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2 Mass Production of Lumenogenic Human Embryoid Bodies and Functional Cardiospheres using In-

3 Air Generated Thin-shelled Microcapsules

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Figure S1. In Air microfluidics using a two-nozzle setup results in formation of uncontrolled multi compartment microparticles. (a) Schematic of two-nozzle setup, inside-out crosslinking process, and
 mechanism by which multi-compartment microparticles are formed. (b) Microphotograph of formed
 microparticle using two-nozzle in-air microfluidics. Scale bar represents 200 µm.

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Figure S2. In Air microfluidics three-nozzle setup for In Air droplet encapsulation. (a) Photograph of a three nozzle In Air microfluidics setup, with a piezo-electric actuator attached to the first nozzle. (b) Microphotographs of the encapsulation process with $\sigma_1 = \sigma_2 = \sigma_3$, $\sigma_1 > \sigma_2 = \sigma_3$ and $\sigma_1 > \sigma_2 > \sigma_3$. Red arrows indicate spraying and improper encapsulation, green arrows indicate proper encapsulation. Scale bar represents 200 µm.





Figure S3. Third jet coalescence location dictates hollow microcapsule formation. Effect of in-air flight
 time before third jet coalescences with the droplet train as analyzed in terms of percentage of single
 compartment, circularity, and monodispersity of produced microparticles (n>85).



Figure S4. Effect of dextran in core liquid on hollow microcapsule formation. (a) Number of hollow
compartments per microparticle using dextran core liquid concentrations of 0%, 5%, 10%, and 20%,
including corresponding microphotographs (n=60). Data is presented as mean values +/- SD. (b)
Microphotographs and (c) quantification of circularity of formed droplets with and without 10%
dextran. Scale bar represents 400 μm.





Figure S5. Hollow microcapsule morphology. (a) Quantification of shell thickness of in-air produced
microcapsules (n=107). Data is presented as mean values +/- SD. (b) Quantification of microcapsule
diameter and monodispersity using different nozzle sizes and different piezo-electric actuator
frequencies (n=100). Data is presented as mean values +/- SD.





Figure S6. Controlled production of multi-core microparticles by adjusting piezo-actuator frequency.
(a) Microphotographs of droplet formation at 5.5 kHz and 2.7 kHz. (b) Microphotograph of dual-core
microcapsules (c) and triple-core microcapsules. (d) Quantification of percentage single-, dual-, and
triple-core microcapsules (n=169 microparticles). Data is presented as mean values +/- SD. Scale bar
represents 200 µm.







Figure S8. Flow rate optimization for microcapsules production. Quantification of the percentage of
microparticles containing a single compartment, circularity of formed microparticles, and microparticle
monodispersity. Setup used: Nozzle 1 (50 μm) at 900 μl/min, nozzle 2 (50 μm) at 1100 μl/min, nozzle
3 (100 μm) at 1500 μl/min. (a) Effect of first nozzle flow rate on microparticle formation (n=100). (b)
Effect of second nozzle flow rate on microparticle formation (n=100). (c) Effect of third nozzle flow rate
on microparticle formation (n=100). (d) Effect of total production flow rate on microparticle formation
(n=100). Ratios between flow rates were kept constant at the ratio described above.





81 Elaboration of figure 2l with corresponding studies per datapoint.



84 Figure S10. Permeability of microcapsules.

Fluorescent confocal micrographs of microcapsules incubated for 30 minutes in Dextran-FITC
containing solutions of 150 kDa, 500 kDa and 2000 kDa. Representative micrographs out n=3
experiments. Scale bars represent 100 μm.

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1*10⁶ cells/ml 2*10⁶ cells/ml 4*10⁶ cells/ml 1000 0 5 6*10⁶ cells/ml 8*10⁶ cells/ml 1*10⁷ cells/ml

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Figure S11. In Air microencapsulation of 3T3 Fibroblast within alginate microcapsules.
 Microphotographs of 3T3 fibroblast-laden microcapsules produced using a variety of cell
 concentrations. Representative micrographs out n=3 experiments. Scale bars represent 200 μm.



Figure S12 Embryoid body formation by in-air microcapsulated hPSCs. Microphotographs of
 encapsulated hPSCs show aggregation and lumenogenesis. Representative micrographs out n=3
 experiments. Scale bar represents 200 µm.



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Figure S13. Mass production of embryoid body by in-air microcapsulating hPSCs. (a) 100 Microphotograph of EBs formed within in-air produced alginate microcapsules. Representative 101 micrographs out n=3 experiments. (b) Fluorescence microphotograph of EBs produced using 102 103 microwells with 5000 cells/microwell, which were stained with DAPI for nuclei (blue), SOX2 (green), 104 and OCT3/4 (yellow) for pluripotency. (c) Quantification and comparison of pluripotency by percentage of cells positive for SOX2 and OCT3/4 between EBs produced with conventional microwells or In Air 105 106 microfluidics (n=300 cells). Data is presented as mean values +/- SD. Significance was determined 107 based on one-way Anova analysis. Significance was determined based on one-way Anova analysis.

Significance of p <0.05 is indicated by *. (d) Confocal microphotograph of an EB with its nucleus stained
 with Draq5 (orange) and its cell membrane stained with CellMask (green). Scale bars represent 50 μm.

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Figure S14. Single cell RNA sequencing UMAP plots for pluripotency and cardiac markers. Heatmap
 of NANOG, TNNT2, MYL7 and RYR2 gene expression in UMAP plots.



Figure S15. Single cell RNA sequencing Seurat cluster data. (a) Seurat clusters. (b) Correlation using differential expression genes between conditions. (c) Heatmap of marker genes corresponding to identified clusters. (d) Gene ontology heatmap of differential genes per cluster. P-adjust corrected using Benjamini-Hochberg correction for multiple comparisons.



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Figure S16. Functional human cardiospheres produced in mass using in-air microfluidics. (a)
Microphotograph of encapsulated human pluripotent stem cells immediate after microencapsulation.
(b) Microphotograph of encapsulated cardiospheres after 22 days of cardiac differentiation.
Fluorescence microphotograph of α-actinin reporter in differentiated cardiomyocytes cultured after
(c) 11 days and (d) 22 days of culture. Scale bars represent 100 µm.