Supplemental material

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Supplementary Table 3. Demographic and clinic characteristics according to PPIs use after PSM. NHANES 2007–2018*

| Characteristics | Total Adults (N = 4,864) | Non-user (N = 2,432) | PPIs user (N = 2,432) | *P* value |
|---|---|---|---|---|
| Age, years, mean (SE) | 59.15(0.35) | 59.24(0.42) | 59.05(0.47) | 0.733 |
| Female, n (%) | 2679(56.73) | 1303(57.02) | 1376(56.43) | 0.800 |
| Race (Non-Hispanic White), n (%) | 2634(78.13) | 1317(78.63) | 1317(77.61) | 0.460 |
| Education, n (%) | | | | 0.760 |
| Grades 0–12 | 1379(17.54) | 682(17.24) | 697(17.85) | |
| High school graduate/GED | 1217(26.31) | 621(25.95) | 596(26.69) | |
| Some college or above | 2268(56.14) | 1129(56.80) | 1139(55.46) | |
| Smoking[†], n (%) | 904(18.71) | 462(19.46) | 442(17.93) | 0.715 |
| Alcohol consumption, n (%) | 952(22.76) | 493(22.89) | 459(22.63) | 0.902 |
| BMI, kg/m$^{‡2}$, mean (SE) | 30.64(0.17) | 30.41(0.23) | 30.89(0.22) | 0.113 |
| Weight status (≥ 25 kg/m$^2$), n (%)[‡] | 4013(82.25) | 2029(82.531) | 1984(81.948) | 0.715 |
| Sedentary time, hours/day, mean (SE) | 390.48(4.72) | 386.03(6.16) | 395.13(5.96) | 0.236 |
| Mean arterial pressure, mmHg, mean (SE) | 89.92(0.29) | 90.25(0.40) | 89.59(0.35) | 0.194 |
| Total water intake, g, mean (SE) | 1058.14(24.20) | 1047.33(32.08) | 1069.41(30.63) | 0.582 |
| HbA1c, %, mean (SE) | 5.89(0.02) | 5.89(0.03) | 5.89(0.03) | 0.917 |
| Triglycerides, mmol/L, mean (SE) | 1.96(0.03) | 1.95(0.03) | 1.97(0.04) | 0.716 |
| Albumin-adjusted calcium, mmol/L, mean (SE) | 2.30(0.00) | 2.30(0.00) | 2.30(0.00) | 0.939 |
| eGFR, mL/min, mean (SE) | 81.68(0.45) | 82.11(0.63) | 81.23(0.61) | 0.306 |
| Gout, n (%) | 169(2.83) | 75(2.44) | 94(3.23) | 0.216 |
| CVD history, n (%) | 989(20.33) | 444(14.83) | 545(17.44) | 0.070 |
| Thiazide user, n (%) | 983(17.98) | 491(18.20) | 492(17.75) | 0.776 |
| Loop diuretics user, n (%) | 436(7.13) | 186(5.97) | 250(8.35) | 0.016 |
| H2RAs user, n (%) | 168(3.11) | 75(3.10) | 93(3.12) | 0.979 |
| Kidney stones, n (%) | 658(13.51) | 286(11.23) | 372(15.88) | 0.002 |

Abbreviations: PPIs, proton pump inhibitors; PSM, propensity score matching; NHANES, National Health and Nutrition Examination Survey; SE, standard error; GED, General Equivalency Diploma; BMI, body mass index; eGFR, effective glomerular filtration rate; CVD, cardiovascular disease; H2RAs, H2-receptor antagonist.

*Means and percentages were adjusted for survey weights of NHANES.

†Smoking was defined as smoking at least 100 cigarettes during their lifetime.

‡BMI was calculated by dividing weight in kilograms (kg) by height in meters squared (m$^2$). Participants were classified as normal weight (BMI < 25 kg/m$^2$), and overweight/obese (BMI ≥ 25 kg/m$^2$).