

Supplementary Materials

Supplement A. Database search strategy: PubMed

| Step# | Description |
|-------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1 | breast neoplasms[MeSH Major Terms] |
| 2 | ("breast cancer"[Title/Abstract] OR "breast tumor"[Title/Abstract] OR "breast carcinoma"[Title/Abstract] OR "breast neoplasms"[Title/Abstract]) AND (1000/1/1:2022/12/31[pdat]) |
| 3 | 1 or 2 |
| 4 | Limit #3 to (English or Korean) |
| 5 | (internet[MeSH Terms] OR smartphone[MeSH Terms] OR "mobile applications"[MeSH Terms] OR "text messaging"[MeSH Terms] OR telemedicine[MeSH Terms] OR "electronic mail"[MeSH Terms]) AND 1000/01/01:2022/12/31[Date - Publication] |
| 6 | (internet[Title/Abstract] OR smartphone[Title/Abstract] OR "mobile application*"[Title/Abstract] OR "text message*"[Title/Abstract] OR telemedicine[Title/Abstract] OR "electronic mail"[Title/Abstract] OR "mobile phone*"[Title/Abstract] OR "digital*"[Title/Abstract] OR "web based*"[Title/Abstract] OR mhealth[Title/Abstract] OR ehealth[Title/Abstract] OR "email*"[Title/Abstract] OR "smartphone app*"[Title/Abstract] OR "mobile app*"[Title/Abstract]) AND (1000/1/1:2022/12/31[pdat])) |
| 7 | 4 or 5 |
| 8 | Limit #7 to (English or Korean) |
| 9 | ("quality of life"[MeSH Terms]) AND (1000/1/1:2022/12/31[pdat]) |
| 10 | ("quality of life"[Title/Abstract] OR "QoL"[Title/Abstract] OR "well-being"[Title/Abstract] OR "health-related quality of life"[Title/Abstract]) AND (1000/01/01:2022/12/31[Date - Publication]) |
| 11 | 10 or 11 |
| 12 | Limit #11 to (English or Korean) |
| 13 | ((activities, physical[MeSH Terms] Filters: from 1000/1/1 - 2022/12/31) or ("exercise"[MeSH Terms])) AND (1000/1/1:2022/12/31[pdat])) |
| 14 | ("physical activity"[Title/Abstract] OR exercise [Title/Abstract] OR "physical fitness"[Title/Abstract] OR fitness[Title/Abstract]) AND 1000/01/01:2022/12/31[Date - Publication]) |
| 15 | 13 or 14 |
| 16 | Limit #15 to (English or Korean) |
| 17 | ("health promotion"[MeSH Terms] OR "health behavior"[MeSH Terms] OR "healthy lifestyle"[MeSH Terms]) AND (1000/1/1:2022/12/31[pdat])) |
| 18 | ("health promotion"[Title/Abstract] OR "health behavior*"[Title/Abstract] OR "health practice*"[Title/Abstract] OR "healthy lifestyle"[Title/Abstract] OR "lifestyle modification"[Title/Abstract] OR "lifestyle change*"[Title/Abstract] OR "lifestyle intervention*"[Title/Abstract] OR "self-management"[Title/Abstract]) AND (1000/1/1:2022/12/31[pdat])) |
| 19 | 17 or 18 |
| 20 | Limit #19 to (English or Korean) |
| 21 | #12 or #16 or 20 |
| 22 | #4 and #8 and #21 |