

Appendix 4. Overall Results

Table 1. Primary Outcome: Major Adverse Cardiac Events (MACE)

| Treatment | Primary Prevention or Mixed (Primary + Secondary) | MACE Definition | Systematic Review (Author, Year) | RCTs included | Sample Size (n) | Outcome Measured at (weeks) | Point Estimate (OR, RR, HR) | 95% CI | Random or fixed effects analysis? | I ² |
|-------------------------------------|---|--|---|---------------|-----------------|-----------------------------|-----------------------------|-----------|-----------------------------------|----------------|
| Bile acid sequestrants (BAS) | | | | | | | | | | |
| BAS | Primary | “definite coronary heart disease death and/or nonfatal myocardial infarction” | RCT: Lipid Research Clinics Program, 1984 | 1 | 3806 | 386 | RR 0.83* | 0.67-1.01 | N/A | N/A |
| BAS | Secondary | “death, myocardial infarction, coronary artery disease progression or both MI and progression” | RCT: Brensike, 1984 | 1 | 143 | 261 | OR 0.60 | 0.30-1.21 | N/A | N/A |
| BAS | Mixed | “total cardiac events- deaths, non, fatal MI, coronary surgery, angioplasty, and stroke” | RCT: Watts, 1992 | 1 | 53 | 170 | RR 0.35* | 0.04-3.12 | N/A | N/A |
| Ezetimibe | | | | | | | | | | |

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|------------------|-----------|--|--------------|----|-------|---------|---------|-----------|--------|------|
| Ezetimibe | Mixed | “Varied between studies, with coronary revascularization included in most studies” | Hong, 2018 | 6 | 18921 | 48-288 | RR 0.93 | 0.89-0.99 | Random | 0.9% |
| Ezetimibe | Mixed | composite of coronary heart death, nonfatal MI, stroke or coronary revascularization | Toyota, 2019 | 4 | 20688 | NR | OR 0.90 | 0.85-0.96 | Random | 35% |
| Ezetimibe | Mixed | CV death non-fatal MI, non-fatal stroke, hospitalization for unstable angina or coronary revascularisation | Zhan, 2018 | 10 | 21727 | 52-312 | RR 0.94 | 0.90-0.98 | Fixed | 0% |
| Fibrates | | | | | | | | | | |
| Fibrates | Primary | “Combined CVD death, non-fatal MI, non-fatal stroke” | Jakob, 2016 | 6 | 16135 | 104-261 | RR 0.84 | 0.74-0.96 | Fixed | 0% |
| Fibrates | Secondary | “Composite outcome of non-fatal stroke, non-fatal MI and vascular death” | Wang, 2015 | 12 | 16064 | 271 | RR 0.88 | 0.81-0.97 | Random | 45% |
| Niacin | | | | | | | | | | |

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|---------------------------|-------|--|----------------|----|--------|----|---------|------------|--------|-----|
| Niacin | Mixed | “Overall deaths from coronary heart disease, nonfatal myocardial infarction, hospitalization for angina, stroke, revascularization procedures” | D’Andrea, 2019 | 17 | 10295 | NR | RR 0.88 | 0.76- 1.01 | Random | 45% |
| Niacin | Mixed | “Total CVD” | Jenkins 2021 | 4 | 29254 | NR | RR 0.97 | 0.91-1.03 | Random | 55% |
| Omega 3s (EPA+DHA) | | | | | | | | | | |
| Omega 3s | Mixed | “Major vascular events (first occurrence nonfatal MI, death caused by CHD, nonfatal or fatal stroke, any revascularization procedure” | Aung, 2018 | 9 | 59195 | NR | RR 0.98 | 0.94-1.02 | NR | NR |
| Omega 3s | Mixed | NR | Casula, 2020 | 13 | 54011 | NR | OR 0.96 | 0.88-1.04 | NR | NR |
| Omega 3s | Mixed | NR | Khan, 2021 | 13 | 107714 | NR | RR 0.99 | 0.95-1.02 | Random | NR |
| EPA only | | | | | | | | | | |
| EPA | Mixed | NR | Khan, 2021 | 4 | 27305 | NR | RR 0.78 | 0.72-0.85 | Random | NR |
| PCSK9 inhibitors | | | | | | | | | | |
| PCSK9 Inhibitors | Mixed | “CV death, nonfatal MI, and nonfatal stroke” | AlTurki, 2019 | 22 | NR | NR | OR 0.82 | 0.77-0.87 | Random | 0% |
| PCSK9 Inhibitors | Mixed | “CV Events” | Bai, 2018 | 11 | 38226 | NR | RR 0.86 | 0.81-0.92 | Fixed | 0% |

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|-------------------------|-------|---|------------------|----|-------|--------|---------|-----------|--------|-----|
| PCSK9 Inhibitors | Mixed | “Cardiovascular event incidence” | Casula, 2019 | 20 | 60878 | NR | OR 0.83 | 0.78-0.87 | Random | NR |
| PCSK9 Inhibitors | Mixed | “CV mortality, nonfatal MI, nonfatal stroke” | Dicembrini, 2019 | 27 | 84233 | NR | OR 0.83 | 0.78-0.88 | Random | 0% |
| PCSK9 Inhibitors | Mixed | “CV death, non-fatal MI, and non-fatal stroke” | Du, 2019 | 31 | 92736 | 12-146 | RR 0.84 | 0.79-0.89 | Fixed | 0% |
| PCSK9 Inhibitors | Mixed | NR | Ghadban, 2017 | 6 | 62776 | NR | RR 0.81 | 0.70-0.93 | Random | 56% |
| PCSK9 Inhibitors | Mixed | NR | Khan, 2022 | 5 | 80732 | 26-146 | RR 0.84 | 0.76-0.92 | Random | NR |
| PCSK9 Inhibitors | Mixed | “CV death, stroke and MI” | Ma, 2021 | 20 | 86845 | NR | RR 0.83 | 0.79-0.88 | Fixed | 9% |
| PCSK9 Inhibitors | Mixed | “CV death, nonfatal MI, nonfatal stroke” | Monami, 2019 | 3 | 47208 | NR | OR 0.78 | 0.71-0.85 | Random | 37% |
| PCSK9 Inhibitors | Mixed | “Major CV Events” | Mu, 2020 | 15 | NR | NR | RR 0.87 | 0.83-0.91 | Random | NR |
| PCSK9 Inhibitors | Mixed | “Coronary heart death, non-fatal MI, stroke, or coronary revascularization” | Toyota, 2019 | 7 | 54677 | NR | OR 0.81 | 0.73-0.90 | Random | 37% |
| PCSK9 Inhibitors | Mixed | Based on the individual trial definitions | Turgeon, 2018 | 21 | 59852 | NR | RR 0.83 | 0.78-0.88 | Fixed | 2% |
| PCSK9 Inhibitors | Mixed | “CV Events” | Wang, 2021 | 13 | 24803 | NR | RR 0.89 | 0.83-0.95 | Fixed | 0% |
| PCSK9 Inhibitors | Mixed | “Adjudicated CV events” | Zhao, 2020 | 8 | 49227 | NR | RR 0.87 | 0.83-0.91 | Fixed | 0% |
| PCSK9 Inhibitors | Mixed | “CV Events” | Zhao, 2019 | NR | 62714 | NR | OR 0.79 | 0.68-0.92 | Random | NR |

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|-------------------------|---------|---|----------------|----|-------|--------|---------|-----------|--------|-------|
| PCSK9 Inhibitors | Mixed | “Positively adjudicated CV events (composite of all-cause mortality, CV death, MI, stroke, revascularization, or hospitalization for unstable angina” | Zhu, 2019 | 15 | 35011 | NR | RR 0.87 | 0.81-0.93 | Random | 0% |
| Statins | | | | | | | | | | |
| Statins | Primary | “Any coronary heart events” (angina, MI, coronary revascularization, CHD death) | Li, 2019 | 8 | 37395 | 52-276 | RR 0.73 | 0.68-0.78 | Fixed | 0% |
| Statins | Mixed | “Coronary Artery Disease” | Ponce, 2019 | 10 | 24728 | NR | RR 0.71 | 0.63-0.80 | Random | 52% |
| Statins | Primary | “All CHD events” – 13 outcomes, see PDF (pg 3), excludes stroke | Sandwith, 2021 | 13 | 88876 | NR | RR 0.78 | 0.71-0.85 | Random | 71% |
| Statins | Primary | Primary endpoint for each RCT (Appendix pg 21) | Singh, 2020 | 11 | 58504 | NR | RR 0.71 | 0.62-0.82 | Random | 55% |
| Statins | Primary | “Fatal and non-fatal CVD” | Taylor, 2013 | 9 | 23805 | NR | RR 0.75 | 0.70-0.81 | Fixed | 31% |
| Statins | Primary | “Non-fatal stroke, unstable angina, | Yebyo, 2013 | 23 | NR | NR | RR 0.74 | 0.67-0.81 | Random | 49.5% |

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|----------------|-------|------------------------------------|------------|----|--------|----|---------|-----------|--------|----|
| | | non-fatal MI and CV death” | | | | | | | | |
| Statins | Mixed | “CV events” (not defined in paper) | Zhao, 2019 | NR | 139233 | NR | OR 0.80 | 0.76-0.85 | Random | NR |

BAS: Bile Acid Sequestrants; *Calculated by PEER team at https://www.medcalc.org/calc/relative_risk.php; RCT: Randomized Controlled Trial; n: Total sample size in meta-analysis; OR: Odds Ratio; RR: Risk Ratio; HR= Hazard Ratio; CI: Confidence Interval; I²: indicates the level of heterogeneity; CVD: Cardiovascular Disease; NR: Not Reported; ACS: Acute coronary syndrome; US

Table 2. Secondary Outcome: Cardiovascular Mortality

| Treatment | Primary Prevention or Mixed (Primary + Secondary) | Systematic Review (Author, Year) | RCTs included | Sample Size (n) | Outcome Measured at (weeks) | Point Estimate (OR, RR, HR) | 95% CI | Random or fixed effects analysis? | I ² |
|-------------------------------------|---|--|---------------|-----------------|-----------------------------|-----------------------------|-----------|-----------------------------------|----------------|
| Bile acid sequestrants (BAS) | | | | | | | | | |
| BAS | Primary | RCT: Lipids Research Clinics Program, 1984 | 1 | 3806 | 386 | RR 0.79* | 0.49-1.26 | N/A | N/A |
| BAS | Mixed-MEN | RCT: Dorr, 1978 | 1 | 1094 | 52-157 | RR 0.46* | 0.23-0.92 | N/A | N/A |
| BAS | Mixed-WOMEN | RCT: Dorr, 1978 | 1 | 1184 | 52-157 | RR 1.08* | 0.44-2.63 | N/A | N/A |
| Ezetimibe | | | | | | | | | |
| Ezetimibe | Mixed | Toyota, 2019 | 3 | 18967 | NR | OR 1.00 | 0.89-1.13 | Random | 0% |
| Ezetimibe | Mixed | Zhan, 2018 | 6 | 19457 | 52-312 | RR 1.00 | 0.89-1.12 | Fixed | 0% |
| Fibrates | | | | | | | | | |
| Fibrates | Secondary | Wang, 2015 | 10 | 13653 | 282 | RR 0.95 | 0.86-1.05 | Fixed | 11% |
| Niacin | | | | | | | | | |
| Niacin | Mixed | D'Andrea, 2019 | 16 | 35652 | NR | RR 0.98 | 0.90-1.07 | Random | 0% |
| Niacin | Mixed | Garg, 2017 | 9 | 9236 | NR | RR 0.91 | 0.81-1.02 | Random | 0.1% |
| Niacin | Mixed | Jenkins, 2021 | 2 | 3581 | NR | RR 1.14 | 0.75-1.73 | Random | 0% |
| Niacin | Mixed | Riaz, 2019 | 4 | 32733 | NR | RR 0.99 | 0.89-1.09 | Random | NR |
| Niacin | Mixed | Schandelmaier, 2017 | 5 | 32966 | 52-260 | RR 1.02 | 0.93-1.12 | Random | 0% |
| Omega 3s | | | | | | | | | |
| Omega 3s | Mixed | Cabiddu, 2020 | 11 | 100609 | NR | RR 0.94 | 0.89-0.99 | NR | 0% |
| Omega 3s | Mixed | Hu, 2019 | 11 | 100599 | NR | RR 0.93 | 0.88-0.99 | Fixed | 0.2% |
| Omega 3s | Mixed | Khan, 2021 | 22 | 116452 | NR | RR 0.94 | 0.89-0.99 | Random | NR |

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|-------------------------|---------|-------------------|----|-------|--------|---------|-----------|--------|-------|
| Omega 3s | Mixed | Kim, 2020 | 13 | NR | 52-385 | RR 0.93 | 0.88-0.99 | Random | 10% |
| Omega 3s | Mixed | Xie, 2021 | 8 | 49872 | NR | RR 0.93 | 0.88-0.99 | Fixed | 0% |
| EPA only | | | | | | | | | |
| EPA | Mixed | Khan, 2021 | 3 | 27062 | NR | RR 0.82 | 0.68-0.99 | Random | NR |
| EPA | Mixed | Kim, 2020 | 1 | 8159 | NR | RR 0.82 | 0.67-0.99 | NR | NR |
| PCSK9 Inhibitors | | | | | | | | | |
| PCSK9 Inhibitors | Mixed | AlTurki, 2019 | 13 | NR | NR | OR 0.95 | 0.84-1.07 | Random | 0% |
| PCSK9 Inhibitors | Mixed | Bai, 2018 | 7 | 36476 | NR | RR 1.00 | 0.84-1.18 | Fixed | 5.2% |
| PCSK9 Inhibitors | Mixed | Casula, 2019 | 10 | 57306 | NR | OR 0.94 | 0.83-1.07 | Random | NR |
| PCSK9 Inhibitors | Mixed | Chaiyasothi, 2019 | 11 | 85021 | NR | RR 0.97 | 0.86-1.08 | Random | 0% |
| PCSK9 Inhibitors | Mixed | Dicembrini, 2019 | 36 | 85521 | NR | OR 0.97 | 0.86-1.09 | Random | 0% |
| PCSK9 Inhibitors | Mixed | Du, 2019 | 57 | 96709 | 12-146 | RR 0.95 | 0.85-1.07 | Random | 0% |
| PCSK9 Inhibitors | Mixed | Ghadban, 2017 | 6 | 62776 | NR | RR 0.98 | 0.78-1.22 | Random | 15% |
| PCSK9 Inhibitors | Mixed | Guedeney, 2019 | NR | 64707 | 8-208 | RR 0.94 | 0.84-1.06 | Random | 0% |
| PCSK9 Inhibitors | Mixed | Karatasakis, 2017 | 34 | 44701 | NR | OR 1.01 | 0.85-1.19 | Random | 0% |
| PCSK9 Inhibitors | Mixed | Khan, 2022 | 5 | 80732 | 26-146 | RR 0.95 | 0.80-1.12 | Random | NR |
| PCSK9 Inhibitors | Mixed | Khan, 2019 | 9 | 83318 | NR | RR 0.95 | 0.85-1.07 | Random | NR |
| PCSK9 Inhibitors | Mixed | Ma, 2021 | 13 | 84639 | NR | RR 0.96 | 0.86-1.07 | Fixed | 0% |
| PCSK9 Inhibitors | Mixed | Mu, 2020 | 6 | NR | NR | RR 0.93 | 0.79-1.11 | Random | NR |
| PCSK9 Inhibitors | Mixed | Qin, 2021 | 7 | 57436 | NR | RR 0.95 | 0.84-1.07 | Fixed | 2.5% |
| PCSK9 Inhibitors | Mixed | Toyota, 2019 | 6 | 53709 | NR | OR 0.92 | 0.73-1.15 | Random | 47% |
| PCSK9 Inhibitors | Mixed | Turgeon, 2018 | 19 | 58021 | NR | RR 0.95 | 0.84-1.07 | Fixed | 0% |
| PCSK9 Inhibitors | Mixed | Wang, 2021 | 4 | 20570 | NR | RR 0.87 | 0.74-1.04 | Fixed | 0% |
| PCSK9 Inhibitors | Mixed | Zhao, 2020 | 6 | 48060 | NR | RR 0.96 | 0.85-1.08 | Fixed | 0% |
| PCSK9 Inhibitors | Mixed | Zhao, 2019 | NR | 63501 | NR | OR 0.99 | 0.87-1.13 | Random | NR |
| PCSK9 Inhibitors | Mixed | Zhu, 2019 | 12 | 64323 | NR | RR 1.01 | 0.87-1.18 | Random | 0% |
| Statins | | | | | | | | | |
| Statins | Mixed | Kim, 2020 | 27 | 97648 | 52-317 | RR 0.86 | 0.80-0.92 | Random | 37.2% |
| Statins | Primary | Cai, 2021 | 22 | 95959 | 230 | OR 0.83 | 0.76-0.91 | Fixed | 27% |
| Statins | Primary | Li, 2019 | 6 | 38935 | NR | RR 0.85 | 0.74-0.99 | Fixed | 22% |

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|----------------|---------|--------------|----|--------|--------|---------|-----------|--------|-------|
| Statins | Mixed | Ponce, 2019 | 12 | 35955 | 52-346 | RR 0.85 | 0.76-0.96 | Fixed | 49.3% |
| Statins | Primary | Singh, 2020 | 8 | 54515 | 99-291 | RR 0.90 | 0.78-1.04 | Random | 0% |
| Statins | Primary | Taylor, 2013 | 5 | 34012 | NR | RR 0.83 | 0.72-0.96 | Fixed | 0% |
| Statins | Primary | Yebyo, 2019 | 15 | NR | NR | RR 0.80 | 0.71-0.91 | Random | 35.3% |
| Statins | Mixed | Zhao, 2019 | NR | 134059 | NR | OR 0.83 | 0.75-0.92 | Random | NR |

BAS: Bile Acid Sequestrants; *Calculated by PEER team at https://www.medcalc.org/calc/relative_risk.php; RCT: Randomized Controlled Trial; n: Total sample size in meta-analysis; OR: Odds Ratio; RR: Risk Ratio; CI: Confidence Interval; I²: indicates the level of heterogeneity; NR= Not Reported

Table 3. Secondary Outcome: All-Cause Mortality

| Treatment | Primary Prevention or Mixed (Primary + Secondary) | Systematic Review (Author, Year) | RCTs included | Sample Size (n) | Outcome Measured at (weeks) | Point Estimate (OR, RR, HR) | 95% CI | Random or fixed effects analysis? | I ² |
|-------------------------------------|---|--|---------------|-----------------|-----------------------------|-----------------------------|-----------|-----------------------------------|----------------|
| Bile acid sequestrants (BAS) | | | | | | | | | |
| BAS | Primary | RCT: Lipids Research Clinics Program, 1984 | 1 | 3806 | 386 | RR 0.95* | 0.69-1.32 | N/A | N/A |
| BAS | Mixed-MEN | RCT: Dorr, 1978 | 1 | 1094 | 52-157 | RR 0.63* | 0.35-1.14 | N/A | N/A |
| BAS | Mixed-WOMEN | RCT: Dorr, 1978 | 1 | 1184 | 52-157 | RR 0.92* | 0.50-1.69 | N/A | N/A |
| BAS | Mixed | RCT: Watts, 1992 | 1 | 53 | 170 | RR 0.35* | 0.01-8.12 | N/A | N/A |
| Ezetimibe | | | | | | | | | |
| Ezetimibe | Mixed | Toyota, 2019 | 3 | 19968 | NR | OR 0.88 | 0.62-1.27 | Random | 54% |
| Ezetimibe | Mixed | Zhan, 2018 | 8 | 21222 | 52-312 | RR 0.98 | 0.91-1.05 | Fixed | 0% |
| Fibrates | | | | | | | | | |
| Fibrates | Primary | Jakob, 2016 | 5 | 8471 | 52-261 | RR 1.01 | 0.81-1.26 | Fixed | 0% |
| Fibrates | Mixed | Keene, 2014 | 19 | 45935 | 261 | OR 0.98 | 0.89-1.08 | Random | 33% |
| Fibrates | Secondary | Wang, 2015 | 10 | 13653 | 282 | RR 0.98 | 0.91-1.06 | Fixed | 23% |
| Niacin | | | | | | | | | |
| Niacin | Mixed | Garg, 2017 | 11 | 34810 | NR | RR 0.99 | 0.88-1.12 | Random | 31% |
| Niacin | Mixed | Jenkins, 2021 | 4 | 29195 | NR | RR 1.04 | 0.95-1.14 | Random | 16% |
| Niacin | Mixed | Riaz, 2019 | 5 | 33305 | NR | RR 1.04 | 0.97-1.12 | Random | NR |
| Niacin | Mixed | Schandelmaier, 2017 | 12 | 35543 | 26-260 | RR 1.05 | 0.97-1.12 | Random | 0% |
| Omega 3s | | | | | | | | | |
| Omega 3s | Mixed | Khan, 2021 | 21 | 113921 | NR | RR 0.98 | 0.93-1.03 | Random | NR |

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|-------------------------|---------|-------------------|----|--------|--------|---------|-----------|--------|-------|
| Omega 3s | Mixed | Kim, 2020 | 17 | NR | 52-385 | RR 0.97 | 0.94-1.00 | Random | 2.2% |
| EPA Only | | | | | | | | | |
| EPA | Mixed | Khan, 2021 | 3 | 27062 | NR | RR 0.96 | 0.85-1.10 | NR | NR |
| EPA | Mixed | Kim, 2020 | 2 | 26804 | NR | RR 0.98 | 0.81-1.18 | NR | 6% |
| PCSK9 Inhibitors | | | | | | | | | |
| PCSK9 Inhibitors | Mixed | AlTurki, 2019 | 17 | NR | NR | OR 0.91 | 0.78-1.06 | Random | 21% |
| PCSK9 Inhibitors | Mixed | Bai, 2018 | NR | NR | NR | RR 1.00 | 0.89-1.14 | NR | NR |
| PCSK9 Inhibitors | Mixed | Casula, 2019 | 13 | 59504 | NR | OR 0.93 | 0.85-1.03 | Random | NR |
| PCSK9 Inhibitors | Mixed | Chaiyasothi, 2019 | 12 | 84092 | NR | RR 0.94 | 0.82-1.06 | Random | 13.8% |
| PCSK9 Inhibitors | Mixed | Cordero, 2020 | 6 | 81696 | NR | OR 0.95 | 0.86-1.04 | NR | 55.1% |
| PCSK9 Inhibitors | Mixed | Dicembrini, 2019 | 38 | 85230 | NR | OR 0.94 | 0.84-1.04 | Random | 3% |
| PCSK9 Inhibitors | Mixed | Du, 2019 | 57 | 96427 | 12-146 | RR 0.93 | 0.84-1.03 | Random | 3% |
| PCSK9 Inhibitors | Mixed | Ghadban, 2017 | 6 | 62776 | NR | RR 1.01 | 0.86-1.20 | Random | 21% |
| PCSK9 Inhibitors | Mixed | Guedeney, 2019 | NR | 66478 | 8-208 | RR 0.89 | 0.75-1.04 | Random | 13% |
| PCSK9 Inhibitors | Mixed | Karatasakis, 2017 | 35 | 45503 | NR | OR 0.71 | 0.47-1.09 | Random | 18% |
| PCSK9 Inhibitors | Mixed | Khan, 2022 | 5 | 80732 | 26-146 | RR 0.91 | 0.75-1.10 | Random | NR |
| PCSK9 Inhibitors | Mixed | Khan, 2019 | 9 | 83318 | NR | RR 0.94 | 0.81-1.09 | Random | NR |
| PCSK9 Inhibitors | Mixed | Monami, 2019 | 3 | 1234 | NR | OR 0.43 | 0.14-1.29 | Random | 0% |
| PCSK9 Inhibitors | Mixed | Mu, 2020 | 13 | NR | NR | RR 0.88 | 0.72-1.07 | Random | NR |
| PCSK9 Inhibitors | Mixed | Toyota, 2019 | 7 | 54677 | NR | OR 0.87 | 0.69-1.10 | Random | 53% |
| PCSK9 Inhibitors | Mixed | Turgeon, 2018 | 23 | 60724 | NR | RR 0.93 | 0.85-1.02 | Fixed | 19% |
| PCSK9 Inhibitors | Mixed | Wang, 2021 | 13 | 24773 | NR | RR 0.80 | 0.66-0.96 | Fixed | 11% |
| PCSK9 Inhibitors | Mixed | Zhao, 2020 | 8 | 49227 | NR | RR 0.95 | 0.86-1.05 | Fixed | 22% |
| PCSK9 Inhibitors | Mixed | Zhao, 2019 | NR | 60169 | NR | OR 0.87 | 0.71-1.07 | Random | NR |
| Statins | | | | | | | | | |
| Statins | Mixed | Byrne, 2022 | 19 | 132763 | NR | RR 0.91 | 0.86-0.95 | Random | 52% |
| Statins | Mixed | Kim, 2020 | 30 | 138877 | 52-317 | RR 0.90 | 0.86-0.94 | Random | 43.8% |
| Statins | Primary | Li, 2019 | 9 | 53656 | 52-276 | RR 0.88 | 0.76-1.01 | Random | 58% |
| Statins | Mixed | Ponce, 2019 | 17 | 47083 | 52-346 | RR 0.92 | 0.87-0.97 | Random | 20% |
| Statins | Primary | Sandwith, 2021 | 13 | 88876 | NR | RR 0.93 | 0.89-0.97 | Fixed | 6% |

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|----------------|---------|--------------|----|--------|--------|---------|-----------|--------|-----|
| Statins | Primary | Singh, 2020 | 11 | 58504 | 99-291 | RR 0.92 | 0.83-1.02 | Random | 25% |
| Statins | Primary | Taylor, 2013 | 13 | 48060 | 260 | OR 0.86 | 0.79-0.94 | Fixed | 0% |
| Statins | Primary | Yebyo, 2019 | 24 | NR | NR | RR 0.89 | 0.85-0.93 | Random | 0% |
| Statins | Mixed | Zhao, 2019 | NR | 143995 | NR | OR 0.91 | 0.86-0.96 | Random | 0% |

BAS: Bile Acid Sequestrants; *Calculated by PEER team at https://www.medcalc.org/calc/relative_risk.php; RCT: Randomized Controlled Trial; n: Total sample size in meta-analysis; OR: Odds Ratio; RR: Risk Ratio; CI: Confidence Interval; I²: indicates the level of heterogeneity; NR= Not Reported

Table 4. Secondary Outcome: Myocardial Infarction

| Treatment | Primary Prevention or Mixed (Primary + Secondary) | Systematic Review (Author, Year) | RCTs included | Sample Size (n) | Outcome Measured at (weeks) | Point Estimate (OR, RR, HR) | 95% CI | Random or fixed effects analysis? | I ² |
|--|---|---|---------------|-----------------|-----------------------------|-----------------------------|------------|-----------------------------------|----------------|
| NON-FATAL MYOCARDIAL INFARCTION | | | | | | | | | |
| Bile acid sequestrants (BAS) | | | | | | | | | |
| BAS | Primary | RCT: Lipid Research Clinics Program, 1984 | 1 | 3806 | 386 | RR 0.82* | 0.66-1.03 | N/A | N/A |
| BAS | Mixed | RCT: Watts, 1992 | 1 | 53 | 170 | RR 1.04* | 0.07-15.75 | N/A | N/A |
| Ezetimibe | | | | | | | | | |
| Ezetimibe | Mixed | Zhan, 2018 | 6 | 21145 | 52-312 | RR 0.88 | 0.81-0.95 | Fixed | 0% |
| Fibrates | | | | | | | | | |
| Fibrates | Mixed | Keene, 2014 | 18 | 45445 | 261 | OR 0.80 | 0.74-0.87 | Random | 1% |
| Niacin | | | | | | | | | |
| Niacin | Mixed | Garg, 2017 | 9 | 34251 | NR | RR 0.85 | 0.73-1.0 | Random | 29% |
| Niacin | Mixed | Schandelmaier, 2017 | 4 | 33164 | NR | RR 0.91 | 0.77-1.07 | Random | 53% |
| Omega 3s | | | | | | | | | |
| Omega 3s | Mixed | Aung, 2018 | 9 | 59195 | NR | RR 0.98 | 0.90-1.07 | NR | NR |
| Omega 3s | Mixed | Khan, 2021 | 17 | 98549 | NR | RR 0.92 | 0.85-1.00 | Random | NR |
| EPA Only | | | | | | | | | |
| EPA | Mixed | Khan, 2021 | 3 | 27062 | NR | RR 0.72 | 0.62-0.84 | Random | NR |
| PCSK9 Inhibitors | | | | | | | | | |
| PCSK9 Inhibitors | Mixed | Chaiyasothi, 2019 | 12 | 83463 | NR | RR 0.81 | 0.72-0.92 | Random | 28.4% |
| PCSK9 Inhibitors | Mixed | Dicembrini, 2019 | 34 | 80449 | NR | OR 0.80 | 0.73-0.89 | Random | 9% |

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|-------------------------------------|------------|---------------------|----|-------|---------|----------|-----------|--------|-------|
| PCSK9 Inhibitors | Mixed | Du, 2019 | 41 | 90605 | 12-146 | RR 0.83 | 0.74-0.93 | Random | 12% |
| PCSK9 Inhibitors | Mixed | Zhao, 2020 | 4 | 20405 | NR | RR 0.86 | 0.78-0.96 | Fixed | 0% |
| Statins | | | | | | | | | |
| Statins | Primary | Li, 2019 | 8 | 41191 | NR | RR 0.60 | 0.51-0.69 | Fixed | 14% |
| Statins | Primary | Yebyo, 2019 | 16 | NR | NR | RR 0.62 | 0.53-0.72 | Random | 31% |
| FATAL MYOCARDIAL INFARCTION | | | | | | | | | |
| Bile acid sequestrants (BAS) | | | | | | | | | |
| BAS | Mixed- MEN | RCT: Dorr, 1978 | 1 | 1094 | 52-157 | RR 0.06* | 0.00-1.01 | N/A | N/A |
| Ezetimibe | | | | | | | | | |
| Ezetimibe | NR | NR | NR | NR | NR | NR | NR | NR | NR |
| Fibrates | | | | | | | | | |
| Fibrates | Mixed | Keene, 2014 | 17 | 45422 | 261 | OR 0.92 | 0.81-1.04 | Random | 16% |
| Niacin | | | | | | | | | |
| Niacin | Mixed | Garg, 2017 | 4 | 33543 | NR | RR 0.93 | 0.78-1.10 | Random | 55% |
| Niacin | Mixed | Jenkins, 2021 | 2 | 29087 | NR | RR 1.04 | 0.90-1.21 | Random | 0% |
| Niacin | Mixed | Schandelmaier, 2017 | 6 | 33336 | NR | RR 1.01 | 0.91-1.11 | Random | 0% |
| Omega-3s | | | | | | | | | |
| Omega-3s | NR | NR | NR | NR | NR | NR | NR | NR | NR |
| EPA only | | | | | | | | | |
| EPA | NR | NR | NR | NR | NR | NR | NR | NR | NR |
| Statins | | | | | | | | | |
| Statins | Mixed | Kim, 2020 | 8 | NR | NR | RR 0.73 | 0.57-0.93 | Random | 17.6% |
| Statins | Primary | Li, 2019 | 3 | 10975 | NR | RR 0.49 | 0.24-0.98 | Fixed | 0% |
| Statins | Primary | Yebyo, 2019 | 6 | NR | NR | RR 0.72 | 0.50-1.03 | Random | 0% |
| MYOCARDIAL INFARCTION (ALL) | | | | | | | | | |
| Ezetimibe | | | | | | | | | |
| Ezetimibe | Mixed | Toyota, 2019 | 3 | 20585 | NR | OR 0.86 | 0.79-0.95 | Random | 0% |
| Fibrates | | | | | | | | | |
| Fibrates | Primary | Jakob, 2016 | 6 | 16135 | 104-261 | RR 0.79 | 0.68-0.92 | Fixed | 24% |

| | | | | | | | | | |
|-------------------------|-----------|---------------------|----|--------|--------|---------|-----------|--------|-------|
| Fibrates | Secondary | Wang, 2015 | 10 | 13942 | 277 | RR 0.86 | 0.8-0.93 | Fixed | 24% |
| Niacin | | | | | | | | | |
| Niacin | Mixed | D'Andrea, 2019 | 16 | 35642 | NR | RR 0.87 | 0.74-1.02 | Random | 22% |
| Niacin | Mixed | Jenkins, 2021 | 4 | 30196 | NR | RR 0.96 | 0.85-1.08 | Random | 0% |
| Niacin | Mixed | Riaz, 2019 | 6 | 37175 | NR | RR 0.89 | 0.74-1.07 | Random | NR |
| Niacin | Mixed | Schandelmaier, 2017 | 9 | 34829 | NR | RR 0.93 | 0.87-1.00 | Random | 0% |
| Omega 3s | | | | | | | | | |
| Omega 3s | Mixed | Casula, 2020 | 12 | 53711 | NR | OR 0.88 | 0.74-1.04 | NR | NR |
| EPA only | | | | | | | | | |
| EPA | NR | NR | NR | NR | NR | NR | NR | NR | NR |
| PCSK9 Inhibitors | | | | | | | | | |
| PCSK9 Inhibitors | Mixed | AlTurki, 2019 | 21 | NR | NR | OR 0.80 | 0.65-0.91 | Random | 20% |
| PCSK9 Inhibitors | Mixed | Bai, 2018 | 8 | 36691 | NR | RR 0.73 | 0.65-0.82 | Fixed | 3.9% |
| PCSK9 Inhibitors | Mixed | Casula, 2019 | 13 | 52899 | NR | OR 0.78 | 0.72-0.84 | Random | NR |
| PCSK9 Inhibitors | Mixed | Cordero, 2020 | 6 | 81696 | NR | RR 0.81 | 0.76-0.87 | NR | 51.3% |
| PCSK9 Inhibitors | Mixed | Dicembrini, 2019 | 34 | 36734 | NR | OR 0.55 | 0.49-0.61 | Random | 0% |
| PCSK9 Inhibitors | Mixed | Ghadban, 2017 | 6 | 62776 | NR | RR 0.78 | 0.63-0.97 | Random | 54% |
| PCSK9 Inhibitors | Mixed | Guedeney, 2019 | NR | 61784 | 8-208 | RR 0.80 | 0.74-0.86 | Random | 0% |
| PCSK9 Inhibitors | Mixed | Karatasakis, 2017 | 23 | 41932 | NR | OR 0.72 | 0.64-0.81 | Random | 0% |
| PCSK9 Inhibitors | Mixed | Khan, 2022 | 5 | 80732 | 26-146 | RR 0.80 | 0.69-0.93 | Random | 0% |
| PCSK9 Inhibitors | Mixed | Khan, 2019 | 9 | 83318 | NR | RR 0.83 | 0.71-0.98 | Random | NR |
| PCSK9 Inhibitors | Mixed | Ma, 2021 | 18 | 86020 | NR | RR 0.81 | 0.76-0.87 | Fixed | 23% |
| PCSK9 Inhibitors | Mixed | Mu, 2020 | 10 | NR | NR | RR 0.78 | 0.67-0.92 | Random | NR |
| PCSK9 Inhibitors | Mixed | Toyota, 2019 | 7 | 54677 | NR | OR 0.77 | 0.66-0.88 | Random | 29% |
| PCSK9 Inhibitors | Mixed | Turgeon, 2018 | 19 | 59059 | NR | RR 0.80 | 0.74-0.86 | Fixed | 11% |
| PCSK9 Inhibitors | Mixed | Zhu, 2019 | 12 | 64368 | NR | RR 0.78 | 0.71-0.86 | Random | 37.5% |
| Statins | | | | | | | | | |
| Statins | Mixed | Byrne, 2022 | 18 | 121190 | NR | RR 0.71 | 0.66-0.78 | Random | 36% |

| | | | | | | | | | |
|----------------|---------|-------------|----|-------|---------|---------|-----------|--------|-----|
| Statins | Primary | Cai, 2021 | 22 | 95148 | 229 | OR 0.72 | 0.66-0.78 | Fixed | 33% |
| Statins | Mixed | Ponce, 2019 | 10 | 17856 | 226-346 | RR 0.66 | 0.56-0.78 | Random | 37% |
| Statins | Primary | Singh, 2020 | 6 | 50784 | NR | RR 0.56 | 0.47-0.67 | Random | 0% |

BAS: Bile Acid Sequestrants; *Calculated by PEER team at https://www.medcalc.org/calc/relative_risk.php; RCT: Randomized Controlled Trial; n: Total sample size in meta-analysis; OR: Odds Ratio; RR: Risk Ratio; CI: Confidence Interval; I²: indicates the level of heterogeneity; NR= Not Reported

Table 5. Secondary Outcome: Stroke

| Treatment | Primary Prevention or Mixed (Primary + Secondary) | Systematic Review (Author, Year) | RCTs included | Sample Size (n) | Outcome Measure d at (weeks) | Point Estimate (OR, RR, HR) | 95% CI | Random or fixed effects analysis? | I ² |
|-------------------------|---|----------------------------------|---------------|-----------------|------------------------------|-----------------------------|-----------|-----------------------------------|----------------|
| NON-FATAL STROKE | | | | | | | | | |
| BAS | | | | | | | | | |
| BAS | NR | NR | NR | NR | NR | NR | NR | NR | NR |
| Ezetimibe | | | | | | | | | |
| Ezetimibe | Mixed | Zhan, 2018 | 6 | 21205 | 52-312 | RR 0.83 | 0.71-0.97 | Fixed | 0% |
| Fibrates | | | | | | | | | |
| Fibrates | NR | NR | NR | NR | NR | NR | NR | NR | NR |
| Niacin | | | | | | | | | |
| Niacin | NR | NR | NR | NR | NR | NR | NR | NR | NR |
| Omega 3s | | | | | | | | | |
| Omega 3s | Mixed | Khan, 2021 | 6 | 56987 | NR | RR 1.16 | 1.00-1.34 | Random | NR |
| EPA only | | | | | | | | | |
| EPA | Mixed | Khan, 2021 | 2 | 8417 | NR | RR 0.71 | 0.54-0.94 | Random | N/A |
| PCSK9 Inhibitors | | | | | | | | | |
| PCSK9 Inhibitors | Mixed | Dicembrini, 2019 | 33 | 80487 | NR | OR 0.73 | 0.63-0.84 | Random | 0% |
| Statins | | | | | | | | | |
| Statins | Primary | Taylor, 2013 | 5 | 28097 | NR | RR 0.69 | 0.58-0.83 | Fixed | 0% |
| Statins | Primary | Yebyo, 2019 | 16 | NR | NR | RR 0.84 | 0.76-0.92 | Random | 0% |
| FATAL STROKE | | | | | | | | | |
| BAS | | | | | | | | | |
| BAS | NR | NR | NR | NR | NR | NR | NR | NR | NR |
| Ezetimibe | | | | | | | | | |

| | | | | | | | | | |
|-------------------------------------|-----------|---|----|-------|-----|---------|------------|--------|-------|
| Ezetimibe | NR | NR | NR | NR | NR | NR | NR | NR | NR |
| Fibrates | | | | | | | | | |
| Fibrates | NR | NR | NR | NR | NR | NR | NR | NR | NR |
| Niacin | | | | | | | | | |
| Niacin | NR | NR | NR | NR | NR | NR | NR | NR | NR |
| Omega 3s | | | | | | | | | |
| Omega 3s | NR | NR | NR | NR | NR | NR | NR | NR | NR |
| EPA only | | | | | | | | | |
| EPA | NR | NR | NR | NR | NR | NR | NR | NR | NR |
| PCSK9 Inhibitors | | | | | | | | | |
| PCSK9 Inhibitors | NR | NR | NR | NR | NR | NR | NR | NR | NR |
| Statins | | | | | | | | | |
| Statins | Mixed | Kim, 2020 | 12 | NR | NR | RR 1.11 | 0.87-1.41 | Random | 40.1% |
| Statins | Primary | Taylor, 2013 | 3 | 27238 | NR | RR 0.63 | 0.18-2.23 | Random | 68% |
| Statins | Primary | Yebyo, 2019 | 6 | NR | NR | RR 0.79 | 0.53-1.18 | Random | 0% |
| STROKE (ALL) | | | | | | | | | |
| Bile acid sequestrants (BAS) | | | | | | | | | |
| BAS | Primary | RCT: Lipid Research Clinics Program, 1984 | 1 | 3086 | 386 | RR 1.21 | 0.60-2.45 | NA | NA |
| BAS | Mixed | RCT: Watts, 1992 | 1 | 53 | 170 | RR 1.04 | 0.02-50.43 | NA | NA |
| Ezetimibe | | | | | | | | | |
| Ezetimibe | Mixed | Toyota, 2019 | 3 | 20585 | NR | OR 0.86 | 0.74-1.00 | Random | 0% |
| Fibrates | | | | | | | | | |
| Fibrates | Mixed | Keene, 2014 | 13 | 43188 | 261 | OR 1.01 | 0.90-1.13 | Random | 1% |
| Fibrates | Secondary | Wang, 2015 | 6 | 11719 | 282 | RR 1.03 | 0.91-1.16 | Fixed | 11% |
| Niacin | | | | | | | | | |
| Niacin | Mixed | D'Andrea, 2019 | 11 | 34875 | NR | OR 0.95 | 0.85-1.06 | Fixed | 35% |

| | | | | | | | | | |
|-------------------------|-------|---------------------|----|-------|--------|---------|-----------|--------|-----|
| Niacin | Mixed | Garg, 2017 | 5 | 30428 | NR | RR 0.89 | 0.72-1.10 | Random | 34% |
| Niacin | Mixed | Jenkins, 2021 | 4 | 30196 | NR | RR 1.01 | 0.90-1.14 | Random | 37% |
| Niacin | Mixed | Riaz, 2019 | 5 | 34104 | NR | RR 0.92 | 0.70-1.21 | Random | NR |
| Niacin | Mixed | Schandelmaier, 2017 | 7 | 33661 | NR | RR 0.95 | 0.74-1.22 | Random | 42% |
| Omega-3s | | | | | | | | | |
| Omega-3s | NR | NR | NR | NR | NR | NR | NR | NR | NR |
| EPA only | | | | | | | | | |
| EPA | NR | NR | NR | NR | NR | NR | NR | NR | NR |
| PCSK9 Inhibitors | | | | | | | | | |
| PCSK9 Inhibitors | Mixed | AlTurki, 2019 | 12 | NR | NR | OR 0.75 | 0.65-0.85 | Random | 0% |
| PCSK9 Inhibitors | Mixed | Bai, 2018 | 7 | 36476 | NR | RR 0.81 | 0.68-0.96 | Fixed | 0% |
| PCSK9 Inhibitors | Mixed | Bajaj, 2018 | 11 | 37613 | NR | RR 0.77 | 0.64-0.93 | Random | NR |
| PCSK9 Inhibitors | Mixed | Casula, 2019 | 7 | 50792 | NR | OR 0.77 | 0.67-0.89 | Random | NR |
| PCSK9 Inhibitors | Mixed | Chaiyasothi, 2019 | 11 | 87605 | NR | RR 0.74 | 0.65-0.85 | Random | 0% |
| PCSK9 Inhibitors | Mixed | Cordero, 2020 | 6 | 80764 | NR | RR 0.77 | 0.67-0.88 | NR | 10% |
| PCSK9 Inhibitors | Mixed | Dicembrini, 2019 | 34 | 34793 | NR | OR 0.80 | 0.67-0.96 | Random | 0% |
| PCSK9 Inhibitors | Mixed | Du, 2019 | 35 | 94408 | 12-146 | RR 0.75 | 0.65-0.85 | Random | 0% |
| PCSK9 Inhibitors | Mixed | Ghadban, 2017 | 6 | 62776 | NR | RR 0.74 | 0.64-0.87 | Random | 0% |
| PCSK9 Inhibitors | Mixed | Guedeney, 2019 | NR | 60328 | 8-208 | RR 0.78 | 0.67-0.89 | Random | 0% |

| | | | | | | | | | |
|-------------------------|---------|-------------------|----|--------|---------|---------|-----------|--------|-------|
| PCSK9 Inhibitors | Mixed | Karatasakis, 2017 | 23 | 42748 | NR | OR 0.80 | 0.67-0.96 | Random | 0% |
| PCSK9 Inhibitors | Mixed | Khan, 2022 | 3 | 48829 | NR | RR 0.75 | 0.64-0.88 | Random | NR |
| PCSK9 Inhibitors | Mixed | Khan, 2019 | 9 | 82417 | NR | RR 0.75 | 0.66-0.86 | Random | NR |
| PCSK9 Inhibitors | Mixed | Ma, 2021 | 12 | 83406 | NR | RR 0.75 | 0.66-0.86 | Fixed | 0% |
| PCSK9 Inhibitors | Mixed | Mu, 2020 | 7 | NR | NR | RR 0.77 | 0.67-0.89 | Random | NR |
| PCSK9 Inhibitors | Mixed | Qin, 2021 | 6 | 55095 | NR | RR 0.77 | 0.67-0.88 | Fixed | 0% |
| PCSK9 Inhibitors | Mixed | Toyota, 2019 | 6 | 54461 | NR | OR 0.77 | 0.67-0.89 | Random | 0% |
| PCSK9 Inhibitors | Mixed | Turgeon, 2018 | 17 | 57355 | NR | RR 0.78 | 0.67-0.90 | Fixed | 0% |
| PCSK9 Inhibitors | Mixed | Zhao, 2020 | 4 | 47001 | NR | RR 0.75 | 0.64-0.87 | Fixed | 0% |
| PCSK9 Inhibitors | Mixed | Zhu, 2019 | 9 | 63745 | NR | RR 0.76 | 0.65-0.89 | Random | 0% |
| Statins | | | | | | | | | |
| Statins | Mixed | Byrne, 2022 | 18 | 131086 | NR | RR 0.86 | 0.78-0.95 | Random | 49% |
| Statins | Primary | Cai, 2021 | 17 | 78473 | 244 | OR 0.80 | 0.72-0.89 | Fixed | 20% |
| Statins | Mixed | Milionis, 2020 | 4 | 35622 | 104-276 | RR 0.70 | 0.60-0.82 | Fixed | 20% |
| Statins | Mixed | Ponce, 2019 | 12 | 39918 | 168-288 | RR 0.80 | 0.70-0.91 | Random | 41.4% |
| Statins | Primary | Singh, 2020 | 9 | 57754 | NR | RR 0.78 | 0.63-0.96 | Random | 47% |
| Statins | Primary | Taylor, 2013 | 10 | 40295 | NR | RR 0.78 | 0.68-0.89 | Fixed | 26% |

BAS: Bile Acid Sequestrants; *Calculated by PEER team at https://www.medcalc.org/calc/relative_risk.php; RCT: Randomized Controlled Trial; n: Total sample size in meta-analysis; OR: Odds Ratio; RR: Risk Ratio; CI: Confidence Interval; I²: indicates the level of heterogeneity; NR= Not Reported

