

Supplementary 1 Item Summary with Dimensions of the CD-RISC-25

| Item description | Dimension with description | Items by dimension |
|---|----------------------------|--------------------|
| Able to adapt to change | optimism | 2,3,4,6 |
| Close and secure relationships | | |
| Sometimes fate or God can help me | | |
| Can deal with whatever comes | | |
| Past success gives confidence for new challenge | | |
| See the humorous side of things | | |
| Coping with stress strengthens | | |
| Tend to bounce back after illness or hardship | | |
| Things happen for a reason | | |
| Best effort no matter what | | |
| You can achieve your goals | | |
| Things look hopeless, I don't give up | | |
| Know where to turn for help | | |
| Under pressure, focus and think clearly | | |
| Prefer to take lead in problem solving | | |
| Not easily discouraged by failure | | |
| Think of self as strong person | | |
| Make unpopular or difficult decisions | | |
| Can handle unpleasant feelings | strength | 1,5,7,8,9,10,24,25 |
| Have to act on a hunch | | |
| Strong sense of purpose | | |
| In control of your life | | |
| I like challenges | | |
| You work to attain your goals | | |
| Pride in your achievements | | |

Data Availability Statement:

The datasets generated and/or analyzed during the current study are not publicly available due to necessity of interviewers' privacy but are available from the corresponding author on reasonable request.