General Neurology/Primary Care Migraine **Delivery Process**

Assessments

Weekly

Education

Day 1 Migraine management satisfaction

Repeat day 30 and every 30 after until 1 year

Day 1 Migraine Disability Assessment (MIDAS)

Repeat day 90 and every 90 after until 1 vear

Day 90 Continue on care plan

Repeat day 90 and every 90 after until 1 year

Starting Day 8

Flowsheet Migraine check-in

Question naire Medication check-in

Day 1 Education

Welcome to the Mayo Clinic Care Plan for Migraine! 1 document

Day 1 Education

Review the facts about migraine headaches 1 document/1 video

Day 2 Education

Understand migraine medications 1 document

Day 4 Education

Know how to treat a migraine attack 1 document

Day 6 Education

Identify your triggers 1 document

Day 8 Education

Count your sleep to prevent migraines 1 document

Day 10 Education

Stay hydrated to stop migraines 1 document

Day 12 Education

Check your eating habits to prevent migraines 1 document

Day 14 Education

Watch your daily routine to avoid migraines 1 document

Day 16 Education

Get moving to avoid migraines 1 document

Day 18 Education

Manage stress for migraine relief 1 document

Day 20 Education

Plan ahead to avoid migraine triggers 1 document

Day 22 Education

Understand complementary therapies for migraine 1 document

Day 24 Education Women 18-50 only

Learn about menstrual migraines 1 document/1 video

Day 26 Education

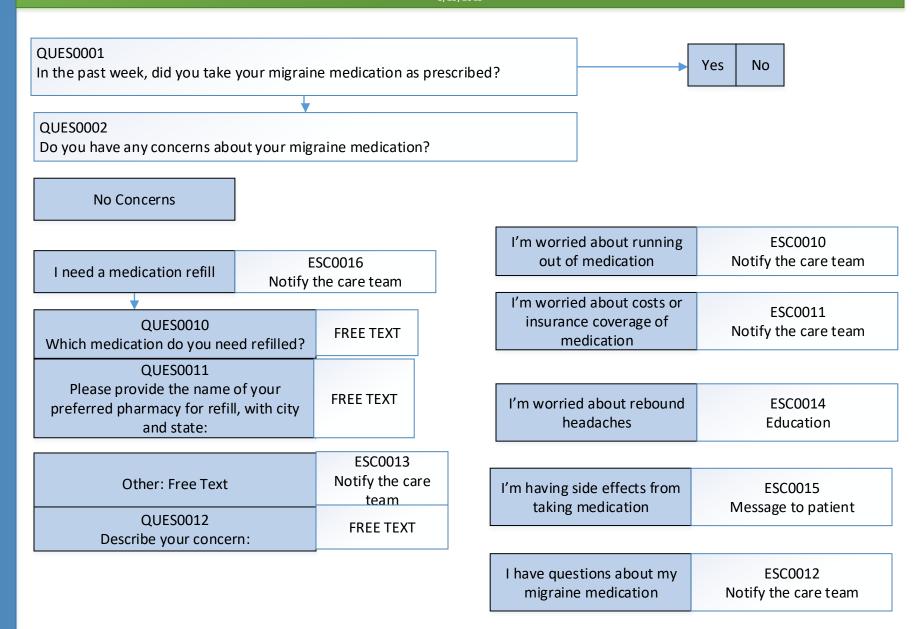
Repeat from Day 4* Know how to treat a migraine attack 1 document

Day 30 Education

Learn about rebound headaches 1 document

Medication check-in QNR0001

8/23/2019



Migraine management satisfaction QNR002 and QNR003

8/23/2019

QRN002 has no Escalations

QUES0003

How satisfied are you with the plan for managing your migraine?

Very satisfied

Satisfied

Neutral

Dissatisfied

ESC0004

Notify the care team

Very dissatisfied

ESC0003

Notify the care team

Migraine Disability Assessment (MIDAS) QNR004

8/23/2019

QUES0004

On how many days in the last 3 months did you miss work or school because of your headaches?

Value of 0-90, pop up if outside of range

QUES0005

How many days in the last 3 months was your productivity at work or school reduced by half or more because of your headaches? (Do not include days counted in question 1 where you missed work or school.)

Value of 0-90, pop up if outside of range

QUES0006

On how many days in the last 3 months did you not do household work because of your headaches?

Value of 0-90, pop up if outside of range

QUES0007

How many days in the last 3 months was your productivity in household work reduced by half or more because of your headaches? (Do not include days you counted in question 3 where you did not do household work.)

Value of 0-90, pop up if outside of range

QUES0008

On how many days in the last 3 months did you miss family, social or leisure activities because of your headaches?

Value of 0-90, pop up if outside of range

Patient inputs from QNR0004 should be totaled and be able to present to provider a total MIDAS Score.

Care plan check-in QNR005

8/23/2019

QUES0009

Would you like to continue on this care plan and complete weekly check-ins?

Yes	ESC0019 Notify care team
No	ESC0009 Notify care team
No response after 5 days	ESC0020 Notify care team

Migraine check-in GROUPER as 1 TASK

Used so patients can see progress over time - All to present at 1 time to patient 8/23/2019

