

KEEPING YOURSELF SAFE:

Preventing Peri-Operative and Peri-Procedural Infections

1.



• Follow your provider's instructions for cleaning or washing your skin before the procedure.



• This might involve special soaps or swabs in your nose.

2.



• Antibiotics given before the procedure help prevent infections.



• Your provider will take care of this step - nothing you need to do!

3.

After the procedure:



• Keep your incision clean and dry.

• Ask your provider if you have any questions about wound care.

4.



Monitor for signs of infection. These include:

Systemic Symptoms:

• Fever (temp > 100.3F/38C)
chills or sweats





Wound or Local Symptoms:

• Redness, Drainage, Pus, Pain





You can help prevent infections!

Your provider will give you antibiotics before your procedure to help prevent infections, but here are some things YOU can do!

BEFORE THE PROCEDURE

-  Shower beforehand
-  Optimize diabetes control
-  Quit or cutback on smoking
-  Ask your doctor about how to take your medicines before your procedure. Important ones to ask about are: Diabetes medicines, Blood pressure medicines, Blood thinners

AFTER THE PROCEDURE

-  Keep your wound clean and dry
-  Optimize Diabetes Management
-  Avoid smoking
-  Follow your doctors' recommendations about activity level until after your wound is fully healed

Remember to watch for these signs of post-procedure infections...

-  Hot Incision
-  Swelling/Hardening
-  Fever (Temp > 100.3F/38C)
-  Redness
-  Pain at Site
-  Drainage