

## Supplementary File 4. Project timeline

Year	2017				2018				2019				2020				2021				2022				2023			
Term	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
<b>Preparation activities</b>																												
Resource development original <i>TransformUs</i> website																												
Build original <i>TransformUs</i> website																												
Launch original <i>TransformUs</i> website																												
Build updated <i>TransformUs</i> website																												
Relaunch of <i>TransformUs</i> website																												
Management of <i>TransformUs</i> website																												
Build databases for both trials																												
Program dissemination via partner organisations (a)																												
Expressions of interest in <i>TransformUs</i> (Effectiveness Trial only)																												
Schools/teachers register via <i>TransformUs</i> website																												
Teachers complete mandatory online training (a)																												
<b>Effectiveness Trial activities</b>																												
<b>CHILD/PARENT data collection</b>																												
Recruit schools VIC (n=20) NSW (n=20) (a)																												
BL measures VIC & NSW (a, b)																												
T2 (12 month) measures VIC & NSW (b, e)																												
T3 (24 month) measures VIC & NSW (b, e)																												
<b>TEACHER/SCHOOL data collection</b>																												
BL surveys teachers/schools VIC & NSW (a, c)																												
T2 (12 month) surveys and interviews teachers/schools VIC & NSW (b, d, e)																												
T3 (24 month) surveys and interviews teachers/schools VIC & NSW (b, d, e)																												
<b>Implementation Trial activities</b>																												
BL surveys teachers/schools (a, b, c, d)																												
T2 (12 month) surveys teachers/schools (b, d, e)																												
T3 (24 month) surveys teachers/schools (b, d, e)																												
T4 (36 month) surveys teachers/schools (b, d, e)																												
T2 (12 month) interviews teachers/principals (a, b, c, d, e)																												
T3 (24 month) interviews teachers/principals (a, b, c, d, e)																												
T4 (36 month) interviews teachers/principals (a, b, c, d, e)																												
T2 (12 month) interviews partner organisations (a, b, c, d, e)																												
T3 (24 month) interviews partner organisations (a, b, c, d, e)																												
T4 (36 month) interviews partner organisations (a, b, c, d, e)																												
Website data on online visits/downloads (a, e)																												
<b>Other activities</b>																												
Partner data on program dissemination/promotion (a, c, d, e)																												

(a) Reach; (b) Effectiveness; (c) Adoption; (d) Implementation; (e) Maintenance; BL=Baseline, T2=12 month follow up; T3=24 month follow up; T4=36 month follow up; NSW=New South Wales; VIC=Victoria; Red highlight indicates data could not be collected due to COVID-19 restrictions