroscopy analysis of proteins bound to ATD-biotin in HFL1.**



# **Table S5. Primer sequences for real-time Q-PCR.**

# **Table S6. Target sequences of shRNAs.**



# **Table S7. Antibodies used for Western blotting and immunofluorescence assay.**

