Supplementary Table 1. The variable assignment of ordered logistic regression analysis

variable	Fctors	Assignment
X1	Age	>60 years=1, ≤60 years=2
X2	Family history of dementia	Yes=1, No=2
X3	Memory decline complaint	Yes =1, No =2
X4	Diabetes	Yes =1, No =2
X5	Hypertension	Yes =1, No =2
X6	Hyperlipemia	Yes =1, No =2
X7	Gender	Male=1, Female=2
X8	Marriage	Marriage=1, others=2
X9	Health insurance	City medical insurance =1, Town medical insurance =2, Resident medical insurance =3, Cooperative medical care =4, other=5
X10	Care method	Someone else =1, family member =2
X11	Care frequency	Occasionally =1, others=2
X12	BMI (≥28.0)	BMI(<24.0)=1；BMI (24.0-27.9) =2；BMI (≥28.0) =3
X13	Personality	Introverted personality =1, Outward personality =2, Neutral personality =3
X14	Education	illiteracy =1, Primary school =2, Junior high school=3, High/secondary school =4, College degree =5, Bachelor or above =6
X15	Past occupation	Technical staff =1, Manager=2, Clerk =3, Businessman =4, Service staff =5, Peasant =6, Worker=7, others=8
X16	Homestyle	living alone=1, Core family=2, Stem family=3
X17	Economic income	<1300 Yuan/month =1, ≤2000 Yuan/month =2, ≤4000V=3, >4000 Yuan/month =4