

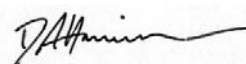



1 SUPPLEMENT 2: STATISTICAL ANALYSIS PLAN

Trial:	Study into the Reversal of Septic Shock with landiolol (Beta Blockade): STRESS-L Study		
Chief Investigator:	Dr Tony Whitehouse		
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2 Statistical Analysis Plan for the STRESS-L 3 (Study into the Reversal of Septic Shock 4 with landiolol (Beta Blockade)) 5 Randomized Trial

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30

31

32 **Introduction**

33 *Background and rationale*

34 In critically ill patients, sepsis is a major cause of mortality and morbidity, and its incidence is
35 increasing.¹ The mortality rate from its most severe manifestation, septic shock, remains very high.²
36 A single center randomized trial in Rome reported the use of esmolol in patients with septic shock
37 and tachycardia requiring vasopressor therapy for more than 24 hours. Although this study was
38 powered inadequately, marked improvements were observed in mortality and other secondary
39 clinical outcomes thus warranting further investigation.³

40 The STRESS-L trial is a randomized controlled trial to assess the clinical effectiveness of landiolol
41 infusion to reduce the heart rate between 80-94 bpm in comparison with standard care. landiolol
42 was the selected beta-blocker rather than esmolol due to its superior beta-1 specificity and very
43 short half-life making titration of heart rate easier. The half-life would also ease reversibility should
44 severe side-effects occur. A more detailed explanation of the background, rationale, intervention,
45 and trial design can be found in the protocol paper. A brief overview of the trial is presented in this
46 paper.

47 This paper presents the statistical analysis plan (as purposed and agreed with the Data Monitoring
48 Committee) for the STRESS-L trial which has been developed in line with published guidelines⁴.

49 *Objectives*

50 The main objectives of this trial are to assess the efficacy, tolerability, safety, and mechanism of
51 landiolol in patients with septic shock requiring prolonged (>24 hours) support with high-dose
52 vasopressor agents.

53

54 **Study methods**

55 *Trial design*

56 The STRESS-L trial is a multi-center, open-label, non-blinded phase IIb randomized controlled trial
57 (RCT). Participants are randomly allocated using a 1:1 ratio to either standard care (control group) or
58 standard care and landiolol (intervention group). A computerized minimization randomization
59 system was used, created by the Warwick Clinical Trials unit, to randomize participants.
60 Randomization was minimized on recruiting site and noradrenaline dose (≥ 0.1 mcg/kg/min - 0.3
61 mcg/kg/min and >0.3 mcg/kg/min) where the dose reflects the participants severity.

62 *Sample size*

63 The primary outcome is the mean Sequential Organ Failure Assessment (SOFA) score over the first
64 14 days in ICU. Preliminary data on 324 patients from University Hospitals Birmingham satisfying the
65 trial eligibility criteria suggested that the mean SOFA score over the first 14 days in ICU was 6.3, with
66 standard deviation (SD) 2.4. Assuming a conservative SD of 2.8, data on 330 patients would be
67 required to provide 90% power to detect a difference of 1 point between the landiolol and standard
68 care groups, using a significance level of 0.05 (two-sided). To allow for 3% withdrawals and losses,
69 the proposed sample size is 340. Although there were no formal interim analyses built into the study
70 design, the sample size parameters, such as the overall standard deviation was monitored by the
71 Data Monitoring Committee.

72 *Timing of final analysis*

73 The end of the trial is defined when the last recruited participant has completed their 90-day follow-
74 up. Once all follow-up data has been entered onto the database, the data will be fully validated and
75 cleaned after which the database will be locked, and the final analyses will be undertaken.

76 *Timing of outcome assessments*

77 All outcome assessments during the trial will be taken relative to the randomization date of the
78 participant. Outcome assessments will be made on a daily basis from randomization to day 14 for all
79 participants alive whilst in ICU. The mortality status of participants will also be collected at 28 days
80 and 90 days post-randomization. Any serious adverse events (SAEs) will also be reported up to 90
81 days post-randomization.

82

83 **Statistical principles**

84 *Confidence intervals and P values*

85 All statistical tests will test for superiority and will be two-sided using a $P < 0.05$ significance
86 threshold. Estimates of effect size will be reported with 95% confidence intervals to express the
87 statistical uncertainty. Adjustments for multiplicity will not be applied. Pre-specified subgroup
88 analysis results will be interpreted with caution.

89 *Adherence, protocol deviations and protocol violations*

90 Adherence with the drug infusion protocol will be closely monitored. For all participants, the heart
91 rate is monitored hourly from randomization to day 2, and then every 6 hours thereafter up to day
92 14. At each of these time intervals, the landiolol dose is adjusted according to the study drug
93 infusion protocol depending on the heart rate. A participant is said to have not adhered (i.e., non-

94 complier) to the drug infusion protocol at a given interval if, any of these were satisfied, at any one
95 point in their treatment phase:

- 96 1. The starting landiolol infusion dose is not 1.0 mcg/kg/min
- 97 2. The heart rate is <80 bpm and the landiolol infusion is not reduced by at least
98 1.0 mcg/kg/min
- 99 3. The heart rate is >94 bpm and the landiolol infusion is not increased by 1.0 mcg/kg/min
- 100 4. landiolol dose is not an integer
- 101 5. landiolol dose over 40mcg/kg/min (max dose)
- 102 6. landiolol restarted, 12 hours or more since last landiolol dose
- 103 7. On trial, landiolol not started

104 In addition, on a regular basis we assessed, a rate of non-adherence (i.e. number of non-compliant
105 intervals out of the total number of intervals) of over 10% for a participant will trigger further
106 investigation. Non-adherence at the site (i.e. mean rate of non-adherence for all participants within
107 each site) of more than 15% will warrant further investigation at the site. At the end of the study,
108 the rate of adherence in the intervention group will be summarized both at the participant level and
109 site level using descriptive statistics (mean and standard deviation or median and interquartile
110 range). The total number of protocol deviations and protocol violations will be summarized by
111 treatment arm as well as the number and percentage of participants reporting them.

112 *Bias assessment*

113 If a participant is randomized to the landiolol plus standard treatment arm, ideally the landiolol
114 should be dispensed, and the infusion started within one hour post randomization. Data collection
115 will commence as soon as randomization occurs and will not be delayed until the landiolol is
116 administered. As the landiolol arm requires additional data collection, the quality of data collected
117 from randomization to the commencement of landiolol as well as after administering landiolol will
118 be monitored for potential data collection bias during the study. More specifically the following will
119 be monitored:

- 120 • Data completeness up to the point of administering landiolol - The proportion of data
121 completeness will be summarized and compared between both arms for the SOFA score
122 data, in/out fluids data and additional assessments data on day 0 as these outcomes are
123 collected daily. Cardiovascular data is collected hourly and so the first 2 hours will be
124 compared as by this time the landiolol would have been administered.

125 • Data completeness after administering landiolol - The proportion of data completeness will be
126 summarized and compared between both arms for the SOFA score data, in/out fluids data
127 and additional assessments data on day 1. The Cardiovascular data is collected hourly and
128 so the hour 3 data will be compared for completeness between arms.

129

130 *Analysis populations*

131 The primary analysis method will be intention-to-treat, where participants will be analyzed
132 according to the treatment, they were randomized to regardless of the treatment they actually
133 received. All participants will be included in the analysis, irrespective of whether they adhered to
134 the protocol.

135 **Trial population**

136 *Screening data*

137 A detailed summary of the screening data will be presented to describe the representativeness of
138 the trial sample. This will include the following:

- 139 • Duration of screening (days)
- 140 • Total number of screened patients
- 141 • Number and percentage of eligible patients of those screened
- 142 • Number and percentage of randomized patients of those eligible summarizing reasons for
143 non-recruitment
- 144 • Mean/median recruitment rate per month overall and by site

145

146 *Eligibility*

147 The STRESS-L trial protocol provides full details of the eligibility criteria (inclusion/exclusion criteria).
148 Of those patients screened who are ineligible, the number and percentage will be summarized for
149 each of the inclusion criteria that were not satisfied and/or the exclusion criteria that were met.

150 *Recruitment*

151 A CONSORT5 diagram will be used to illustrate the flow of participants throughout the trial. This will
152 detail how many patients were:

- 153 - Assessed for eligibility
- 154 - Eligible for participation in the trial at screening
- 155 - Ineligible for participants in the trial at screening (stating reasons)
- 156 - Eligible for participation and were randomized
- 157 - Eligible for participants but were not randomized (stating reasons)
- 158 - Lost to follow-up at each follow-up time-point (stating reasons)
- 159 - Included in the final analyses at the primary endpoint listing reasons why participants
- 160 were excluded

161 *Withdrawal and follow-up*

162 A participant's consent for the study may be withdrawn at any time by the participant themselves, a
163 personal legal representative, a professional legal representative, or the treatment clinician. They
164 can either withdraw from the intervention alone but remain on follow-up or they can withdraw
165 completely i.e., no further participation in the trial. The number and percentage of participants who
166 withdraw consent to further participation will be summarized by each group. Data will cease to be
167 collected from the point of withdrawal, however data collected prior to withdrawal will be included
168 in the final analyses. The decision to withdraw can be made by the participant, personal legal
169 representative, professional legal representative, or clinician. This will also be summarized by group.

170 The number and percentage of participants assessed for follow-up will be calculated at the 28-day
171 and 90-day follow-up time points as the number of participants assessed out of all randomized
172 participants. The number and percentage of participants not assessed (i.e., due to death, withdrawal
173 or lost to follow-up) at each of the follow-up time points will also be summarized in a similar manner
174 out of the total number randomized. The follow-up completion rate will also be reported out of
175 those expected to complete follow-up i.e. excluding those who died, and summarized by treatment
176 arm.

177 *Baseline patient characteristics*

178 The baseline demographic characteristics and pre-randomization clinical measures of all randomized
179 participants will be summarized by treatment group, but no formal statistical comparisons will be
180 undertaken. In addition to these data, important process data (e.g., time from hospital admission to
181 randomization) will also be summarized. Continuous variables will be summarized as mean (SD) or
182 median and interquartile range (IQR). Counts and percentages will be used to summarize categorical
183 variables. Below is a list of the demographic, clinical measures and process variable data that will be
184 collected and summarized:

- 185 • Age (years)
- 186 • Gender (male/female)
- 187 • Weight (kg)
- 188 • Concomitant illness (yes/no)
- 189 • Main presumed/known site of infection at admission to ICU
- 190 (Lungs/urine/abdomen/blood/other)
- 191 • Electrocardiogram (ECG) performed (yes/no)
- 192 • Chest x-ray taken (yes/no)
- 193 • Diffuse bilateral pulmonary infiltrates on x-ray (yes/no)
- 194 • Acute respiratory distress syndrome (yes/no)
- 195 • Pregnancy test done (yes/no – at investigators discretion)
- 196 • Steroid (mg) at randomization
- 197 • Beta blocker usage prior to randomization (yes/no)
- 198 • Baseline cardiovascular:
 - 199 ○ Arterial PaO₂/PaCO₂ (kPa)
 - 200 ○ Venous PaO₂/PaCO₂ (kPa)
 - 201 ○ Cardiac output (L/min)
 - 202 ○ Stroke volume (mL)
 - 203 ○ Mean arterial pressure (mmHg)
 - 204 ○ Heart rate (beats/min)
 - 205 ○ Atrial fibrillation (yes/no)
 - 206 ○ Noradrenaline dose (mcg/kg/min)
 - 207 ○ Vasopressin (units/min)
- 208 • Biochemistry
 - 209 ○ Glucose (mmol/L)
 - 210 ○ Highest Lactate in last 48 hrs (mmol/L)
 - 211 ○ Liver function tests Aspartate transaminase/Alanine aminotransferase (U/L)
- 212 • Central laboratory specimens
 - 213 ○ Mandatory research blood sample (yes/no)
 - 214 ○ Biobank sample 1 (yes/no)
- 215 • SOFA6 score (from day 0 to 14)White Cell Count (x 10⁹/L)
- 216 • Delirium (yes/no/sedation/unknown)
- 217 • C-reactive protein (mg/L)
- 218 • In/out fluids (from day 0 to 14) :

- 219 ○ Total fluids in (mL)
- 220 ○ Total fluids out (mL)
- 221 ○ Balance (mL)
- 222 ● Process of care/adherence variables:
 - 223 ○ Duration from consent to randomization (minutes)
 - 224 ○ Duration from hospital admission to randomization (minutes)
 - 225 ○ Duration from ICU admission to randomization (minutes)
 - 226 ○ Duration from randomization to start of landiolol (minutes)

227

228

229 **Clinical effectiveness analysis**

230 *Primary clinical outcome*

231 The primary outcome is the mean SOFA score over 14 days from entry into the trial and whilst in
232 ICU. The SOFA score consists of 6 items each representing an organ system scored from 0-46. The
233 SOFA score is computed by simply summing the scores from the 6 items. A modified version of the
234 SOFA score will be used in this study which excludes the neurology organ dysfunction due to the
235 difficulty in measuring the Glasgow Coma Scale (GCS) i.e., it will have 5 items instead of 6. Hence the
236 score will range from 0-20 instead of 0-24 where a higher score reflects a higher degree of
237 dysfunction/failure.

238 *Secondary clinical outcomes*

239 *Mortality at day 28 and day 90* - The mortality status of participants will be collected at day 28 and
240 day 90 and is defined as death due to any cause.

241 *Length of ICU stay and Hospital stay* - For those participants discharged alive from ICU, the length of
242 ICU stay will be defined as the time (days) from the date of ICU admission to the date of ICU
243 discharge. Similarly the length of hospital stay for those discharged alive from hospital will be
244 defined as the time (days) from the date of hospital admission to the date of hospital discharge. In
245 addition to this we will assess the time of randomization to ICU discharge and time of randomization
246 to hospital discharge.

247 *Reduction in dose and duration of vasopressor treatment* - The dose and duration of noradrenaline
248 and landiolol will be collected for 14 days. The dose and duration of any vasopressin and inotropes
249 administered will be collected during the first five days. There are a number of different inotropes
250 that can be given therefore each will be assessed separately.

251 *Exploratory mechanistic outcomes*

252 Serial blood samples will be collected from participants and analyzed at the Queen Elizabeth
253 Hospital, Birmingham. In particular, the assays will measure markers of myocardial dysfunction⁷ and
254 inflammation and will be collected at days 0, 1, 2, 4, 6 and end of noradrenaline treatment.

255 *Clinical analysis methods*

256 The results will be reported in accordance with Consolidation Standards of Reporting Trials
257 (CONSORT) guidelines for randomized controlled trials.⁸

258 The mean and SD for the primary outcome (mean 14-day SOFA score) will be reported by treatment
259 group. Linear mixed effects regression models will be fitted to estimate the treatment effect and
260 95% confidence interval having adjusted for age, gender, recruiting site (random effect) and baseline
261 noradrenaline dose. An adjustment for the baseline SOFA score will not be required as it will already
262 be included in the mean 14-day SOFA score. If the primary outcome and errors from the linear mixed
263 effects regression model deviate from the normality assumption, then the 95% confidence interval
264 for the mean difference in the SOFA score will be computed using bootstrapping techniques.

265 Secondary outcomes will also be reported by treatment group reporting the mean and SD for
266 continuous variables and number and percentage for categorical variables. Continuous secondary
267 outcomes will be analyzed in the same way as the primary outcome and the categorical outcomes
268 will be assessed using mixed effects logistic regression models. The reduction in dose of any
269 administered inotropes during the first 5 days will be analyzed using longitudinal models to estimate
270 the difference in reduction over time between the two treatment groups. All models will be adjusted
271 for the same baseline variables as the primary analysis. For all analyses, the adjusted treatment
272 effect estimates will be presented along with their associated 95% confidence interval. For the
273 mortality outcomes at 28 and 90 days, Kaplan-Meier plots will be presented as a visual
274 representation of the time to death. Non-parametric approaches will be considered if any of the
275 secondary outcomes do not satisfy the normality assumptions.

276 The mechanistic outcomes will be collected on days 0, 1, 2, 4, 6 and end of noradrenaline therapy
277 (EONT). No further samples will be taken after EONT so later samples may not be available. The
278 analyses of the mechanistic data are dependent on the outcomes from the main trial. For that
279 reason, a separate analysis plan will be created for the analysis of the mechanistic outcomes on
280 completion of the main trial. In addition to the primary and secondary analyses, some
281 methodological work will also be conducted. This work will combine mortality and the average SOFA
282 score over a period of 14 days to get a composite endpoint to capture the full extent of the

283 treatment effect. This composite endpoint would be analyzed using prioritized generalized pairwise
284 comparison methods, namely the win-ratio method/global rank sum technique^{9, 10, 11}. Each patient
285 from the intervention group will be compared to each patient in the standard care group (a total of
286 $m \times n$ comparisons where m is the total number of patients in the intervention group and n the
287 number of patients in the standard care group) for the death endpoint and then on the average
288 SOFA score. Based on which patient performs better in each pair, the group they belong to would be
289 declared the 'winner'. This would give us the total number of winners in each group and our test
290 statistic would be based on this. In the case of the win-ratio method, for instance, the statistic would
291 be the number of winners in the intervention group divided by the number of winners in the
292 standard care group. This approach will allow us to infer if the intervention is significantly better
293 than the standard care having taken into account the clinical priority i.e. treating mortality as a more
294 important outcome than having a better SOFA score. This work will be reported separate to the
295 main trial results.

296 Exploratory subgroup analyses will be undertaken for baseline severity (noradrenaline ≥ 0.1
297 mcg/kg/min - 0.3 mcg/kg/min vs. >0.3 mcg/kg/min) and use of beta blockers on ICU admission priori
298 to randomization (Yes/No). This will be done using formal statistical tests for interaction for the
299 primary outcome and mortality outcome using mixed effects linear regression models and mixed
300 effects logistic regression models respectively adjusting for the same baseline variables as the
301 primary analysis.

302 If there is substantial non-adherence, a complier average causal effect (CACE) analysis¹³ will be
303 conducted for the primary outcome and mortality. A structural mean model with the inclusion of an
304 instrumental variable will be fitted to estimate the treatment effect among those who complied with
305 the study drug infusion protocol.

306 A number of other clinical variables collected during the trial will also be compared between the two
307 groups:

- 308 - Mean 14 day total fluids in (mL)
- 309 - Mean 14 day total fluids out (mL)
- 310 - Mean 14 day fluid balance (mL)
- 311 - Mean glucose (mmol/L – collected at day 1, day 2 day 4, day 6 and EONT)
- 312 - Mean lactate (mmol/L – collected at day 1, day 2 day 4, day 6 and EONT)

313

314 Longitudinal models will be fitted for the above outcomes to estimate the adjusted treatment effect
315 and 95% confidence intervals.

316 The scale and impact of the COVID-19 pandemic on the trial will also need to be assessed on
317 completion of the trial. Baseline demographic and clinical outcomes for participants recruited pre-
318 COVID will be compared to those recruited during COVID to assess if there has been a shift in the
319 population of participants recruited into the trial. For participants recruited during the pandemic,
320 the baseline demographic and clinical outcomes will be compared for participants testing positive
321 for COVID versus those who did not have COVID. Sensitivity analyses will also be performed on the
322 primary and secondary outcomes excluding participants testing positive for COVID to assess the
323 impact on the main trial results.

324

325 **Handling of missing data**

326 Every effort will be made to minimize missing baseline and outcome data in the trial. The primary
327 outcome is the mean SOFA score over the first 14 days in ICU. This means that a SOFA score is
328 required for each day a patient is alive in ICU, where the SOFA score on any given day is a sum of five
329 items or components. Due to the nature of the study with daily data collection, it is anticipated there
330 will be item level missingness.

331 If an item is missing then one of the assumptions that can be made is that the measurement might
332 not have been taken as there was no change. Therefore items will be imputed using a last
333 observation carried forward (LOCF) approach as follows (METHOD 1):

- 334 - If an item is missing on one or two consecutive days, or if the item is missing at the end of
335 the ICU admission, then the item(s) will be imputed using the LOCF
- 336 - If an item is missing on the first day then the value of the item from day two will be taken. If
337 both of these are missing then the baseline value will be used
- 338 - If an item is missing for three or more consecutive days, then the mean value of the last
339 observed and next observed values, if available, will be used to impute the missing
340 scores
- 341 - If an item is missing for three or more consecutive days including the last day at ICU
342 admission, then the item(s) will be imputed using the LOCF, and
- 343 - If an item is missing for three or more consecutive days including day 0, the items(s) will
344 be imputed using the next observed value.

345

346 Any differential effect of treatment on ICU discharge or death could affect the comparison of mean
347 SOFA scores between groups. As a post-hoc sensitivity analysis, two further imputation approaches
348 will be conducted for the primary outcome. In the first instance, the last recorded score will be
349 carried forward for all days after ICU discharge or death, up to day 14 (METHOD 2). In the second
350 instance (METHOD 3), all days alive outside of ICU will be assigned the minimum score (zero) and
351 days dead a maximum score (defined as the maximum score that the patient ever obtained). For
352 these sensitivity analyses, the primary analyses will be re-run using the imputed outcome as the
353 dependent variable to estimate the adjusted treatment effect and 95% confidence intervals.

354

355 **Safety**

356 The number and percentage of SAE and adverse events (AE) in the trial from randomization to 90
357 day follow-up will be summarized by treatment group. In particular, the following safety outcomes
358 will be recorded:

- 359 • Episode of bradycardia (heart rate <50 bpm)
- 360 • Bradycardia with hemodynamic compromise requiring significant intervention
- 361 • Hypotension requiring significant intervention (not including temporarily stopping the
362 infusion)
- 363 • Heart block
- 364 • Arrhythmia
- 365 • Arrhythmia with hemodynamic compromise requiring intervention

366

367 The total number of participants experiencing AE's and SAE's will be compared between the
368 treatment groups using either the chi-squared test or Fisher's exact test for which the P value will be
369 reported. Moreover, the number and percentage will be used to summarize the event type, severity
370 assessment, expectedness and relatedness to intervention by treatment group.

371

372 **Statistical software**

373 The statistical analyses will be conducted in Stata SE version 16.0.

374

375 **Authors' contributions**

376 DM and AH drafted the statistical analysis plan and the manuscript which was revised by RL and TW.
377 RL will oversee the final statistical analyses. TW, DY, GDP, DFM, MS, JFB and ACG helped develop the
378 trial design and protocol. RL, DM and SG carried out the power calculations and helped develop the
379 trial design and protocol. JL, MS and TW designed the mechanistic outcomes. TW is the chief
380 investigator and takes responsibility for all aspects of trial design, the protocol and trial conduct. ES
381 oversees the day-to-day running of the trial including protocol compliance. All authors read and
382 approved the final manuscript.

383

384

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