

**Supplementary file 5. Demographics of focus group participants.**

Total service users/carers = 17

Total clinicians = 14

Italy	Characteristics	Patients (N = 5)	Clinicians (N = 6)
Clinical setting	Adult Mental Health	5	
	Memory Clinic		
	Youth Centre		1
	Other(SPDC) & AMH Adult Mental Health		4
	Other(SPDC)		1
	Not Specified		
Profession	Doctor		4
	Nurse		1
	Psychologist		1
Years in profession	1-5		2
	6-10		1
	11-15		1
	15+		2
Gender	female	3	4
	male	2	2
Ethnicity	White	4	N/A
	Asian, - Indian, Pakistani, Bengali, Others	1	
Age (years)	18-24	3	N/A
	25-34	1	
	35-44	1	

UK	Characteristics	Patients and carers	Clinicians
		(N = 12)	(N = 8)
Clinical setting	Adult Mental Health	5	8
	Memory Clinic	4	
	EIP	1	
	Other & AMH	1	
	Not Specified	1	
Years in profession	1-5		3
	6-10		1
	11-15		3
	15+		1
Gender	Female	7	7
	Male	5	1
Ethnicity	White British/Irish	10	
	White and Asian	1	
	Asian, Asian British	1	
Age (years)	25-34	1	5
	35-44	1	1
	45-54	3	
	55-64	1	2
	65-74	2	
	75+	4	