

What is the etiology of dysnatremia in COVID-19 and how is this related to outcomes in patients admitted during earlier and later COVID-19 waves? A multicentre, retrospective observational study in eleven Dutch hospitals

Supplemental information

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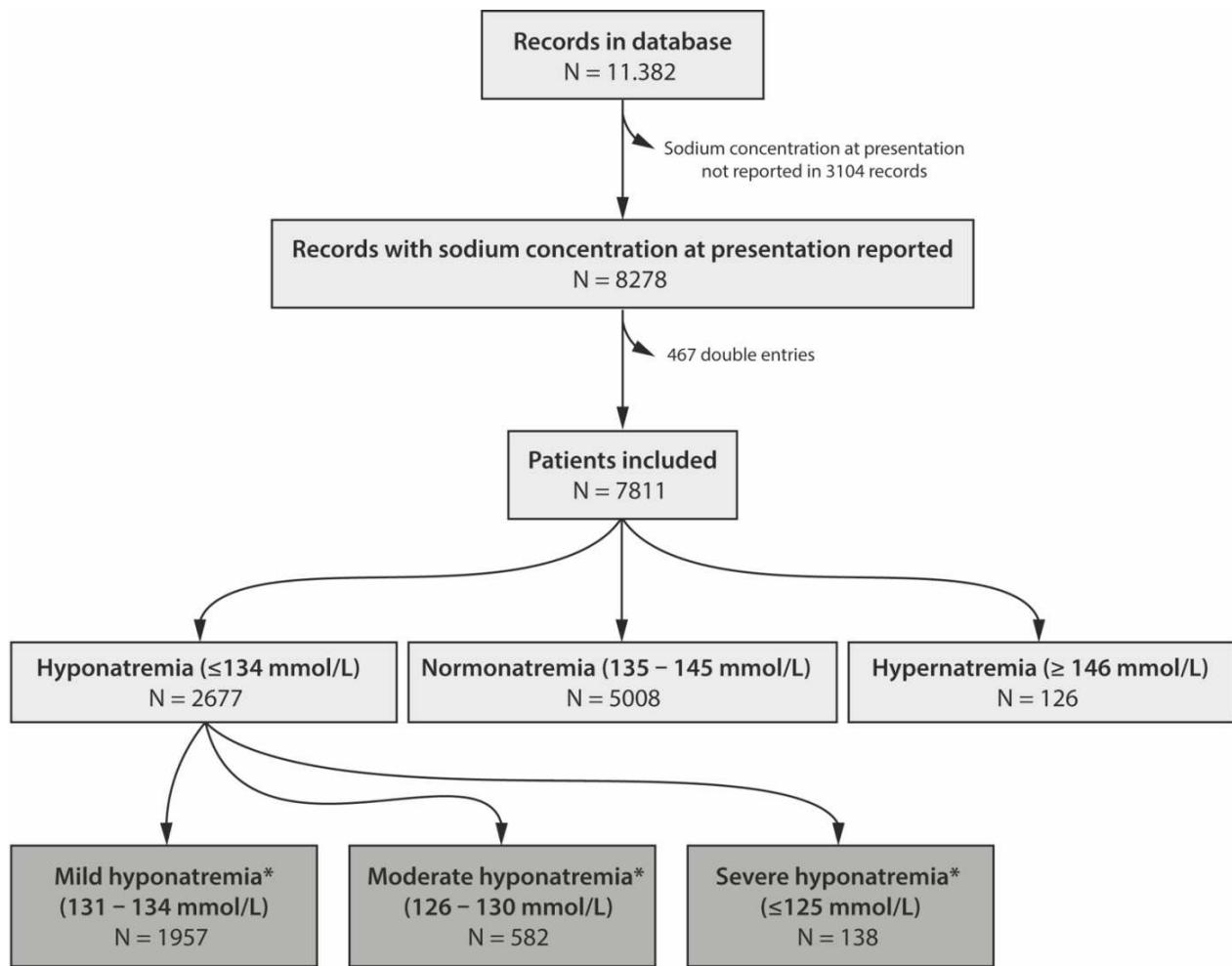
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Supplemental Figure 1. Flow chart of included patients. Sodium concentrations indicate corrected serum sodium concentrations at hospital presentation * indicates the subgroup analysis as provided in the supplemental information.

Supplemental Table 1 – Subgroup analysis of patient characteristics

| | Na 135 – 145 mmol/L N = 5008 | Na ≤134 mmol/L N = 2677 | Na 131 – 134 mmol/L N = 1957 | Na 126 – 130 mmol/L N = 582 | Na ≤125 mmol/L N = 138 |
|---|------------------------------------|-------------------------------------|-------------------------------------|-----------------------------------|-----------------------------------|
| Sex assigned at birth (N (%)) | ♂ 2946 (58.8 %) ♀ 2060 (41.2 %) | ♂ 1673 (62.5%) ** ♀ 1003 (37.5%) | ♂ 1249 (63.9%) *** ♀ 707 (36.1%) | ♂ 363 (62.4%) ♀ 219 (37.6%) | ♂ 61 (44.2%) *** ♀ 77 (55.8%) |
| Age (median age in years (IQR)) | N = 5008 66.1 (55.0–76.0) | N = 2675 67.0 (58.0–77.0) ** | N = 1956 67.0 (57.0 – 76.0) | N = 581 68.1 (60.0 – 78.0) *** | N = 138 70.6 (62.0 – 79.3) *** |
| BMI (median BMI in kg/m ² (IQR)) | N = 3374 27.7 (24.6 – 31.6) | N = 1740 27.2 (24.2 – 31.1) ** | N = 1271 27.4 (24.4 – 31.5) | N = 379 26.3 (23.4 – 30.3) *** | N = 90 26.9 (23.7 – 30.9) |
| Order ‘Do not intubate’ (N (%)) | 796 / 2469 (32.2 %) | 440 / 1442 (30.5 %) | 304 / 1043 (29.1 %) | 108 / 322 (33.5 %) | 28 / 77 (36.4 %) |
| Sodium (mean corrected serum level in mmol/L (IQR)) | 138.02 (136.42 – 140.0) | 132.59 (130.72 – 134.00) *** | 133.3 (132.28 – 134.19) *** | 129.42 (128.04 – 130.22) *** | 123.94 (121.17 – 125.0) *** |
| Chronic cardiac disease (N (%)) | 1334 / 4982 (26.8 %) | 760 / 2666 (28.5%) | 541 / 1948 (27.8 %) | 187 / 581 (32.2 %) | 32 / 137 (23.4 %) |
| Hypertension (N (%)) | 1889 / 4586 (41.2 %) | 1055 / 2374 (44.4%) ** | 749 / 1735 (43.2 %) | 240 / 520 (46.2 %) | 66 / 119 (55.5 %) ** |
| Chronic pulmonary disease (N (%)) | 844 / 4979 (17.0 %) | 466 / 2662 (17.5 %) | 328 / 1945 (16.9 %) | 111 / 580 (19.1 %) | 27 / 137 (19.7 %) |
| Chronic kidney disease (N (%)) | 491 / 4587 (10.7 %) | 329 / 2379 (13.8 %) *** | 220 / 1738 (12.7 %) | 92 / 522 (17.6 %) *** | 17 / 119 (14.3 %) |
| Moderate to severe liver disease (N (%)) | 50 / 4972 (1.0 %) | 30 / 2662 (1.1%) | 25 / 1947 (1.3%) | 3 / 579 (0.5 %) | 2 / 136 (1.5%) |
| Diabetes (N (%)) | 1261 / 4972 (25.4 %) | 664 / 2662 (24.9 %) | 481 / 1946 (24.7 %) | 148 / 579 (25.6 %) | 35 / 137 (25.5 %) |
| Immunosuppressives (N (%)) | 295 / 4445 (6.6 %) | 192 / 2283 (8.4 %) ** | 129 / 1669 (7.7 %) | 56 / 497 (11.3 %) ** | 7 / 117 (6.0 %) |
| Thiazide diuretics (N (%)) | 394 / 4994 (7.9 %) | 258 / 2671 (9.7 %) ** | 186 / 1953 (9.5 %) | 55 / 580 (9.5 %) | 17 / 138 (12.3 %) |
| Loop diuretics (N (%)) | 389 / 4994 (7.8 %) | 187 / 2671 (7.0 %) | 128 / 1953 (6.6 %) | 50 / 580 (8.6 %) | 9 / 138 (6.5 %) |
| SSRIs (N (%)) | 164 / 4994 (3.3 %) | 78 / 2671 (2.9 %) | 53 / 1953 (2.7%) | 15 / 580 (2.6%) | 10 / 138 (7.2 %) |

BMI = body mass index; IQR = interquartile range; % = percentage of patients in this group with indicated characteristic; SSRI = Selective Serotonin Reuptake inhibitor. SNRI = Selective Serotonin and Noradrenalin Reuptake inhibitor. Significance was assessed using a Kruskal-Wallis test with post-hoc correction (for numerical data; non-normally distributed) or Chi-square test (for categorical data). p – values for all groups indicate the adjusted significance after post-hoc correction when compared to the normonatremia group. * Indicates a p-value <0.05, ** indicates a p-value <0.01, *** indicates a p-value <0.001

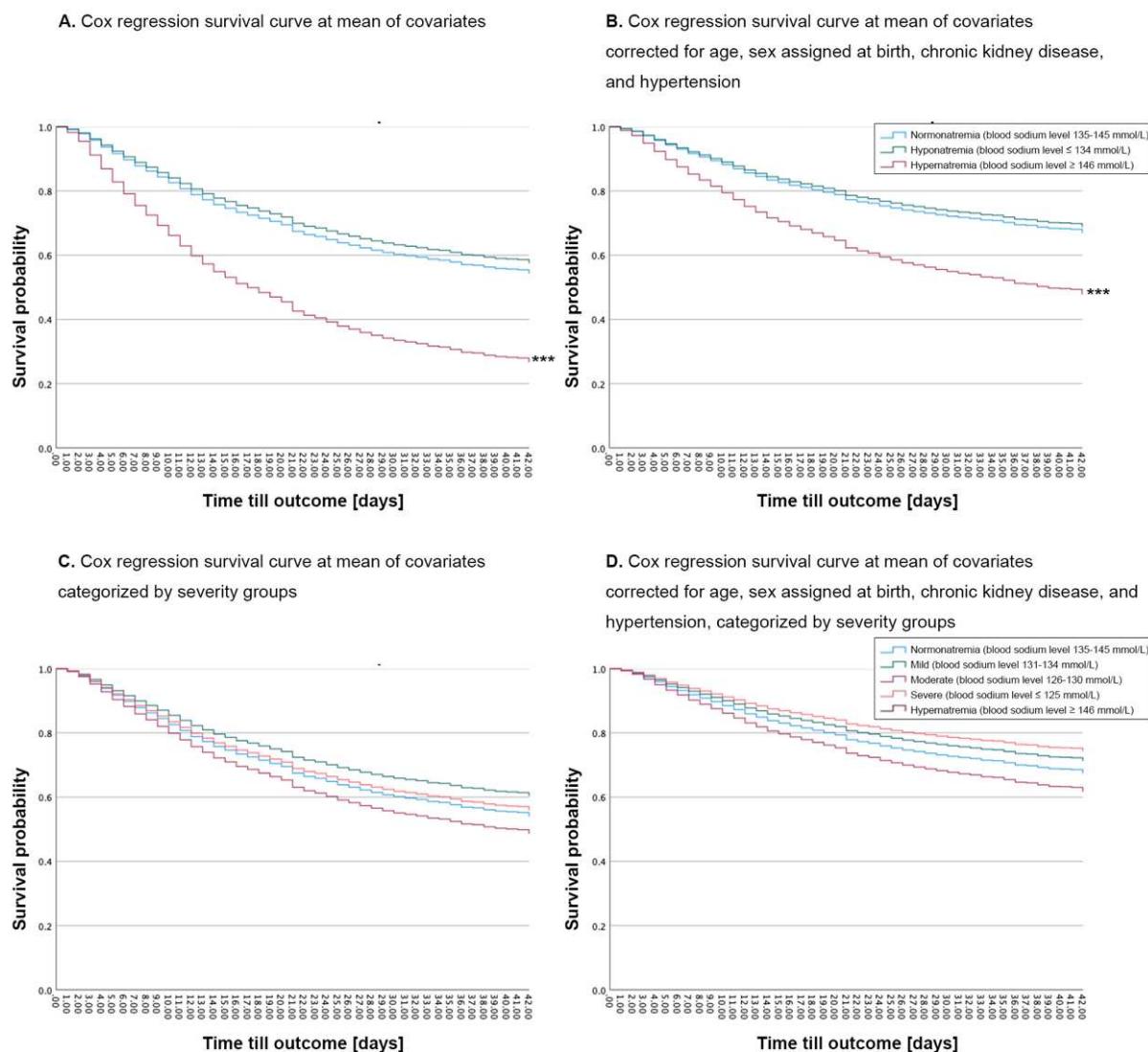
Supplemental Table 2 – Definitions for comorbidities

| Comorbidity | Included diseases |
|----------------------------------|--|
| Chronic pulmonary disease | Alpha-1 trypsin deficiency; asbestosis; cryptogenic organizing pneumonia; lymphangioleiomyomatosis; lung disease immuno-deficiency and chromosome breakage syndrome; bronchopulmonary dysplasia; primary ciliary dyskinesia; bronchiectasis; cystic fibrosis; chronic bronchitis or emphysema; lung fibrosis; sarcoidosis; obstructive sleep apnea; pulmonary hypertension |
| Chronic cardiac disease | Chronical heart disease: Myocardial infarction; Cardiac arrhythmias (AVNRT, atrial fibrillation, (supra)ventricular tachycardia, ventricular tachycardia, brugada syndrome, sick sinus syndrome, wolf parkinson white syndrome; decompensated heart failure, cardiomyopathy; valve disease (aortic valve stenosis, aortic valve insufficiency) Congenital heart disease: aortic valve insufficiency or aortic valve stenosis; Atrial septal defect or ventricular septal defect; hypoplastic left heart syndrome; Ebstein's anomaly; patent ductus arteriosus; tetralogy of Fallot; transposition of the great vessels |
| Chronic kidney disease | Acute tubulointerstitial nephritis; hemolytic uremic syndrome (HUS); amyloidosis; Anti-glomerular basement membrane disease; bartter syndrome; kidney damage due to medication, chronic bladder infections / kidney infections / diabetes, high blood pressure, arteriosclerosis; cryoglobulinemia, renal cystic disease; cystinosis; dense deposit disease (DDD); Focal segmental glomerulosclerosis (FSGS); Gitelman syndrome; glomerulonephritis; HNF1beta associated kidney disease; renal fusion (horseshoe kidney); IgA nephropathy; medullary sponge kidney; membranous nephropathy; minimal change disease; solitary kidney; Nail-patella syndrome (NPS); nephrogenic diabetes insipidus; nephroptosis; nephrotic syndrome; renal angiolioma; renal cell carcinoma; primary hyperoxaluria; reflux nephropathy; atrophic kidney; scleroderma; lupus nephritis; Alport's syndrome; systemic vasculitis |
| Moderate to severe liver disease | Liver disease that caused cirrhosis (e.g. Budd Chiari, hemochromatosis, hepatitis, Wilson's disease) |

Supplemental Table 3 – Subgroup analysis of signs and symptoms

| Signs and symptoms | Na 135 – 145 mmol/L N = 3206 | Na ≤134 mmol/L N = 1821 | Na 131 – 134 mmol/L N = 1346 | Na 126 – 130 mmol/L N = 383 | Na ≤125 mmol/L N = 92 |
|--|---------------------------------|------------------------------------|-----------------------------------|---------------------------------|------------------------------|
| Nausea / vomiting (N (%)) | 1150 / 4129 (27.9 %) | 679 / 2273 (29.9 %) | 490 / 1663 (29.5 %) | 151 / 499 (30.3 %) | 38 / 111 (34.2%) |
| Diarrhea (N (%)) | 1146 / 4157 (27.6 %) | 804 / 2298 (35.0%) *** | 574 / 1686 (34.0 %) *** | 180 / 501 (35.9%) *** | 50 / 111 (45.0 %) *** |
| Anosmia (N (%)) | 352 / 3330 (10.6 %) | 244 / 1904 (12.8 %)** | 174 / 1395 (12.5 %) | 62 / 420 (14.8 %) | 8 / 89 (9.0 %) |
| Confusion (N (%)) | 651 / 4381 (14.9 %) | 311 / 2319 (13.4%) | 207 / 1688 (12.3 %) | 78 / 511 (15.3 %) | 26 / 120 (21.7 %) |
| Seizures (N (%)) | 31 / 3452 (0.9 %) | 10 / 1977 (0.5%) | 6 / 1448 (0.4 %) | 2 / 434 (0.5 %) | 2 / 95 (2.1 %) |
| FiO ₂ (median fraction (IQR)) | N = 2084 0.36 (0.28 – 0.50) | N = 1159 0.36 (0.28 – 0.50) | N = 848 0.36 (0.28 – 0.48) | N = 258 0.36 (0.32 – 0.60) | N = 53 0.36 (0.31 – 0.75) |
| SBP (mean SBP in mmHg (SD)) | N = 2648 132 (± 22) | N = 4971 135 (±23)*** | N = 1934 132 (±22) *** | N = 578 132 (±22)** | N = 136 138 (±27) |
| HR (mean HR in BPM (SD)) | N = 4965 91 (±20) | N = 2661 92 (±18)** | N = 1946 92 (±18)* | N = 580 92 (±18) | N = 135 90 (±19) |
| Disturbed capillary refill (N (%)) | 93 / 1369 (6.8 %) | 81 / 863 (9.4 %) | 51 / 614 (8.3 %) | 27 / 206 (13.1 %) | 3 / 43 (7.0 %) |
| Blood urea level (median level n mmol/L (IQR)) | N = 4776 6.2 (4.5 – 9.2) | N = 2549 6.3 (4.5 – 9.3) | N = 1892 6.3 (4.6 – 9.1) | N = 559 6.2 (4.5 – 10.2) | N = 128 5.5 (4.2 – 9.8) |
| eGFR rate using 2021 CKD-epi creatinine equation in (median clearance in ml/min/1.73 m ³ (IQR)) | N = 4983 68 (46 – 94) | N = 2656 64 (45 – 90) *** | N = 1944 64 (46 – 89) *** | N = 575 63 (41 – 90) *** | N = 137 79 (46 – 92) |
| CT-severity score (mean score (SD)) | N = 1401 12.1 (±5.6) | N = 909 12.4 (±5.5) | N = 684 12.3 (±5.4) | N = 190 12.6 (±5.4) | N = 35 12.5 (±6.7) |
| Blood CRP level (median level in mg/L (IQR)) | N = 4939 70.8 (28.0 – 131) | N = 2646 93.1 (49.0 – 154) *** | N = 1933 93.0 (48.2 – 151) *** | N = 577 103 (54.6 – 166) *** | N = 136 82.5 (36.0 – 145) |
| Blood LDH level (median level in U/L (IQR)) | N = 4226 323 (247 – 426) | N = 2238 349 (268 – 471) *** | N = 1651 346 (269 – 467) *** | N = 479 361 (269 – 482) *** | N = 108 331 (240 – 543) |
| Modified early warning score (MEWS) (median score (IQR)) | N = 4055 3.0 (2.0 – 4.0) | N = 2337 3.0 (2.0 – 4.0) *** | N = 1709 3.0 (2.0 – 4.0) *** | N = 509 3.0 (2.0 – 4.0) | N = 119 3.0 (2.0 – 4.0) |
| Quick sequential organ failure assessment (median score (IQR)) | N = 4131 1.0 (0.0 – 1.0) | N = 2373 (0.0 – 1.0) | N = 1735 1.0 (0.0 – 1.0) | N = 517 1.0 (0.0 – 1.0) | N = 121 1.0 (0.0 – 1.0) |

SBP = systolic blood pressure; HR = heart rate; CKD-epi = chronic kidney disease Epidemiology Collaboration BPM = beats per minute; IQR = interquartile range; SD = standard deviation; CRP = c-reactive protein; LDH = lactate dehydrogenase; % = percentage of patients in this group with indicated characteristic. Significance was assessed using a Kruskal wallis test with post-hoc correction (for numerical data) or Chi-square test (for categorical data). * Indicates a p-value <0.05, ** indicates a p-value <0.01, *** indicates a p-value <0.001



Supplemental Figure 2. Cox proportional survival curves at the mean of covariates for (A) unadjusted 6-week mortality categorized by normo-, hypo-, and hypernatremia, (B) 6-week mortality adjusted for age, sex assigned at birth, a history of chronic kidney disease, and a history of hypertension stratified in normo-, hypo-, and hypernatremia, (C) unadjusted 6-week mortality stratified in normo- and hypernatremia and mild, moderate, and severe hyponatremia, and (D) 6-week mortality adjusted for age, sex assigned at birth, a history of chronic kidney disease, and a history of hypertension stratified in normo- and hypernatremia and mild, moderate, and severe hyponatremia. * Indicates a p-value <0.05, *** indicates a p-value <0.001

Supplemental Table 4 – Subgroup analysis of outcome and complications

| Outcome | Na 135 – 145 mmol/L N = 3206 | Na ≤134 mmol/L N = 1821 | Na 131 – 134 mmol/L N = 1346 | Na 126 – 130 mmol/L N = 383 | Na ≤125 mmol/L N = 92 |
|---|---------------------------------|---|--|--|--|
| Duration of admission (median days (IQR)) | N = 4116 7 (3 – 14) | N = 2372 7 (4 – 16) *** | N = 1735 7 (4 – 15) ** | N = 514 8 (4 – 18)* | N123 8 (3 – 18) |
| Death or palliative discharge (N (%)) | 729 / 4568 (16.0 %) | 405 / 2360 (17.2 %) ^A OR 1.042 (0.906 – 1.200) | 269 / 1723 (15.6 %) | 115 / 518 (22.2 %) | 21 / 119 (17.6 %) |
| ICU-admission (N (%)), ‘do not intubate’ excluded | 710 / 3778 (18.8 %) | 439 / 1923 (22.8 %) ^A OR 1.274 (1.112 – 1.458)*** | 314 / 1422 (22.1 %) ^A OR 1.205 (1.036 – 1.401)* | 104 / 410 (25.4 %) ^A OR 1.487 (1.170 – 1.889)*** | 21 / 91 (23.1 %) ^A OR 1.431 (0.868 – 2.360) |
| Duration of ICU-admission (days (IQR)) ‘do not intubate’ excluded | N = 437 10 (4 – 19) | N = 299 8 (3 – 19) p = 0.356 | N = 215 8 (3 – 20) | N = 68 8 (4 – 18) | N = 16 9 (4 – 21) |
| Invasive ventilation (N (%)), ‘do not intubate’ excluded | 623 / 3706 (16.8 %) | 352 / 1889 (18.6 %) ^A OR 1.122 (0.970 – 1.298) | 250 / 1396 (17.9 %) | 85 / 402 (21.1 %) | 17 / 91 (18.7 %) |
| Discharge alive within 42 days; N indicating the number of non-censored cases | N = 2747 | N = 1527 ^A HR 0.955 (0.897 – 1.017) p = 0.154 | N = 1153 | N = 302 | N = 72 |
| Use of tocilizumab, sarilumab, or anakinra (N (%)) | 199 / 1245 (16.0%) | 134 / 688 (19.5%) ^A OR 1.256 (0.984 – 1.604) p = 0.068 | 91 / 480 (19.0 %) | 36 / 169 (21.3 %) | 7 / 39 (17.9%) |
| Complications | Na 135 – 145 mmol/L N = 3206 | Na ≤134 mmol/L N = 1821 | Na 131 – 134 mmol/L N = 1346 | Na 126 – 130 mmol/L N = 383 | Na ≤125 mmol/L N = 92 |
| Bacterial pneumonia (N (%)) | 501 / 4307 (11.6 %) | 289 / 2212 (13.1 %) ^A OR 1.123 (0.962 – 1.312) | 207 / 1619 (12.8 %) | 72 / 483 (14.9 %) | 10 / 110 (9.1 %) |
| Aspergillosis pneumonia (N (%)) | 83 / 3456 (2.4 %) | 67 / 1915 (3.5 %) ^A OR 1.436 (1.034 – 1.993) | 49 / 1402 (3.5 %) ^A OR 1.426 (0.995 – 2.044) | 14 / 417 (3.4 %) ^A OR 1.352 (0.759 – 2.410) | 4 / 96 (4.2 %) ^A OR 1.839 (0.657 – 5.148) |
| ARDS (N (%)) | 404 / 4323 (9.3 %) | 224 / 2223 (10.1 %) ^A OR 1.081 (0.909 – 1.286) | 161 / 1627 (9.9 %) | 52 / 486 (10.7 %) | 11 / 110 (10.0 %) |
| Treatment for septic shock (N (%)) & | 135 / 4175 (3.2 %) | 94 / 2153 (4.4 %) ^A OR 1.326 (1.013 – 1.737)* | 66 / 1570 (4.2 %) ^A OR 1.274 (0.943 – 1.721) | 25 / 478 (5.2 %) ^A OR 1.570 (1.012 – 2.438)* | 3 / 105 (2.9%) ^A OR 0.920 (0.287 – 2.946) |
| Congestive heart failure (N (%)) | 125 / 4352 (2.9 %) | 64 / 2235 (2.9 %) ^A OR 0.946 (0.696 – 1.287) | 34 / 1637 (2.1%) | 23 / 488 (4.7 %) | 7 / 110 (6.4 %) |
| Physical decline (N (%)) | 950 / 4126 (23.0 %) | 576 / 2116 (27.2 %) ^A OR 1.221 (1.082 – 1.377)** | 414 / 1544 (26.8 %) ^A OR 1.206 (1.054 – 1.380)** | 136 / 468 (29.1 %) ^A OR 1.303 (1.053 – 1.614)* | 26 / 104 (25.0 %) ^A OR 1.059 (0.674 – 1.666) |

| | | | | | |
|------------------|---------------------|--|---------------------|-------------------|-------------------|
| Delirium (N (%)) | 451 / 4146 (10.5 %) | 237 / 2136 (11.1 %) ^A OR 0.987 (0.833 - 1.170) | 157 / 1557 (10.1 %) | 62 / 474 (13.1 %) | 18 / 105 (17.1 %) |
|------------------|---------------------|--|---------------------|-------------------|-------------------|

ICU = Intensive care unit; ARDS = acute respiratory distress syndrome; OR = odds ratio; ^AOR = adjusted odds ratio; odds ratio corrected for sex assigned at birth and age; IQR = interquartile range.

[#]Uncorrected for sex assigned at birth and age & Treatment for septic shock was defined as the need for vasopressors in order to maintain mean arterial blood pressure >65 mmHg and blood lactate level >2 mmol/L, in the absence of other causes including hypovolemia. Significance was assessed using a Kruskal wallis test with post-hoc correction (time to discharge alive) or logistic regression (all other values). * Indicates a p-value <0.05, ** indicates a p-value <0.01, *** indicates a p-value <0.001

Supplemental Table 5 – Characteristics of patients with the order ‘do not intubate’

| | Order ‘do not intubate’ | No order ‘do not intubate’ | p-value |
|---|--|--|----------------|
| Sex assigned at birth (N (%)) | ♀ 531 / 1576 (33.7 %) ♂ 743 / 2388 (31.1 %) | ♀ 1045 / 1576 (66.3 %) ♂ 1645 / 2388 (68.9 %) | p = 0.095 |
| Age (median age in years (IQR)) | 79 (73 – 84) | 62 (53 – 71) | p < 0.001 |
| BMI (median BMI in kg/m ² (IQR)) | 26.2 (23.1 – 30.1) | 27.9 (25.0 – 31.9) | p < 0.001 |
| Corrected sodium level at presentation in mmol/L (IQR)) | 135.9 (± 4.5) | 136.6 (± 5.1) | p < 0.001 |
| ICU admission (N (%)) | 83 / 1275 (6.5 %) | 781 / 2690 (29 %) | p < 0.001 |
| Chronic pulmonary disease (N (%)) | 361 / 1270 (28.4 %) | 359 / 2680 (13.4 %) | p < 0.001 |
| Asthma (N (%)) | 95 / 1269 (7.5 %) | 256 / 2678 (9.6 %) | p = 0.036 |
| Chronic obstructive pulmonary disease (N (%)) | 125 / 267 (46.8 %) | 80 / 293 (27.3 %) | p < 0.001 |
| Chronic kidney disease (N (%)) | 259 / 1270 (20.4 %) | 250 / 2681 (9.3 %) | p < 0.001 |
| Chronic cardiac disease (N (%)) | 637 / 1266 (50.3 %) | 564 / 2683 (21.0 %) | p < 0.001 |
| Hypertension (N (%)) | 755 / 1270 (59.4 %) | 1051 / 2685 (39.1 %) | p < 0.001 |
| Moderate to severe liver disease (N (%)) | 21 / 1267 (1.7 %) | 28 / 2680 (1.0 %) | p = 0.123 |
| Diabetes (N (%)) | 457 / 1270 (36.0 %) | 679 / 2680 (25.3 %) | p < 0.001 |
| Neoplasm (N (%)) | 156 / 1273 (12.3 %) | 130 / 2682 (4.8 %) | p < 0.001 |

BMI = Body Mass Index; *IQR* = interquartile range. Significance was assessed using a Student’s t-test (for normally distributed numerical data), Mann-Whitney test (for non-normally distributed numerical data) or Chi-square test (for categorical data). p – values for all groups indicate the 2-tailed significance between the two groups.

Supplemental Table 6 – Patient characteristics, signs and symptoms, outcome measures, and complications of patients with hyponatremia ($\text{Na} \leq 134 \text{ mmol/L}$) that did not use diuretics stratified based on their urinary sodium excretion.

| Patient characteristics | Urinary sodium excretion < 30 mmol/L % or IQR | Urinary sodium excretion ≥ 30 mmol/L % or IQR | p - value |
|--|---|--|------------------|
| | N = 72 | N = 73 | |
| | | | |
| Age (median age in years (IQR)) | N = 72 67 (56 – 74) | N = 73 69 (59 – 76) | p = 0.47 |
| Sex assigned at birth (N (%)) | ♂ 38 (53%) ♀ 34 (47%) | ♂ 43 (59%) ♀ 30 (41%) | p = 0.51 |
| Vomiting/nausea (N (%)) | 32 / 71 (45.1 %) | 19 / 67 (28.4 %) | p = 0.05 |
| Diarrhea (N (%)) | 26 / 67 (38.8 %) | 28 / 68 (41.2 %) | p = 0.86 |
| Heart rate (mean HR in BPM (SD)) | N = 71 89.7 (\pm 16.3) | N = 72 93.1 (\pm 18.9) | p = 0.25 |
| Systolic blood pressure (mean SBP in mmHg (SD)) | N = 70 135 (\pm 24.8) | N = 71 137 (\pm 24.1) | p = 0.68 |
| Disturbed capillary refill (N (%)) | 3 / 27 (11.1 %) | 4 / 31 (12.9 %) | p = 1.00 |
| eGFR rate using 2021 CKD-epi creatinine equation in (median clearance in ml/min/1.73 m ² (IQR)) | N = 71 67 (49 – 90) | N = 73 71 (32 – 92) | p = 0.49 |
| CRP (median level in mmol/L (IQR)) | N = 70 111 (52.5 – 163) | N = 71 70 (35.0 – 154) | p = 0.028 |
| LDH (median level in U/L (IQR)) | N = 57 351 (270 – 491) | N = 61 273 (227 – 434) | p = 0.021 |
| CT-severity score (median score (IQR)) | N = 33 11.0 (7.0 – 15.0) | N = 40 12.0 (6.0 – 16.8) | p = 0.86 |
| Outcome | | | |
| Death or palliative discharge (N (%)) | 14 / 72 (19.4%) | 18 / 73 (24.7 %) | p = 0.55 |
| ICU-admission (N (%)), 'do not intubate' excluded | 24 / 65 (36.9 %) | 25 / 61 (41.0 %) | p = 0.72 |
| Invasive ventilation (N (%)), 'do not intubate' excluded | 18 / 64 (28.1 %) | 23 / 60 (38.3 %) | p = 0.26 |

CRP = C-reactive protein; LDH = lactate dehydrogenase; CT = computed tomography; ICU = intensive care unit; eGFR = estimated glomerular filtration rate; CKD-epi = chronic kidney disease Epidemiology Collaboration; IQR = interquartile range; SD = standard deviation. Significance was assessed using a Student's t-test (for normally distributed numerical data), Mann-Whitney test (for non-normally distributed numerical data) or Chi-square test (for categorical data). p – values for all groups indicate the 2-tailed significance between the two groups.

Supplemental Table 7 – Patient characteristics, signs and symptoms, outcome measures, and complications for each SARS-CoV-2 variant

| | Initial | Alpha | Delta | Omicron | p-value |
|---|------------------------------------|----------------------------------|----------------------------------|--------------------------------|--|
| Sex assigned at birth (N (%)) | ♀ 2431 (39.3 %) ♂ 3754 (60.7 %) | ♀ 322 (40.3 %) ♂ 477 (59.7 %) | ♀ 300 (42.9 %) ♂ 399 (57.1 %) | ♀ 52 (42.6 %) ♂ 70 (57.4 %) | p = 0.266 |
| Age (median age in years (IQR)) | 67 (57 – 77) | 63 (53 – 73) | 65 (52 – 77) | 71 (59 – 76) | p <0.001 for alpha vs. initial / omicron p = 0.012 for alpha vs. delta p = 0.006 for delta vs. initial |
| BMI (median BMI in kg/m ² (IQR)) | 27.4 (24.3 – 31.2) | 27.9 (24.9 – 32.9) | 27.7 (24.4 – 32.2) | 26.8 (23.8 – 30.4) | p = 0.012 for alpha vs. initial |
| Corrected sodium level at presentation in mmol/L (IQR)) | 136.5 (134.0 – 139.0) | 136.0 (133.3 – 138.4) | 136.1 (133.0 – 138.6) | 136.1 (133.8 – 138.9) | p <0.001 for alpha / delta vs. initial |
| Patients with hyponatremia that presented with diarrhea or vomiting (N (%)) | 1524 / 3327 (45.8 %) | 191 / 398 (48.0 %) | 130 / 389 (33.4 %) | 27 / 73 (37.0 %) | p < 0.001 for delta vs. alpha / initial |
| Patients with hyponatremia that used diuretics at presentation (N (%)) | 348 / 2042 (17.0 %) | 46 / 305 (15.1 %) | 60 / 283 (21.2 %) | 18 / 40 (45.0 %) | p < 0.001 for omicron vs. initial / alpha / delta |
| Patients with hyponatremia that complied to the definition of SIADH (N (%)) | 12 / 94 (12.8 %) | 0 / 2 (0 %) | 0 / 4 (0 %) | 0 / 0 (0 %) | p = 0.647 |
| Patients with hyponatremia of unknown etiology (N (%)) | 939 / 2045 (45.9 %) | 142 / 308 (46.1 %) | 121 / 283 (42.8 %) | 8 / 40 (20 %) | p = 0.009 for omicron vs. initial / alpha / delta |

BMI = body mass index; SIADH = syndrome of inappropriate antidiuretic hormone secretion; IQR = interquartile range. Significance was assessed using a Kruskal wallis test with post-hoc correction (for numerical data) or logistic regression (for categorical data). p – values for all groups indicate the 2-tailed significance between the two groups.

