

**S1 Table.** Most commonly implemented PT techniques in the ICU

<i>n</i> (%)	<b>JP</b> (n=76)	<b>PH</b> (n=45)	<b>TW</b> (n=43)	<i>p</i>
Breathing exercise	6 (7.89)	35 (77.78)	26 (60.47)	<b>0.000</b> <sup>a</sup>
Chest expansion technique	7 (9.21)	11 (24.44)	24 (55.81)	<b>0.000</b> <sup>a</sup>
Incentive Spirometry	0 (0)	7 (15.56)	6 (13.95)	<b>0.003</b> <sup>a</sup>
Forced expiration technique	3 (3.95)	4 (8.89)	3 (6.98)	0.541 <sup>b</sup>
Active cycle of breathing	3 (3.95)	4 (8.89)	2 (4.65)	0.564 <sup>b</sup>
Autogenic drainage	2 (2.63)	2 (4.44)	0 (0)	0.380 <sup>b</sup>
Postural drainage	53 (69.74)	7 (15.56)	6 (13.95)	<b>0.000</b> <sup>a</sup>
Suction technique	7 (9.21)	1 (2.22)	3 (6.98)	0.350 <sup>b</sup>
Percussion technique	0 (0)	6 (13.33)	8 (18.6)	<b>0.000</b> <sup>b</sup>
Vibration technique	1 (1.32)	7 (15.56)	6 (13.95)	<b>0.003</b> <sup>b</sup>
Coughing technique	8 (10.53)	8 (17.78)	14 (32.56)	<b>0.012</b> <sup>b</sup>
Huffing technique	1 (1.32)	4 (8.89)	5 (11.63)	0.051 <sup>b</sup>
Positioning	34 (44.74)	39 (86.67)	30 (69.77)	<b>0.000</b> <sup>a</sup>
Passive ROM	44 (57.89)	42 (93.33)	36 (83.72)	<b>0.000</b> <sup>a</sup>
Active-Assisted ROM	25 (32.89)	36 (80)	35 (81.4)	<b>0.000</b> <sup>a</sup>
Active ROM	9 (11.84)	31 (68.89)	26 (60.47)	<b>0.000</b> <sup>a</sup>
Stretching exercise	11 (14.47)	21 (46.67)	14 (32.56)	<b>0.000</b> <sup>a</sup>
Progressive resistance exercise	20 (26.32)	12 (26.67)	2 (4.65)	<b>0.010</b> <sup>a</sup>
Electrotherapy	9 (11.84)	32 (71.11)	2 (4.65)	<b>0.000</b> <sup>a</sup>
Bicycle ergometer	2 (2.63)	8 (17.78)	3 (6.98)	<b>0.011</b> <sup>b</sup>
Sitting balance & tolerance	72 (94.74)	26 (57.78)	16 (37.21)	<b>0.000</b> <sup>a</sup>
Standing balance & tolerance	48 (63.16)	13 (28.89)	8 (18.6)	<b>0.000</b> <sup>a</sup>
Ambulation training	30 (39.47)	8 (17.78)	2 (4.65)	<b>0.000</b> <sup>a</sup>
Others	3 (3.95)	1 (2.22)	4 (9.3)	0.267 <sup>b</sup>

n, number; %, percentage; \*, frequency based on those who answered 'yes'; #, multiple answer; JP, Japan; PH, Philippines; TW, Taiwan; ICU, Intensive Care Unit; PT, Physical Therapy; bolded numbers signify  $p < 0.05$

<sup>a</sup> Pearson Chi-Square Test

<sup>b</sup> Fisher's Exact Test