Description of Additional Supplementary Files

File name: Supplementary Movie 1

Description: (related to Figure 3) 3D model of a MVE in DMSO treated cells with intraluminal structure.

File name: Supplementary Movie 2

Description: (related to Figure 3) 3D model of a MVE in ES2 treated cells with intraluminal structure.

File name: Supplementary Movie 3

Description: (related to Figure 4). Time-lapse confocal imaging of moving GFP- $Exo70^+$ mScarlet-CD63 $^+$ vesicles. Scale bar = 1 μ m.

File name: Supplementary Movie 4

Description: (related to Figure 4). Observation of sfGFP-Exo 70^+ RFP-CD6 3^+ vesicles near the plasma membrane by TIRFM. Scale bar = 1 μ m.

File name: Supplementary Movie 5

Description: (related to Figure 6). Time-lapse confocal imaging of moving P4C⁺ mScarlet-CD63⁺ vesicles. Scale bar = $1 \mu m$.